

South African Masters Swimming

Individual Top Times

Times since: 01-May-08 Times until: 30-Apr-09
 Number of Top Times: All Show Long Course Only

| Time | P/F/S | Name | Age/Yr | | | | | |
|-------------------------------|------------|------|--------------------|----|---------|------------|-----------------------------------|--|
| Women 70-74 50 Free | | | | | | | | |
| 1 | 43.22 L | F | Williamson, Gloria | 71 | PHOE CG | 2009-03-11 | SAMS 25th LC Champs @ East Lond | |
| 2 | 52.89 L | F | Hanson, Ann | 71 | COEL NT | 2009-01-31 | GMS (Phoenix) @ Ellis Park | |
| Women 70-74 100 Free | | | | | | | | |
| 1 | 1:35.62 L | F | Williamson, Gloria | 71 | PHOE CG | 2009-03-11 | SAMS 25th LC Champs @ East Lond | |
| 2 | 2:00.50 L | F | Hanson, Ann | 70 | COEL NT | 2008-11-08 | TMS Interregional @ Hillcrest | |
| Women 70-74 200 Free | | | | | | | | |
| 1 | 3:43.64 L | F | Williamson, Gloria | 71 | PHOE CG | 2009-03-11 | SAMS 25th LC Champs @ East Lond | |
| 2 | 4:18.35 L | F | Hanson, Ann | 71 | COEL NT | 2009-03-11 | SAMS 25th LC Champs @ East Lond | |
| Women 70-74 400 Free | | | | | | | | |
| 1 | 8:01.48 L | F | Williamson, Gloria | 71 | PHOE CG | 2009-03-11 | SAMS 25th LC Champs @ East Lond | |
| 2 | 9:19.00 L | F | Hanson, Ann | 71 | COEL NT | 2009-02-12 | TMS LC Champs @ Hillcrest | |
| Women 70-74 800 Free | | | | | | | | |
| 1 | 16:11.67 L | F | Williamson, Gloria | 71 | PHOE CG | 2009-01-31 | GMS (Phoenix) @ Ellis Park | |
| 2 | 18:23.58 L | F | Hanson, Ann | 71 | COEL NT | 2009-03-11 | SAMS 25th LC Champs @ East Lond | |
| Women 70-74 1500 Free | | | | | | | | |
| 1 | 37:09.71 L | F | Hanson, Ann | 70 | COEL NT | 2008-10-04 | TMS (Coelacanth) 1500 @ Hillcrest | |
| Women 70-74 50 Back | | | | | | | | |
| 1 | 1:03.93 L | F | Williamson, Gloria | 71 | PHOE CG | 2009-03-11 | SAMS 25th LC Champs @ East Lond | |
| 2 | 1:52.91 L | F | Swanepoel, Miems | 74 | CPTW WP | 2009-02-17 | WPMSA LC Champs @ UWC/Paarl/U | |
| Women 70-74 100 Back | | | | | | | | |
| 1 | 4:02.27 L | F | Swanepoel, Miems | 74 | CPTW WP | 2009-01-24 | WPMSA (Cape Town) @ UWC | |
| Women 70-74 200 Back | | | | | | | | |
| 1 | 8:01.26 L | F | Swanepoel, Miems | 74 | CPTW WP | 2009-03-11 | SAMS 25th LC Champs @ East Lond | |
| Women 70-74 50 Breast | | | | | | | | |
| 1 | 1:11.25 L | F | Hanson, Ann | 71 | COEL NT | 2009-02-12 | TMS LC Champs @ Hillcrest | |
| 2 | 1:58.32 L | F | Swanepoel, Miems | 74 | CPTW WP | 2009-01-24 | WPMSA (Cape Town) @ UWC | |
| Women 70-74 100 Breast | | | | | | | | |
| 1 | 2:43.55 L | F | Hanson, Ann | 71 | COEL NT | 2009-03-11 | SAMS 25th LC Champs @ East Lond | |
| 2 | 4:06.54 L | F | Swanepoel, Miems | 74 | CPTW WP | 2009-01-24 | WPMSA (Cape Town) @ UWC | |
| Women 70-74 200 Breast | | | | | | | | |
| 1 | 5:49.63 L | F | Hanson, Ann | 71 | COEL NT | 2009-03-11 | SAMS 25th LC Champs @ East Lond | |