

South African Masters Swimming

Individual Top Times

Times since: 01-May-08 Times until: 30-Apr-09
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
Men 70-74 50 Free								
1	35.19 L	F	McLachlan, Dave	72	CPTW WP	2009-01-24	WPMSA (Cape Town) @ UWC	
2	35.30 L	F	Saunders, Jim	72	EACS KZ	2009-03-11	SAMS 25th LC Champs @ East Lond	
3	35.60 L	F	Clark, Mike	72	CPTW WP	2009-02-17	WPMSA LC Champs @ UWC/Paarl/U	
4	35.77 L	F	Cameron, Mike	73	EACS KZ	2009-03-11	SAMS 25th LC Champs @ East Lond	
5	38.12 L	F	Garson, John	70	EACS KZ	2008-11-16	KZNMSA (Highway) @ Crawford	
6	40.67 L	F	Hutchings, Peter	74	WAHO CG	2009-01-31	GMS (Phoenix) @ Ellis Park	
7	40.68 L	F	Wolpe, Russel	72	PHOE CG	2009-01-31	GMS (Phoenix) @ Ellis Park	
8	40.86 L	F	Haigh, Duncan	71	COEL NT	2009-03-11	SAMS 25th LC Champs @ East Lond	
9	43.72 L	F	Dando, Alan	73	FISH SW	2009-03-11	SAMS 25th LC Champs @ East Lond	
Men 70-74 100 Free								
1	1:20.02 L	F	Saunders, Jim	71	EACS KZ	2009-02-15	KZNMSA LC Champs @ Kings Park	
2	1:26.74 L	F	Cameron, Mike	73	EACS KZ	2009-03-11	SAMS 25th LC Champs @ East Lond	
3	1:26.93 L	F	Garson, John	71	EACS KZ	2009-03-11	SAMS 25th LC Champs @ East Lond	
4	1:32.88 L	F	Haigh, Duncan	71	COEL NT	2009-03-11	SAMS 25th LC Champs @ East Lond	
5	1:41.44 L	F	Hutchings, Peter	74	WAHO CG	2009-02-28	GMS Interregional @ Ellis Park	
6	1:47.51 L	F	Wolpe, Russel	72	PHOE CG	2009-01-10	GMS (Orphan Annie) @ Delville	
7	1:59.46 L	F	Dando, Alan	73	FISH SW	2009-03-11	SAMS 25th LC Champs @ East Lond	
8	2:37.98 L	F	Muir, Neville	71	COEL NT	2009-03-11	SAMS 25th LC Champs @ East Lond	
9	3:24.39 L	F	Hanna, Ken	74	KWHA CG	2009-03-11	SAMS 25th LC Champs @ East Lond	
Men 70-74 200 Free								
1	3:06.64 L	F	Saunders, Jim	71	EACS KZ	2009-02-15	KZNMSA LC Champs @ Kings Park	
2	3:23.08 L	F	Wolpe, Russel	72	PHOE CG	2009-03-11	SAMS 25th LC Champs @ East Lond	
3	3:25.43 L	F	Haigh, Duncan	71	COEL NT	2009-03-11	SAMS 25th LC Champs @ East Lond	
4	3:30.21 L	F	Garson, John	71	EACS KZ	2009-03-11	SAMS 25th LC Champs @ East Lond	
5	4:00.61 L	F	Hutchings, Peter	74	WAHO CG	2009-01-31	GMS (Phoenix) @ Ellis Park	
6	6:09.90 L	F	Muir, Neville	71	COEL NT	2009-03-11	SAMS 25th LC Champs @ East Lond	
7	7:09.75 L	F	Hanna, Ken	74	KWHA CG	2009-03-11	SAMS 25th LC Champs @ East Lond	
Men 70-74 400 Free								
1	6:03.76 L	F	McLachlan, Dave	72	CPTW WP	2009-03-11	SAMS 25th LC Champs @ East Lond	
2	6:45.48 L	F	Saunders, Jim	71	EACS KZ	2009-02-15	KZNMSA LC Champs @ Kings Park	
3	7:22.21 L	F	Wolpe, Russel	72	PHOE CG	2009-03-11	SAMS 25th LC Champs @ East Lond	
4	7:23.04 L	F	Haigh, Duncan	71	COEL NT	2009-03-11	SAMS 25th LC Champs @ East Lond	
5	9:00.41 L	F	Dando, Alan	73	FISH SW	2009-03-11	SAMS 25th LC Champs @ East Lond	
6	13:02.66 L	F	Muir, Neville	71	COEL NT	2009-03-11	SAMS 25th LC Champs @ East Lond	
7	15:14.27 L	F	Hanna, Ken	74	KWHA CG	2009-03-11	SAMS 25th LC Champs @ East Lond	
Men 70-74 800 Free								
1	12:51.91 L	F	McLachlan, Dave	72	CPTW WP	2009-03-11	SAMS 25th LC Champs @ East Lond	
2	14:50.69 L	F	Wolpe, Russel	72	PHOE CG	2009-03-11	SAMS 25th LC Champs @ East Lond	
3	14:54.77 L	F	Haigh, Duncan	71	COEL NT	2009-03-11	SAMS 25th LC Champs @ East Lond	
4	15:07.00 L	F	Clark, Mike	72	CPTW WP	2009-02-17	WPMSA LC Champs @ UWC/Paarl/U	
5	16:39.21 L	F	Meyer, Koos	70	COEL NT	2009-02-12	TMS LC Champs @ Hillcrest	
6	18:48.85 L	F	Dando, Alan	73	FISH SW	2009-03-11	SAMS 25th LC Champs @ East Lond	
7	27:33.97 L	F	Muir, Neville	71	COEL NT	2009-02-12	TMS LC Champs @ Hillcrest	
Men 70-74 1500 Free								
1	29:31.00 L	F	Wolpe, Russel	71	PHOE CG	2008-10-04	TMS (Coelacanth) 1500 @ Hillcrest	
2	31:04.32 L	F	Haigh, Duncan	71	COEL NT	2009-02-12	TMS LC Champs @ Hillcrest	
3	36:08.82 L	F	Trenor, John	74	ETSM ES	2008-10-04	TMS (Coelacanth) 1500 @ Hillcrest	
Men 70-74 50 Back								
1	43.36 L	F	Cameron, Mike	72	EACS KZ	2009-02-15	KZNMSA LC Champs @ Kings Park	
2	43.72 L	F	Saunders, Jim	71	EACS KZ	2008-11-16	KZNMSA (Highway) @ Crawford	
3	47.71 L	F	Garson, John	70	EACS KZ	2009-02-15	KZNMSA LC Champs @ Kings Park	
4	51.32 L	F	Meyer, Koos	70	COEL NT	2009-03-11	SAMS 25th LC Champs @ East Lond	
5	51.46 L	F	Cordell, Bill	72	EACS KZ	2009-03-11	SAMS 25th LC Champs @ East Lond	
6	58.39 L	F	Dando, Alan	73	FISH SW	2009-03-11	SAMS 25th LC Champs @ East Lond	

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	Time	P/F/S	Name	Age/Yr				
7	1:27.61 L	F	Muir, Neville	71	COEL NT	2009-03-11	SAMS 25th LC Champs @ East Londc	
Men 70-74 100 Back								
1	1:37.74 L	F	Saunders, Jim	72	EACS KZ	2009-03-11	SAMS 25th LC Champs @ East Londc	
2	1:38.07 L	F	Cameron, Mike	72	EACS KZ	2009-02-15	KZNMSA LC Champs @ Kings Park	
3	1:44.15 L	F	McLachlan, Dave	72	CPTW WP	2009-02-17	WPMSA LC Champs @ UWC/Paar/U	
4	1:49.80 L	F	Clark, Mike	72	CPTW WP	2009-02-17	WPMSA LC Champs @ UWC/Paar/U	
5	1:52.39 L	F	Garson, John	71	EACS KZ	2009-03-11	SAMS 25th LC Champs @ East Londc	
6	3:19.83 L	F	Muir, Neville	71	COEL NT	2009-03-11	SAMS 25th LC Champs @ East Londc	
7	3:22.74 L	F	Hanna, Ken	74	KWHA CG	2009-03-11	SAMS 25th LC Champs @ East Londc	
Men 70-74 200 Back								
1	3:58.95 L	F	Cameron, Mike	72	EACS KZ	2009-02-15	KZNMSA LC Champs @ Kings Park	
2	4:17.00 L	F	Garson, John	71	EACS KZ	2009-03-11	SAMS 25th LC Champs @ East Londc	
3	7:04.55 L	F	Hanna, Ken	74	KWHA CG	2009-03-11	SAMS 25th LC Champs @ East Londc	
Men 70-74 50 Breast								
1	46.18 L	F	Meyer, Koos	70	COEL NT	2009-03-11	SAMS 25th LC Champs @ East Londc	
2	47.51 L	F	Cordell, Bill	71	EACS KZ	2009-02-15	KZNMSA LC Champs @ Kings Park	
3	52.06 L	F	Wolpe, Russel	72	PHOE CG	2009-03-11	SAMS 25th LC Champs @ East Londc	
4	54.64 L	F	Cameron, Mike	73	EACS KZ	2009-03-11	SAMS 25th LC Champs @ East Londc	
5	54.75 L	F	Theron, Sarel	74	COEL NT	2008-11-08	TMS Interregional @ Hillcrest	
6	55.22 L	F	Dando, Alan	73	FISH SW	2009-03-11	SAMS 25th LC Champs @ East Londc	
7	1:29.24 L	F	Muir, Neville	71	COEL NT	2009-03-11	SAMS 25th LC Champs @ East Londc	
Men 70-74 100 Breast								
1	1:41.37 L	F	McLachlan, Dave	72	CPTW WP	2009-01-24	WPMSA (Cape Town) @ UWC	
2	1:51.71 L	F	Cordell, Bill	71	EACS KZ	2009-02-15	KZNMSA LC Champs @ Kings Park	
3	1:59.15 L	F	Wolpe, Russel	72	PHOE CG	2009-03-11	SAMS 25th LC Champs @ East Londc	
4	2:06.78 L	F	Theron, Sarel	74	COEL NT	2008-11-08	TMS Interregional @ Hillcrest	
Men 70-74 200 Breast								
1	4:06.17 L	F	Meyer, Koos	70	COEL NT	2009-03-11	SAMS 25th LC Champs @ East Londc	
2	4:13.56 L	F	Cordell, Bill	71	EACS KZ	2008-11-16	KZNMSA (Highway) @ Crawford	
3	4:23.44 L	F	Wolpe, Russel	72	PHOE CG	2009-02-12	TMS LC Champs @ Hillcrest	
Men 70-74 50 Fly								
1	49.53 L	F	Cordell, Bill	72	EACS KZ	2009-03-11	SAMS 25th LC Champs @ East Londc	
Men 70-74 100 Fly								
1	1:33.08 L	F	McLachlan, Dave	72	CPTW WP	2009-03-11	SAMS 25th LC Champs @ East Londc	
2	1:57.36 L	F	Cordell, Bill	72	EACS KZ	2009-03-11	SAMS 25th LC Champs @ East Londc	
Men 70-74 200 Fly								
1	3:20.43 L	F	McLachlan, Dave	72	CPTW WP	2009-02-17	WPMSA LC Champs @ UWC/Paar/U	
Men 70-74 200 IM								
1	3:16.32 L	F	McLachlan, Dave	72	CPTW WP	2009-01-24	WPMSA (Cape Town) @ UWC	
2	4:03.31 L	F	Wolpe, Russel	72	PHOE CG	2009-02-12	TMS LC Champs @ Hillcrest	
Men 70-74 400 IM								
1	7:06.50 L	F	McLachlan, Dave	72	CPTW WP	2009-02-17	WPMSA LC Champs @ UWC/Paar/U	