

## South African Masters Swimming

### Individual Top Times

Times since: 01-May-08 Times until: 30-Apr-09  
 Number of Top Times: All Show Short Course Only

| Time                        | P/F/S     | Name | Age/Yr             |    |         |            |                                   |
|-----------------------------|-----------|------|--------------------|----|---------|------------|-----------------------------------|
| <b>Women 50-54 25 Free</b>  |           |      |                    |    |         |            |                                   |
| 1                           | 14.78 S   | F    | Coetzee, Di        | 53 | CPTW WP | 2008-11-15 | WPMSA (Cape Dolphin) @ Rondebos   |
| 2                           | 16.12 S   | F    | Brewis, Judy       | 54 | CPTW WP | 2008-11-15 | WPMSA (Cape Dolphin) @ Rondebos   |
| 3                           | 16.68 S   | F    | Boyes, Luzanne     | 51 | CPTW WP | 2008-11-15 | WPMSA (Cape Dolphin) @ Rondebos   |
| 4                           | 16.79 S   | F    | Donnelly, Chris    | 51 | CPTW WP | 2008-11-15 | WPMSA (Cape Dolphin) @ Rondebos   |
| 5                           | 16.93 S   | F    | Collins, Judy      | 54 | CPTW WP | 2008-11-15 | WPMSA (Cape Dolphin) @ Rondebos   |
| 6                           | 16.99 S   | F    | Sharkey, Therese   | 53 | WINE WP | 2008-11-15 | WPMSA (Cape Dolphin) @ Rondebos   |
| <b>Women 50-54 50 Free</b>  |           |      |                    |    |         |            |                                   |
| 1                           | 31.03 S   | F    | Coetzee, Di        | 53 | CPTW WP | 2008-06-19 | WPMSA (Cape Town) @ Long Street   |
| 2                           | 31.49 S   | F    | Campbell, Heather  | 54 | SEAL KZ | 2009-01-18 | KZNMSA (East Coast) @ Gordon Roa  |
| 3                           | 32.39 S   | F    | Brimble, Mairi     | 53 | DOLP WP | 2008-06-19 | WPMSA (Cape Town) @ Long Street   |
| 4                           | 33.13 S   | F    | Davie, Clare       | 52 | PHOE CG | 2008-05-17 | GMS (Wahoo) @ Wahoo AC (Frostbit  |
| 5                           | 34.77 S   | F    | Hamway, Mindy      | 50 | DOLP WP | 2008-08-17 | WPMSA (Cape Dolphin) @ Stellenbos |
| 6                           | 34.81 S   | F    | van Wilgen, Jane   | 53 | WINE WP | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |
| 7                           | 34.87 S   | F    | Brewis, Judy       | 54 | CPTW WP | 2008-06-19 | WPMSA (Cape Town) @ Long Street   |
| 8                           | 34.90 S   | F    | McLeod, Fiona      | 54 | SEAL KZ | 2008-12-14 | KZNMSA (East Coast) @ Gordon Roa  |
| 9                           | 35.39 S   | F    | Sharkey, Therese   | 53 | WINE WP | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |
| 10                          | 36.07 S   | F    | Boyes, Luzanne     | 51 | CPTW WP | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |
| 11                          | 36.55 S   | F    | Bailey, Colleen    | 54 | EACS KZ | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |
| 12                          | 36.70 S   | F    | Geraty, Gail       | 52 | COEL NT | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |
| 13                          | 37.18 S   | F    | Matley, Terry      | 51 | DOLP WP | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |
| 14                          | 37.68 S   | F    | Collins, Judy      | 54 | CPTW WP | 2008-08-17 | WPMSA (Cape Dolphin) @ Stellenbos |
| 15                          | 46.54 S   | F    | Spencer, Joy       | 54 | EACS KZ | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |
| 16                          | 49.93 S   | F    | de Beer, Stephanie | 54 | ETSM ES | 2008-06-22 | GMS (Wahoo) @ Wahoo AC (Frostbit  |
| <b>Women 50-54 100 Free</b> |           |      |                    |    |         |            |                                   |
| 1                           | 1:11.06 S | F    | Campbell, Heather  | 54 | SEAL KZ | 2009-01-18 | KZNMSA (East Coast) @ Gordon Roa  |
| 2                           | 1:12.52 S | F    | Davie, Clare       | 52 | PHOE CG | 2008-05-17 | GMS (Wahoo) @ Wahoo AC (Frostbit  |
| 3                           | 1:13.37 S | F    | Brewis, Judy       | 54 | CPTW WP | 2008-06-19 | WPMSA (Cape Town) @ Long Street   |
| 4                           | 1:13.91 S | F    | Brimble, Mairi     | 53 | DOLP WP | 2008-06-19 | WPMSA (Cape Town) @ Long Street   |
| 5                           | 1:19.06 S | F    | Sharkey, Therese   | 53 | WINE WP | 2008-06-19 | WPMSA (Cape Town) @ Long Street   |
| 6                           | 1:19.60 S | F    | Donnelly, Chris    | 51 | CPTW WP | 2008-11-15 | WPMSA (Cape Dolphin) @ Rondebos   |
| 7                           | 1:22.78 S | F    | Collins, Judy      | 54 | CPTW WP | 2008-11-15 | WPMSA (Cape Dolphin) @ Rondebos   |
| 8                           | 1:24.03 S | F    | McLeod, Fiona      | 54 | SEAL KZ | 2008-12-14 | KZNMSA (East Coast) @ Gordon Roa  |
| 9                           | 1:26.69 S | F    | Boyes, Luzanne     | 51 | CPTW WP | 2008-11-15 | WPMSA (Cape Dolphin) @ Rondebos   |
| 10                          | 1:29.97 S | F    | Matley, Terry      | 52 | DOLP WP | 2009-04-01 | WPMSA @ Long Street               |
| 11                          | 1:44.47 S | F    | Goldstein, Heather | 52 | HIGH KZ | 2008-12-14 | KZNMSA (East Coast) @ Gordon Roa  |
| <b>Women 50-54 200 Free</b> |           |      |                    |    |         |            |                                   |
| 1                           | 2:27.15 S | F    | Coetzee, Di        | 53 | CPTW WP | 2008-07-17 | WPMSA (Winelands) @ Long Street   |
| 2                           | 2:29.73 S | F    | Campbell, Heather  | 53 | SEAL KZ | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |
| 3                           | 2:36.38 S | F    | Davie, Clare       | 52 | PHOE CG | 2008-06-22 | GMS (Wahoo) @ Wahoo AC (Frostbit  |
| 4                           | 2:41.73 S | F    | Brewis, Judy       | 54 | CPTW WP | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |
| 5                           | 2:44.62 S | F    | Hamway, Mindy      | 50 | DOLP WP | 2008-07-17 | WPMSA (Winelands) @ Long Street   |
| 6                           | 2:44.82 S | F    | Brimble, Mairi     | 53 | DOLP WP | 2008-07-17 | WPMSA (Winelands) @ Long Street   |
| 7                           | 2:49.50 S | F    | Sharkey, Therese   | 53 | WINE WP | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |
| 8                           | 2:54.69 S | F    | van Wilgen, Jane   | 53 | WINE WP | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |
| 9                           | 3:06.07 S | F    | Geraty, Gail       | 52 | COEL NT | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |
| 10                          | 3:06.86 S | F    | Boyes, Luzanne     | 51 | CPTW WP | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |
| 11                          | 3:08.96 S | F    | Collins, Judy      | 54 | CPTW WP | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |
| 12                          | 3:57.03 S | F    | Goldstein, Heather | 52 | HIGH KZ | 2008-09-07 | KZNMSA (East Coast) @ Kings Park  |
| <b>Women 50-54 400 Free</b> |           |      |                    |    |         |            |                                   |
| 1                           | 5:24.77 S | F    | Davie, Clare       | 52 | PHOE CG | 2008-08-16 | GMS SC Champs @ Wahoo AC          |
| 2                           | 5:24.96 S | F    | Hamway, Mindy      | 50 | DOLP WP | 2008-08-17 | WPMSA (Cape Dolphin) @ Stellenbos |
| 3                           | 5:25.44 S | F    | Campbell, Heather  | 53 | SEAL KZ | 2008-12-14 | KZNMSA (East Coast) @ Gordon Roa  |
| 4                           | 6:01.28 S | F    | Sharkey, Therese   | 53 | WINE WP | 2008-08-17 | WPMSA (Cape Dolphin) @ Stellenbos |
| 5                           | 6:15.03 S | F    | van Wilgen, Jane   | 53 | WINE WP | 2008-08-17 | WPMSA (Cape Dolphin) @ Stellenbos |
| 6                           | 6:32.73 S | F    | Geraty, Gail       | 52 | COEL NT | 2008-08-16 | GMS SC Champs @ Wahoo AC          |

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### Individual Top Times

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Number of Top Times: All Show Short Course Only

|                              | Time       | P/F/S | Name                 | Age/Yr |         |            |                                   |  |
|------------------------------|------------|-------|----------------------|--------|---------|------------|-----------------------------------|--|
| 7                            | 6:38.99 S  | F     | Collins, Judy        | 54     | CPTW WP | 2008-08-17 | WPMSA (Cape Dolphin) @ Stellenbos |  |
| 8                            | 7:26.44 S  | F     | Goldstein, Heather   | 52     | HIGH KZ | 2008-12-14 | KZNMSA (East Coast) @ Gordon Roa  |  |
| 9                            | 7:37.22 S  | F     | Louw, Niki           | 53     | WINE WP | 2008-08-17 | WPMSA (Cape Dolphin) @ Stellenbos |  |
| <b>Women 50-54 800 Free</b>  |            |       |                      |        |         |            |                                   |  |
| 1                            | 11:01.58 S | F     | Campbell, Heather    | 53     | SEAL KZ | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |  |
| 2                            | 11:14.59 S | F     | Hamway, Mindy        | 50     | DOLP WP | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |  |
| 3                            | 11:35.46 S | F     | Brewis, Judy         | 54     | CPTW WP | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |  |
| 4                            | 11:54.71 S | F     | Brimble, Mairi       | 53     | DOLP WP | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |  |
| 5                            | 13:26.99 S | F     | Geraty, Gail         | 52     | COEL NT | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |  |
| 6                            | 13:36.54 S | F     | Boyes, Luzanne       | 51     | CPTW WP | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |  |
| 7                            | 15:35.70 S | F     | Black, Jill          | 51     | FISH SW | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |  |
| <b>Women 50-54 1500 Free</b> |            |       |                      |        |         |            |                                   |  |
| 1                            | 22:51.06 S | F     | Brewis, Judy         | 54     | CPTW WP | 2008-09-18 | WPMSA (Cape Town) @ Long Street   |  |
| 2                            | 25:50.08 S | F     | Geraty, Gail         | 52     | COEL NT | 2008-08-16 | GMS SC Champs @ Wahoo AC          |  |
| 3                            | 26:09.09 S | F     | Bezuidenhout, Hendra | 51     | KWHA CG | 2008-08-16 | GMS SC Champs @ Wahoo AC          |  |
| 4                            | 31:07.52 S | F     | Bronkhorst, Liz      | 52     | PHOE CG | 2008-08-16 | GMS SC Champs @ Wahoo AC          |  |
| <b>Women 50-54 25 Back</b>   |            |       |                      |        |         |            |                                   |  |
| 1                            | 18.13 S    | F     | Coetzee, Di          | 53     | CPTW WP | 2008-11-15 | WPMSA (Cape Dolphin) @ Rondebos   |  |
| 2                            | 19.83 S    | F     | Sharkey, Therese     | 53     | WINE WP | 2008-11-15 | WPMSA (Cape Dolphin) @ Rondebos   |  |
| 3                            | 20.51 S    | F     | Brewis, Judy         | 54     | CPTW WP | 2008-11-15 | WPMSA (Cape Dolphin) @ Rondebos   |  |
| 4                            | 21.19 S    | F     | Collins, Judy        | 54     | CPTW WP | 2008-11-15 | WPMSA (Cape Dolphin) @ Rondebos   |  |
| <b>Women 50-54 50 Back</b>   |            |       |                      |        |         |            |                                   |  |
| 1                            | 36.33 S    | F     | Coetzee, Di          | 53     | CPTW WP | 2008-08-17 | WPMSA (Cape Dolphin) @ Stellenbos |  |
| 2                            | 37.35 S    | F     | Campbell, Heather    | 53     | SEAL KZ | 2008-12-14 | KZNMSA (East Coast) @ Gordon Roa  |  |
| 3                            | 40.09 S    | F     | Sharkey, Therese     | 53     | WINE WP | 2008-06-19 | WPMSA (Cape Town) @ Long Street   |  |
| 4                            | 40.54 S    | F     | Davie, Clare         | 52     | PHOE CG | 2008-05-17 | GMS (Wahoo) @ Wahoo AC (Frostbit  |  |
| 5                            | 41.04 S    | F     | Brewis, Judy         | 54     | CPTW WP | 2008-06-19 | WPMSA (Cape Town) @ Long Street   |  |
| 6                            | 42.57 S    | F     | van Wilgen, Jane     | 53     | WINE WP | 2008-08-17 | WPMSA (Cape Dolphin) @ Stellenbos |  |
| 7                            | 43.53 S    | F     | Bailey, Colleen      | 54     | EACS KZ | 2008-12-14 | KZNMSA (East Coast) @ Gordon Roa  |  |
| 8                            | 43.93 S    | F     | Hamway, Mindy        | 50     | DOLP WP | 2008-08-17 | WPMSA (Cape Dolphin) @ Stellenbos |  |
| 9                            | 44.78 S    | F     | Collins, Judy        | 54     | CPTW WP | 2008-08-17 | WPMSA (Cape Dolphin) @ Stellenbos |  |
| 10                           | 48.77 S    | F     | McLeod, Fiona        | 54     | SEAL KZ | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |  |
| 11                           | 50.05 S    | F     | Black, Jill          | 51     | FISH SW | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |  |
| 12                           | 57.17 S    | F     | de Beer, Stephanie   | 54     | ETSM ES | 2008-05-17 | GMS (Wahoo) @ Wahoo AC (Frostbit  |  |
| 13                           | 59.19 S    | F     | Goldstein, Heather   | 52     | HIGH KZ | 2008-12-14 | KZNMSA (East Coast) @ Gordon Roa  |  |
| <b>Women 50-54 100 Back</b>  |            |       |                      |        |         |            |                                   |  |
| 1                            | 1:18.61 S  | F     | Coetzee, Di          | 53     | CPTW WP | 2008-07-17 | WPMSA (Winelands) @ Long Street   |  |
| 2                            | 1:23.76 S  | F     | Davie, Clare         | 52     | PHOE CG | 2008-06-22 | GMS (Wahoo) @ Wahoo AC (Frostbit  |  |
| 3                            | 1:26.35 S  | F     | Sharkey, Therese     | 53     | WINE WP | 2008-06-19 | WPMSA (Cape Town) @ Long Street   |  |
| 4                            | 1:27.35 S  | F     | Brewis, Judy         | 54     | CPTW WP | 2008-06-19 | WPMSA (Cape Town) @ Long Street   |  |
| 5                            | 1:38.19 S  | F     | Bailey, Colleen      | 54     | EACS KZ | 2008-09-07 | KZNMSA (East Coast) @ Kings Park  |  |
| 6                            | 1:40.46 S  | F     | Collins, Judy        | 54     | CPTW WP | 2008-07-17 | WPMSA (Winelands) @ Long Street   |  |
| 7                            | 2:09.69 S  | F     | de Beer, Stephanie   | 54     | ETSM ES | 2008-06-22 | GMS (Wahoo) @ Wahoo AC (Frostbit  |  |
| <b>Women 50-54 200 Back</b>  |            |       |                      |        |         |            |                                   |  |
| 1                            | 2:50.27 S  | F     | Davie, Clare         | 52     | PHOE CG | 2008-06-22 | GMS (Wahoo) @ Wahoo AC (Frostbit  |  |
| 2                            | 2:50.84 S  | F     | Coetzee, Di          | 53     | CPTW WP | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |  |
| 3                            | 2:56.33 S  | F     | Campbell, Heather    | 53     | SEAL KZ | 2008-12-14 | KZNMSA (East Coast) @ Gordon Roa  |  |
| 4                            | 3:03.63 S  | F     | Brewis, Judy         | 54     | CPTW WP | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |  |
| 5                            | 3:08.19 S  | F     | Sharkey, Therese     | 53     | WINE WP | 2008-08-17 | WPMSA (Cape Dolphin) @ Stellenbos |  |
| 6                            | 3:25.69 S  | F     | Bailey, Colleen      | 54     | EACS KZ | 2008-12-14 | KZNMSA (East Coast) @ Gordon Roa  |  |
| 7                            | 3:59.78 S  | F     | Black, Jill          | 51     | FISH SW | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |  |
| 8                            | 4:26.19 S  | F     | Goldstein, Heather   | 52     | HIGH KZ | 2008-12-14 | KZNMSA (East Coast) @ Gordon Roa  |  |
| <b>Women 50-54 25 Breast</b> |            |       |                      |        |         |            |                                   |  |
| 1                            | 20.49 S    | F     | Coetzee, Di          | 53     | CPTW WP | 2008-11-15 | WPMSA (Cape Dolphin) @ Rondebos   |  |
| 2                            | 20.85 S    | F     | Donnelly, Chris      | 51     | CPTW WP | 2008-11-15 | WPMSA (Cape Dolphin) @ Rondebos   |  |

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### Individual Top Times

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|                               | Time      | P/F/S | Name                 | Age/Yr |         |            |                                   |  |
|-------------------------------|-----------|-------|----------------------|--------|---------|------------|-----------------------------------|--|
| 3                             | 22.95 S   | F     | Collins, Judy        | 54     | CPTW WP | 2008-11-15 | WPMSA (Cape Dolphin) @ Rondebos   |  |
| <b>Women 50-54 50 Breast</b>  |           |       |                      |        |         |            |                                   |  |
| 1                             | 40.87 S   | F     | Campbell, Heather    | 53     | SEAL KZ | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |  |
| 2                             | 42.90 S   | F     | Matley, Terry        | 52     | DOLP WP | 2009-04-01 | WPMSA @ Long Street               |  |
| 3                             | 43.62 S   | F     | Bezuidenhout, Hendra | 51     | KWHA CG | 2008-08-16 | GMS SC Champs @ Wahoo AC          |  |
| 4                             | 44.38 S   | F     | Coetzee, Di          | 53     | CPTW WP | 2008-06-19 | WPMSA (Cape Town) @ Long Street   |  |
| 5                             | 47.62 S   | F     | McLeod, Fiona        | 54     | SEAL KZ | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |  |
| 6                             | 48.18 S   | F     | Hamway, Mindy        | 50     | DOLP WP | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |  |
| 7                             | 50.33 S   | F     | Sharkey, Therese     | 54     | WINE WP | 2009-04-01 | WPMSA @ Long Street               |  |
| 8                             | 50.57 S   | F     | Goldstein, Heather   | 52     | HIGH KZ | 2009-03-29 | KZNMSA (Highway) @ Gordon Road    |  |
| 9                             | 51.13 S   | F     | Louw, Niki           | 53     | WINE WP | 2008-08-17 | WPMSA (Cape Dolphin) @ Stellenbos |  |
| 10                            | 53.57 S   | F     | Spencer, Joy         | 54     | EACS KZ | 2009-03-29 | KZNMSA (Highway) @ Gordon Road    |  |
| 11                            | 56.00 S   | F     | Black, Jill          | 51     | FISH SW | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |  |
| <b>Women 50-54 100 Breast</b> |           |       |                      |        |         |            |                                   |  |
| 1                             | 1:31.40 S | F     | Campbell, Heather    | 53     | SEAL KZ | 2008-09-07 | KZNMSA (East Coast) @ Kings Park  |  |
| 2                             | 1:35.44 S | F     | Matley, Terry        | 52     | DOLP WP | 2009-04-01 | WPMSA @ Long Street               |  |
| 3                             | 1:37.24 S | F     | Donnelly, Chris      | 51     | CPTW WP | 2008-11-15 | WPMSA (Cape Dolphin) @ Rondebos   |  |
| 4                             | 1:44.31 S | F     | McLeod, Fiona        | 54     | SEAL KZ | 2008-12-14 | KZNMSA (East Coast) @ Gordon Roa  |  |
| 5                             | 1:49.47 S | F     | Goldstein, Heather   | 52     | HIGH KZ | 2008-12-14 | KZNMSA (East Coast) @ Gordon Roa  |  |
| 6                             | 1:54.37 S | F     | Louw, Niki           | 53     | WINE WP | 2008-08-17 | WPMSA (Cape Dolphin) @ Stellenbos |  |
| <b>Women 50-54 200 Breast</b> |           |       |                      |        |         |            |                                   |  |
| 1                             | 3:17.75 S | F     | Campbell, Heather    | 53     | SEAL KZ | 2009-03-29 | KZNMSA (Highway) @ Gordon Road    |  |
| 2                             | 3:28.78 S | F     | Bezuidenhout, Hendra | 51     | KWHA CG | 2008-08-16 | GMS SC Champs @ Wahoo AC          |  |
| 3                             | 3:36.73 S | F     | Matley, Terry        | 51     | DOLP WP | 2008-07-17 | WPMSA (Winelands) @ Long Street   |  |
| <b>Women 50-54 25 Fly</b>     |           |       |                      |        |         |            |                                   |  |
| 1                             | 15.78 S   | F     | Coetzee, Di          | 53     | CPTW WP | 2008-11-15 | WPMSA (Cape Dolphin) @ Rondebos   |  |
| 2                             | 19.30 S   | F     | Donnelly, Chris      | 51     | CPTW WP | 2008-11-15 | WPMSA (Cape Dolphin) @ Rondebos   |  |
| 3                             | 20.58 S   | F     | Collins, Judy        | 54     | CPTW WP | 2008-11-15 | WPMSA (Cape Dolphin) @ Rondebos   |  |
| <b>Women 50-54 50 Fly</b>     |           |       |                      |        |         |            |                                   |  |
| 1                             | 34.22 S   | F     | Coetzee, Di          | 53     | CPTW WP | 2008-06-19 | WPMSA (Cape Town) @ Long Street   |  |
| 2                             | 35.50 S   | F     | Campbell, Heather    | 54     | SEAL KZ | 2009-01-18 | KZNMSA (East Coast) @ Gordon Roa  |  |
| 3                             | 39.81 S   | F     | van Wilgen, Jane     | 53     | WINE WP | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |  |
| 4                             | 44.65 S   | F     | Bailey, Colleen      | 54     | EACS KZ | 2009-03-29 | KZNMSA (Highway) @ Gordon Road    |  |
| 5                             | 54.68 S   | F     | Goldstein, Heather   | 52     | HIGH KZ | 2008-09-07 | KZNMSA (East Coast) @ Kings Park  |  |
| <b>Women 50-54 100 Fly</b>    |           |       |                      |        |         |            |                                   |  |
| 1                             | 1:24.43 S | F     | Campbell, Heather    | 53     | SEAL KZ | 2008-09-07 | KZNMSA (East Coast) @ Kings Park  |  |
| 2                             | 2:02.66 S | F     | Goldstein, Heather   | 53     | HIGH KZ | 2009-01-18 | KZNMSA (East Coast) @ Gordon Roa  |  |
| <b>Women 50-54 200 Fly</b>    |           |       |                      |        |         |            |                                   |  |
| 1                             | 3:07.04 S | F     | Campbell, Heather    | 53     | SEAL KZ | 2009-03-29 | KZNMSA (Highway) @ Gordon Road    |  |
| 2                             | 3:07.12 S | F     | Davie, Clare         | 52     | PHOE CG | 2008-08-16 | GMS SC Champs @ Wahoo AC          |  |
| <b>Women 50-54 100 IM</b>     |           |       |                      |        |         |            |                                   |  |
| 1                             | 1:19.37 S | F     | Coetzee, Di          | 53     | CPTW WP | 2008-06-19 | WPMSA (Cape Town) @ Long Street   |  |
| 2                             | 1:20.15 S | F     | Campbell, Heather    | 53     | SEAL KZ | 2008-09-07 | KZNMSA (East Coast) @ Kings Park  |  |
| 3                             | 1:26.15 S | F     | Davie, Clare         | 52     | PHOE CG | 2008-05-17 | GMS (Wahoo) @ Wahoo AC (Frostbit  |  |
| 4                             | 1:29.75 S | F     | Brimble, Mairi       | 53     | DOLP WP | 2008-06-19 | WPMSA (Cape Town) @ Long Street   |  |
| 5                             | 1:30.67 S | F     | van Wilgen, Jane     | 53     | WINE WP | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |  |
| 6                             | 1:31.93 S | F     | Hamway, Mindy        | 50     | DOLP WP | 2008-07-17 | WPMSA (Winelands) @ Long Street   |  |
| 7                             | 1:33.75 S | F     | Sharkey, Therese     | 53     | WINE WP | 2008-06-19 | WPMSA (Cape Town) @ Long Street   |  |
| 8                             | 1:56.21 S | F     | Black, Jill          | 51     | FISH SW | 2008-10-01 | SAMS (Consol.) SC Champs @ variou |  |
| 9                             | 2:16.16 S | F     | de Beer, Stephanie   | 54     | ETSM ES | 2008-05-17 | GMS (Wahoo) @ Wahoo AC (Frostbit  |  |
| <b>Women 50-54 200 IM</b>     |           |       |                      |        |         |            |                                   |  |
| 1                             | 2:52.00 S | F     | Coetzee, Di          | 53     | CPTW WP | 2008-08-17 | WPMSA (Cape Dolphin) @ Stellenbos |  |
| 2                             | 2:56.47 S | F     | Campbell, Heather    | 53     | SEAL KZ | 2008-12-14 | KZNMSA (East Coast) @ Gordon Roa  |  |
| 3                             | 2:58.86 S | F     | Davie, Clare         | 52     | PHOE CG | 2008-08-16 | GMS SC Champs @ Wahoo AC          |  |
| 4                             | 3:22.39 S | F     | van Wilgen, Jane     | 53     | WINE WP | 2008-08-17 | WPMSA (Cape Dolphin) @ Stellenbos |  |

## South African Masters Swimming

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### Individual Top Times

Times since: 01-May-08    Times until: 30-Apr-09

Number of Top Times: All    Show Short Course Only

|                           | Time      | P/F/S | Name               | Age/Yr |         |            |                                  |  |
|---------------------------|-----------|-------|--------------------|--------|---------|------------|----------------------------------|--|
| 5                         | 3:58.84 S | F     | Goldstein, Heather | 52     | HIGH KZ | 2008-12-14 | KZNMSA (East Coast) @ Gordon Roa |  |
| <b>Women 50-54 400 IM</b> |           |       |                    |        |         |            |                                  |  |
| 1                         | 6:17.34 S | F     | Campbell, Heather  | 53     | SEAL KZ | 2009-03-29 | KZNMSA (Highway) @ Gordon Road   |  |
| 2                         | 7:55.47 S | F     | Bailey, Colleen    | 54     | EACS KZ | 2009-03-29 | KZNMSA (Highway) @ Gordon Road   |  |
| 3                         | 8:31.41 S | F     | Goldstein, Heather | 53     | HIGH KZ | 2009-01-18 | KZNMSA (East Coast) @ Gordon Roa |  |