

South African Masters Swimming

Individual Top Times

Times since: 01-May-08 Times until: 30-Apr-09

Number of Top Times: All Show Short Course Only

Time	P/F/S	Name	Age/Yr				
Women 40-44 25 Free							
1	13.57 S	F Strauss, Marcelle	44	CPTW WP	2008-11-15	WPMSA (Cape Dolphin) @ Rondebos	
2	14.72 S	F Kennedy, Karen	42	PHOE CG	2008-05-17	GMS (Wahoo) @ Wahoo AC (Frostbit)	
3	17.87 S	F Venter, Marli	42	COEL NT	2008-05-17	GMS (Wahoo) @ Wahoo AC (Frostbit)	
Women 40-44 50 Free							
1	27.04 S	F Ottermann, Edith	42	CPTW WP	2008-08-16	GMS SC Champs @ Wahoo AC	
2	29.63 S	F Strauss, Marcelle	44	CPTW WP	2008-08-17	WPMSA (Cape Dolphin) @ Stellenbos	
3	30.03 S	F Daniel, Wilma	41	EACS KZ	2008-09-07	KZNMSA (East Coast) @ Kings Park	
4	31.01 S	F Strydom, Caren	41	EACS KZ	2008-10-01	SAMS (Consol.) SC Champs @ variou	
5	33.09 S	F Kennedy, Karen	42	PHOE CG	2008-08-16	GMS SC Champs @ Wahoo AC	
6	34.81 S	F Curtis, Alison	44	PHOE CG	2008-11-22	GMS (Killer Whales) @ Linden	
7	34.83 S	F Homveld, Jade	42	TUKM NT	2008-05-17	GMS (Wahoo) @ Wahoo AC (Frostbit)	
8	36.31 S	F Ruck, Celeste	43	COEL NT	2008-10-01	SAMS (Consol.) SC Champs @ variou	
9	39.31 S	F Venter, Marli	42	COEL NT	2008-05-17	GMS (Wahoo) @ Wahoo AC (Frostbit)	
Women 40-44 100 Free							
1	1:04.67 S	F Ottermann, Edith	42	CPTW WP	2008-08-16	GMS SC Champs @ Wahoo AC	
2	1:05.67 S	F Strauss, Marcelle	44	CPTW WP	2008-11-15	WPMSA (Cape Dolphin) @ Rondebos	
3	1:11.53 S	F Strydom, Caren	41	EACS KZ	2009-03-29	KZNMSA (Highway) @ Gordon Road	
4	1:15.46 S	F Kennedy, Karen	42	PHOE CG	2008-08-16	GMS SC Champs @ Wahoo AC	
5	1:16.07 S	F Homveld, Jade	42	TUKM NT	2008-05-17	GMS (Wahoo) @ Wahoo AC (Frostbit)	
6	1:26.32 S	F Ruck, Celeste	43	COEL NT	2008-05-17	GMS (Wahoo) @ Wahoo AC (Frostbit)	
Women 40-44 200 Free							
1	2:11.26 S	F Picard, Amanda	40	CPTW WP	2008-07-17	WPMSA (Winelands) @ Long Street	
2	2:23.49 S	F Morris-Eyton, Heather	41	PHOE CG	2008-10-01	SAMS (Consol.) SC Champs @ variou	
3	2:25.73 S	F Strauss, Marcelle	44	CPTW WP	2008-10-01	SAMS (Consol.) SC Champs @ variou	
4	2:34.00 S	F Daniel, Wilma	41	EACS KZ	2008-09-07	KZNMSA (East Coast) @ Kings Park	
5	2:36.09 S	F Strydom, Caren	41	EACS KZ	2008-09-07	KZNMSA (East Coast) @ Kings Park	
6	2:36.99 S	F Dressler, Annemarie	44	COEL NT	2008-06-22	GMS (Wahoo) @ Wahoo AC (Frostbit)	
7	3:11.79 S	F Ruck, Celeste	43	COEL NT	2008-10-01	SAMS (Consol.) SC Champs @ variou	
8	3:47.47 S	F Fuchs, Mandi	44	DOLP WP	2008-10-01	SAMS (Consol.) SC Champs @ variou	
Women 40-44 400 Free							
1	5:12.41 S	F Morris-Eyton, Heather	41	PHOE CG	2008-08-16	GMS SC Champs @ Wahoo AC	
2	5:17.54 S	F Strauss, Marcelle	44	CPTW WP	2008-08-17	WPMSA (Cape Dolphin) @ Stellenbos	
3	5:33.64 S	F Dressler, Annemarie	44	COEL NT	2008-08-16	GMS SC Champs @ Wahoo AC	
4	5:41.50 S	F Strydom, Caren	41	EACS KZ	2009-03-29	KZNMSA (Highway) @ Gordon Road	
5	5:50.71 S	F Fuchs, Mandi	44	DOLP WP	2008-08-17	WPMSA (Cape Dolphin) @ Stellenbos	
Women 40-44 800 Free							
1	10:18.15 S	F Morris-Eyton, Heather	41	PHOE CG	2008-10-01	SAMS (Consol.) SC Champs @ variou	
2	12:04.26 S	F Fuchs, Mandi	44	DOLP WP	2008-10-01	SAMS (Consol.) SC Champs @ variou	
3	13:51.74 S	F Curtis, Alison	44	PHOE CG	2008-11-22	GMS (Killer Whales) @ Linden	
4	17:49.10 S	F Russell, Marcilla	40	COEL NT	2008-10-01	SAMS (Consol.) SC Champs @ variou	
Women 40-44 1500 Free							
1	21:23.50 S	F Morris-Eyton, Heather	41	PHOE CG	2008-08-16	GMS SC Champs @ Wahoo AC	
2	22:38.76 S	F Fuchs, Mandi	44	DOLP WP	2008-09-18	WPMSA (Cape Town) @ Long Street	
Women 40-44 50 Back							
1	37.27 S	F Dressler, Annemarie	44	COEL NT	2008-05-17	GMS (Wahoo) @ Wahoo AC (Frostbit)	
2	42.74 S	F Venter, Marli	42	COEL NT	2008-06-22	GMS (Wahoo) @ Wahoo AC (Frostbit)	
3	44.63 S	F Curtis, Alison	44	PHOE CG	2008-11-22	GMS (Killer Whales) @ Linden	
4	55.05 S	F McGregor, Gill	43	AMAK BO	2008-10-01	SAMS (Consol.) SC Champs @ variou	
5	55.34 S	F Durrant, Jo-anne	42	AMAK BO	2008-10-01	SAMS (Consol.) SC Champs @ variou	
6	1:21.32 S	F Fv Wechmar, Elizabeth	40	DOLP WP	2008-10-01	SAMS (Consol.) SC Champs @ variou	
Women 40-44 200 Back							
1	2:51.65 S	F Dressler, Annemarie	44	COEL NT	2008-05-17	GMS (Wahoo) @ Wahoo AC (Frostbit)	
2	3:07.93 S	F Strydom, Caren	41	EACS KZ	2008-10-01	SAMS (Consol.) SC Champs @ variou	
3	3:51.08 S	F Venter, Marli	42	COEL NT	2008-06-22	GMS (Wahoo) @ Wahoo AC (Frostbit)	

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	Time	P/F/S	Name	Age/Yr				
4	4:42.33 S	F	McGregor, Gill	43	AMAK BO	2008-10-01	SAMS (Consol.) SC Champs @ variou	
Women 40-44 25 Breast								
1	18.38 S	F	Strauss, Marcelle	44	CPTW WP	2008-11-15	WPMSA (Cape Dolphin) @ Rondebos	
Women 40-44 50 Breast								
1	35.74 S	F	Morris-Eyton, Heather	41	PHOE CG	2008-11-22	GMS (Killer Whales) @ Linden	
2	39.66 S	F	Strauss, Marcelle	44	CPTW WP	2008-10-01	SAMS (Consol.) SC Champs @ variou	
3	1:06.11 S	F	Fv Wechmar, Elizabeth	40	DOLP WP	2008-10-01	SAMS (Consol.) SC Champs @ variou	
Women 40-44 100 Breast								
1	1:15.66 S	F	Morris-Eyton, Heather	41	PHOE CG	2008-10-01	SAMS (Consol.) SC Champs @ variou	
2	1:28.45 S	F	Strauss, Marcelle	44	CPTW WP	2008-06-19	WPMSA (Cape Town) @ Long Street	
3	1:29.61 S	F	Dressler, Annemarie	44	COEL NT	2008-06-22	GMS (Wahoo) @ Wahoo AC (Frostbit	
4	2:07.75 S	F	Russell, Marcilla	40	COEL NT	2008-10-01	SAMS (Consol.) SC Champs @ variou	
Women 40-44 200 Breast								
1	2:44.59 S	F	Morris-Eyton, Heather	41	PHOE CG	2008-11-22	GMS (Killer Whales) @ Linden	
Women 40-44 50 Fly								
1	29.82 S	F	Ottermann, Edith	42	CPTW WP	2008-08-16	GMS SC Champs @ Wahoo AC	
2	42.56 S	F	Homveld, Jade	42	TUKM NT	2008-05-17	GMS (Wahoo) @ Wahoo AC (Frostbit	
3	1:14.36 S	F	Fv Wechmar, Elizabeth	40	DOLP WP	2008-10-01	SAMS (Consol.) SC Champs @ variou	
Women 40-44 100 Fly								
1	2:06.14 S	F	McGregor, Gill	43	AMAK BO	2008-10-01	SAMS (Consol.) SC Champs @ variou	
Women 40-44 100 IM								
1	1:12.92 S	F	Picard, Amanda	40	CPTW WP	2008-07-17	WPMSA (Winelands) @ Long Street	
2	1:17.45 S	F	Morris-Eyton, Heather	41	PHOE CG	2008-11-22	GMS (Killer Whales) @ Linden	
3	1:27.94 S	F	Strydom, Caren	41	EACS KZ	2008-09-07	KZNMSA (East Coast) @ Kings Park	
4	1:35.73 S	F	Homveld, Jade	42	TUKM NT	2008-05-17	GMS (Wahoo) @ Wahoo AC (Frostbit	
5	2:19.10 S	F	Fv Wechmar, Elizabeth	40	DOLP WP	2008-10-01	SAMS (Consol.) SC Champs @ variou	
Women 40-44 200 IM								
1	2:57.53 S	F	Dressler, Annemarie	44	COEL NT	2008-08-16	GMS SC Champs @ Wahoo AC	
2	4:56.98 S	F	Fv Wechmar, Elizabeth	40	DOLP WP	2008-08-17	WPMSA (Cape Dolphin) @ Stellenbos	
Women 40-44 400 IM								
1	9:37.73 S	F	McGregor, Gill	43	AMAK BO	2008-10-01	SAMS (Consol.) SC Champs @ variou	