

South African Masters Swimming

Individual Top Times

Times since: 01-May-08 Times until: 30-Apr-09
 Number of Top Times: All Show Short Course Only

| Time | P/F/S | Name | Age/Yr |
|-------------------------------|-------|------------------|---|
| Women 25-29 50 Free | | | |
| 1 27.72 S | F | Botha, Cindy | 25 EACS KZ 2009-01-18 KZNMSA (East Coast) @ Gordon Roa |
| 2 29.80 S | F | Cowell, Joanne | 26 COEL NT 2008-11-22 GMS (Killer Whales) @ Linden |
| 3 38.88 S | F | Marr, Tracy | 28 WAHO CG 2008-10-01 SAMS (Consol.) SC Champs @ variou |
| Women 25-29 200 Free | | | |
| 1 2:40.69 S | F | Cowell, Joanne | 26 COEL NT 2008-11-22 GMS (Killer Whales) @ Linden |
| 2 2:57.57 S | F | Louw, Liesel | 25 COEL NT 2008-10-01 SAMS (Consol.) SC Champs @ variou |
| 3 3:05.16 S | F | Gardiner, Tracey | 25 KWHA CG 2008-10-01 SAMS (Consol.) SC Champs @ variou |
| Women 25-29 800 Free | | | |
| 1 11:46.00 S | F | Cowell, Joanne | 26 COEL NT 2008-11-22 GMS (Killer Whales) @ Linden |
| 2 12:35.91 S | F | Gardiner, Tracey | 25 KWHA CG 2008-10-01 SAMS (Consol.) SC Champs @ variou |
| 3 13:00.67 S | F | Petersen, Deidre | 27 PHOE CG 2008-10-01 SAMS (Consol.) SC Champs @ variou |
| Women 25-29 50 Back | | | |
| 1 31.82 S | F | Botha, Cindy | 25 EACS KZ 2009-01-18 KZNMSA (East Coast) @ Gordon Roa |
| 2 38.48 S | F | Cowell, Joanne | 26 COEL NT 2008-11-22 GMS (Killer Whales) @ Linden |
| Women 25-29 200 Back | | | |
| 1 2:34.12 S | F | Botha, Cindy | 25 EACS KZ 2009-01-18 KZNMSA (East Coast) @ Gordon Roa |
| 2 3:17.45 S | F | Louw, Liesel | 25 COEL NT 2008-10-01 SAMS (Consol.) SC Champs @ variou |
| Women 25-29 50 Breast | | | |
| 1 38.78 S | F | Botha, Cindy | 25 EACS KZ 2009-01-18 KZNMSA (East Coast) @ Gordon Roa |
| 2 39.46 S | F | Marr, Tracy | 28 WAHO CG 2008-10-01 SAMS (Consol.) SC Champs @ variou |
| 3 44.27 S | F | Gardiner, Tracey | 25 KWHA CG 2008-10-01 SAMS (Consol.) SC Champs @ variou |
| Women 25-29 100 Breast | | | |
| 1 1:39.77 S | F | Gardiner, Tracey | 25 KWHA CG 2008-10-01 SAMS (Consol.) SC Champs @ variou |
| Women 25-29 100 IM | | | |
| 1 1:17.71 S | F | Cowell, Joanne | 26 COEL NT 2008-11-22 GMS (Killer Whales) @ Linden |
| 2 1:31.91 S | F | Louw, Liesel | 25 COEL NT 2008-10-01 SAMS (Consol.) SC Champs @ variou |
| Women 25-29 200 IM | | | |
| 1 2:37.62 S | F | Botha, Cindy | 25 EACS KZ 2009-01-18 KZNMSA (East Coast) @ Gordon Roa |
| Women 25-29 400 IM | | | |
| 1 6:50.39 S | F | Gardiner, Tracey | 25 KWHA CG 2008-10-01 SAMS (Consol.) SC Champs @ variou |