

## South African Masters Swimming 2007-2008 Season

### Individual Top Times

Times since: 01-May-07 Times until: 30-Apr-08  
Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
<b>Men 40-44 50 Free</b>								
1	25.78 L	F	Ruck, Harald	42	COEL NT	2007-11-10	TMS Int Reg @ Hillcrest	
2	26.57 L	F	vd Merwe, Johan	43	CPTW WP	2008-03-12	SAMS 24th LC Champs @ Durban	
3	27.41 L	F	Leech, Ross	44	ETSM ES	2008-01-26	GMS (Orphan Annie) @ Wits Ed Camp	
4	28.03 L	F	vd Westhuizen, Herman	42	COEL NT	2008-02-14	TMS LC Champs @ Hillcrest	
5	28.06 L	F	de Gier, Bruce	40	EACS KZ	2008-01-26	KZNMSA LC Champs @ Kings Park	
6	28.37 L	F	Taylor, Julian	43	EACS KZ	2007-11-18	KZNMSA (Highway) @ Kings Park	
7	28.55 L	F	Nel, Jan	40	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
8	28.58 L	F	Byrnes, Michael	40	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban	
9	29.01 L	F	Bromfield, Brendan	42	HIGH KZ	2008-01-26	KZNMSA LC Champs @ Kings Park	
10	29.19 L	F	Berning, Emil	42	WAHO CG	2008-01-26	GMS (Orphan Annie) @ Wits Ed Camp	
11	31.37 L	F	Prentis, Keith	40	HIGH KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
12	33.17 L	F	Carter, Jonathan	43	WAHO CG	2008-01-26	GMS (Orphan Annie) @ Wits Ed Camp	
13	34.99 L	F	Olivier, Marais	44	CPTW WP	2007-12-01	WPMSA (Cape Town) @ UWC	
<b>Men 40-44 100 Free</b>								
1	57.26 L	F	vd Merwe, Johan	43	CPTW WP	2008-03-12	SAMS 24th LC Champs @ Durban	
2	57.74 L	F	Ruck, Harald	42	COEL NT	2007-11-10	TMS Int Reg @ Hillcrest	
3	1:03.12 L	F	Taylor, Julian	43	EACS KZ	2007-11-18	KZNMSA (Highway) @ Kings Park	
4	1:03.16 L	F	vd Westhuizen, Herman	42	COEL NT	2008-02-14	TMS LC Champs @ Hillcrest	
5	1:03.53 L	F	de Gier, Bruce	40	EACS KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
6	1:04.93 L	F	Nel, Jan	40	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
7	1:04.97 L	F	Byrnes, Michael	40	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban	
8	1:06.46 L	F	Bromfield, Brendan	42	HIGH KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
9	1:07.63 L	F	Berning, Emil	42	WAHO CG	2008-03-01	GMS Interregional @ Wits Ed. Campu	
10	1:16.33 L	F	Prentis, Keith	40	HIGH KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
11	1:24.20 L	F	Carter, Jonathan	43	WAHO CG	2008-01-26	GMS (Orphan Annie) @ Wits Ed Camp	
<b>Men 40-44 200 Free</b>								
1	2:05.40 L	F	vd Merwe, Johan	43	CPTW WP	2008-04-18	FINA 12th LC Champs @ Perth	
2	2:37.58 L	F	Bromfield, Brendan	42	HIGH KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
<b>Men 40-44 400 Free</b>								
1	4:49.91 L	F	Leech, Ross	44	ETSM ES	2008-01-26	GMS (Orphan Annie) @ Wits Ed Camp	
2	5:03.32 L	F	Ruck, Harald	43	COEL NT	2008-02-14	TMS LC Champs @ Hillcrest	
3	5:28.92 L	F	Berning, Emil	42	WAHO CG	2008-03-12	SAMS 24th LC Champs @ Durban	
4	6:19.20 L	F	Greaves, Gordon	42	PHOE CG	2008-01-26	GMS (Orphan Annie) @ Wits Ed Camp	
<b>Men 40-44 800 Free</b>								
1	10:28.63 L	F	vd Westhuizen, Herman	42	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
2	12:33.60 L	F	Greaves, Gordon	42	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban	
<b>Men 40-44 1500 Free</b>								
1	20:02.00 L	F	Luttjeboer, Ronald	40	COEL NT	2007-09-29	TMS (Coelacanth) 1500 @ Hillcrest	
2	22:09.72 L	F	Berning, Emil	41	WAHO CG	2007-09-29	TMS (Coelacanth) 1500 @ Hillcrest	
3	22:54.07 L	F	Ponsonby, Peter	44	PHOE CG	2007-09-29	TMS (Coelacanth) 1500 @ Hillcrest	
<b>Men 40-44 50 Back</b>								
1	29.63 L	F	Ruck, Harald	43	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
2	32.29 L	F	Taylor, Julian	44	EACS KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
3	37.95 L	F	Nel, Jan	40	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
4	39.68 L	F	Tucker, Pete	42	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
5	47.05 L	F	Greaves, Gordon	41	PHOE CG	2007-11-10	TMS Int Reg @ Hillcrest	
<b>Men 40-44 100 Back</b>								
1	1:07.64 L	F	Ruck, Harald	43	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
2	1:07.92 L	F	Taylor, Julian	44	EACS KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
3	1:23.03 L	F	Stanton, Craig	40	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
4	1:33.66 L	F	Ponsonby, Peter	44	PHOE CG	2007-11-10	TMS Int Reg @ Hillcrest	
5	1:33.95 L	F	Tucker, Pete	42	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	

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<b>Men 40-44 200 Back</b>								
1	2:22.85 L	F	Taylor, Julian	44	EACS KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
2	3:08.70 L	F	Stanton, Craig	40	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
<b>Men 40-44 50 Breast</b>								
1	32.34 L	F	vd Merwe, Johan	43	CPTW WP	2008-04-18	FINA 12th LC Champs @ Perth	
2	35.53 L	F	Nel, Jan	40	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
3	39.37 L	F	Holmes, Brent	44	UNAT	2007-12-01	WPMSA (Cape Town) @ UWC	
4	42.07 L	F	Carter, Jonathan	43	WAHO CG	2008-01-26	GMS (Orphan Annie) @ Wits Ed Camp	
5	42.24 L	F	Greaves, Gordon	42	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban	
6	43.60 L	F	Olivier, Marais	44	CPTW WP	2007-12-01	WPMSA (Cape Town) @ UWC	
7	43.91 L	F	Ponsonby, Peter	44	PHOE CG	2007-11-10	TMS Int Reg @ Hillcrest	
<b>Men 40-44 100 Breast</b>								
1	1:12.30 L	F	vd Merwe, Johan	43	CPTW WP	2008-04-18	FINA 12th LC Champs @ Perth	
2	1:21.27 L	F	Nel, Jan	40	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
3	1:27.65 L	F	Stanton, Craig	40	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
4	1:32.00 L	F	Ponsonby, Peter	44	PHOE CG	2007-11-10	TMS Int Reg @ Hillcrest	
5	1:35.81 L	F	Greaves, Gordon	42	PHOE CG	2008-03-01	GMS Interregional @ Wits Ed. Campu	
6	1:38.98 L	F	Carter, Jonathan	43	WAHO CG	2008-01-26	GMS (Orphan Annie) @ Wits Ed Camp	
<b>Men 40-44 200 Breast</b>								
1	2:40.65 L	F	vd Merwe, Johan	43	CPTW WP	2008-04-18	FINA 12th LC Champs @ Perth	
2	2:58.76 L	F	Nel, Jan	40	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
3	3:11.53 L	F	Stanton, Craig	40	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
4	3:36.09 L	F	Greaves, Gordon	42	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban	
<b>Men 40-44 50 Fly</b>								
1	28.71 L	F	Ruck, Harald	43	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
2	28.79 L	F	vd Westhuizen, Herman	42	COEL NT	2008-02-14	TMS LC Champs @ Hillcrest	
3	31.71 L	F	Byrnes, Michael	40	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban	
4	31.97 L	F	Tucker, Pete	42	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
5	33.12 L	F	Bromfield, Brendan	42	HIGH KZ	2008-01-26	KZNMSA LC Champs @ Kings Park	
6	34.75 L	F	Berning, Emil	42	WAHO CG	2008-03-01	GMS Interregional @ Wits Ed. Campu	
<b>Men 40-44 100 Fly</b>								
1	1:10.18 L	F	vd Westhuizen, Herman	42	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
2	1:11.47 L	F	Taylor, Julian	43	EACS KZ	2007-11-18	KZNMSA (Highway) @ Kings Park	
3	1:15.09 L	F	Tucker, Pete	42	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
4	1:19.13 L	F	Berning, Emil	42	WAHO CG	2008-03-01	GMS Interregional @ Wits Ed. Campu	
<b>Men 40-44 200 IM</b>								
1	2:24.13 L	F	Taylor, Julian	44	EACS KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
2	2:31.24 L	F	Ruck, Harald	43	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
3	2:36.59 L	F	Leech, Ross	44	ETSM ES	2008-01-26	GMS (Orphan Annie) @ Wits Ed Camp	
4	2:41.05 L	F	vd Westhuizen, Herman	42	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
5	2:58.70 L	F	Stanton, Craig	40	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
6	3:06.09 L	F	Berning, Emil	42	WAHO CG	2008-01-26	GMS (Orphan Annie) @ Wits Ed Camp	
<b>Men 40-44 400 IM</b>								
1	5:12.29 L	F	Taylor, Julian	44	EACS KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
2	6:29.09 L	F	Stanton, Craig	40	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	