

SAMS SC Champs (Combined) @ Various venues - 2017-10-01 to 2017-10-31

Results

Women 19-24 50 SC Meter Freestyle

1	Barit, Chavah	22	Wahoo-JHB	40.04
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Women 19-24 50 SC Meter Breaststroke

1	Barit, Chavah	22	Wahoo-JHB	50.52
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Women 19-24 50 SC Meter Butterfly

1	Barit, Chavah	22	Wahoo-JHB	48.19
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Women 25-29 50 SC Meter Freestyle

1	Jacobs, Crystal	26	Wahoo-JHB	28.21
2	Abels, Fadia	25	Cape Town-CPT	29.80
3	Birch, Tazlin	28	Amakhosi-BUF	35.74
4	Schoeman-Struwig, Nina	28	Wahoo-JHB	39.31
---	Henderson, Delwen	29	PE Masters-NMA	NS

Women 25-29 100 SC Meter Freestyle

1	Jacobs, Crystal	26	Wahoo-JHB	1:01.74
2	Abels, Fadia	25	Cape Town-CPT	1:05.37
3	Birch, Tazlin	28	Amakhosi-BUF	1:18.88
4	Schoeman-Struwig, Nina	28	Wahoo-JHB	1:29.82

Women 25-29 800 SC Meter Freestyle

---	Henderson, Delwen	29	PE Masters-NMA	NS
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Women 25-29 50 SC Meter Backstroke

1	Jacobs, Crystal	26	Wahoo-JHB	32.34
2	Abels, Fadia	25	Cape Town-CPT	34.85
3	Birch, Tazlin	28	Amakhosi-BUF	41.17
4	Schoeman-Struwig, Nina	28	Wahoo-JHB	52.13

Women 25-29 50 SC Meter Breaststroke

1	Schoeman-Struwig, Nina	28	Wahoo-JHB	43.25
2	Birch, Tazlin	28	Amakhosi-BUF	50.14

Women 25-29 100 SC Meter Breaststroke

1	Schoeman-Struwig, Nina	28	Wahoo-JHB	1:38.26
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Women 25-29 50 SC Meter Butterfly

1	Abels, Fadia	25	Cape Town-CPT	35.41
2	Birch, Tazlin	28	Amakhosi-BUF	37.29
---	Henderson, Delwen	29	PE Masters-NMA	NS

Women 25-29 100 SC Meter Butterfly

---	Henderson, Delwen	29	PE Masters-NMA	NS
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Women 25-29 100 SC Meter IM

1	Jacobs, Crystal	26	Wahoo-JHB	1:16.08
2	Abels, Fadia	25	Cape Town-CPT	1:20.24
3	Birch, Tazlin	28	Amakhosi-BUF	1:32.21
---	Henderson, Delwen	29	PE Masters-NMA	NS

Women 30-34 50 SC Meter Freestyle

1	Wolmarans, Lezandre	30	Cape Town-CPT	27.87
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Women 30-34 100 SC Meter Freestyle

1	Wolmarans, Lezandre	30	Cape Town-CPT	1:09.74
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Women 30-34 800 SC Meter Freestyle

1	Stanford, Tarryn	31	Cape Town-CPT	9:45.39
2	Wolmarans, Lezandre	30	Cape Town-CPT	11:06.99

Women 30-34 100 SC Meter Butterfly

1	Wolmarans, Lezandre	30	Cape Town-CPT	1:14.96
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Women 30-34 100 SC Meter IM

1	Wolmarans, Lezandre	30	Cape Town-CPT	1:12.12
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Women 30-34 400 SC Meter IM

1	Wolmarans, Lezandre	30	Cape Town-CPT	5:52.73
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Women 35-39 50 SC Meter Freestyle

1	Victor, Thilde	35	East Gauteng-EKU	28.37
2	King, Simone	37	Cape Town-CPT	31.01
3	Hambloch, Carina	38	East Coast-ETH	33.17

Women 35-39 100 SC Meter Freestyle

1	Victor, Thilde	35	East Gauteng-EKU	1:02.34
2	Nurse, Kathryn	38	Cape Town-CPT	1:03.77

Women 35-39 800 SC Meter Freestyle

1	Nurse, Kathryn	38	Cape Town-CPT	10:26.55
2	King, Simone	37	Cape Town-CPT	11:06.25

Women 35-39 50 SC Meter Backstroke

1	King, Simone	37	Cape Town-CPT	34.03
2	Hambloch, Carina	38	East Coast-ETH	37.81
3	Webb, Simone	38	East Coast-ETH	39.20

Women 35-39 200 SC Meter Backstroke

1	Webb, Simone	38	East Coast-ETH	2:57.90
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Women 35-39 50 SC Meter Breaststroke

1	Rolt, Claire	35	Coelacanth-TSH	35.21
2	Victor, Thilde	35	East Gauteng-EKU	40.53
3	King, Simone	37	Cape Town-CPT	41.07

Women 35-39 100 SC Meter Breaststroke

1	Nurse, Kathryn	38	Cape Town-CPT	1:27.45
2	Hambloch, Carina	38	East Coast-ETH	1:34.93
---	Rolt, Claire	35	Coelacanth-TSH	NS

Women 35-39 50 SC Meter Butterfly

1	Victor, Thilde	35	East Gauteng-EKU	31.11
2	King, Simone	37	Cape Town-CPT	32.83

Women 35-39 100 SC Meter Butterfly

1	Nurse, Kathryn	38	Cape Town-CPT	1:11.37
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Women 35-39 100 SC Meter IM

1	Victor, Thilde	35	East Gauteng-EKU	1:18.74
2	Webb, Simone	38	East Coast-ETH	1:26.51
---	Rolt, Claire	35	Coelacanth-TSH	NS

Women 35-39 400 SC Meter IM

1	Hambloch, Carina	38	East Coast-ETH	6:16.28
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Women 40-44 50 SC Meter Freestyle

1	Cadiz, Perry	41	Cape Town-CPT	29.34
2	Amner, Claire	43	Cape Town-CPT	32.56
3	Wiehahn, Jana	40	Coelacanth-TSH	35.05
4	Young, Margie	43	PE Masters-NMA	35.50
5	Botha, Ingrid	40	Coelacanth-TSH	36.02

Women 40-44 100 SC Meter Freestyle

1	Wiehahn, Jana	40	Coelacanth-TSH	1:16.21
---	Botha, Ingrid	40	Coelacanth-TSH	NS

Women 40-44 800 SC Meter Freestyle

1	Amner, Claire	43	Cape Town-CPT	11:14.93
2	Botha, Ingrid	40	Coelacanth-TSH	13:55.82
---	van Wyk, Melanie	40	Cape Town-CPT	NS

Women 40-44 50 SC Meter Backstroke

1	Cadiz, Perry	41	Cape Town-CPT	33.40
2	Amner, Claire	43	Cape Town-CPT	38.70
3	Wiehahn, Jana	40	Coelacanth-TSH	38.93
4	Young, Margie	43	PE Masters-NMA	42.90

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Results

Women 40-44 50 SC Meter Breaststroke

1	Amner, Claire	43	Cape Town-CPT	42.46
2	Young, Margie	43	PE Masters-NMA	47.12
3	Botha, Ingrid	40	Coelacanth-TSH	47.78

Women 40-44 50 SC Meter Butterfly

1	Amner, Claire	43	Cape Town-CPT	35.94
2	Finlay, Angela	43	PE Masters-NMA	42.78

Women 40-44 100 SC Meter IM

1	Cadiz, Perry	41	Cape Town-CPT	1:16.00
2	Wiehahn, Jana	40	Coelacanth-TSH	1:29.72
3	Finlay, Angela	43	PE Masters-NMA	1:33.81
4	Young, Margie	43	PE Masters-NMA	1:34.84
5	Botha, Ingrid	40	Coelacanth-TSH	1:41.97

Women 40-44 400 SC Meter IM

1	Finlay, Angela	43	PE Masters-NMA	7:08.91
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Women 45-49 50 SC Meter Freestyle

1	van Biljon, Deidre	45	East Gauteng-EKU	36.46
2	Struwig, Nicky	45	Coelacanth-TSH	38.85

Women 45-49 100 SC Meter Freestyle

1	van Biljon, Deidre	45	East Gauteng-EKU	1:20.87
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Women 45-49 50 SC Meter Backstroke

1	Bihl, Kate	47	Cape Town-CPT	36.68
2	van Biljon, Deidre	45	East Gauteng-EKU	46.99
3	Struwig, Nicky	45	Coelacanth-TSH	48.43

Women 45-49 200 SC Meter Backstroke

1	van Biljon, Deidre	45	East Gauteng-EKU	3:36.05
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Women 45-49 50 SC Meter Breaststroke

1	Bihl, Kate	47	Cape Town-CPT	40.69
2	Struwig, Nicky	45	Coelacanth-TSH	48.69
3	van Biljon, Deidre	45	East Gauteng-EKU	48.74

Women 45-49 100 SC Meter Breaststroke

1	Bihl, Kate	47	Cape Town-CPT	1:28.27
2	van Biljon, Deidre	45	East Gauteng-EKU	1:49.93

Women 45-49 50 SC Meter Butterfly

1	Struwig, Nicky	45	Coelacanth-TSH	46.43
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Women 45-49 100 SC Meter IM

1	Bihl, Kate	47	Cape Town-CPT	1:23.32
2	Struwig, Nicky	45	Coelacanth-TSH	1:44.50

Women 50-54 50 SC Meter Freestyle

1	Ottermann, Edith	51	Cape Town-CPT	27.84
2	Fraatz, Barbara	51	Coelacanth-TSH	32.53
3	Homveld, Jade	51	Phoenix-JHB	40.02

Women 50-54 100 SC Meter Freestyle

1	Ottermann, Edith	51	Cape Town-CPT	1:04.82
2	Fraatz, Barbara	51	Coelacanth-TSH	1:11.40
3	Homveld, Jade	51	Phoenix-JHB	1:25.38

Women 50-54 800 SC Meter Freestyle

1	Homveld, Jade	51	Phoenix-JHB	13:35.48
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Women 50-54 50 SC Meter Backstroke

1	Fraatz, Barbara	51	Coelacanth-TSH	39.96
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Women 50-54 200 SC Meter Backstroke

1	Dressler, Annemarie	53	Coelacanth-TSH	2:49.76
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Women 50-54 50 SC Meter Butterfly

1	Ottermann, Edith	51	Cape Town-CPT	32.11
2	Fraatz, Barbara	51	Coelacanth-TSH	37.40
3	Homveld, Jade	51	Phoenix-JHB	48.04

Women 50-54 100 SC Meter IM

1	Dressler, Annemarie	53	Coelacanth-TSH	1:24.59
2	Fraatz, Barbara	51	Coelacanth-TSH	1:25.47
3	Homveld, Jade	51	Phoenix-JHB	1:47.05

Women 55-59 50 SC Meter Freestyle

1	Verryn, Sabine	56	Coelacanth-TSH	32.42
2	Bosman, Denise	58	PE Masters-NMA	35.31
3	Welgemoed, Janine	56	Cape Town-CPT	36.14
4	Rode, Dawn	59	Highway-ETH	43.66

Women 55-59 100 SC Meter Freestyle

1	Bosman, Denise	58	PE Masters-NMA	1:15.57
2	Welgemoed, Janine	56	Cape Town-CPT	1:19.04
3	Rode, Dawn	59	Highway-ETH	1:40.78

Women 55-59 800 SC Meter Freestyle

1	Stanford, Cecilia	56	Cape Town-CPT	10:39.67
2	Rode, Dawn	59	Highway-ETH	17:30.68

Women 55-59 50 SC Meter Backstroke

1	Stanford, Cecilia	56	Cape Town-CPT	36.62
2	Welgemoed, Janine	56	Cape Town-CPT	41.66
3	Rode, Dawn	59	Highway-ETH	1:01.59

Women 55-59 200 SC Meter Backstroke

1	Stanford, Cecilia	56	Cape Town-CPT	2:48.06
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Women 55-59 50 SC Meter Breaststroke

1	Verryn, Sabine	56	Coelacanth-TSH	43.57
2	Welgemoed, Janine	56	Cape Town-CPT	50.87
3	Rode, Dawn	59	Highway-ETH	1:02.34

Women 55-59 50 SC Meter Butterfly

1	Stanford, Cecilia	56	Cape Town-CPT	34.34
2	Verryn, Sabine	56	Coelacanth-TSH	38.81
3	Bosman, Denise	58	PE Masters-NMA	46.30

Women 55-59 100 SC Meter Butterfly

1	Stanford, Cecilia	56	Cape Town-CPT	1:17.50
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Women 55-59 100 SC Meter IM

1	Stanford, Cecilia	56	Cape Town-CPT	1:17.95
2	Verryn, Sabine	56	Coelacanth-TSH	1:31.27
3	Bosman, Denise	58	PE Masters-NMA	1:34.16
4	Welgemoed, Janine	56	Cape Town-CPT	1:34.53
5	Rode, Dawn	59	Highway-ETH	2:10.87

Women 60-64 50 SC Meter Freestyle

1	Coetzee, Diane	62	Cape Town-CPT	33.66
2	Brimble, Mairi	62	Cape Dolphins-CPT	37.00
3	Bailey, Colleen	63	East Coast-ETH	40.06
4	Mackenzie, Carla	62	Amakhosi-BUF	40.49
5	Vorster, Merryl	61	Phoenix-JHB	46.55
6	Robinson, Sue	60	Highway-ETH	48.84
7	Bronkhorst, Liz	61	Phoenix-JHB	55.14
8	de Beer, Stephanie	63	East Gauteng-EKU	1:04.15
9	Griffiths, Bronwen	63	Highway-ETH	1:20.97

Women 60-64 100 SC Meter Freestyle

1	Coetzee, Diane	62	Cape Town-CPT	1:09.92
2	Brewis, Judy	63	Cape Town-CPT	1:23.16

SAMS SC Champs (Combined) @ Various venues - 2017-10-01 to 2017-10-31

Results

(Women 60-64 100 SC Meter Freestyle)

3	Brimble, Mairi	62	Cape Dolphins-CPT	1:25.34
4	Mackenzie, Carla	62	Amakhosi-BUF	1:34.15
5	Snyman, Hester	60	Cape Dolphins-CPT	1:38.34
6	Vorster, Merryll	61	Phoenix-JHB	1:39.35
7	Robinson, Sue	60	Highway-ETH	1:47.39
8	Bronkhorst, Liz	61	Phoenix-JHB	1:59.99

Women 60-64 800 SC Meter Freestyle

1	Brewis, Judy	63	Cape Town-CPT	12:35.15
2	Brimble, Mairi	62	Cape Dolphins-CPT	13:05.44
3	Snyman, Hester	60	Cape Dolphins-CPT	14:56.15
4	Robinson, Sue	60	Highway-ETH	16:17.66
5	Vorster, Merryll	61	Phoenix-JHB	16:24.33
6	Goldstein, Heather	61	Highway-ETH	16:34.56

Women 60-64 50 SC Meter Backstroke

1	Coetzee, Diane	62	Cape Town-CPT	36.18
2	Sharkey, Therese	62	Winelands-CED	42.84
3	Brewis, Judy	63	Cape Town-CPT	44.62
4	Bailey, Colleen	63	East Coast-ETH	47.04
5	Bronkhorst, Liz	61	Phoenix-JHB	1:01.28
6	de Beer, Stephanie	63	East Gauteng-EKU	1:08.91
7	Griffiths, Bronwen	63	Highway-ETH	1:13.45

Women 60-64 200 SC Meter Backstroke

1	Coetzee, Diane	62	Cape Town-CPT	2:48.32
2	Sharkey, Therese	62	Winelands-CED	3:10.21
3	Brewis, Judy	63	Cape Town-CPT	3:15.88

Women 60-64 50 SC Meter Breaststroke

1	Matley, Terry	60	Cape Dolphins-CPT	43.41
2	Goldstein, Heather	61	Highway-ETH	53.07
3	Mackenzie, Carla	62	Amakhosi-BUF	53.20

Women 60-64 100 SC Meter Breaststroke

1	Matley, Terry	60	Cape Dolphins-CPT	1:36.85
2	Goldstein, Heather	61	Highway-ETH	1:54.08
3	Mackenzie, Carla	62	Amakhosi-BUF	2:01.27

Women 60-64 50 SC Meter Butterfly

1	Bailey, Colleen	63	East Coast-ETH	53.52
2	Goldstein, Heather	61	Highway-ETH	56.40
3	Snyman, Hester	60	Cape Dolphins-CPT	1:04.57

Women 60-64 100 SC Meter Butterfly

1	Sharkey, Therese	62	Winelands-CED	1:50.84
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Women 60-64 100 SC Meter IM

1	Matley, Terry	60	Cape Dolphins-CPT	1:47.54
2	Brimble, Mairi	62	Cape Dolphins-CPT	1:48.51
3	Mackenzie, Carla	62	Amakhosi-BUF	1:49.38
4	Goldstein, Heather	61	Highway-ETH	2:00.67

Women 60-64 400 SC Meter IM

1	Sharkey, Therese	62	Winelands-CED	7:05.52
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Women 65-69 50 SC Meter Freestyle

1	Kruger, Sanderina	68	Cape Town-CPT	32.70
2	Rollnick, Marissa	66	Phoenix-JHB	38.66
3	Sandri, Angelika	67	Coelacanth-TSH	42.17
4	Gray, Ann	69	Highway-ETH	55.16
5	Vorwerk Marren, Ingrid	66	Coelacanth-TSH	1:00.02

Women 65-69 100 SC Meter Freestyle

1	Kruger, Sanderina	68	Cape Town-CPT	1:11.02
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2	Rollnick, Marissa	66	Phoenix-JHB	1:24.68
3	Sandri, Angelika	67	Coelacanth-TSH	1:37.37
4	Lawless, Helen	68	Wahoo-JHB	1:41.98
5	Gray, Ann	69	Highway-ETH	2:01.87
6	Vorwerk Marren, Ingrid	66	Coelacanth-TSH	2:12.39

Women 65-69 800 SC Meter Freestyle

1	Mons, Maureen	66	Phoenix-JHB	12:40.60
2	Vorwerk Marren, Ingrid	66	Coelacanth-TSH	13:55.82

Women 65-69 50 SC Meter Backstroke

1	Kruger, Sanderina	68	Cape Town-CPT	42.65
2	Vorwerk Marren, Ingrid	66	Coelacanth-TSH	1:09.83
3	Gray, Ann	69	Highway-ETH	1:12.75
4	vd Walt, Carol	69	East Gauteng-EKU	1:16.77

Women 65-69 200 SC Meter Backstroke

1	vd Walt, Carol	69	East Gauteng-EKU	5:45.16
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Women 65-69 50 SC Meter Breaststroke

1	Sandri, Angelika	67	Coelacanth-TSH	54.70
2	Lawless, Helen	68	Wahoo-JHB	59.81
3	Vorwerk Marren, Ingrid	66	Coelacanth-TSH	1:11.93

Women 65-69 100 SC Meter Breaststroke

1	Sandri, Angelika	67	Coelacanth-TSH	1:58.50
2	Vorwerk Marren, Ingrid	66	Coelacanth-TSH	2:38.58

Women 65-69 50 SC Meter Butterfly

1	Kruger, Sanderina	68	Cape Town-CPT	40.31
2	Lawless, Helen	68	Wahoo-JHB	56.74
3	Gray, Ann	69	Highway-ETH	1:17.87

Women 65-69 100 SC Meter IM

1	Mons, Maureen	66	Phoenix-JHB	1:34.76
2	Sandri, Angelika	67	Coelacanth-TSH	1:50.87

Women 65-69 400 SC Meter IM

1	Mons, Maureen	66	Phoenix-JHB	7:18.97
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Women 70-74 50 SC Meter Freestyle

1	Craig, Elsa	72	PE Masters-NMA	38.69
2	Angelos, Merle	72	East Coast-ETH	49.88

Women 70-74 100 SC Meter Freestyle

1	Angelos, Merle	72	East Coast-ETH	1:55.64
2	Hughes, Diane	71	East Coast-ETH	2:19.90

Women 70-74 800 SC Meter Freestyle

1	Shuttleworth, Bev	70	Highway-ETH	14:02.26
2	Hughes, Diane	71	East Coast-ETH	20:14.50
---	Craig, Elsa	72	PE Masters-NMA	NS

Women 70-74 50 SC Meter Backstroke

1	Craig, Elsa	72	PE Masters-NMA	47.78
2	Angelos, Merle	72	East Coast-ETH	55.62
3	Rix, Tricia	74	Cape Town-CPT	1:13.56
4	Hughes, Diane	71	East Coast-ETH	1:17.90

Women 70-74 200 SC Meter Backstroke

1	Rix, Tricia	74	Cape Town-CPT	5:18.90
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Women 70-74 50 SC Meter Breaststroke

1	Shuttleworth, Bev	70	Highway-ETH	47.84
2	Angelos, Merle	72	East Coast-ETH	1:10.05
3	Rix, Tricia	74	Cape Town-CPT	1:14.36
4	Hughes, Diane	71	East Coast-ETH	1:23.17

SAMS SC Champs (Combined) @ Various venues - 2017-10-01 to 2017-10-31

Results

Women 70-74 100 SC Meter Breaststroke

1	Shuttleworth, Bev	70	Highway-ETH	1:48.61
2	Hughes, Diane	71	East Coast-ETH	2:58.90

Women 70-74 50 SC Meter Butterfly

1	Craig, Elsa	72	PE Masters-NMA	44.94
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Women 70-74 100 SC Meter IM

1	Hughes, Diane	71	East Coast-ETH	2:52.19
2	Rix, Tricia	74	Cape Town-CPT	2:53.60

Women 70-74 400 SC Meter IM

1	Craig, Elsa	72	PE Masters-NMA	7:53.33
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Women 75-79 50 SC Meter Freestyle

1	Leuner, Sue	78	Phoenix-JHB	45.38
2	Tregenna, Gill	75	East Coast-ETH	51.25

Women 75-79 100 SC Meter Freestyle

1	Leuner, Sue	78	Phoenix-JHB	1:37.83
2	Kokott, Wilij	75	Highway-ETH	1:45.95

Women 75-79 800 SC Meter Freestyle

1	Kokott, Wilij	75	Highway-ETH	16:05.21
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Women 75-79 50 SC Meter Backstroke

1	Leuner, Sue	78	Phoenix-JHB	52.99
2	Kokott, Wilij	75	Highway-ETH	55.45

Women 75-79 50 SC Meter Breaststroke

1	Tregenna, Gill	75	East Coast-ETH	1:03.63
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Women 75-79 100 SC Meter IM

1	Tregenna, Gill	75	East Coast-ETH	2:22.30
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Women 80-84 50 SC Meter Freestyle

1	Saunders, Wendy	82	East Coast-ETH	1:28.64
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Women 80-84 100 SC Meter Freestyle

1	van Jaarsveld, Santa	80	Cape Town-CPT	1:35.16
2	Saunders, Wendy	82	East Coast-ETH	3:04.92

Women 80-84 50 SC Meter Backstroke

1	Saunders, Wendy	82	East Coast-ETH	1:38.84
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Women 80-84 50 SC Meter Breaststroke

1	van Jaarsveld, Santa	80	Cape Town-CPT	54.71
2	Saunders, Wendy	82	East Coast-ETH	2:00.53

Women 80-84 100 SC Meter Breaststroke

1	Saunders, Wendy	82	East Coast-ETH	5:01.42
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Men 25-29 50 SC Meter Freestyle

1	vd Berg, Etienne	26	East Coast-ETH	26.64
2	Botes, Romeo	29	Wahoo-JHB	30.50

Men 25-29 100 SC Meter Freestyle

1	Botes, Romeo	29	Wahoo-JHB	1:10.06
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Men 25-29 50 SC Meter Backstroke

1	Botes, Romeo	29	Wahoo-JHB	37.14
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Men 25-29 200 SC Meter Backstroke

1	Botes, Romeo	29	Wahoo-JHB	3:09.74
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Men 25-29 50 SC Meter Breaststroke

1	vd Berg, Etienne	26	East Coast-ETH	31.03
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Men 25-29 100 SC Meter Breaststroke

1	vd Berg, Etienne	26	East Coast-ETH	1:15.39
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Men 25-29 50 SC Meter Butterfly

1	vd Berg, Etienne	26	East Coast-ETH	29.36
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Men 25-29 100 SC Meter IM

1	vd Berg, Etienne	26	East Coast-ETH	1:08.75
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Men 30-34 50 SC Meter Freestyle

1	O'Mahony, Andrew	31	Wahoo-JHB	31.40
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Men 30-34 100 SC Meter Freestyle

1	O'Mahony, Andrew	31	Wahoo-JHB	1:08.54
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Men 30-34 800 SC Meter Freestyle

1	O'Mahony, Andrew	31	Wahoo-JHB	12:35.58
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Men 30-34 50 SC Meter Breaststroke

1	Joubert, Jacques	34	Cape Town-CPT	31.19
2	Boshoff, Gustaaf	33	Cape Town-CPT	36.84

Men 30-34 100 SC Meter Breaststroke

1	Joubert, Jacques	34	Cape Town-CPT	1:07.97
2	Boshoff, Gustaaf	33	Cape Town-CPT	1:18.85

Men 30-34 50 SC Meter Butterfly

1	O'Mahony, Andrew	31	Wahoo-JHB	41.08
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Men 30-34 100 SC Meter Butterfly

1	O'Mahony, Andrew	31	Wahoo-JHB	1:35.36
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Men 30-34 100 SC Meter IM

1	Joubert, Jacques	34	Cape Town-CPT	1:04.43
2	Boshoff, Gustaaf	33	Cape Town-CPT	1:08.18

Men 30-34 400 SC Meter IM

1	Boshoff, Gustaaf	33	Cape Town-CPT	5:37.07
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Men 35-39 50 SC Meter Freestyle

1	Mattes, Jason	35	Aqua Athlete-JHB	42.06
---	Schmelzer, Dean	39	PE Masters-NMA	NS

Men 35-39 100 SC Meter Freestyle

1	Mattes, Jason	35	Aqua Athlete-JHB	1:23.73
---	Schmelzer, Dean	39	PE Masters-NMA	NS

Men 35-39 800 SC Meter Freestyle

1	Mattes, Jason	35	Aqua Athlete-JHB	13:25.42
---	Schmelzer, Dean	39	PE Masters-NMA	NS

Men 35-39 50 SC Meter Butterfly

1	Mattes, Jason	35	Aqua Athlete-JHB	44.37
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Men 40-44 50 SC Meter Freestyle

1	Jacobsz, Willie	43	Coelacanth-TSH	28.75
2	Ford, Coillard	43	Champion-TSH	28.96
3	Serfontein, Barry	44	PE Masters-NMA	29.44
4	Collins, Stuart	43	Wahoo-JHB	29.49
5	Pillay, Chris	44	Wahoo-JHB	31.02

Men 40-44 100 SC Meter Freestyle

1	Zarrabi, Amir	40	Cape Town-CPT	1:01.12
2	Steenkamp, Neil	40	Cape Town-CPT	1:02.27
3	Ford, Coillard	43	Champion-TSH	1:02.30
4	Jacobsz, Willie	43	Coelacanth-TSH	1:03.31
5	Collins, Stuart	43	Wahoo-JHB	1:04.77
6	Pillay, Chris	44	Wahoo-JHB	1:10.89

Men 40-44 800 SC Meter Freestyle

1	Ford, Coillard	43	Champion-TSH	9:58.15
2	Steenkamp, Neil	40	Cape Town-CPT	11:14.29

SAMS SC Champs (Combined) @ Various venues - 2017-10-01 to 2017-10-31

Results

Men 40-44 50 SC Meter Backstroke				3 Westgate, Rod	45 Amakhosi-BUF	40.23
1 Richards, Jay	40 Cape Town-CPT	29.80		--- Taylor, Robbie	48 Cape Town-CPT	NS
2 Serfontein, Barry	44 PE Masters-NMA	35.82		--- Grobler, Francois	49 Waterborn-JHB	NS
Men 40-44 200 SC Meter Backstroke				Men 45-49 100 SC Meter Butterfly		
1 Collins, Stuart	43 Wahoo-JHB	2:57.33		1 Taylor, Robbie	48 Cape Town-CPT	1:01.64
2 Steenkamp, Neil	40 Cape Town-CPT	3:22.63		2 Beneke, John	45 Wahoo-JHB	1:39.98
Men 40-44 50 SC Meter Breaststroke				Men 45-49 100 SC Meter IM		
1 Richards, Jay	40 Cape Town-CPT	34.32		1 Gilbert, Oliver	47 Cape Town-CPT	1:12.80
2 Jacobsz, Willie	43 Coelacanth-TSH	39.29		Men 50-54 50 SC Meter Freestyle		
Men 40-44 100 SC Meter Breaststroke				1 McLeRoth, Greg	50 Cape Town-CPT	25.93
1 Jacobsz, Willie	43 Coelacanth-TSH	1:24.89		2 Ruck, Harald	52 Coelacanth-TSH	26.10
Men 40-44 50 SC Meter Butterfly				3 Orton, Nick	54 Cape Town-CPT	28.33
1 Richards, Jay	40 Cape Town-CPT	28.07		4 Clark, David	50 Highway-ETH	29.59
2 Serfontein, Barry	44 PE Masters-NMA	32.38		5 Weber, Grant	54 Highway-ETH	35.87
3 Collins, Stuart	43 Wahoo-JHB	32.76		6 Skidmore, Kerry	51 Amakhosi-BUF	37.30
4 Pillay, Chris	44 Wahoo-JHB	33.36		Men 50-54 100 SC Meter Freestyle		
5 Jacobsz, Willie	43 Coelacanth-TSH	35.58		1 Maughan, Calvin	53 Cape Town-CPT	54.79
Men 40-44 100 SC Meter Butterfly				2 McLeRoth, Greg	50 Cape Town-CPT	57.75
1 Collins, Stuart	43 Wahoo-JHB	1:15.53		3 Clark, David	50 Highway-ETH	1:04.73
2 Steenkamp, Neil	40 Cape Town-CPT	1:21.86		4 Collins, Tom	50 Waterborn-JHB	1:08.21
Men 40-44 100 SC Meter IM				5 Weber, Grant	54 Highway-ETH	1:19.80
1 Jacobsz, Willie	43 Coelacanth-TSH	1:19.28		Men 50-54 800 SC Meter Freestyle		
2 Steenkamp, Neil	40 Cape Town-CPT	1:33.41		1 Clark, David	50 Highway-ETH	11:23.17
--- Collins, Stuart	43 Wahoo-JHB	NS		2 Weber, Grant	54 Highway-ETH	13:00.58
Men 40-44 400 SC Meter IM				3 Skidmore, Kerry	51 Amakhosi-BUF	13:06.66
1 Steenkamp, Neil	40 Cape Town-CPT	7:18.34		4 Greaves, Gordon	51 Phoenix-JHB	13:32.34
Men 45-49 50 SC Meter Freestyle				Men 50-54 50 SC Meter Backstroke		
1 de Wet, Danie	48 Coelacanth-TSH	29.84		1 Ruck, Harald	52 Coelacanth-TSH	29.70
2 Westgate, Rod	45 Amakhosi-BUF	31.22		2 Orton, Nick	54 Cape Town-CPT	32.65
3 Carstens, FC	47 Coelacanth-TSH	32.12		3 Weber, Grant	54 Highway-ETH	47.94
4 Lutge, Paul	45 Phoenix-JHB	34.32		Men 50-54 50 SC Meter Breaststroke		
Men 45-49 100 SC Meter Freestyle				1 Fiser, Graeme	51 Cape Town-CPT	35.97
1 Grobler, Francois	49 Waterborn-JHB	1:04.80		2 Weber, Grant	54 Highway-ETH	44.79
2 Westgate, Rod	45 Amakhosi-BUF	1:07.49		3 Greaves, Gordon	51 Phoenix-JHB	46.51
3 Beneke, John	45 Wahoo-JHB	1:10.55		Men 50-54 100 SC Meter Breaststroke		
4 Lutge, Paul	45 Phoenix-JHB	1:27.87		1 Fiser, Graeme	51 Cape Town-CPT	1:16.01
Men 45-49 800 SC Meter Freestyle				2 Greaves, Gordon	51 Phoenix-JHB	1:41.09
1 Westgate, Rod	45 Amakhosi-BUF	11:39.13		Men 50-54 50 SC Meter Butterfly		
2 Carstens, FC	47 Coelacanth-TSH	13:44.15		1 Ruck, Harald	52 Coelacanth-TSH	29.04
--- Grobler, Francois	49 Waterborn-JHB	NS		2 Orton, Nick	54 Cape Town-CPT	31.38
Men 45-49 50 SC Meter Backstroke				3 Fiser, Graeme	51 Cape Town-CPT	33.11
1 de Wet, Danie	48 Coelacanth-TSH	37.99		4 Skidmore, Kerry	51 Amakhosi-BUF	38.06
2 Westgate, Rod	45 Amakhosi-BUF	40.30		5 Weber, Grant	54 Highway-ETH	42.45
3 Grobler, Francois	49 Waterborn-JHB	42.52		Men 50-54 100 SC Meter Butterfly		
4 Carstens, FC	47 Coelacanth-TSH	42.96		1 Fiser, Graeme	51 Cape Town-CPT	1:09.71
5 Lutge, Paul	45 Phoenix-JHB	44.33		2 Skidmore, Kerry	51 Amakhosi-BUF	1:47.56
Men 45-49 50 SC Meter Breaststroke				Men 50-54 100 SC Meter IM		
1 Gilbert, Oliver	47 Cape Town-CPT	34.01		1 McLeRoth, Greg	50 Cape Town-CPT	1:07.47
--- Grobler, Francois	49 Waterborn-JHB	NS		2 Orton, Nick	54 Cape Town-CPT	1:15.05
Men 45-49 100 SC Meter Breaststroke				3 Skidmore, Kerry	51 Amakhosi-BUF	1:44.23
1 Gilbert, Oliver	47 Cape Town-CPT	1:15.51		Men 50-54 400 SC Meter IM		
Men 45-49 50 SC Meter Butterfly				1 Skidmore, Kerry	51 Amakhosi-BUF	7:34.81
1 de Wet, Danie	48 Coelacanth-TSH	33.59		Men 55-59 50 SC Meter Freestyle		
2 Beneke, John	45 Wahoo-JHB	36.96		1 du Toit, Graham	57 Cape Town-CPT	29.88
				2 Morgan, Trevor	58 Coelacanth-TSH	30.68

SAMS SC Champs (Combined) @ Various venues - 2017-10-01 to 2017-10-31

Results

(Men 55-59 50 SC Meter Freestyle)

3	Holshausen, Rod	59	Cape Town-CPT	33.66
4	de Beer, David	55	Coelacanth-TSH	35.58
5	Foster, Ted	57	East Coast-ETH	36.44
6	Adam, Ansari	56	Highway-ETH	38.40

Men 55-59 100 SC Meter Freestyle

1	du Toit, Graham	57	Cape Town-CPT	1:05.46
2	Fechter, Wolfgang	56	Highway-ETH	1:18.65
3	Foster, Ted	57	East Coast-ETH	1:22.51
---	de Beer, David	55	Coelacanth-TSH	NS

Men 55-59 800 SC Meter Freestyle

1	Holshausen, Rod	59	Cape Town-CPT	12:15.95
2	Fechter, Wolfgang	56	Highway-ETH	13:18.33

Men 55-59 50 SC Meter Backstroke

1	Morgan, Trevor	58	Coelacanth-TSH	35.68
2	du Toit, Graham	57	Cape Town-CPT	36.29
3	Holshausen, Rod	59	Cape Town-CPT	40.36
4	Adam, Ansari	56	Highway-ETH	42.90
5	de Beer, David	55	Coelacanth-TSH	1:01.12

Men 55-59 50 SC Meter Breaststroke

1	van Dyk, Eric	55	Coelacanth-TSH	36.97
2	Finn, Joel	56	Wahoo-JHB	38.78
3	du Toit, Graham	57	Cape Town-CPT	38.92
4	Foster, Ted	57	East Coast-ETH	41.64
5	McLellan, Neil	58	PE Masters-NMA	42.12
6	Fechter, Wolfgang	56	Highway-ETH	42.81
7	Adam, Ansari	56	Highway-ETH	45.22
8	de Beer, David	55	Coelacanth-TSH	53.49

Men 55-59 100 SC Meter Breaststroke

1	Finn, Joel	56	Wahoo-JHB	1:25.54
2	McLellan, Neil	58	PE Masters-NMA	1:33.44
3	Fechter, Wolfgang	56	Highway-ETH	1:37.37
4	Foster, Ted	57	East Coast-ETH	1:40.00
---	van Dyk, Eric	55	Coelacanth-TSH	NS

Men 55-59 50 SC Meter Butterfly

1	Morgan, Trevor	58	Coelacanth-TSH	33.80
2	du Toit, Graham	57	Cape Town-CPT	33.98
3	van Dyk, Eric	55	Coelacanth-TSH	34.31
4	Holshausen, Rod	59	Cape Town-CPT	36.28
5	de Beer, David	55	Coelacanth-TSH	54.50
---	Fechter, Wolfgang	56	Highway-ETH	DQ
			False start	

Men 55-59 100 SC Meter IM

1	du Toit, Graham	57	Cape Town-CPT	1:16.38
2	Finn, Joel	56	Wahoo-JHB	1:18.10
3	Holshausen, Rod	59	Cape Town-CPT	1:27.59
4	Adam, Ansari	56	Highway-ETH	1:30.15
5	Fechter, Wolfgang	56	Highway-ETH	1:39.05

Men 60-64 50 SC Meter Freestyle

1	Roothman, André	63	Cape Town-CPT	28.78
2	Cones, Nigel	62	Cape Town-CPT	29.56
3	Spies, Izak	63	Cape Dolphins-CPT	29.83
4	Burri, Markus	60	PE Masters-NMA	30.81
5	Barker, Richard	64	Highway-ETH	32.40
6	Platte, Gary	61	Winelands-CED	39.12

Men 60-64 100 SC Meter Freestyle

1	Spies, Izak	63	Cape Dolphins-CPT	1:04.98
2	Cones, Nigel	62	Cape Town-CPT	1:07.50
3	Barker, Richard	64	Highway-ETH	1:11.19
4	Burri, Markus	60	PE Masters-NMA	1:11.58
5	Hodges, Mark	64	Cape Town-CPT	1:23.36
6	Platte, Gary	61	Winelands-CED	1:31.60

Men 60-64 800 SC Meter Freestyle

1	Spies, Izak	63	Cape Dolphins-CPT	11:16.10
2	Cones, Nigel	62	Cape Town-CPT	11:34.46
3	Coetzee, Willem	61	Amakhosi-BUF	14:47.32
---	Burri, Markus	60	PE Masters-NMA	NS

Men 60-64 50 SC Meter Backstroke

1	Spies, Izak	63	Cape Dolphins-CPT	40.68
2	Platte, Gary	61	Winelands-CED	52.75

Men 60-64 50 SC Meter Breaststroke

1	Cones, Nigel	62	Cape Town-CPT	41.75
2	Burri, Markus	60	PE Masters-NMA	43.37
3	Hodges, Mark	64	Cape Town-CPT	47.53
4	Platte, Gary	61	Winelands-CED	55.56

Men 60-64 100 SC Meter Breaststroke

1	Hodges, Mark	64	Cape Town-CPT	1:51.34
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Men 60-64 50 SC Meter Butterfly

1	Cones, Nigel	62	Cape Town-CPT	33.75
2	Barker, Richard	64	Highway-ETH	35.53
3	Burri, Markus	60	PE Masters-NMA	36.94
4	Hodges, Mark	64	Cape Town-CPT	41.31
5	Platte, Gary	61	Winelands-CED	56.07

Men 60-64 100 SC Meter Butterfly

1	Roothman, André	63	Cape Town-CPT	1:13.03
2	Barker, Richard	64	Highway-ETH	1:22.87

Men 60-64 100 SC Meter IM

1	Roothman, André	63	Cape Town-CPT	1:18.29
2	Cones, Nigel	62	Cape Town-CPT	1:21.14
3	Burri, Markus	60	PE Masters-NMA	1:25.12
4	Barker, Richard	64	Highway-ETH	1:25.19
5	Hodges, Mark	64	Cape Town-CPT	1:37.74

Men 60-64 400 SC Meter IM

1	Coetzee, Willem	61	Amakhosi-BUF	9:39.84
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Men 65-69 50 SC Meter Freestyle

1	Bolstridge, Mike	68	East Coast-ETH	34.11
2	Maynard, Ali	69	Highway-ETH	37.78
3	Crutchley, Anthony	67	East Coast-ETH	38.65
4	van Heerden, Carel	67	Waterborn-JHB	42.71

Men 65-69 100 SC Meter Freestyle

1	Howieson, Doug	65	Cape Town-CPT	1:15.10
2	Bolstridge, Mike	68	East Coast-ETH	1:15.47
3	Maynard, Ali	69	Highway-ETH	1:26.00
4	Crutchley, Anthony	67	East Coast-ETH	1:28.15

Men 65-69 800 SC Meter Freestyle

1	Howieson, Doug	65	Cape Town-CPT	11:48.43
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Men 65-69 50 SC Meter Backstroke

1	Howieson, Doug	65	Cape Town-CPT	41.80
2	Maynard, Ali	69	Highway-ETH	46.59
3	van Heerden, Carel	67	Waterborn-JHB	1:04.03

SAMS SC Champs (Combined) @ Various venues - 2017-10-01 to 2017-10-31

Results

Men 65-69 200 SC Meter Backstroke				2 Wallace, Ronald	76	Amakhosi-BUF	46.27		
1	Howieson, Doug	65	Cape Town-CPT	3:10.63	---	Garson, John	79	Wahoo-JHB	NS
2	Sundelowitz, Selwyn	67	Coelacanth-TSH	3:36.51					
Men 65-69 50 SC Meter Breaststroke									
1	van Heerden, Carel	67	Waterborn-JHB	50.03					
Men 65-69 100 SC Meter Breaststroke									
1	van Heerden, Carel	67	Waterborn-JHB	1:59.95					
Men 65-69 50 SC Meter Butterfly									
1	Sundelowitz, Selwyn	67	Coelacanth-TSH	44.31					
2	Maynard, Ali	69	Highway-ETH	44.65					
---	Bolstridge, Mike	68	East Coast-ETH	DQ					
Did not execute movement of both feet in same way									
Men 65-69 100 SC Meter IM									
1	Bolstridge, Mike	68	East Coast-ETH	1:34.00					
2	Maynard, Ali	69	Highway-ETH	1:43.94					
3	van Heerden, Carel	67	Waterborn-JHB	1:59.04					
Men 65-69 400 SC Meter IM									
1	Sundelowitz, Selwyn	67	Coelacanth-TSH	7:56.18					
2	van Heerden, Carel	67	Waterborn-JHB	8:56.86					
Men 70-74 50 SC Meter Freestyle									
1	du Toit, Francois	70	Cape Town-CPT	32.65					
2	Hughes, Jimmy	74	East Coast-ETH	35.89					
3	Hadenham, Leslie	74	East Coast-ETH	45.51					
---	Petersen, John	72	Phoenix-JHB	NS					
Men 70-74 100 SC Meter Freestyle									
1	du Toit, Francois	70	Cape Town-CPT	1:19.70					
2	Hughes, Jimmy	74	East Coast-ETH	1:20.05					
3	Hadenham, Leslie	74	East Coast-ETH	1:36.86					
---	Maltby, Derek	70	Phoenix-JHB	NS					
Men 70-74 800 SC Meter Freestyle									
1	Maltby, Derek	70	Phoenix-JHB	13:39.51					
2	Sneath, Anthony	71	Cape Town-CPT	14:48.72					
3	Hadenham, Leslie	74	East Coast-ETH	15:49.17					
Men 70-74 50 SC Meter Backstroke									
1	Hughes, Jimmy	74	East Coast-ETH	40.03					
Men 70-74 200 SC Meter Backstroke									
1	Hughes, Jimmy	74	East Coast-ETH	3:18.34					
Men 70-74 50 SC Meter Breaststroke									
1	du Toit, Francois	70	Cape Town-CPT	41.62					
2	Petersen, John	72	Phoenix-JHB	48.90					
Men 70-74 100 SC Meter Breaststroke									
1	du Toit, Francois	70	Cape Town-CPT	1:38.09					
Men 70-74 50 SC Meter Butterfly									
1	Petersen, John	72	Phoenix-JHB	40.31					
2	Hadenham, Leslie	74	East Coast-ETH	43.97					
3	Hughes, Jimmy	74	East Coast-ETH	49.16					
Men 70-74 100 SC Meter Butterfly									
1	Hadenham, Leslie	74	East Coast-ETH	2:11.13					
Men 70-74 100 SC Meter IM									
1	Hughes, Jimmy	74	East Coast-ETH	1:33.80					
2	Hadenham, Leslie	74	East Coast-ETH	2:11.89					
Men 75-79 50 SC Meter Freestyle									
1	Fyfe, Derek	77	Coelacanth-TSH	1:22.35					
2	Wallace, Ronald	76	Amakhosi-BUF	1:44.59					
3	Garson, John	79	Wahoo-JHB	1:57.54					
Men 75-79 800 SC Meter Freestyle									
1	Fyfe, Derek	77	Coelacanth-TSH	13:49.49					
2	Wallace, Ronald	76	Amakhosi-BUF	18:55.29					
Men 75-79 50 SC Meter Backstroke									
1	Fyfe, Derek	77	Coelacanth-TSH	48.64					
---	Garson, John	79	Wahoo-JHB	NS					
Men 75-79 200 SC Meter Backstroke									
1	Fyfe, Derek	77	Coelacanth-TSH	3:40.82					
2	Garson, John	79	Wahoo-JHB	5:09.76					
Men 80-84 50 SC Meter Freestyle									
1	Hutchings, Peter	82	Wahoo-JHB	57.33					
Men 80-84 100 SC Meter Freestyle									
1	Hutchings, Peter	82	Wahoo-JHB	2:18.89					
Men 80-84 800 SC Meter Freestyle									
1	McLachlan, Dave	80	Cape Town-CPT	14:19.56					
Men 80-84 50 SC Meter Backstroke									
1	Hutchings, Peter	82	Wahoo-JHB	1:20.78					
Men 80-84 50 SC Meter Breaststroke									
1	Theron, Sarel	83	Coelacanth-TSH	1:25.69					
Men 80-84 100 SC Meter Breaststroke									
1	Theron, Sarel	83	Coelacanth-TSH	3:25.57					
Men 80-84 400 SC Meter IM									
1	McLachlan, Dave	80	Cape Town-CPT	7:57.90					