

**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****Event 1 Women 19-24 100 SC Meter Freestyle****WORLD record: 0.01 W 2000 Invalid FINA age group****SAMS record: 1:02.48 S 2008-12-14 Cindy Botha (Dbn)****59.22 19-24 SAQT SAMS Colours 2015-16**

Name	Age	Team	Seed Time	Finals Time	Points
1 Robson, Ashleigh	20	Waterborn SC - Masters-CG	1:20.00	1:17.59	12

**Event 1 Women 25-29 100 SC Meter Freestyle****WORLD record: 55.28 W 2012-04-15 MARIA FUSTER****SAMS record: 1:01.05 S 2013-07-20 Samantha Gunther (Jhb)****59.22 25-29 SAQT SAMS Colours 2015-16****ESP****PHOE-CG**

1 Wolmarans, Lezandre	28	Cape Town MSC-WP	1:06.74	1:02.57	12
2 Verryn, Sandra	27	Coelacanth MSC-NT	1:11.00	1:09.56	10

**Event 1 Women 30-34 100 SC Meter Freestyle****WORLD record: 54.75 W 2012-10-13 ERIKA ERNDL****SAMS record: 1:01.06 S 1999-10-23 W Daniel (Dbn)****58.99 30-34 SAQT SAMS Colours 2015-16****USA**

1 Victor, Thilde	33	Victor Aquantum SC - Masters-ES	1:00.72	1:00.66 S	12
2 Candy, Nikki	33	Wahoo MSC-CG	1:30.00	1:22.12	10
--- Boulter, Hasina	31	Waterborn SC - Masters-CG	1:23.00	NS	

**Event 1 Women 35-39 100 SC Meter Freestyle****WORLD record: 54.95 W 2006-12-03 DARA TORRES****SAMS record: 1:02.81 S 8-2003 Bev McCarney (Dbn)****1:00.30 35-39 SAQT SAMS Colours 2015-16****USA**

1 Cadiz, Perry	39	Cape Town MSC-WP	1:04.00	1:02.48 S	12
2 Gous, Tracy	39	Aquabear SC - Masters-EP	1:06.00	1:04.56	10
3 Saporta, Antonelle	35	Aquabear SC - Masters-EP	1:06.50	1:05.41	8
4 Jacobs, Sharon	35	Coelacanth MSC-NT	1:45.00	1:47.73	7

**Event 1 Women 40-44 100 SC Meter Freestyle****WORLD record: 57.08 W 2014-12-14 ERIKA BRAUN****SAMS record: 1:02.55 S 12-2004 Bev McCarney (Dbn)****1:00.81 40-44 SAQT SAMS Colours 2015-16****USA**

1 Ralfe, Sally	42	Highway MSC-KZ	1:10.00	1:07.15	12
2 Engela, Norelle	43	Cape Town MSC-WP	1:05.00	1:08.15	10
3 van Breda, Bridget	40	Cape Town MSC-WP	1:10.00	1:08.28	8
4 Groenewald, Kerry-Lynn	41	Wahoo MSC-CG	1:32.00	1:12.23	7
5 Young, Margie	41	Aquabear SC - Masters-EP	1:20.00	1:14.95	6
6 Naude, Nina	42	Wahoo MSC-CG	1:27.00	1:22.16	5

**Event 1 Women 45-49 100 SC Meter Freestyle****WORLD record: 58.43 W 2014-03-29 MARIE FUZZATI****SAMS record: 1:04.22 S 2012-01-15 Wilma van Niekerk (Dbn)****1:01.74 45-49 SAQT SAMS Colours 2015-16****FRA**

1 Fraatz, Barbara	49	Coelacanth MSC-NT	1:07.00	1:07.48	12
2 Carey, Kim	46	Cape Town MSC-WP	1:12.00	1:10.06	10
3 Hector, Andrea	45	Waterborn SC - Masters-CG	1:25.00	1:15.19	8
4 Mallows, Bev	45	Cape Dolphins MSC-WP	1:25.00	1:22.87	7
5 Homveld, Jade	49	Phoenix MSC-CG	1:25.00	1:24.08	6
--- Galassi, Adua	46	Waterborn SC - Masters-CG	1:16.00	NS	

**Event 1 Women 50-54 100 SC Meter Freestyle****WORLD record: 58.60 W 2015-01-25 M.THERESE FUZZATI****SAMS record: 1:05.87 S 2011-07-28 Cecilia Stanford (CT)****1:03.90 50-54 SAQT SAMS Colours 2015-16****FRA**

1 Stanford, Cecilia	54	Cape Town MSC-WP	1:07.00	1:07.93	12
2 Verryn, Sabine	54	Coelacanth MSC-NT	1:13.00	1:09.04	10

**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****(Event 1 Women 50-54 100 SC Meter Freestyle)**

3	Lee, Les	51	Aquabear SC - Masters-EP	NT	1:20.03	8
4	de Klerk, Mariette	51	Wahoo MSC-CG	1:20.00	1:24.21	7
---	Callanan, Lynne	50	Phoenix MSC-CG	1:20.00	NS	

**Event 1 Women 55-59 100 SC Meter Freestyle**

**WORLD record:** 1:01.33 W 2009-12-04 LAURA VAL USA

**SAMS record:** 1:07.61 S 2011-10-16 Diane Coetzee (CT)

1:08.38 55-59 SAQT SAMS Colours 2015-16

1	Bosman, Denise	56	Bay Eagle Swim Team - Masters-EP	1:16.00	1:13.94	12
2	Reen, Pat	58	Aquabear SC - Masters-EP	1:18.00	1:14.22	10
3	Bloxham, Michelle	55	East Coast MSC-KZ	1:28.00	1:33.22	8
4	Russell, Claire	59	Highway MSC-KZ	1:30.00	1:35.73	7
5	Rode, Dawn	57	Highway MSC-KZ	NT	1:39.72	6
6	Robinson, Sue	58	Highway MSC-KZ	NT	1:42.45	5
7	Vorster, Merryll	59	Wahoo MSC-CG	1:55.00	1:43.00	4
8	Heymans, Maretha	59	Highway MSC-KZ	2:05.00	1:52.73	3
9	Bronkhorst, Liz	59	Phoenix MSC-CG	2:08.00	1:56.13	2

**Event 1 Women 60-64 100 SC Meter Freestyle**

**WORLD record:** 1:03.48 W 2014-12-05 LAURA VAL USA

**SAMS record:** 1:09.68 S 2015-04-19 Diane Coetzee (CT) CPTW-WP

1:12.22 60-64 SAQT SAMS Colours 2015-16

1	Coetzee, Diane	60	Cape Town MSC-WP	1:10.00	1:08.13 S SAQT	12
2	Rollnick, Marissa	64	Phoenix MSC-CG	1:20.00	1:19.10	10
3	Sharkey, Therese	60	Winelands MSC-WP	1:20.00	1:19.12	8
4	Thatcher, Annette	63	Highway MSC-KZ	1:21.00	1:19.94	7
5	Brewis, Judy	61	Cape Town MSC-WP	1:22.00	1:25.62	6
6	Griffiths, Bronwen	61	Highway MSC-KZ	1:54.15	1:44.90	5

**Event 1 Women 65-69 100 SC Meter Freestyle**

**WORLD record:** 1:10.76 W 2011-11-13 DIANN UUSTAL USA

**SAMS record:** 1:08.25 S 2015-09-20 Sanderina Kruger (CT) CPTW-WP

1:18.14 65-69 SAQT SAMS Colours 2015-16

1	Clark, Rosemary	67	East Coast MSC-KZ	1:32.00	1:31.59	12
2	Godfrey, Colleen	66	Cape Dolphins MSC-WP	1:45.00	1:33.29	10
3	Sandri, Angelika	65	Coelacanth MSC-NT	1:37.37	1:34.86	8
4	McLaren, Isabel	66	Coelacanth MSC-NT	1:48.00	1:44.46	7
5	Fyfe, Joyce	68	Coelacanth MSC-NT	1:55.00	1:46.98	6
6	Gray, Ann	67	Highway MSC-KZ	1:58.00	2:00.14	5
7	Hughes, Diane	69	East Coast MSC-KZ	2:10.00	2:08.05	4

**Event 1 Women 70-74 100 SC Meter Freestyle**

**WORLD record:** 1:12.97 W 2009-06-14 YOSHIKO OSAKI JPN

**SAMS record:** 1:37.25 S 2014-01-19 Willij Kokott (Dbn) HIGH-KZ

1:26.32 70-74 SAQT SAMS Colours 2015-16

1	Angelos, Merle	70	East Coast MSC-KZ	NT	1:48.42	12
2	Burger, Rita	70	Coelacanth MSC-NT	NT	1:57.70	10

**Event 1 Women 75-79 100 SC Meter Freestyle**

**WORLD record:** 1:18.59 W 2006-03-25 JANE ASHER GBR

**SAMS record:** 1:29.36 S 2014-07-19 Sue Leuner (Jhb) PHOE-CG

1:33.62 75-79 SAQT SAMS Colours 2015-16

1	Hanson, Ann	77	Coelacanth MSC-NT	2:10.00	2:04.59	12
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**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****Event 1 Women 80-84 100 SC Meter Freestyle**

**WORLD record:** 1:24.44 W 2011-06-25 JANE ASHER GBR

**SAMS record:** 2:54.08 S 2007-10-21 Renee Truter (Stb)

1:48.49 80-84 SAQT SAMS Colours 2015-16

1 Saunders, Wendy 80 East Coast MSC-KZ 3:17.00 2:48.38 S 12

**Event 1 Women 90-94 100 SC Meter Freestyle**

**WORLD record:** 1:58.28 W 2013-03-09 OLGA KOKORINA RUS

**SAMS record:** 59:59.99 S Vacant

3:11.81 90-94 SAQT SAMS Colours 2015-16

1 Kloos, Kascha 90 Cape Town MSC-WP 2:50.00 2:44.43 S SAQT 12

**Event 1 Men 19-24 100 SC Meter Freestyle**

**WORLD record:** 0.01 W 2000 Invalid FINA age group

**SAMS record:** 54.89 S 2013-10-19 Justin Nicklin (Jhb)

51.52 19-24 SAQT SAMS Colours 2015-16

--- Roomaney, Karl 24 Quick Silver Sw Ac - Masters-WP 1:25.00 NS

--- Hadlow, David 22 Wahoo MSC-CG 1:00.00 NS

**Event 1 Men 25-29 100 SC Meter Freestyle**

**WORLD record:** 47.43 W 2014-11-16 CESAR CIELO USA

**SAMS record:** 51.60 S 2011-10-16 Chris King (CT)

51.52 25-29 SAQT SAMS Colours 2015-16

1 Tlhakuli, Quincy 29 Coelacanth MSC-NT 1:06.00 1:08.23 12

**Event 1 Men 30-34 100 SC Meter Freestyle**

**WORLD record:** 48.08 W 2014-09-27 DARIAN TOWNSEND USA

**SAMS record:** 54.13 S 2005-10-23 Paul Fryer (Jhb)

51.67 30-34 SAQT SAMS Colours 2015-16

1 Manelli, Leonardo 33 Cape Town MSC-WP 1:11.00 1:09.87 12

**Event 1 Men 35-39 100 SC Meter Freestyle**

**WORLD record:** 49.53 W 2000-03-19 JOHN MIRANDA SWE

**SAMS record:** 53.42 S 11-2014 Bradley Reen (PE) AQUB-EP

52.63 35-39 SAQT SAMS Colours 2015-16

1 Reen, Bradley 39 Aquabear SC - Masters-EP 54.00 53.22 S 12

2 Erasmus, Jaco 37 Wahoo MSC-CG 1:02.00 59.29 10

3 Steenkamp, Neil 38 Cape Town MSC-WP 1:02.00 1:08.61 8

4 Ross, Neil 36 Coelacanth MSC-NT 1:10.00 1:15.69 7

**Event 1 Men 40-44 100 SC Meter Freestyle**

**WORLD record:** 50.43 W 2008-12-06 MICHAEL ROSS USA

**SAMS record:** 56.36 S 10-2003 Rob Manners-Wood (CT)

53.16 40-44 SAQT SAMS Colours 2015-16

1 Collins, Stuart 41 Wahoo MSC-CG 1:05.00 1:05.47 12

2 Serfontein, Barry 42 Aquabear SC - Masters-EP 1:09.00 1:07.09 10

3 Nel, Andre 41 Waterborn SC - Masters-CG 2:05.00 1:12.26 8

--- van Heerden, Jac 40 Waterborn SC - Masters-CG 1:05.00 NS

**Event 1 Men 45-49 100 SC Meter Freestyle**

**WORLD record:** 51.30 W 2012-03-10 NICOLAS GRANGER FRA

**SAMS record:** 54.64 S 9-1995 T Downes (Jhb)

54.48 45-49 SAQT SAMS Colours 2015-16

1 Kruger, Harald 48 Cape Town MSC-WP 56.60 58.44 12

2 McLeRoth, Greg 48 Cape Town MSC-WP 59.50 1:00.42 10

3 Potgieter, Wim 47 Coelacanth MSC-NT 1:10.00 1:08.20 8

4 Thomas, Ralph 49 Quick Silver Sw Ac - Masters-WP 1:10.00 1:11.60 7

5 Carstens, Frederik 45 Coelacanth MSC-NT 1:15.00 1:13.30 6

6 Moore, Sidrick 46 Mandeville Dolphins SC - Mast-CG 1:15.00 1:15.81 5

**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****(Event 1 Men 45-49 100 SC Meter Freestyle)**

7	Crowther, Bobbie	46	Wahoo MSC-CG	1:20.00	1:16.82	4
8	Harris, Mark	46	Phoenix MSC-CG	1:24.96	1:17.92	3
9	du Toit, Francois	48	Coelacanth MSC-NT	1:25.00	1:18.16	2
---	Duffy, PJ	45	Aquabear SC - Masters-EP	1:03.00	NS	

**Event 1 Men 50-54 100 SC Meter Freestyle**

**WORLD record:** 51.61 W 2009-10-17 **ROWDY GAINES** USA  
**SAMS record:** 55.81 S 1999-09-03 **T Downes (Jhb)**  
56.25 50-54 SAQT SAMS Colours 2015-16

1	Finn, Joel	54	Wahoo MSC-CG	1:07.00	1:06.50	12
2	Young, Roger	51	Coelacanth MSC-NT	1:10.00	1:06.87	10
3	Taylor, Mark	54	East Coast MSC-KZ	1:10.00	1:07.08	8
4	Allner, Anton	50	Phoenix MSC-CG	1:10.00	1:10.93	7
5	Adam, Ansari	54	Highway MSC-KZ	NT	1:13.84	6
6	Fechter, Wolfgang	54	Highway MSC-KZ	1:13.10	1:17.18	5
7	de Beer, David	53	Coelacanth MSC-NT	1:45.00	1:28.68	4

**Event 1 Men 55-59 100 SC Meter Freestyle**

**WORLD record:** 54.50 W 2009-04-05 **JACK GROSELLE** USA  
**SAMS record:** 58.94 S 2012-07-14 **Andre Steynberg (Jhb)**  
58.41 55-59 SAQT SAMS Colours 2015-16

1	Knight, Andrew	58	Cape Town MSC-WP	1:05.00	1:05.56	12
2	Morgan, Trevor	56	Coelacanth MSC-NT	1:10.00	1:06.58	10
3	Folscher, Danie	57	Cape Town MSC-WP	1:10.00	1:08.16	8
4	Stonestreet, Mark	55	Wahoo MSC-CG	1:20.00	1:10.00	7
5	Needham, Allen	59	Waterborn SC - Masters-CG	1:10.00	1:12.27	6
6	Steyn, Glenn	55	Cape Town MSC-WP	1:14.00	1:12.59	5
7	Baker, Raymond	57	Highway MSC-KZ	1:20.00	1:13.75	4
8	Baker, Anthony	59	Highway MSC-KZ	1:20.00	1:14.17	3

**Event 1 Men 60-64 100 SC Meter Freestyle**

**WORLD record:** 55.87 W 2014-05-17 **JACK GROSELLE** USA  
**SAMS record:** 59.74 S 2009-10-24 **Terry Downes (Jhb)**  
1:01.23 60-64 SAQT SAMS Colours 2015-16

1	Roothman, Andre	61	Cape Town MSC-WP	1:05.00	1:04.59	12
2	Spies, Izak	61	Cape Dolphins MSC-WP	1:05.00	1:05.15	10
3	Howieson, Doug	63	Cape Town MSC-WP	1:15.00	1:13.16	8
---	Reen, Nick	61	Aquabear SC - Masters-EP	1:10.00	NS	

**Event 1 Men 65-69 100 SC Meter Freestyle**

**WORLD record:** 58.58 W 2012-10-13 **RICHARD ABRAHAMS** USA  
**SAMS record:** 1:04.54 S 2014-05-24 **Terry Downes (Jhb)** COEL-NT  
1:04.38 65-69 SAQT SAMS Colours 2015-16

1	Downes, Terry	66	Coelacanth MSC-NT	1:10.00	1:08.22	12
2	Van Rooijen, Gerhard	65	East Coast MSC-KZ	1:12.33	1:13.26	10
3	Bolstridge, Mike	66	East Coast MSC-KZ	NT	1:17.59	8
4	Maynard, Ali	67	Highway MSC-KZ	NT	1:18.70	7
5	Larcombe, Peter	68	East Coast MSC-KZ	1:22.00	1:26.22	6
6	Burger, Francois	66	Coelacanth MSC-NT	NT	1:27.51	5
7	van Heerden, Carel	65	Wahoo MSC-CG	1:30.00	1:29.15	4
8	Robinson, Graham	66	East Coast MSC-KZ	1:35.00	1:34.45	3

**Event 1 Men 70-74 100 SC Meter Freestyle**

**WORLD record:** 1:01.70 W 2015-05-17 **RICHARD ABRAHAMS** USA  
**SAMS record:** 1:11.02 S 2009-11-14 **Gary Freeling (CT)**  
1:09.42 70-74 SAQT SAMS Colours 2015-16

1	Stieger, Des	72	East Coast MSC-KZ	1:19.00	1:17.08	12
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**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****(Event 1 Men 70-74 100 SC Meter Freestyle)**

2	Saunders, Brian	72	Aquabear SC - Masters-EP	1:25.00	1:19.81	10
3	Hughes, Jimmy	72	East Coast MSC-KZ	1:19.00	1:21.61	8
4	Hadenham, Leslie	72	East Coast MSC-KZ	1:25.00	1:25.82	7
5	Jennings, Ross	70	Coelacanth MSC-NT	2:10.00	1:48.84	6

**Event 1 Men 75-79 100 SC Meter Freestyle**

**WORLD record:** 1:05.13 W 2009-04-19 **DAVID RADCLIFF** USA

**SAMS record:** 1:28.16 S 2012-04-15 **Jim Saunders (Dbn)**

1:15.93 75-79 SAQT SAMS Colours 2015-16

1	Fyfe, Derek	75	Coelacanth MSC-NT	1:24.00	1:22.74 S	12
2	Saunders, Jim	78	East Coast MSC-KZ	1:35.00	1:43.19	10

**Event 1 Men 80-84 100 SC Meter Freestyle**

**WORLD record:** 1:11.26 W 2014-09-27 **DAVID RADCLIFF** USA

**SAMS record:** 1:33.28 S 1995 **G May (Dbn)**

1:24.28 80-84 SAQT SAMS Colours 2015-16

1	Hutchings, Peter	80	Wahoo MSC-CG	2:00.00	2:02.02	12
---	Hanna, Ken	80	Wahoo MSC-CG	3:50.00	NS	

**Event 2 Women 19-24 400 SC Meter IM**

**WORLD record:** 0.01 W 2000 **Invalid FINA age group**

**SAMS record:** 5:40.25 S 2010-04-15 **Tarryn Stanford (CT)**

5:20.45 19-24 SAQT SAMS Colours 2015-16

1	Newman, Rebecca	23	Bay Eagle Swim Team - Masters-EP	7:00.00	6:20.44	12
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**Event 2 Women 25-29 400 SC Meter IM**

**WORLD record:** 4:52.13 W 2006-11-19 **HITOMI MATSUDA** JPN

**SAMS record:** 5:25.51 S 2011-10-16 **Tarryn Stanford (CT)**

5:20.45 25-29 SAQT SAMS Colours 2015-16

1	Stanford, Tarryn	29	Cape Town MSC-WP	5:40.00	5:34.50	12
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**Event 2 Women 35-39 400 SC Meter IM**

**WORLD record:** 4:52.85 W 1997-12-14 **K.PIPES-NEILSEN** USA

**SAMS record:** 5:27.34 S 1994 **A Momberg (CT)**

5:31.47 35-39 SAQT SAMS Colours 2015-16

1	Hambloch, Carina	36	East Coast MSC-KZ	6:15.00	5:58.97	12
2	White, Simone	35	Cape Town MSC-WP	7:00.00	6:05.66	10

**Event 2 Women 40-44 400 SC Meter IM**

**WORLD record:** 5:00.82 W 2002-11-24 **K.PIPES-NEILSEN** USA

**SAMS record:** 5:40.55 S 9-2004 **Cecilia Stanford (CT)**

5:36.11 40-44 SAQT SAMS Colours 2015-16

---	Finlay, Angela	41	Bay Eagle Swim Team - Masters-EP	7:20.00	NS	
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**Event 2 Women 50-54 400 SC Meter IM**

**WORLD record:** 5:10.96 W 2014-09-26 **ELLEN REYNOLDS** USA

**SAMS record:** 5:36.89 S 2011-10-16 **Cecilia Stanford (CT)**

5:50.38 50-54 SAQT SAMS Colours 2015-16

1	Smith, Ruth	51	Waterborn SC - Masters-CG	9:00.00	8:09.90	12
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**Event 2 Women 55-59 400 SC Meter IM**

**WORLD record:** 5:39.30 W 2009-11-21 **LAURA VAL** USA

**SAMS record:** 6:21.56 S 2011-01-23 **Heather Campbell (Dbn)**

6:16.28 55-59 SAQT SAMS Colours 2015-16

1	Degenaar, Jean	55	Cape Town MSC-WP	6:30.00	6:09.28 S SAQT	12
2	Bosman, Denise	56	Bay Eagle Swim Team - Masters-EP	7:15.00	6:49.06	10

**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****Event 2 Women 60-64 400 SC Meter IM**

**WORLD record:** 5:51.81 W 2011-09-25 LAURA VAL USA

**SAMS record:** 7:03.05 S 2010-10-17 Jenny Ireland (CT)

6:58.48 60-64 SAQT SAMS Colours 2015-16

1	Sharkey, Therese	60	Winelands MSC-WP	6:55.00	6:46.59 S SAQT	12
2	Mons, Maureen	64	Phoenix MSC-CG	7:34.00	7:32.00	10

**Event 2 Women 65-69 400 SC Meter IM**

**WORLD record:** 6:31.71 W 2010-12-04 CAROLYN BOAK USA

**SAMS record:** 7:27.00 S 2015-03-01 Jenny Ireland (Dbn) HIGH-KZ

7:40.00 65-69 SAQT SAMS Colours 2015-16

1	Ireland, Jenny	65	Highway MSC-KZ	NT	7:20.98 S SAQT	12
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**Event 2 Women 70-74 400 SC Meter IM**

**WORLD record:** 6:51.30 W 2015-04-08 CLARY MUNNS AUS

**SAMS record:** 59:59.99 S Vacant

8:35.38 70-74 SAQT SAMS Colours 2015-16

1	Craig, Elsa	70	Bay Eagle Swim Team - Masters-EP	8:00.00	7:43.94 S SAQT	12
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**Event 2 Men 25-29 400 SC Meter IM**

**WORLD record:** 4:14.51 W 2009-11-15 IKUMI HASEGAWA JPN

**SAMS record:** 4:59.43 S 2014-08-30 Tyron Venter (Jhb) PHOE-CG

4:44.90 25-29 SAQT SAMS Colours 2015-16

1	Venter, Tyron	29	Phoenix MSC-CG	4:59.00	4:59.12 S	12
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**Event 2 Men 30-34 400 SC Meter IM**

**WORLD record:** 4:19.69 W 2009-12-05 TAMAS KEREKJARTO USA

**SAMS record:** 5:06.62 S 2012-09-20 Dave Nel (CT)

4:49.59 30-34 SAQT SAMS Colours 2015-16

1	Deyi, Lwazi	34	East Coast MSC-KZ	NT	5:52.44	12
2	Naidoo, Najen	34	East Coast MSC-KZ	8:30.00	7:04.00	10

**Event 2 Men 40-44 400 SC Meter IM**

**WORLD record:** 4:30.68 W 2014-10-10 ERIC CHRISTENSEN USA

**SAMS record:** 5:06.18 S 4-2004 Graham du Toit (Dbn)

4:52.92 40-44 SAQT SAMS Colours 2015-16

1	Richard, Shayne	42	East Coast MSC-KZ	8:00.00	6:51.72	12
2	Barker, Bryan	42	East Coast MSC-KZ	8:30.00	7:10.48	10

**Event 2 Men 50-54 400 SC Meter IM**

**WORLD record:** 4:45.15 W 2015-05-18 JEROME FRENTSOS USA

**SAMS record:** 5:13.01 S 3-2002 T Shead (Syd)

5:14.82 50-54 SAQT SAMS Colours 2015-16

1	Taylor, Julian	51	East Coast MSC-KZ	5:20.00	5:17.94	12
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**Event 2 Men 55-59 400 SC Meter IM**

**WORLD record:** 4:51.97 W 2009-11-21 MICHAEL MANN USA

**SAMS record:** 5:30.20 S 2010-10-17 Tim Shead (CT)

5:30.23 55-59 SAQT SAMS Colours 2015-16

1	Lotkin, Roy	56	Waterborn SC - Masters-CG	7:30.00	7:16.75	12
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**Event 2 Men 65-69 400 SC Meter IM**

**WORLD record:** 5:34.78 W 2014-05-19 HUBIE KERNS USA

**SAMS record:** 7:31.09 S 2009-12-06 Les Hadenham (Dbn)

6:17.65 65-69 SAQT SAMS Colours 2015-16

1	Eddy, Clive	69	Coelacanth MSC-NT	NT	9:12.11	12
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**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****Event 2 Men 75-79 400 SC Meter IM**

**WORLD record:** 6:33.87 W 2009-12-06 BURWELL JONES USA

**SAMS record:** 7:15.43 S 2013-10-20 Dave McLachlan (Stb)

8:07.54 75-79 SAQT SAMS Colours 2015-16

1 McLachlan, Dave 78 Cape Town MSC-WP 7:50.00 7:50.29 SAQT 12

**Event 3 Women 19-24 50 SC Meter Backstroke**

**WORLD record:** 0.01 W 2000 Invalid FINA age group

**SAMS record:** 32.13 S 2008-09-07 Cindy Botha (Dbn)

30.58 19-24 SAQT SAMS Colours 2015-16

1 Homveld, Alexis 23 Phoenix MSC-CG 40.50 39.46 12

**Event 3 Women 25-29 50 SC Meter Backstroke**

**WORLD record:** 28.06 W 2015-01-25 MIKA IKEDA JPN

**SAMS record:** 30.07 S 9-1999 M Kriel (CT)

30.58 25-29 SAQT SAMS Colours 2015-16

1 Verryn, Sandra 27 Coelacanth MSC-NT 40.00 39.41 12

**Event 3 Women 30-34 50 SC Meter Backstroke**

**WORLD record:** 27.43 W 2009-04-19 MAI NAKAMURA JPN

**SAMS record:** 33.59 S 2008-10-19 Perry-Ann Cadiz (Stb)

31.53 30-34 SAQT SAMS Colours 2015-16

1 Mazor, Cindy-Leigh 32 Wahoo MSC-CG 45.00 45.38 12

**Event 3 Women 35-39 50 SC Meter Backstroke**

**WORLD record:** 28.13 W 2013-11-23 NORIKO INADA USA

**SAMS record:** 31.24 S 7-2006 Marianne Kriel (CT)

32.04 35-39 SAQT SAMS Colours 2015-16

1 Jacobs, Sharon 35 Coelacanth MSC-NT 50.00 1:00.43 12

**Event 3 Women 40-44 50 SC Meter Backstroke**

**WORLD record:** 29.84 W 2014-10-04 ZOE CRAY GBR

**SAMS record:** 32.78 S 12-2004 Bev McCarney (Dbn)

32.20 40-44 SAQT SAMS Colours 2015-16

1 Engela, Norelle 43 Cape Town MSC-WP 32.00 35.28 12

2 Young, Margie 41 Aquabear SC - Masters-EP 40.00 41.87 10

3 Allner, Rene 41 Phoenix MSC-CG 49.05 45.70 8

4 Struwig, Nicky 43 Coelacanth MSC-NT 50.00 47.89 7

**Event 3 Women 45-49 50 SC Meter Backstroke**

**WORLD record:** 30.25 W 2014-04-26 CINDY MABEE CAN

**SAMS record:** 34.82 S 7-2005 Jean Degenaar (CT)

32.88 45-49 SAQT SAMS Colours 2015-16

1 Bihl, Kate 45 Cape Town MSC-WP 39.00 38.82 12

2 Fraatz, Barbara 49 Coelacanth MSC-NT 39.00 39.58 10

3 Mallows, Bev 45 Cape Dolphins MSC-WP 42.50 42.42 8

**Event 3 Women 50-54 50 SC Meter Backstroke**

**WORLD record:** 30.58 W 2011-03-19 LESLIE LIVINGSTON USA

**SAMS record:** 35.25 S 2012-10-14 Cecilia Stanford (CT)

34.05 50-54 SAQT SAMS Colours 2015-16

1 Welgemoed, Janine 54 Cape Town MSC-WP 48.00 42.60 12

2 Brooks, Karen 53 Coelacanth MSC-NT 45.00 44.74 10

--- Bridges, Carole 53 Wahoo MSC-CG 55.00 NS

**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****Event 3 Women 55-59 50 SC Meter Backstroke**

<b>WORLD record:</b>	<b>32.62</b>	<b>W</b>	<b>2009-10-24</b>	<b>LAURA VAL</b>		<b>USA</b>		
<b>SAMS record:</b>	<b>35.50</b>	<b>S</b>	<b>2013-10-20</b>	<b>Diane Coetzee (Stb)</b>		<b>CPTW-WP</b>		
	<b>36.28</b>			<b>55-59 SAQT SAMS Colours 2015-16</b>				
1	Degenaar, Jean		55	Cape Town MSC-WP	38.00		38.31	12
2	Alder, Elaine		58	Wahoo MSC-CG	48.00		45.38	10
3	Bloxham, Michelle		55	East Coast MSC-KZ	43.00		48.20	8
4	Heymans, Maretha		59	Highway MSC-KZ	1:45.00		57.64	7
5	Rode, Dawn		57	Highway MSC-KZ	NT		57.72	6

**Event 3 Women 60-64 50 SC Meter Backstroke**

<b>WORLD record:</b>	<b>33.01</b>	<b>W</b>	<b>2013-12-08</b>	<b>LAURA VAL</b>		<b>USA</b>		
<b>SAMS record:</b>	<b>35.60</b>	<b>S</b>	<b>2015-04-19</b>	<b>Diane Coetzee (CT)</b>		<b>CPTW-WP</b>		
	<b>39.16</b>			<b>60-64 SAQT SAMS Colours 2015-16</b>				
1	Coetzee, Diane		60	Cape Town MSC-WP	37.00		35.62	SAQT 12
2	Sharkey, Therese		60	Winelands MSC-WP	40.00		39.76	10
3	Bromfield, Morag		63	East Coast MSC-KZ	40.00		39.97	8
4	Brewis, Judy		61	Cape Town MSC-WP	43.00		44.21	7
5	Bailey, Colleen		61	East Coast MSC-KZ	NT		45.42	6
6	Griffiths, Bronwen		61	Highway MSC-KZ	1:03.81		1:03.12	5

**Event 3 Women 65-69 50 SC Meter Backstroke**

<b>WORLD record:</b>	<b>35.58</b>	<b>W</b>	<b>2011-03-19</b>	<b>DIANN UUSTAL</b>		<b>USA</b>		
<b>SAMS record:</b>	<b>41.12</b>	<b>S</b>	<b>2015-07-19</b>	<b>Sanderina Kruger (CT)</b>		<b>CPTW-WP</b>		
	<b>40.64</b>			<b>65-69 SAQT SAMS Colours 2015-16</b>				
1	Fyfe, Joyce		68	Coelacanth MSC-NT	1:00.00		54.41	12
2	Ferreira, Mercia		66	Wahoo MSC-CG	1:06.00		1:03.58	10
3	McLaren, Isabel		66	Coelacanth MSC-NT	1:03.00		1:05.87	8
4	vd Walt, Carol		67	ET Stingrays MSC-ES	1:07.00		1:08.98	7
5	Hughes, Diane		69	East Coast MSC-KZ	1:12.00		1:13.17	6

**Event 3 Women 70-74 50 SC Meter Backstroke**

<b>WORLD record:</b>	<b>37.50</b>	<b>W</b>	<b>2015-03-21</b>	<b>MARGIT OHLSSON</b>		<b>SWE</b>		
<b>SAMS record:</b>	<b>48.04</b>	<b>S</b>	<b>2014-10-19</b>	<b>Lenchen Zundorf (Stb)</b>		<b>CPTW-WP</b>		
	<b>43.74</b>			<b>70-74 SAQT SAMS Colours 2015-16</b>				
1	Angelos, Merle		70	East Coast MSC-KZ	NT		53.40	12
2	Burger, Rita		70	Coelacanth MSC-NT	NT		57.18	10

**Event 3 Women 80-84 50 SC Meter Backstroke**

<b>WORLD record:</b>	<b>46.10</b>	<b>W</b>	<b>2011-05-21</b>	<b>JANE ASHER</b>		<b>GBR</b>		
<b>SAMS record:</b>	<b>1:22.74</b>	<b>S</b>	<b>1999-08-22</b>	<b>E Buck (Dbn)</b>				
	<b>56.61</b>			<b>80-84 SAQT SAMS Colours 2015-16</b>				
1	Saunders, Wendy		80	East Coast MSC-KZ	1:22.00		1:30.53	12

**Event 3 Women 90-94 50 SC Meter Backstroke**

<b>WORLD record:</b>	<b>1:05.70</b>	<b>W</b>	<b>2006-10-29</b>	<b>WILLY VAN RYSEL</b>		<b>GBR</b>		
<b>SAMS record:</b>	<b>59:59.99</b>	<b>S</b>		<b>Vacant</b>				
	<b>1:36.66</b>			<b>90-94 SAQT SAMS Colours 2015-16</b>				
1	Kloos, Kascha		90	Cape Town MSC-WP	1:35.00		1:26.20 S	SAQT 12

**Event 3 Men 19-24 50 SC Meter Backstroke**

<b>WORLD record:</b>	<b>0.01</b>	<b>W</b>	<b>2000</b>	<b>Invalid FINA age group</b>				
<b>SAMS record:</b>	<b>28.75</b>	<b>S</b>	<b>2001-08-04</b>	<b>Schalk Malan (Jhb)</b>				
	<b>26.28</b>			<b>19-24 SAQT SAMS Colours 2015-16</b>				
---	Hadlow, David		22	Wahoo MSC-CG	30.00		NS	



**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****Event 3 Men 35-39 50 SC Meter Backstroke**

**WORLD record:** 25.72 W 2009-10-18 EDILSON SILVA USA  
**SAMS record:** 27.95 S 2012-05-19 Simon Thirsk (Jhb)  
 27.16 35-39 SAQT SAMS Colours 2015-16

1	Richards, Jay	38	Cape Town MSC-WP	29.00	29.96	12
2	Erasmus, Jaco	37	Wahoo MSC-CG	36.00	35.99	10
3	Ross, Neil	36	Coelacanth MSC-NT	40.00	41.71	8

**Event 3 Men 40-44 50 SC Meter Backstroke**

**WORLD record:** 25.53 W 2009-12-12 MICHAEL ROSS USA  
**SAMS record:** 29.19 S 2007-05-12 Harald Ruck (Jhb)  
 27.97 40-44 SAQT SAMS Colours 2015-16

1	Serfontein, Barry	42	Aquabear SC - Masters-EP	35.72	37.03	12
2	Frappier, Ulrich	43	Cape Dolphins MSC-WP	51.15	50.87	10

**Event 3 Men 45-49 50 SC Meter Backstroke**

**WORLD record:** 27.02 W 2009-12-12 CHRIS STEVENSON USA  
**SAMS record:** 29.50 S 2013-08-17 Harald Ruck (Jhb) COEL-NT  
 28.66 45-49 SAQT SAMS Colours 2015-16

1	Kahn, Greg	45	Aquabear SC - Masters-EP	30.00	28.39 S SAQT	12
2	McLeRoth, Greg	48	Cape Town MSC-WP	33.00	32.26	10
3	vd Westhuizen, Stefan	46	East Coast MSC-KZ	NT	34.19	8
4	du Plessis, Trevor	45	East Coast MSC-KZ	35.30	35.68	7
5	de Wet, Danie	46	Coelacanth MSC-NT	40.00	37.41	6
6	Carstens, Frederik	45	Coelacanth MSC-NT	45.00	41.69	5
7	Harris, Mark	46	Phoenix MSC-CG	41.92	42.65	4
8	Crowther, Bobbie	46	Wahoo MSC-CG	45.00	44.30	3

**Event 3 Men 50-54 50 SC Meter Backstroke**

**WORLD record:** 27.28 W 2014-12-14 FRITZ BEDFORD USA  
**SAMS record:** 30.05 S 2006-07-08 Andre Steynberg (Jhb)  
 29.73 50-54 SAQT SAMS Colours 2015-16

1	Ruck, Harald	50	Coelacanth MSC-NT	30.80	30.27	12
2	Orton, Nick	52	Cape Town MSC-WP	33.00	32.14	10
3	Young, Roger	51	Coelacanth MSC-NT	41.00	37.64	8
4	Allner, Anton	50	Phoenix MSC-CG	38.00	39.35	7
5	Adam, Ansari	54	Highway MSC-KZ	40.15	40.03	6
6	Fechter, Wolfgang	54	Highway MSC-KZ	44.94	47.06	5
7	de Beer, David	53	Coelacanth MSC-NT	1:15.00	1:01.30	4

**Event 3 Men 55-59 50 SC Meter Backstroke**

**WORLD record:** 29.01 W 2012-11-10 TOM BARTON USA  
**SAMS record:** 30.31 S 2012-11-24 Andre Steynberg (Jhb)  
 31.36 55-59 SAQT SAMS Colours 2015-16

1	Morgan, Trevor	56	Coelacanth MSC-NT	35.00	35.10	12
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**Event 3 Men 60-64 50 SC Meter Backstroke**

**WORLD record:** 29.64 W 2014-03-29 PHILIPP DJANG USA  
**SAMS record:** 34.13 S 2009-05-16 Terry Downes (Jhb)  
 32.87 60-64 SAQT SAMS Colours 2015-16

1	Winfield, Mike	60	Cape Town MSC-WP	34.00	33.83 S	12
2	Howieson, Doug	63	Cape Town MSC-WP	42.00	40.65	10
---	Reen, Nick	61	Aquabear SC - Masters-EP	36.00	NS	

**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****Event 3 Men 65-69 50 SC Meter Backstroke**

**WORLD record:** 30.34 W 2012-12-02 **HUGH WILDER** USA  
**SAMS record:** 36.90 S 2011-01-23 **Brian Stewart (Dbn)**  
 35.12 65-69 SAQT SAMS Colours 2015-16

1	Downes, Terry	66	Coelacanth MSC-NT	37.00	39.66	12
2	Maynard, Ali	67	Highway MSC-KZ	NT	43.83	10
3	Eddy, Clive	69	Coelacanth MSC-NT	NT	49.44	8
4	van Heerden, Carel	65	Wahoo MSC-CG	49.00	54.08	7
5	Robinson, Graham	66	East Coast MSC-KZ	53.00	55.40	6
6	Burger, Francois	66	Coelacanth MSC-NT	NT	57.23	5

**Event 3 Men 70-74 50 SC Meter Backstroke**

**WORLD record:** 33.51 W 2013-12-08 **RICHARD BURNS** USA  
**SAMS record:** 39.29 S 2013-10-06 **Jimmy Hughes (Dbn)** EACS-KZ  
 36.91 70-74 SAQT SAMS Colours 2015-16

1	Hughes, Jimmy	72	East Coast MSC-KZ	41.00	39.43	12
2	Stieger, Des	72	East Coast MSC-KZ	50.00	51.91	10

**Event 3 Men 75-79 50 SC Meter Backstroke**

**WORLD record:** 35.51 W 2008-11-16 **YOSHI OYAKAWA** USA  
**SAMS record:** 43.50 S 2011-10-30 **Mike Cameron (Dbn)**  
 40.30 75-79 SAQT SAMS Colours 2015-16

1	Fyfe, Derek	75	Coelacanth MSC-NT	50.00	49.49	12
2	Saunders, Jim	78	East Coast MSC-KZ	52.00	50.90	10

**Event 3 Men 80-84 50 SC Meter Backstroke**

**WORLD record:** 37.82 W 2014-11-15 **YOSHI OYAKAWA** USA  
**SAMS record:** 50.47 S 1995 **G May (Dbn)**  
 45.75 80-84 SAQT SAMS Colours 2015-16

1	Hutchings, Peter	80	Wahoo MSC-CG	1:15.00	1:19.04	12
---	Hanna, Ken	80	Wahoo MSC-CG	1:48.00	NS	

**Event 4 Women 19-24 100 SC Meter Butterfly**

**WORLD record:** 0.01 W 2000 **Invalid FINA age group**  
**SAMS record:** 1:08.87 S 9-2004 **Monique Beetge (Dbn)**  
 1:04.66 19-24 SAQT SAMS Colours 2015-16

1	Newman, Rebecca	23	Bay Eagle Swim Team - Masters-EP	1:50.00	1:32.73	12
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**Event 4 Women 25-29 100 SC Meter Butterfly**

**WORLD record:** 1:00.18 W 2010-05-08 **YUKO NAKANISHI** JPN  
**SAMS record:** 1:07.93 S 2013-07-20 **Samantha Gunther (Jhb)** PHOE-CG  
 1:04.66 25-29 SAQT SAMS Colours 2015-16

---	Henderson, Delwen	27	Aquabear SC - Masters-EP	1:19.00	NS	
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**Event 4 Women 30-34 100 SC Meter Butterfly**

**WORLD record:** 1:00.11 W 2006-03-25 **METTE JACOBSEN** DEN  
**SAMS record:** 1:10.40 S 2013-07-18 **Kathryn Nurse (CT)** CPTW-WP  
 1:06.07 30-34 SAQT SAMS Colours 2015-16

1	Boulter, Hasina	31	Waterborn SC - Masters-CG	1:31.00	1:28.13	12
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**Event 4 Women 35-39 100 SC Meter Butterfly**

**WORLD record:** 1:01.88 W 2014-05-04 **HITOMI MATSUDA** JPN  
**SAMS record:** 1:08.17 S 2014-07-27 **Kathryn Nurse (Stb)** CPTW-WP  
 1:07.01 35-39 SAQT SAMS Colours 2015-16

1	Saporta, Antonelle	35	Aquabear SC - Masters-EP	1:14.00	1:11.67	12
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**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****Event 4 Women 45-49 100 SC Meter Butterfly**

**WORLD record:** 1:03.47 W 2010-11-20 S.VON DER LIPPE USA

**SAMS record:** 1:12.69 S 2006-10-15 Cecilia Stanford (Stb)

1:09.66 45-49 SAQT SAMS Colours 2015-16

1	Fraatz, Barbara	49	Coelacanth MSC-NT	1:20.00	1:22.78	12
2	Adam, Wendy	46	Wahoo MSC-CG	1:45.00	1:27.80	10

**Event 4 Women 55-59 100 SC Meter Butterfly**

**WORLD record:** 1:09.23 W 2009-12-06 LAURA VAL USA

**SAMS record:** 1:19.48 S 2015-04-19 Jean Degenaar (CT) CPTW-WP

1:20.97 55-59 SAQT SAMS Colours 2015-16

1	Foster, Kim	56	Coelacanth MSC-NT	1:25.00	1:25.04	12
2	Goldstein, Heather	59	Highway MSC-KZ	2:01.00	1:57.31	10
---	Degenaar, Jean	55	Cape Town MSC-WP	1:20.00	NS	

**Event 4 Women 65-69 100 SC Meter Butterfly**

**WORLD record:** 1:23.41 W 2011-11-05 BRIGITTE MERTEN GER

**SAMS record:** 1:50.77 S 2013-09-21 Elsa Craig (PE)

1:37.93 65-69 SAQT SAMS Colours 2015-16

1	Ireland, Jenny	65	Highway MSC-KZ	NT	1:42.26 S	12
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**Event 4 Women 70-74 100 SC Meter Butterfly**

**WORLD record:** 1:24.10 W 2015-03-27 JUDY WILSON FRA

**SAMS record:** 59:59.99 S Vacant

1:53.74 70-74 SAQT SAMS Colours 2015-16

1	Craig, Elsa	70	Bay Eagle Swim Team - Masters-EP	1:58.00	1:54.94 S	12
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**Event 4 Men 25-29 100 SC Meter Butterfly**

**WORLD record:** 52.45 W 2013-11-03 DARIAN TOWNSEND USA

**SAMS record:** 1:00.60 S 9-2001 J Fourie (Pmb)

55.97 25-29 SAQT SAMS Colours 2015-16

1	Venter, Tyron	29	Phoenix MSC-CG	1:00.50	1:00.80	12
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**Event 4 Men 35-39 100 SC Meter Butterfly**

**WORLD record:** 54.27 W 2011-12-04 IGOR MARCHENKO USA

**SAMS record:** 1:03.75 S 2009-09-20 Kieren Lawrenson (Dbn)

57.34 35-39 SAQT SAMS Colours 2015-16

1	Reen, Bradley	39	Aquabear SC - Masters-EP	1:00.00	1:05.41	12
---	Steenkamp, Neil	38	Cape Town MSC-WP	1:16.00	NS	

**Event 4 Men 40-44 100 SC Meter Butterfly**

**WORLD record:** 53.81 W 2014-03-15 LARS FROLANDER SWE

**SAMS record:** 1:02.98 S 2009-11-28 Stephen Haupt (Jhb)

58.95 40-44 SAQT SAMS Colours 2015-16

1	Collins, Stuart	41	Wahoo MSC-CG	1:15.00	1:15.73	12
2	Richard, Shayne	42	East Coast MSC-KZ	1:19.00	1:17.24	10
---	van Heerden, Jac	40	Waterborn SC - Masters-CG	1:20.00	NS	

**Event 4 Men 55-59 100 SC Meter Butterfly**

**WORLD record:** 59.80 W 2013-04-01 DAN THOMPSON CAN

**SAMS record:** 1:04.78 S 2012-05-19 Andre Steynberg (Jhb)

1:05.47 55-59 SAQT SAMS Colours 2015-16

1	Holshausen, Rod	57	Cape Town MSC-WP	1:15.00	1:15.14	12
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**Event 4 Men 60-64 100 SC Meter Butterfly**

**WORLD record:** 1:03.67 W 2010-04-17 TAKEO HIRAMOTO JPN

**SAMS record:** 1:10.66 S 2010-08-19 Halton Cheadle (CT)

1:10.59 60-64 SAQT SAMS Colours 2015-16

1	Roothman, Andre	61	Cape Town MSC-WP	1:10.00	1:12.44	12
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**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****Event 4 Men 70-74 100 SC Meter Butterfly**

**WORLD record:** 1:09.45 W 2015-05-18 RICHARD ABRAHAMS USA  
**SAMS record:** 1:32.91 S 2008-10-19 Dave McLachlan (Stb)  
 1:22.92 70-74 SAQT SAMS Colours 2015-16

1 Hadenham, Leslie 72 East Coast MSC-KZ 1:50.00 1:53.03 12

**Event 4 Men 75-79 100 SC Meter Butterfly**

**WORLD record:** 1:21.12 W 2014-04-06 TAISUKE MIYAZAKI JPN  
**SAMS record:** 1:43.43 S 2013-10-20 Dave McLachlan (Stb)  
 1:41.48 75-79 SAQT SAMS Colours 2015-16

1 McLachlan, Dave 78 Cape Town MSC-WP 1:40.00 1:48.14 12

**Event 5 Women 19-24 50 SC Meter Breaststroke**

**WORLD record:** 0.01 W 2000 Invalid FINA age group  
**SAMS record:** 36.90 S 2006-10-15 Aletta Steenkamp (Stb)  
 34.15 19-24 SAQT SAMS Colours 2015-16

1 Robson, Ashleigh 20 Waterborn SC - Masters-CG 44.47 42.34 12

**Event 5 Women 25-29 50 SC Meter Breaststroke**

**WORLD record:** 30.50 W 2014-06-08 PETRA CHOCOVA CZE  
**SAMS record:** 35.36 S 2007-06-10 Claire Rolt (Jhb)  
 34.15 25-29 SAQT SAMS Colours 2015-16

1 Steenkamp, Aletta 29 Cape Town MSC-WP 37.00 39.90 12

**Event 5 Women 30-34 50 SC Meter Breaststroke**

**WORLD record:** 31.71 W 2010-03-14 HITOMI MATSUDA JPN  
**SAMS record:** 35.80 S 2014-10-25 Andrea Landau (Jhb) PHOE-CG  
 34.47 30-34 SAQT SAMS Colours 2015-16

1 Mazor, Cindy-Leigh 32 Wahoo MSC-CG 45.00 44.75 12

2 Candy, Nikki 33 Wahoo MSC-CG 55.00 50.79 10

**Event 5 Women 35-39 50 SC Meter Breaststroke**

**WORLD record:** 31.87 W 2012-03-25 HITOMI MATSUDA JPN  
**SAMS record:** 37.37 S 2005-08-21 Heather Morris-Eyton (CT)  
 35.16 35-39 SAQT SAMS Colours 2015-16

1 Marr, Tracey 35 Cape Dolphins MSC-WP 36.00 39.73 12

2 Caldo, Martie 36 Coelacanth MSC-NT 50.00 50.22 10

**Event 5 Women 40-44 50 SC Meter Breaststroke**

**WORLD record:** 32.20 W 2012-08-05 LINLEY FRAME AUS  
**SAMS record:** 34.38 S 2009-10-24 Heather Morris-Eyton (Jhb)  
 35.44 40-44 SAQT SAMS Colours 2015-16

1 Russell, Mia 40 Cape Dolphins MSC-WP 40.00 38.00 12

2 van Breda, Bridget 40 Cape Town MSC-WP 39.00 40.36 10

3 Ralfe, Sally 42 Highway MSC-KZ 39.78 40.47 8

4 Amner, Claire 41 Cape Town MSC-WP 41.00 40.87 7

5 Naude, Nina 42 Wahoo MSC-CG 46.00 44.97 6

6 Young, Margie 41 Aquabear SC - Masters-EP 45.00 45.09 5

7 Groenewald, Kerry-Lynn 41 Wahoo MSC-CG 45.00 46.68 4

8 Struwig, Nicky 43 Coelacanth MSC-NT 54.00 47.30 3

9 Allner, Rene 41 Phoenix MSC-CG 55.01 54.09 2

**Event 5 Women 45-49 50 SC Meter Breaststroke**

**WORLD record:** 33.81 W 2013-03-17 ANNA HAMMER SWE  
**SAMS record:** 35.87 S 2012-10-27 Heather Morris-Eyton (Jhb)  
 36.79 45-49 SAQT SAMS Colours 2015-16

1 Hector, Andrea 45 Waterborn SC - Masters-CG 42.00 39.77 12

2 Cook, Wendy 45 East Coast MSC-KZ 42.00 40.77 10

3 Bihl, Kate 45 Cape Town MSC-WP 43.00 43.22 8

**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****(Event 5 Women 45-49 50 SC Meter Breaststroke)**

4	Mallows, Bev	45	Cape Dolphins MSC-WP	48.00	47.95	7
5	Tarr, Nola	47	Waterborn SC - Masters-CG	49.00	48.94	6

**Event 5 Women 50-54 50 SC Meter Breaststroke**

**WORLD record:** 33.96 W 2012-11-24 **MONICA CORO** ITA

**SAMS record:** 39.39 S 2012-08-23 **Cecilia Stanford (CT)**

37.21 50-54 SAQT SAMS Colours 2015-16

1	Dressler, Annemarie	51	Coelacanth MSC-NT	39.40	40.15	12
2	Stanford, Cecilia	54	Cape Town MSC-WP	42.00	40.77	10
3	Verryn, Sabine	54	Coelacanth MSC-NT	45.00	42.97	8
4	Smith, Ruth	51	Waterborn SC - Masters-CG	45.00	46.00	7
5	Schiever, Joan	54	Highway MSC-KZ	1:00.00	48.63	6
6	Welgemoed, Janine	54	Cape Town MSC-WP	55.00	49.60	5
---	Callanan, Lynne	50	Phoenix MSC-CG	43.00	NS	

**Event 5 Women 55-59 50 SC Meter Breaststroke**

**WORLD record:** 36.29 W 2013-05-11 **JENNY WHITELEY** AUS

**SAMS record:** 41.03 S 2014-10-19 **Gail McCarney (Stb)** CPTW-WP

39.36 55-59 SAQT SAMS Colours 2015-16

1	Alder, Elaine	58	Wahoo MSC-CG	50.00	49.19	12
2	Bloxham, Michelle	55	East Coast MSC-KZ	45.00	49.78	10
3	Russell, Claire	59	Highway MSC-KZ	49.00	50.02	8
4	Goldstein, Heather	59	Highway MSC-KZ	52.00	51.77	7
5	Harrison, Peta	55	Highway MSC-KZ	56.00	53.66	6
6	Keating, Deborah	57	Waterborn SC - Masters-CG	55.00	55.58	5
7	Heymans, Maretha	59	Highway MSC-KZ	1:35.00	55.76	4
8	Rode, Dawn	57	Highway MSC-KZ	NT	58.42	3
9	Vorster, Merryll	59	Wahoo MSC-CG	1:03.00	1:01.99	2

**Event 5 Women 60-64 50 SC Meter Breaststroke**

**WORLD record:** 38.60 W 2002-03-18 **MONIKA SENFTLEBEN** GER

**SAMS record:** 43.00 S 2014-04-10 **Sandra Reeves (Stb)** DOLP-WP

41.90 60-64 SAQT SAMS Colours 2015-16

1	Reeves, Sandy	61	Cape Dolphins MSC-WP	44.00	43.79	12
2	Thatcher, Annette	63	Highway MSC-KZ	45.00	43.98	10

**Event 5 Women 65-69 50 SC Meter Breaststroke**

**WORLD record:** 40.90 W 2010-05-09 **NOBUKO YASUDA** JPN

**SAMS record:** 45.00 S 2012-10-07 **Bev Shuttleworth (Pmb)**

44.21 65-69 SAQT SAMS Colours 2015-16

1	Shuttleworth, Bev	68	Highway MSC-KZ	49.00	47.62	12
2	Sandri, Angelika	65	Coelacanth MSC-NT	53.06	54.46	10
3	Godfrey, Colleen	66	Cape Dolphins MSC-WP	1:00.00	56.73	8
4	McLaren, Isabel	66	Coelacanth MSC-NT	58.00	1:00.11	7
5	Ferreira, Mercia	66	Wahoo MSC-CG	1:02.00	1:03.52	6
6	Hughes, Diane	69	East Coast MSC-KZ	1:20.00	1:17.90	5

**Event 5 Women 70-74 50 SC Meter Breaststroke**

**WORLD record:** 42.80 W 2005-02-27 **SHOKO YONEZAWA** JPN

**SAMS record:** 52.80 S 2014-10-19 **Lenchen Zundorf (Stb)** CPTW-WP

48.18 70-74 SAQT SAMS Colours 2015-16

1	Angelos, Merle	70	East Coast MSC-KZ	NT	1:07.59	12
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**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****Event 5 Women 75-79 50 SC Meter Breaststroke**

**WORLD record:** 43.79 W 2010-02-14 SHOKO YONEZAWA JPN

**SAMS record:** 1:11.39 S 1996-03-17 G Calitz

50.71 75-79 SAQT SAMS Colours 2015-16

1 Hanson, Ann 77 Coelacanth MSC-NT 1:25.00 1:17.88 12

**Event 5 Women 80-84 50 SC Meter Breaststroke**

**WORLD record:** 46.48 W 2015-03-08 SHOKO YONEZAWA JPN

**SAMS record:** 1:21.18 S 1999-08-22 E Buck (Dbn)

59.19 80-84 SAQT SAMS Colours 2015-16

1 Saunders, Wendy 80 East Coast MSC-KZ 1:19.00 1:46.91 12

**Event 5 Women 90-94 50 SC Meter Breaststroke**

**WORLD record:** 1:02.33 W 2013-03-09 OLGA KOKORINA RUS

**SAMS record:** 59:59.99 S Vacant

2:12.56 90-94 SAQT SAMS Colours 2015-16

1 Kloos, Kascha 90 Cape Town MSC-WP 1:50.00 1:37.46 S SAQT 12

**Event 5 Men 30-34 50 SC Meter Breaststroke**

**WORLD record:** 27.11 W 2009-09-26 MARCELO TOMAZINI BRA

**SAMS record:** 30.61 S 2002-10-13 K Cawood (Jhb)

28.89 30-34 SAQT SAMS Colours 2015-16

1 Joubert, Jacques 32 Cape Town MSC-WP 33.00 32.43 12

2 Deyi, Lwazi 34 East Coast MSC-KZ NT 35.05 10

3 Naidoo, Najen 34 East Coast MSC-KZ 42.00 41.00 8

**Event 5 Men 35-39 50 SC Meter Breaststroke**

**WORLD record:** 27.79 W 2009-12-06 JEFF COMMINGS USA

**SAMS record:** 31.34 S 2009-12-06 Kieren Lawrenson (Dbn)

29.47 35-39 SAQT SAMS Colours 2015-16

1 Richards, Jay 38 Cape Town MSC-WP 31.00 33.19 12

2 Erasmus, Jaco 37 Wahoo MSC-CG 44.00 40.63 10

3 Ross, Neil 36 Coelacanth MSC-NT 43.00 46.04 8

--- Ackermann, Kevin 39 Aquabear SC - Masters-EP 37.91 NS

**Event 5 Men 40-44 50 SC Meter Breaststroke**

**WORLD record:** 28.52 W 2014-12-07 STEVE WEST USA

**SAMS record:** 32.01 S 2010-10-10 Cliff Lyne (Pmb)

29.95 40-44 SAQT SAMS Colours 2015-16

1 Nel, Andre 41 Waterborn SC - Masters-CG 1:05.00 40.21 12

2 Barker, Bryan 42 East Coast MSC-KZ 1:00.00 45.31 10

3 Frappier, Ulrich 43 Cape Dolphins MSC-WP 45.28 46.46 8

**Event 5 Men 45-49 50 SC Meter Breaststroke**

**WORLD record:** 28.87 W 2010-01-17 RICO ROLLI ITA

**SAMS record:** 31.75 S 2010-08-19 Johan van der Merwe (CT)

30.56 45-49 SAQT SAMS Colours 2015-16

1 Kruger, Harald 48 Cape Town MSC-WP 32.02 33.32 12

2 Potgieter, Wim 47 Coelacanth MSC-NT 36.00 36.29 10

3 Bradshaw, Gary 46 Waterborn SC - Masters-CG 37.00 37.07 8

4 vd Westhuizen, Stefan 46 East Coast MSC-KZ NT 37.54 7

5 Gilbert, Oliver 45 Cape Town MSC-WP 36.00 39.31 6

6 Thomas, Ralph 49 Quick Silver Sw Ac - Masters-WP 42.00 43.11 5

7 du Toit, Francois 48 Coelacanth MSC-NT 43.00 43.69 4

8 Greaves, Gordon 49 Phoenix MSC-CG 42.00 44.10 3

9 Crowther, Bobbie 46 Wahoo MSC-CG 50.00 51.28 2

--- Smith, Damian 48 Waterborn SC - Masters-CG 45.00 NS

--- Duffy, PJ 45 Aquabear SC - Masters-EP 39.00 NS

**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****Event 5 Men 50-54 50 SC Meter Breaststroke**

**WORLD record:** 29.84 W 2013-12-08 DAVID GUTHRIE USA  
**SAMS record:** 31.72 S 3-2002 T Shead (Syd)  
 31.90 50-54 SAQT SAMS Colours 2015-16

1	Finn, Joel	54	Wahoo MSC-CG	37.00	37.93	12
2	Taylor, Mark	54	East Coast MSC-KZ	45.00	39.50	10
3	Uitenweerde, Lourens	51	Coelacanth MSC-NT	41.00	39.77	8
4	Young, Roger	51	Coelacanth MSC-NT	46.00	40.21	7
5	Adam, Ansari	54	Highway MSC-KZ	40.22	40.89	6
6	Fechter, Wolfgang	54	Highway MSC-KZ	41.34	42.29	5
7	Allner, Anton	50	Phoenix MSC-CG	44.00	47.13	4
8	de Beer, David	53	Coelacanth MSC-NT	1:05.00	53.41	3

**Event 5 Men 55-59 50 SC Meter Breaststroke**

**WORLD record:** 30.50 W 2009-09-26 WALTER KUSCH GER  
**SAMS record:** 32.36 S 2009-10-18 Tim Shead (CT)  
 33.64 55-59 SAQT SAMS Colours 2015-16

1	Morris, Derek	58	East Coast MSC-KZ	42.00	38.25	12
2	Hendricks, Nigel	57	Cape Town MSC-WP	39.00	38.93	10
3	Baker, Anthony	59	Highway MSC-KZ	39.00	39.84	8
4	Folscher, Danie	57	Cape Town MSC-WP	38.50	39.87	7
5	Foster, Ted	55	East Coast MSC-KZ	40.00	40.93	6
6	Baker, Raymond	57	Highway MSC-KZ	43.00	42.05	5
7	Slabbert, Stanford	57	Bay Eagle Swim Team - Masters-EP	1:03.00	1:01.59	4

**Event 5 Men 65-69 50 SC Meter Breaststroke**

**WORLD record:** 33.86 W 2010-05-09 OSAMU MAEDA JPN  
**SAMS record:** 38.02 S 2014-10-19 Halton Cheadle (Stb) CPTW-WP  
 36.73 65-69 SAQT SAMS Colours 2015-16

1	Cheadle, Halton	66	Cape Town MSC-WP	38.00	39.67	12
2	van Heerden, Carel	65	Wahoo MSC-CG	43.00	42.72	10
3	Hind, Tony	66	East Coast MSC-KZ	45.00	47.76	8
4	Eddy, Clive	69	Coelacanth MSC-NT	NT	54.77	7
5	Robinson, Graham	66	East Coast MSC-KZ	49.00	55.04	6

**Event 5 Men 70-74 50 SC Meter Breaststroke**

**WORLD record:** 35.85 W 2009-05-10 YOSHIHIKO OSAKI JPN  
**SAMS record:** 44.02 S 2009-04-01 Dave McLachlan (CT)  
 39.37 70-74 SAQT SAMS Colours 2015-16

1	Phielix, Huibert	73	Highway MSC-KZ	50.00	47.97	12
2	Jennings, Ross	70	Coelacanth MSC-NT	1:40.00	1:05.50	10

**Event 5 Men 75-79 50 SC Meter Breaststroke**

**WORLD record:** 39.04 W 2010-04-29 TETSUO NAKAMARU JPN  
**SAMS record:** 42.32 S 2008-10-25 Patrick Galvin (Jhb)  
 42.33 75-79 SAQT SAMS Colours 2015-16

1	Cordell, Bill	78	East Coast MSC-KZ	59.00	55.47	12
2	Wolpe, Russel	78	Phoenix MSC-CG	1:00.00	1:01.37	10

**Event 5 Men 80-84 50 SC Meter Breaststroke**

**WORLD record:** 41.42 W 2005-05-15 TOSHIO TAJIMA JPN  
**SAMS record:** 55.15 S 2007-10-28 Paul Mulder (Jhb)  
 47.03 80-84 SAQT SAMS Colours 2015-16

1	Theron, Sarel	81	Coelacanth MSC-NT	1:20.00	1:14.22	12
---	Schlapobersky, Ivan	82	Phoenix MSC-CG	49.00	NS	
---	Hanna, Ken	80	Wahoo MSC-CG	1:49.00	NS	

**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****Event 6 Women 19-24 200 SC Meter Backstroke****WORLD record:** 0.01 W 2000 Invalid FINA age group**SAMS record:** 2:33.60 S 2009-08-20 Tarryn Stanford (CT)

2:26.59 19-24 SAQT SAMS Colours 2015-16

1 Newman, Rebecca 23 Bay Eagle Swim Team - Masters-EP 3:00.00 2:53.97 12

**Event 6 Women 35-39 200 SC Meter Backstroke****WORLD record:** 2:13.37 W 2013-11-16 KANA OHASHI

JPN

**SAMS record:** 2:38.19 S 2014-08-24 Perry-Ann Cadiz (Stb)

CPTW-WP

2:33.29 35-39 SAQT SAMS Colours 2015-16

1 Cadiz, Perry 39 Cape Town MSC-WP 2:40.00 2:39.15 12

2 Hambloch, Carina 36 East Coast MSC-KZ 3:00.00 2:57.97 10

**Event 6 Women 40-44 200 SC Meter Backstroke****WORLD record:** 2:19.06 W 2009-12-04 JODY SMITH

USA

**SAMS record:** 2:39.83 S 9-2002 Cecilia Stanford (CT)

2:34.24 40-44 SAQT SAMS Colours 2015-16

1 Allner, Rene 41 Phoenix MSC-CG 3:50.35 3:53.63 12

--- Engela, Norelle 43 Cape Town MSC-WP 2:45.00 NS

**Event 6 Women 45-49 200 SC Meter Backstroke****WORLD record:** 2:18.15 W 2009-02-26 K.PIPES-NEILSEN

FRA

**SAMS record:** 2:41.53 S 2013-07-20 Annemarie Dressler (Jhb)

COEL-NT

2:38.69 45-49 SAQT SAMS Colours 2015-16

1 Bihl, Kate 45 Cape Town MSC-WP 3:14.00 3:10.04 12

**Event 6 Women 50-54 200 SC Meter Backstroke****WORLD record:** 2:22.37 W 2014-03-08 ELLEN REYNOLDS

USA

**SAMS record:** 2:39.46 S 2014-07-19 Annemarie Dressler (Jhb)

COEL-NT

2:42.86 50-54 SAQT SAMS Colours 2015-16

1 Bridges, Carole 53 Wahoo MSC-CG 4:00.00 4:11.32 12

**Event 6 Women 55-59 200 SC Meter Backstroke****WORLD record:** 2:38.05 W 2015-02-07 NAKO SHIDE

JPN

**SAMS record:** 2:47.43 S 2014-08-24 Diane Coetzee (Stb)

CPTW-WP

2:53.18 55-59 SAQT SAMS Colours 2015-16

1 Degenaar, Jean 55 Cape Town MSC-WP 2:55.00 2:56.56 12

2 Foster, Kim 56 Coelacanth MSC-NT 3:48.00 3:25.41 10

3 Bloxham, Michelle 55 East Coast MSC-KZ 3:22.00 3:45.65 8

--- Heymans, Maretha 59 Highway MSC-KZ 5:10.00 DQ

**Event 6 Women 60-64 200 SC Meter Backstroke****WORLD record:** 2:41.71 W 2012-11-30 LAURA VAL

USA

**SAMS record:** 2:46.71 S 2015-08-30 Diane Coetzee (CT)

CPTW-WP

3:05.19 60-64 SAQT SAMS Colours 2015-16

1 Sharkey, Therese 60 Winelands MSC-WP 3:09.00 3:02.10 SAQT 12

2 Brewis, Judy 61 Cape Town MSC-WP 3:20.00 3:21.45 10

3 Bromfield, Morag 63 East Coast MSC-KZ 3:20.00 3:23.37 8

**Event 6 Women 65-69 200 SC Meter Backstroke****WORLD record:** 2:53.36 W 2011-12-04 DIANN UUSTAL

USA

**SAMS record:** 3:31.69 S 2013-10-20 Therese Russell (Stb)

3:23.67 65-69 SAQT SAMS Colours 2015-16

1 Fyfe, Joyce 68 Coelacanth MSC-NT 5:10.00 4:46.27 12

2 vd Walt, Carol 67 ET Stingrays MSC-ES 5:10.00 5:13.40 10



**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****Event 6 Women 70-74 200 SC Meter Backstroke**

<b>WORLD record:</b>	3:05.43	W	2014-05-24	CLARY MUNNS	AUS			
<b>SAMS record:</b>	3:55.50	S	2015-03-01	Willij Kokott (Dbn)	HIGH-KZ			
	3:42.41			70-74 SAQT SAMS Colours 2015-16				
1	Burger, Rita			70	Coelacanth MSC-NT	NT	4:29.54	12

**Event 6 Men 19-24 200 SC Meter Backstroke**

<b>WORLD record:</b>	0.01	W	2000	Invalid FINA age group				
<b>SAMS record:</b>	2:31.90	S	11-2004	Ryan Spencer (Dbn)				
	2:09.62			19-24 SAQT SAMS Colours 2015-16				
---	Hadlow, David			22	Wahoo MSC-CG	2:30.00	NS	

**Event 6 Men 25-29 200 SC Meter Backstroke**

<b>WORLD record:</b>	1:56.22	W	2006-12-16	STEFAN HERBST	GER			
<b>SAMS record:</b>	2:08.46	S	2011-10-16	Chris King (CT)				
	2:09.62			25-29 SAQT SAMS Colours 2015-16				
1	Venter, Tyron			29	Phoenix MSC-CG	2:30.00	2:26.95	12

**Event 6 Men 45-49 200 SC Meter Backstroke**

<b>WORLD record:</b>	2:05.54	W	2009-12-12	CHRIS STEVENSON	USA			
<b>SAMS record:</b>	2:22.18	S	2012-01-18	Julian Taylor (Dbn)				
	2:19.83			45-49 SAQT SAMS Colours 2015-16				
---	Crowther, Bobbie			46	Wahoo MSC-CG	4:30.00	NS	

**Event 6 Men 50-54 200 SC Meter Backstroke**

<b>WORLD record:</b>	2:11.84	W	2009-12-04	JAMIE FOWLER	USA			
<b>SAMS record:</b>	2:29.09	S	2014-12-14	Julian Taylor (Dbn)	EACS-KZ			
	2:24.11			50-54 SAQT SAMS Colours 2015-16				
1	Taylor, Julian			51	East Coast MSC-KZ	2:30.00	2:26.03 S	12

**Event 6 Men 60-64 200 SC Meter Backstroke**

<b>WORLD record:</b>	2:26.30	W	2014-03-30	PHILIPP DJANG	USA			
<b>SAMS record:</b>	2:34.54	S	2015-08-30	Tim Shead (CT)	CPTW-WP			
	2:42.00			60-64 SAQT SAMS Colours 2015-16				
1	Howieson, Doug			63	Cape Town MSC-WP	3:10.00	3:04.30	12

**Event 6 Men 65-69 200 SC Meter Backstroke**

<b>WORLD record:</b>	2:34.93	W	2014-10-12	ALEK SHESTAKOV	USA			
<b>SAMS record:</b>	3:07.00	S	2011-10-30	Jimmy Hughes (Dbn)				
	2:57.14			65-69 SAQT SAMS Colours 2015-16				
1	Downes, Terry			66	Coelacanth MSC-NT	3:05.00	2:59.86 S	12
2	Maynard, Ali			67	Highway MSC-KZ	NT	3:37.43	10

**Event 6 Men 70-74 200 SC Meter Backstroke**

<b>WORLD record:</b>	2:38.01	W	2013-12-06	RICHARD BURNS	USA			
<b>SAMS record:</b>	3:11.13	S	2013-10-06	Jimmy Hughes (Dbn)	EACS-KZ			
	3:08.84			70-74 SAQT SAMS Colours 2015-16				
1	Hughes, Jimmy			72	East Coast MSC-KZ	3:16.00	3:13.87	12

**Event 6 Men 75-79 200 SC Meter Backstroke**

<b>WORLD record:</b>	2:49.20	W	2009-11-22	BURWELL JONES	USA			
<b>SAMS record:</b>	3:42.72	S	2012-04-15	Jim Saunders (Dbn)				
	3:31.99			75-79 SAQT SAMS Colours 2015-16				
1	Fyfe, Derek			75	Coelacanth MSC-NT	3:50.00	3:31.34 S SAQT	12

**Event 6 Men 80-84 200 SC Meter Backstroke**

<b>WORLD record:</b>	3:10.06	W	2003-05-25	KEIJIRO NAKAMURA	JPN			
<b>SAMS record:</b>	4:16.69	S	1995	G May (Dbn)				
	4:07.62			80-84 SAQT SAMS Colours 2015-16				
---	Hanna, Ken			80	Wahoo MSC-CG	7:59.00	NS	

**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****Event 7 Women 19-24 50 SC Meter Freestyle****WORLD record: 0.01 W 2000 Invalid FINA age group****SAMS record: 27.84 S 2008-12-14 Cindy Botha (Dbn)****26.49 19-24 SAQT SAMS Colours 2015-16**

1	Homveld, Alexis	23	Phoenix MSC-CG	34.50	33.96	12
2	Robson, Ashleigh	20	Waterborn SC - Masters-CG	36.00	34.85	10

**Event 7 Women 25-29 50 SC Meter Freestyle****WORLD record: 25.42 W 2006-03-12 SUMIKA KOMATSU****JPN****SAMS record: 26.47 S 2014-10-25 Elzanne Werth (Jhb)****PHOE-CG****26.49 25-29 SAQT SAMS Colours 2015-16**

1	Wolmarans, Lezandre	28	Cape Town MSC-WP	31.00	28.43	12
---	Verryn, Sandra	27	Coelacanth MSC-NT	31.50	NS	

**Event 7 Women 30-34 50 SC Meter Freestyle****WORLD record: 25.17 W 2014-11-29 S.KNIAGININA****RUS****SAMS record: 27.63 S 2012-11-24 Andrea Landau (Jhb)****26.94 30-34 SAQT SAMS Colours 2015-16**

1	Victor, Thilde	33	Victor Aquantum SC - Masters-ES	27.81	27.63 S	12
2	Boulter, Hasina	31	Waterborn SC - Masters-CG	36.00	35.04	10
3	Mazor, Cindy-Leigh	32	Wahoo MSC-CG	45.00	37.28	8
4	Candy, Nikki	33	Wahoo MSC-CG	40.00	37.91	7

**Event 7 Women 35-39 50 SC Meter Freestyle****WORLD record: 25.10 W 2006-12-03 DARA TORRES****USA****SAMS record: 27.25 S 2004-10-31 Edith Ottermann (Jhb)****27.47 35-39 SAQT SAMS Colours 2015-16**

1	Gous, Tracy	39	Aquabear SC - Masters-EP	29.00	29.22	12
2	Cadiz, Perry	39	Cape Town MSC-WP	29.00	29.30	10
3	Saporta, Antonelle	35	Aquabear SC - Masters-EP	30.00	30.37	8
4	Marr, Tracey	35	Cape Dolphins MSC-WP	26.00	30.63	7
5	White, Simone	35	Cape Town MSC-WP	32.00	31.85	6
6	Calldo, Martie	36	Coelacanth MSC-NT	40.00	42.77	5
7	Jacobs, Sharon	35	Coelacanth MSC-NT	40.00	43.86	4

**Event 7 Women 40-44 50 SC Meter Freestyle****WORLD record: 26.02 W 2014-12-14 ERIKA BRAUN****USA****SAMS record: 26.67 S 2007-10-28 Edith Ottermann (Jhb)****27.69 40-44 SAQT SAMS Colours 2015-16**

1	Ralfe, Sally	42	Highway MSC-KZ	30.46	30.09	12
2	Engela, Norelle	43	Cape Town MSC-WP	29.80	30.51	10
3	Russell, Mia	40	Cape Dolphins MSC-WP	35.00	31.18	8
4	Young, Margie	41	Aquabear SC - Masters-EP	32.00	33.97	7
5	Struwig, Nicky	43	Coelacanth MSC-NT	40.00	36.99	6
6	Naude, Nina	42	Wahoo MSC-CG	33.00	37.06	5

**Event 7 Women 45-49 50 SC Meter Freestyle****WORLD record: 26.37 W 2013-05-18 M.THERESE FUZZATI****FRA****SAMS record: 26.59 S 2011-04-14 Edith Ottermann (CT)****28.06 45-49 SAQT SAMS Colours 2015-16**

1	Fraatz, Barbara	49	Coelacanth MSC-NT	30.00	30.53	12
2	Tarr, Nola	47	Waterborn SC - Masters-CG	38.60	38.86	10
3	Homveld, Jade	49	Phoenix MSC-CG	36.00	42.03	8
---	Carey, Kim	46	Cape Town MSC-WP	33.00	DQ	
---	Galassi, Adua	46	Waterborn SC - Masters-CG	45.00	NS	

**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****Event 7 Women 50-54 50 SC Meter Freestyle**

**WORLD record:** 26.27 W 2015-03-27 **M.THERESE FUZZATI** FRA  
**SAMS record:** 30.27 S 2011-07-28 **Cecilia Stanford (CT)**  
 29.23 50-54 SAQT SAMS Colours 2015-16

1	Verryn, Sabine	54	Coelacanth MSC-NT	31.50	31.23	12
2	Stanford, Cecilia	54	Cape Town MSC-WP	31.00	31.48	10
3	Lee, Les	51	Aquabear SC - Masters-EP	38.00	35.28	8
4	Welgemoed, Janine	54	Cape Town MSC-WP	38.00	35.54	7
5	de Klerk, Mariette	51	Wahoo MSC-CG	37.00	38.50	6

**Event 7 Women 55-59 50 SC Meter Freestyle**

**WORLD record:** 27.91 W 2015-05-17 **SARAH MACDONALD** CAN  
**SAMS record:** 31.11 S 2011-10-16 **Diane Coetzee (CT)**  
 30.70 55-59 SAQT SAMS Colours 2015-16

1	Reen, Pat	58	Aquabear SC - Masters-EP	33.00	33.50	12
2	Harrison, Peta	55	Highway MSC-KZ	42.00	39.42	10
3	Keating, Deborah	57	Waterborn SC - Masters-CG	50.00	42.90	8
4	Rode, Dawn	57	Highway MSC-KZ	NT	43.50	7
5	Vorster, Merryll	59	Wahoo MSC-CG	47.00	46.26	6
6	Robinson, Sue	58	Highway MSC-KZ	NT	47.46	5
7	Heymans, Maretha	59	Highway MSC-KZ	52.00	49.71	4

**Event 7 Women 60-64 50 SC Meter Freestyle**

**WORLD record:** 29.23 W 2013-12-07 **LAURA VAL** USA  
**SAMS record:** 31.03 S 2011-04-14 **Sanderina Kruger (CT)**  
 32.17 60-64 SAQT SAMS Colours 2015-16

1	Coetzee, Diane	60	Cape Town MSC-WP	32.00	31.63	SAQT 12
2	Thatcher, Annette	63	Highway MSC-KZ	34.00	33.66	10
3	Rollnick, Marissa	64	Phoenix MSC-CG	35.00	35.31	8
4	Sharkey, Therese	60	Winlands MSC-WP	36.00	37.28	7
5	Bailey, Colleen	61	East Coast MSC-KZ	NT	40.36	6
6	Griffiths, Bronwen	61	Highway MSC-KZ	49.68	47.65	5

**Event 7 Women 65-69 50 SC Meter Freestyle**

**WORLD record:** 31.64 W 2014-10-19 **SANDERINA KRUGER** RSA  
**SAMS record:** 31.22 S 2015-08-30 **Sanderina Kruger (CT)** CPTW-WP  
 33.96 65-69 SAQT SAMS Colours 2015-16

1	Clark, Rosemary	67	East Coast MSC-KZ	42.00	41.40	12
2	Sandri, Angelika	65	Coelacanth MSC-NT	42.37	42.04	10
3	McLaren, Isabel	66	Coelacanth MSC-NT	47.00	46.56	8
4	Fyfe, Joyce	68	Coelacanth MSC-NT	48.00	46.73	7
5	Ferreira, Mercia	66	Wahoo MSC-CG	47.32	47.25	6
6	Gray, Ann	67	Highway MSC-KZ	53.00	54.06	5

**Event 7 Women 70-74 50 SC Meter Freestyle**

**WORLD record:** 33.34 W 2010-11-27 **CHRISTEL SCHULZ** GER  
**SAMS record:** 39.40 S 2014-10-19 **Lenchen Zundorf (Stb)** CPTW-wp  
 37.48 70-74 SAQT SAMS Colours 2015-16

1	Craig, Elsa	70	Bay Eagle Swim Team - Masters-EP	38.00	40.00	12
2	Angelos, Merle	70	East Coast MSC-KZ	NT	48.39	10
3	Burger, Rita	70	Coelacanth MSC-NT	NT	51.20	8

**Event 7 Women 80-84 50 SC Meter Freestyle**

**WORLD record:** 37.67 W 2011-06-25 **JANE ASHER** GBR  
**SAMS record:** 1:09.68 S 2015-01-18 **Wendy Saunders (Dbn)** EACS-KZ  
 46.54 80-84 SAQT SAMS Colours 2015-16

1	Saunders, Wendy	80	East Coast MSC-KZ	1:12.59	1:11.10	12
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**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****Event 7 Men 19-24 50 SC Meter Freestyle**

<b>WORLD record:</b>	<b>0.01</b>	<b>W</b>	<b>2000</b>	<b>Invalid FINA age group</b>				
<b>SAMS record:</b>	<b>24.93</b>	<b>S</b>	<b>2013-08-17</b>	<b>Justin Nicklin (Jhb)</b>		<b>AQUA-CG</b>		
	<b>23.02</b>		<b>19-24 SAQT SAMS Colours 2015-16</b>					
1	Roomaney, Karl		24	Quick Silver Sw Ac - Masters-WP	29.02	29.58		12
---	Vogel, Carl		22	Cape Town MSC-WP	26.00	NS		
---	Hadlow, David		22	Wahoo MSC-CG	27.00	NS		

**Event 7 Men 25-29 50 SC Meter Freestyle**

<b>WORLD record:</b>	<b>21.37</b>	<b>W</b>	<b>2014-11-15</b>	<b>CESAR CIELO</b>		<b>USA</b>		
<b>SAMS record:</b>	<b>23.61</b>	<b>S</b>	<b>2011-10-16</b>	<b>Chris King (CT)</b>				
	<b>23.02</b>		<b>25-29 SAQT SAMS Colours 2015-16</b>					
1	Tlhakuli, Quincy		29	Coelacanth MSC-NT	30.00	30.29		12

**Event 7 Men 30-34 50 SC Meter Freestyle**

<b>WORLD record:</b>	<b>21.98</b>	<b>W</b>	<b>2011-10-29</b>	<b>NICHOLAS BRUNELLI</b>		<b>USA</b>		
<b>SAMS record:</b>	<b>23.79</b>	<b>S</b>	<b>2005-10-23</b>	<b>Andrew Biram (Jhb)</b>				
	<b>23.45</b>		<b>30-34 SAQT SAMS Colours 2015-16</b>					
1	Manelli, Leonardo		33	Cape Town MSC-WP	31.00	30.63		12

**Event 7 Men 35-39 50 SC Meter Freestyle**

<b>WORLD record:</b>	<b>21.53</b>	<b>W</b>	<b>2007-10-27</b>	<b>MARK FOSTER</b>		<b>GBR</b>		
<b>SAMS record:</b>	<b>22.48</b>	<b>S</b>	<b>2014-10-19</b>	<b>Ryk Neethling (Stb)</b>		<b>CPTW-WP</b>		
	<b>23.89</b>		<b>35-39 SAQT SAMS Colours 2015-16</b>					
1	Reen, Bradley		39	Aquabear SC - Masters-EP	23.90	25.12		12
2	Richards, Jay		38	Cape Town MSC-WP	26.00	26.02		10
3	Erasmus, Jaco		37	Wahoo MSC-CG	27.00	26.19		8
4	Steenkamp, Neil		38	Cape Town MSC-WP	28.00	28.36		7
5	Ross, Neil		36	Coelacanth MSC-NT	35.00	34.28		6

**Event 7 Men 40-44 50 SC Meter Freestyle**

<b>WORLD record:</b>	<b>23.06</b>	<b>W</b>	<b>2009-12-06</b>	<b>M.GIALDI</b>		<b>ITA</b>		
<b>SAMS record:</b>	<b>25.13</b>	<b>S</b>	<b>2013-10-06</b>	<b>David Letschert (Pmb)</b>				
	<b>24.26</b>		<b>40-44 SAQT SAMS Colours 2015-16</b>					
1	Collins, Stuart		41	Wahoo MSC-CG	29.00	29.23		12
2	Nel, Andre		41	Waterborn SC - Masters-CG	1:00.00	30.71		10
3	Serfontein, Barry		42	Aquabear SC - Masters-EP	31.16	31.20		8
4	Frappier, Ulrich		43	Cape Dolphins MSC-WP	38.03	39.34		7
---	van Heerden, Jac		40	Waterborn SC - Masters-CG	29.00	NS		

**Event 7 Men 45-49 50 SC Meter Freestyle**

<b>WORLD record:</b>	<b>23.54</b>	<b>W</b>	<b>2014-11-29</b>	<b>VLADIMIR PREDKIN</b>		<b>RUS</b>		
<b>SAMS record:</b>	<b>24.90</b>	<b>S</b>	<b>2011-10-16</b>	<b>Bryan Tatterson (Orl)</b>				
	<b>24.51</b>		<b>45-49 SAQT SAMS Colours 2015-16</b>					
1	Kruger, Harald		48	Cape Town MSC-WP	25.27	25.93		12
2	McLeRoth, Greg		48	Cape Town MSC-WP	26.70	26.76		10
3	du Plessis, Trevor		45	East Coast MSC-KZ	28.20	28.13		8
4	Bradshaw, Gary		46	Waterborn SC - Masters-CG	28.00	28.21		7
5	de Wet, Danie		46	Coelacanth MSC-NT	35.00	30.33		6
6	Crowther, Bobbie		46	Wahoo MSC-CG	33.00	31.64		5
7	Carstens, Frederik		45	Coelacanth MSC-NT	33.00	31.68		4
8	Moore, Sidrick		46	Mandeville Dolphins SC - Mast-CG	32.00	31.69		3
9	Thomas, Ralph		49	Quick Silver Sw Ac - Masters-WP	32.00	32.69		2
10	Harris, Mark		46	Phoenix MSC-CG	34.44	33.40		1
11	du Toit, Francois		48	Coelacanth MSC-NT	35.00	33.84		
---	Duffy, PJ		45	Aquabear SC - Masters-EP	29.00	NS		

**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****Event 7 Men 50-54 50 SC Meter Freestyle**

**WORLD record:** 23.38 W 2009-10-18 **ROWDY GAINES** USA  
**SAMS record:** 24.99 S 2014-10-19 **Calvin Maughan (Stb)** CPTW-WP  
**25.45 50-54 SAQT SAMS Colours 2015-16**

1	Ruck, Harald	50	Coelacanth MSC-NT	26.00	25.96	12
2	Orton, Nick	52	Cape Town MSC-WP	29.00	28.66	10
3	Young, Roger	51	Coelacanth MSC-NT	31.00	29.49	8
4	Allner, Anton	50	Phoenix MSC-CG	29.80	30.78	7
5	de Beer, David	53	Coelacanth MSC-NT	45.00	35.50	6

**Event 7 Men 55-59 50 SC Meter Freestyle**

**WORLD record:** 24.70 W 2006-04-01 **PAUL TREVISAN** USA  
**SAMS record:** 26.19 S 2012-07-14 **Andre Steynberg (Jhb)**  
**26.33 55-59 SAQT SAMS Colours 2015-16**

1	Kohler, Quirin	56	Phoenix MSC-CG	28.50	28.32	12
2	Morgan, Trevor	56	Coelacanth MSC-NT	30.00	29.07	10
3	Hendricks, Nigel	57	Cape Town MSC-WP	29.50	29.18	8
4	Knight, Andrew	58	Cape Town MSC-WP	30.00	29.80	7
5	Morris, Derek	58	East Coast MSC-KZ	35.00	30.88	6
6	Stonestreet, Mark	55	Wahoo MSC-CG	35.00	31.36	5
7	Steyn, Glenn	55	Cape Town MSC-WP	32.00	32.29	4
*8	Needham, Allen	59	Waterborn SC - Masters-CG	34.00	32.36	2.50
*8	Baker, Raymond	57	Highway MSC-KZ	33.00	32.36	2.50
10	Holshausen, Rod	57	Cape Town MSC-WP	31.00	32.72	1
11	Slabbert, Stanford	57	Bay Eagle Swim Team - Masters-EP	1:00.00	45.37	

**Event 7 Men 60-64 50 SC Meter Freestyle**

**WORLD record:** 24.90 W 2006-12-03 **RICH ABRAHAMS** USA  
**SAMS record:** 27.63 S 2009-05-16 **Terry Downes (Jhb)**  
**27.03 60-64 SAQT SAMS Colours 2015-16**

1	Roothman, Andre	61	Cape Town MSC-WP	29.00	28.91	12
2	Spies, Izak	61	Cape Dolphins MSC-WP	30.00	29.90	10
3	Winfield, Mike	60	Cape Town MSC-WP	29.00	30.14	8

**Event 7 Men 65-69 50 SC Meter Freestyle**

**WORLD record:** 25.62 W 2012-10-14 **RICHARD ABRAHAMS** USA  
**SAMS record:** 29.22 S 2014-06-21 **Terry Downes (Jhb)** COEL-NT  
**28.50 65-69 SAQT SAMS Colours 2015-16**

1	Downes, Terry	66	Coelacanth MSC-NT	29.00	30.41	12
2	Van Rooijen, Gerhard	65	East Coast MSC-KZ	31.10	31.53	10
3	Eddy, Clive	69	Coelacanth MSC-NT	NT	34.63	8
4	Larcombe, Peter	68	East Coast MSC-KZ	34.00	35.28	7
5	Maynard, Ali	67	Highway MSC-KZ	NT	35.36	6
6	Bolstridge, Mike	66	East Coast MSC-KZ	NT	36.52	5
7	Burger, Francois	66	Coelacanth MSC-NT	NT	37.93	4
8	Robinson, Graham	66	East Coast MSC-KZ	37.00	38.49	3
9	Hind, Tony	66	East Coast MSC-KZ	36.00	38.69	2

**Event 7 Men 70-74 50 SC Meter Freestyle**

**WORLD record:** 26.92 W 2015-05-16 **RICHARD ABRAHAMS** USA  
**SAMS record:** 32.41 S 2010-10-24 **Gary Freeling (CT)**  
**30.45 70-74 SAQT SAMS Colours 2015-16**

1	Stieger, Des	72	East Coast MSC-KZ	35.00	33.91	12
2	Hughes, Jimmy	72	East Coast MSC-KZ	34.00	34.83	10
3	Saunders, Brian	72	Aquabear SC - Masters-EP	38.00	36.97	8
4	Jennings, Ross	70	Coelacanth MSC-NT	1:05.00	47.28	7

**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****Event 7 Men 75-79 50 SC Meter Freestyle**

**WORLD record:** 30.15 W 2009-04-19 DAVID RADCLIFF USA  
**SAMS record:** 36.85 S 2011-10-30 Mike Cameron (Dbn)  
 32.86 75-79 SAQT SAMS Colours 2015-16

1	Fyfe, Derek	75	Coelacanth MSC-NT	35.00	36.16	S	12
2	Saunders, Jim	78	East Coast MSC-KZ	42.00	43.63		10
3	Wolpe, Russel	78	Phoenix MSC-CG	50.00	48.07		8

**Event 7 Men 80-84 50 SC Meter Freestyle**

**WORLD record:** 32.14 W 2013-02-09 ROBERTO ALBERICHE ESP  
**SAMS record:** 38.31 S 4-2003 Renato Selati (Dbn)  
 36.51 80-84 SAQT SAMS Colours 2015-16

1	Hutchings, Peter	80	Wahoo MSC-CG	52.00	50.26		12
---	Hanna, Ken	80	Wahoo MSC-CG	1:36.00	NS		

**Event 8 Women 35-39 100 SC Meter Breaststroke**

**WORLD record:** 1:09.20 W 2012-04-29 HITOMI MATSUDA JPN  
**SAMS record:** 1:20.03 S 2005-08-21 Heather Morris-Eyton (CT)  
 1:16.55 35-39 SAQT SAMS Colours 2015-16

1	Calldo, Martie	36	Coelacanth MSC-NT	1:50.00	1:55.54		12
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**Event 8 Women 40-44 100 SC Meter Breaststroke**

**WORLD record:** 1:10.55 W 2007-12-02 S.VON DER LIPPE USA  
**SAMS record:** 1:15.66 S 2008-10-25 Heather Morris-Eyton (Jhb)  
 1:18.52 40-44 SAQT SAMS Colours 2015-16

1	Amner, Claire	41	Cape Town MSC-WP	1:26.50	1:28.17		12
2	Ralfe, Sally	42	Highway MSC-KZ	1:35.00	1:29.34		10
3	van Breda, Bridget	40	Cape Town MSC-WP	1:28.00	1:29.40		8
4	Young, Margie	41	Aquabear SC - Masters-EP	1:45.00	1:41.28		7
5	Naude, Nina	42	Wahoo MSC-CG	1:41.00	1:42.10		6

**Event 8 Women 45-49 100 SC Meter Breaststroke**

**WORLD record:** 1:12.64 W 2013-03-16 ANNA HAMMER SWE  
**SAMS record:** 1:22.17 S 7-2006 Cecilia Stanford (CT)  
 1:20.60 45-49 SAQT SAMS Colours 2015-16

1	Cook, Wendy	45	East Coast MSC-KZ	1:32.00	1:27.33		12
2	Hector, Andrea	45	Waterborn SC - Masters-CG	1:35.00	1:27.75		10
3	Bihl, Kate	45	Cape Town MSC-WP	1:33.00	1:31.73		8

**Event 8 Women 50-54 100 SC Meter Breaststroke**

**WORLD record:** 1:15.02 W 2015-03-21 UTE HASSE ESP  
**SAMS record:** 1:26.95 S 2012-11-17 Cecilia Stanford (CT)  
 1:22.75 50-54 SAQT SAMS Colours 2015-16

1	Dressler, Annemarie	51	Coelacanth MSC-NT	1:27.00	1:27.48		12
2	Schiever, Joan	54	Highway MSC-KZ	2:00.00	1:44.67		10
3	Smith, Ruth	51	Waterborn SC - Masters-CG	1:50.00	1:46.43		8
---	Verryn, Sabine	54	Coelacanth MSC-NT	1:39.00	NS		
---	Callanan, Lynne	50	Phoenix MSC-CG	1:45.00	NS		

**Event 8 Women 55-59 100 SC Meter Breaststroke**

**WORLD record:** 1:18.45 W 2013-05-11 JENNY WHITELEY AUS  
**SAMS record:** 1:30.36 S 2014-09-21 Gail McCarney (Stb) CPTW-WP  
 1:27.53 55-59 SAQT SAMS Colours 2015-16

1	Bloxham, Michelle	55	East Coast MSC-KZ	1:38.00	1:47.06		12
2	Alder, Elaine	58	Wahoo MSC-CG	1:55.00	1:50.98		10
3	Russell, Claire	59	Highway MSC-KZ	1:49.00	1:52.11		8
4	Goldstein, Heather	59	Highway MSC-KZ	1:55.00	1:53.13		7
5	Heymans, Maretha	59	Highway MSC-KZ	2:05.00	2:00.42		6

**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****(Event 8 Women 55-59 100 SC Meter Breaststroke)**

6	Vorster, Merryll	59	Wahoo MSC-CG	2:10.00	2:13.82	5
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**Event 8 Women 60-64 100 SC Meter Breaststroke**

<b>WORLD record:</b>	1:26.43	W	2002-10-06	HANNELORE ROSE	GER
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<b>SAMS record:</b>	1:38.47	S	2010-10-24	Bev Shuttleworth (Dbn)
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1:32.84	60-64 SAQT SAMS Colours 2015-16
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1	Reeves, Sandy	61	Cape Dolphins MSC-WP	1:40.00	1:39.62	12
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**Event 8 Women 65-69 100 SC Meter Breaststroke**

<b>WORLD record:</b>	1:28.73	W	2010-01-24	NOBUKO YASUDA	JPN
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<b>SAMS record:</b>	1:42.50	S	2012-04-15	Bev Shuttleworth (Dbn)
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1:39.04	65-69 SAQT SAMS Colours 2015-16
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1	Ireland, Jenny	65	Highway MSC-KZ	NT	1:46.70	12
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2	Shuttleworth, Bev	68	Highway MSC-KZ	1:50.00	1:49.51	10
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3	Sandri, Angelika	65	Coelacanth MSC-NT	1:59.08	1:55.55	8
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4	Godfrey, Colleen	66	Cape Dolphins MSC-WP	2:05.00	2:00.87	7
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5	Hughes, Diane	69	East Coast MSC-KZ	2:50.00	2:48.22	6
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**Event 8 Women 75-79 100 SC Meter Breaststroke**

<b>WORLD record:</b>	1:36.48	W	2010-03-21	SHOKO YONEZAWA	JPN
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<b>SAMS record:</b>	2:50.94	S	11-1996	E Buck (Dbn)
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1:53.70	75-79 SAQT SAMS Colours 2015-16
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1	Hanson, Ann	77	Coelacanth MSC-NT	3:20.00	2:55.06	12
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**Event 8 Women 80-84 100 SC Meter Breaststroke**

<b>WORLD record:</b>	1:46.58	W	2015-02-08	SHOKO YONEZAWA	JPN
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<b>SAMS record:</b>	2:59.69	S	4-1999	E Buck (Dbn)
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2:18.84	80-84 SAQT SAMS Colours 2015-16
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1	Saunders, Wendy	80	East Coast MSC-KZ	3:01.00	3:57.87	12
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**Event 8 Men 30-34 100 SC Meter Breaststroke**

<b>WORLD record:</b>	1:00.72	W	2008-12-13	MARCELO TOMAZINI	BRA
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<b>SAMS record:</b>	1:08.79	S	2005-08-21	Andrew Sexton (CT)
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1:03.92	30-34 SAQT SAMS Colours 2015-16
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1	Joubert, Jacques	32	Cape Town MSC-WP	1:12.00	1:10.39	12
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2	Deyi, Lwazi	34	East Coast MSC-KZ	NT	1:17.36	10
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3	Naidoo, Najen	34	East Coast MSC-KZ	1:45.00	1:28.64	8
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**Event 8 Men 35-39 100 SC Meter Breaststroke**

<b>WORLD record:</b>	1:01.18	W	2013-09-15	RYOSUKE IMAI	JPN
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<b>SAMS record:</b>	1:11.19	S	2010-10-24	Kieren Lawrenson (Dbn)
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1:05.13	35-39 SAQT SAMS Colours 2015-16
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---	Ackermann, Kevin	39	Aquabear SC - Masters-EP	1:25.00	NS
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**Event 8 Men 40-44 100 SC Meter Breaststroke**

<b>WORLD record:</b>	1:01.42	W	2014-12-06	STEVE WEST	USA
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<b>SAMS record:</b>	1:12.69	S	2007-11-17	Johan van der Merwe (CT)
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1:06.20	40-44 SAQT SAMS Colours 2015-16
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1	Nel, Andre	41	Waterborn SC - Masters-CG	2:15.00	1:28.82	12
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2	Barker, Bryan	42	East Coast MSC-KZ	2:00.00	1:43.17	10
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**Event 8 Men 45-49 100 SC Meter Breaststroke**

<b>WORLD record:</b>	1:03.23	W	2015-03-28	NICOLAS GRANGER	FRA
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<b>SAMS record:</b>	1:09.74	S	2010-08-19	Johan van der Merwe (CT)
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1:08.26	45-49 SAQT SAMS Colours 2015-16
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1	Potgieter, Wim	47	Coelacanth MSC-NT	1:22.00	1:21.25	12
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2	vd Westhuizen, Stefan	46	East Coast MSC-KZ	NT	1:25.59	10
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3	Gilbert, Oliver	45	Cape Town MSC-WP	1:28.00	1:29.34	8
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**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****(Event 8 Men 45-49 100 SC Meter Breaststroke)**

4	du Toit, Francois	48	Coelacanth MSC-NT	1:40.00	1:37.84	7
5	Greaves, Gordon	49	Phoenix MSC-CG	1:43.00	1:42.43	6
---	Duffy, PJ	45	Aquabear SC - Masters-EP	1:27.00	NS	
---	Smith, Damian	48	Waterborn SC - Masters-CG	1:50.00	NS	

**Event 8 Men 50-54 100 SC Meter Breaststroke**

**WORLD record:** 1:04.54 W 2013-12-07 DAVID GUTHRIE USA

**SAMS record:** 1:09.88 S 3-2002 T Shead (Syd)

1:10.99 50-54 SAQT SAMS Colours 2015-16

1	Finn, Joel	54	Wahoo MSC-CG	1:20.00	1:20.44	12
2	Uitenweerde, Lourens	51	Coelacanth MSC-NT	1:30.00	1:28.10	10
3	Fechter, Wolfgang	54	Highway MSC-KZ	1:33.73	1:33.77	8
4	Adam, Ansari	54	Highway MSC-KZ	1:35.00	1:34.81	7

**Event 8 Men 55-59 100 SC Meter Breaststroke**

**WORLD record:** 1:08.13 W 2009-09-25 WALTER KUSCH GER

**SAMS record:** 1:10.50 S 2007-01-28 Tim Shead (Mad)

1:14.22 55-59 SAQT SAMS Colours 2015-16

1	Folscher, Danie	57	Cape Town MSC-WP	1:28.00	1:26.72	12
2	Baker, Anthony	59	Highway MSC-KZ	1:29.00	1:33.40	10
3	Foster, Ted	55	East Coast MSC-KZ	1:34.00	1:34.47	8

**Event 8 Men 65-69 100 SC Meter Breaststroke**

**WORLD record:** 1:15.84 W 2012-12-01 ROBERT STRAND USA

**SAMS record:** 1:26.55 S 2014-09-21 Halton Cheadle (Stb) CPTW-WP

1:23.37 65-69 SAQT SAMS Colours 2015-16

1	van Heerden, Carel	65	Wahoo MSC-CG	1:36.00	1:42.93	12
2	Hind, Tony	66	East Coast MSC-KZ	1:50.00	1:51.83	10

**Event 8 Men 70-74 100 SC Meter Breaststroke**

**WORLD record:** 1:21.41 W 2013-08-24 DAVID GILDEA USA

**SAMS record:** 1:41.60 S 2010-04-15 Dave McLachlan (CT)

1:28.84 70-74 SAQT SAMS Colours 2015-16

1	Phielix, Huibert	73	Highway MSC-KZ	1:50.00	1:58.01	12
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**Event 8 Men 75-79 100 SC Meter Breaststroke**

**WORLD record:** 1:26.76 W 2011-03-19 HANS REICHELT GER

**SAMS record:** 1:47.23 S 2013-10-20 Dave McLachlan (Stb)

1:37.18 75-79 SAQT SAMS Colours 2015-16

1	McLachlan, Dave	78	Cape Town MSC-WP	1:48.00	1:53.90	12
2	Cordell, Bill	78	East Coast MSC-KZ	2:10.00	2:11.23	10

**Event 8 Men 80-84 100 SC Meter Breaststroke**

**WORLD record:** 1:35.96 W 2008-09-14 ZENJI NAKAHARI JPN

**SAMS record:** 2:15.87 S 1995 G May (Dbn)

1:48.05 80-84 SAQT SAMS Colours 2015-16

1	Theron, Sarel	81	Coelacanth MSC-NT	2:50.00	3:01.47	12
---	Schlapobersky, Ivan	82	Phoenix MSC-CG	1:50.00	NS	

**Event 9 Women 19-24 50 SC Meter Butterfly**

**WORLD record:** 0.01 W 2000 Invalid FINA age group

**SAMS record:** 30.75 S 9-2004 Monique Beetge (Dbn)

28.86 19-24 SAQT SAMS Colours 2015-16

1	Homveld, Alexis	23	Phoenix MSC-CG	42.00	40.46	12
2	Newman, Rebecca	23	Bay Eagle Swim Team - Masters-EP	39.00	40.97	10



**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****Event 9 Women 25-29 50 SC Meter Butterfly**

<b>WORLD record:</b>	<b>27.08</b>	<b>W</b>	<b>2014-08-31</b>	<b>NADINE JONES</b>	<b>AUS</b>			
<b>SAMS record:</b>	<b>27.42</b>	<b>S</b>	<b>2014-10-25</b>	<b>Elzanne Werth (Jhb)</b>	<b>PHOE-CG</b>			
	<b>28.86</b>			<b>25-29 SAQT SAMS Colours 2015-16</b>				
1	Wolmarans, Lezandre		28	Cape Town MSC-WP		32.68	31.49	12
2	Steenkamp, Aletta		29	Cape Town MSC-WP		32.00	36.03	10
---	Henderson, Delwen		27	Aquabear SC - Masters-EP		34.00	NS	

**Event 9 Women 30-34 50 SC Meter Butterfly**

<b>WORLD record:</b>	<b>27.08</b>	<b>W</b>	<b>2014-11-28</b>	<b>S.KNIAGININA</b>	<b>RUS</b>			
<b>SAMS record:</b>	<b>30.86</b>	<b>S</b>	<b>8-1997</b>	<b>W Daniel (Dbn)</b>				
	<b>29.03</b>			<b>30-34 SAQT SAMS Colours 2015-16</b>				
1	Victor, Thilde		33	Victor Aquantum SC - Masters-ES		30.00	30.67 S	12
2	Boulter, Hasina		31	Waterborn SC - Masters-CG		37.00	36.41	10
3	Mazor, Cindy-Leigh		32	Wahoo MSC-CG		45.00	43.32	8

**Event 9 Women 35-39 50 SC Meter Butterfly**

<b>WORLD record:</b>	<b>28.28</b>	<b>W</b>	<b>2012-12-08</b>	<b>R.CRESCENTINI</b>	<b>ITA</b>			
<b>SAMS record:</b>	<b>29.69</b>	<b>S</b>	<b>2009-10-24</b>	<b>Rachelle Isakov (Jhb)</b>				
	<b>29.62</b>			<b>35-39 SAQT SAMS Colours 2015-16</b>				
1	Saporta, Antonelle		35	Aquabear SC - Masters-EP		32.00	32.44	12
2	Gous, Tracy		39	Aquabear SC - Masters-EP		32.00	32.51	10
---	Cadiz, Perry		39	Cape Town MSC-WP		34.00	NS	

**Event 9 Women 40-44 50 SC Meter Butterfly**

<b>WORLD record:</b>	<b>28.19</b>	<b>W</b>	<b>2013-03-16</b>	<b>ERIKA BRAUN</b>	<b>USA</b>			
<b>SAMS record:</b>	<b>29.07</b>	<b>S</b>	<b>2009-10-24</b>	<b>Edith Ottermann (Jhb)</b>				
	<b>30.37</b>			<b>40-44 SAQT SAMS Colours 2015-16</b>				
1	Russell, Mia		40	Cape Dolphins MSC-WP		35.00	34.80	12
2	Struwig, Nicky		43	Coelacanth MSC-NT		50.00	44.04	10

**Event 9 Women 45-49 50 SC Meter Butterfly**

<b>WORLD record:</b>	<b>28.84</b>	<b>W</b>	<b>2010-10-10</b>	<b>S.VON DER LIPPE</b>	<b>USA</b>			
<b>SAMS record:</b>	<b>29.37</b>	<b>S</b>	<b>2011-04-14</b>	<b>Edith Ottermann (CT)</b>				
	<b>30.65</b>			<b>45-49 SAQT SAMS Colours 2015-16</b>				
1	Fraatz, Barbara		49	Coelacanth MSC-NT		34.00	35.26	12
2	Adam, Wendy		46	Wahoo MSC-CG		40.00	35.67	10
3	Homveld, Jade		49	Phoenix MSC-CG		45.00	46.85	8
---	Kennedy, Karen		49	Phoenix MSC-CG		38.00	NS	

**Event 9 Women 50-54 50 SC Meter Butterfly**

<b>WORLD record:</b>	<b>29.25</b>	<b>W</b>	<b>2013-03-16</b>	<b>LESLIE LIVINGSTON</b>	<b>USA</b>			
<b>SAMS record:</b>	<b>32.42</b>	<b>S</b>	<b>2011-07-28</b>	<b>Cecilia Stanford (CT)</b>				
	<b>31.84</b>			<b>50-54 SAQT SAMS Colours 2015-16</b>				
1	Lee, Les		51	Aquabear SC - Masters-EP		38.00	41.24	12
---	de Klerk, Mariette		51	Wahoo MSC-CG		40.50	NS	
---	Welgemoed, Janine		54	Cape Town MSC-WP		50.00	NS	
---	Verryn, Sabine		54	Coelacanth MSC-NT		37.00	NS	

**Event 9 Women 55-59 50 SC Meter Butterfly**

<b>WORLD record:</b>	<b>31.13</b>	<b>W</b>	<b>2013-12-07</b>	<b>TRACI GRANGER</b>	<b>USA</b>			
<b>SAMS record:</b>	<b>34.35</b>	<b>S</b>	<b>2015-07-11</b>	<b>Kim Foster (Jhb)</b>	<b>COEL-NT</b>			
	<b>34.08</b>			<b>55-59 SAQT SAMS Colours 2015-16</b>				
1	Foster, Kim		56	Coelacanth MSC-NT		35.00	35.24	12
2	Degenaar, Jean		55	Cape Town MSC-WP		35.00	35.55	10
3	Reen, Pat		58	Aquabear SC - Masters-EP		38.00	37.85	8
4	Goldstein, Heather		59	Highway MSC-KZ		55.00	54.25	7

**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****Event 9 Women 60-64 50 SC Meter Butterfly**

**WORLD record:** 32.42 W 2013-10-06 LAURA VAL USA

**SAMS record:** 37.90 S 2009-10-18 Sanderina Kruger (CT)

36.34 60-64 SAQT SAMS Colours 2015-16

1 Bailey, Colleen 61 East Coast MSC-KZ NT 50.14 12

**Event 9 Women 65-69 50 SC Meter Butterfly**

**WORLD record:** 33.82 W 2015-02-15 CHARLOTTE DAVIS USA

**SAMS record:** 43.03 S 2011-09-24 Elsa Craig (PE)

39.30 65-69 SAQT SAMS Colours 2015-16

1 Clark, Rosemary 67 East Coast MSC-KZ 1:02.00 53.62 12

2 Gray, Ann 67 Highway MSC-KZ 1:20.00 1:17.99 10

**Event 9 Women 70-74 50 SC Meter Butterfly**

**WORLD record:** 36.10 W 2015-03-26 JUDY WILSON FRA

**SAMS record:** 55.22 S 2012-04-15 Gill Tregenna (Dbn)

44.58 70-74 SAQT SAMS Colours 2015-16

1 Craig, Elsa 70 Bay Eagle Swim Team - Masters-EP 42.00 41.96 S SAQT 12

**Event 9 Men 25-29 50 SC Meter Butterfly**

**WORLD record:** 23.53 W 2013-11-24 DARIAN TOWNSEND USA

**SAMS record:** 26.77 S 2007-10-14 Ryan Spencer (Pmb)

24.83 25-29 SAQT SAMS Colours 2015-16

1 Venter, Tyron 29 Phoenix MSC-CG 28.00 27.84 12

2 Tlhakuli, Quincy 29 Coelacanth MSC-NT 33.00 33.81 10

**Event 9 Men 35-39 50 SC Meter Butterfly**

**WORLD record:** 23.72 W 2011-03-20 LARS FROLANDER SWE

**SAMS record:** 27.36 S 2014-10-19 Jay Richards (Stb) CPTW-WP

25.70 35-39 SAQT SAMS Colours 2015-16

1 Richards, Jay 38 Cape Town MSC-WP 27.00 28.56 12

2 Steenkamp, Neil 38 Cape Town MSC-WP 30.00 32.60 10

--- Erasmus, Jaco 37 Wahoo MSC-CG 31.00 NS

**Event 9 Men 40-44 50 SC Meter Butterfly**

**WORLD record:** 24.14 W 2014-03-16 LARS FROLANDER SWE

**SAMS record:** 27.91 S 2013-09-15 David Letschert (Dbn) EACS-KZ

26.30 40-44 SAQT SAMS Colours 2015-16

1 Collins, Stuart 41 Wahoo MSC-CG 32.00 31.91 12

2 Serfontein, Barry 42 Aquabear SC - Masters-EP 31.53 32.95 10

3 Richard, Shayne 42 East Coast MSC-KZ 37.00 35.54 8

4 Barker, Bryan 42 East Coast MSC-KZ 1:00.00 41.02 7

5 Frappier, Ulrich 43 Cape Dolphins MSC-WP 50.34 49.34 6

**Event 9 Men 45-49 50 SC Meter Butterfly**

**WORLD record:** 25.58 W 2013-03-17 JAN KARLSSON SWE

**SAMS record:** 27.25 S 2011-10-16 Bryan Tatterson (Orl)

26.80 45-49 SAQT SAMS Colours 2015-16

1 Kahn, Greg 45 Aquabear SC - Masters-EP 28.00 28.28 12

2 Bradshaw, Gary 46 Waterborn SC - Masters-CG 31.00 30.45 10

3 du Plessis, Trevor 45 East Coast MSC-KZ 31.50 31.19 8

4 de Wet, Danie 46 Coelacanth MSC-NT 35.00 33.02 7

5 Thomas, Ralph 49 Quick Silver Sw Ac - Masters-WP 36.00 36.34 6

**Event 9 Men 50-54 50 SC Meter Butterfly**

**WORLD record:** 25.49 W 2009-05-16 DAN THOMPSON CAN

**SAMS record:** 27.94 S 2014-10-19 Calvin Maughan (Stb) CPTW-WP

27.72 50-54 SAQT SAMS Colours 2015-16

1 Ruck, Harald 50 Coelacanth MSC-NT 28.50 29.08 12

**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****(Event 9 Men 50-54 50 SC Meter Butterfly)**

2	Orton, Nick	52	Cape Town MSC-WP	31.00	31.49	10
3	Taylor, Mark	54	East Coast MSC-KZ	40.00	33.59	8
4	Young, Roger	51	Coelacanth MSC-NT	36.00	33.98	7
5	Allner, Anton	50	Phoenix MSC-CG	36.00	38.55	6

**Event 9 Men 55-59 50 SC Meter Butterfly**

**WORLD record:** 26.45 W 2013-05-18 **DAN THOMPSON** CAN  
**SAMS record:** 28.48 S 2012-10-27 **Andre Steynberg (Jhb)**  
29.00 55-59 SAQT SAMS Colours 2015-16

1	Morgan, Trevor	56	Coelacanth MSC-NT	33.00	31.41	12
2	Kohler, Quirin	56	Phoenix MSC-CG	32.00	32.07	10
3	Needham, Allen	59	Waterborn SC - Masters-CG	35.00	33.93	8
4	Holshausen, Rod	57	Cape Town MSC-WP	32.00	34.26	7
5	Steyn, Glenn	55	Cape Town MSC-WP	40.00	42.47	6

**Event 9 Men 60-64 50 SC Meter Butterfly**

**WORLD record:** 27.53 W 2014-10-25 **DONALD GRAHAM** USA  
**SAMS record:** 30.41 S 2010-09-16 **Halton Cheadle (CT)**  
29.75 60-64 SAQT SAMS Colours 2015-16

--- Reen, Nick 61 Aquabear SC - Masters-EP 34.00 NS

**Event 9 Men 65-69 50 SC Meter Butterfly**

**WORLD record:** 28.91 W 2009-05-30 **JOSEP CLARET** ESP  
**SAMS record:** 32.10 S 2014-09-21 **Halton Cheadle (Stb)** CPTW-WP  
31.18 65-69 SAQT SAMS Colours 2015-16

1	Cheadle, Halton	66	Cape Town MSC-WP	32.00	32.20	12
2	Larcombe, Peter	68	East Coast MSC-KZ	43.00	42.43	10
3	Robinson, Graham	66	East Coast MSC-KZ	43.00	51.28	8
---	van Heerden, Carel	65	Wahoo MSC-CG	47.00	NS	

**Event 9 Men 70-74 50 SC Meter Butterfly**

**WORLD record:** 30.43 W 2015-05-15 **RICHARD ABRAHAMS** USA  
**SAMS record:** 38.18 S 2009-04-01 **Dave McLachlan (CT)**  
33.93 70-74 SAQT SAMS Colours 2015-16

1	Hadenham, Leslie	72	East Coast MSC-KZ	42.00	42.50	12
2	Phielix, Huibert	73	Highway MSC-KZ	50.00	57.50	10

**Event 9 Men 80-84 50 SC Meter Butterfly**

**WORLD record:** 37.77 W 2013-05-12 **TAKASHI HAYASHI** JPN  
**SAMS record:** 1:22.20 S 11-1997 **G May (Dbn)**  
45.21 80-84 SAQT SAMS Colours 2015-16

---	Schlapobersky, Ivan	82	Phoenix MSC-CG	55.00	NS	
---	Hanna, Ken	80	Wahoo MSC-CG	1:39.00	NS	

**Event 10 Women 19-24 100 SC Meter IM**

**WORLD record:** 0.01 W 2000 **Invalid FINA age group**  
**SAMS record:** 1:11.32 S 9-2004 **Monique Beetge (Dbn)**  
1:07.22 19-24 SAQT SAMS Colours 2015-16

1	Newman, Rebecca	23	Bay Eagle Swim Team - Masters-EP	2:00.00	1:29.50	12
2	Homveld, Alexis	23	Phoenix MSC-CG	1:25.00	1:30.04	10

**Event 10 Women 25-29 100 SC Meter IM**

**WORLD record:** 1:02.29 W 2014-06-08 **PETRA CHOCOVA** CZE  
**SAMS record:** 1:08.10 S 9-1999 **M Kriel (CT)**  
1:07.22 25-29 SAQT SAMS Colours 2015-16

1	Wolmarans, Lezandre	28	Cape Town MSC-WP	1:15.00	1:13.29	12
---	Verryn, Sandra	27	Coelacanth MSC-NT	1:18.00	NS	

**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****Event 10 Women 30-34 100 SC Meter IM****WORLD record: 1:02.52 W 2012-10-13 ERIKA ERNDL USA****SAMS record: 1:13.70 S 9-2006 Lucy Barlow (CT)****1:07.03 30-34 SAQT SAMS Colours 2015-16**

1	Victor, Thilde	33	Victor Aquantum SC - Masters-ES	1:15.00	1:13.42 S	12
2	Boulter, Hasina	31	Waterborn SC - Masters-CG	1:42.00	1:27.65	10
3	Mazor, Cindy-Leigh	32	Wahoo MSC-CG	2:10.00	1:31.27	8

**Event 10 Women 35-39 100 SC Meter IM****WORLD record: 1:03.17 W 2012-03-10 HITOMI MATSUDA JPN****SAMS record: 1:10.13 S 2006-10-15 Marianne Kriel (Stb)****1:09.10 35-39 SAQT SAMS Colours 2015-16**

1	Cadiz, Perry	39	Cape Town MSC-WP	1:18.00	1:15.66	12
2	Saporta, Antonelle	35	Aquabear SC - Masters-EP	1:55.00	1:16.77	10
---	Marr, Tracey	35	Cape Dolphins MSC-WP	1:30.00	NS	

**Event 10 Women 40-44 100 SC Meter IM****WORLD record: 1:04.25 W 2008-11-16 S.VON DER LIPPE USA****SAMS record: 1:12.92 S 2008-07-17 Amanda Picard (CT)****1:09.48 40-44 SAQT SAMS Colours 2015-16**

1	van Breda, Bridget	40	Cape Town MSC-WP	1:22.00	1:18.79	12
2	Amner, Claire	41	Cape Town MSC-WP	1:20.00	1:20.20	10
3	Young, Margie	41	Aquabear SC - Masters-EP	1:40.00	1:30.39	8
---	Finlay, Angela	41	Bay Eagle Swim Team - Masters-EP	1:40.00	NS	
---	Russell, Mia	40	Cape Dolphins MSC-WP	1:20.00	NS	

**Event 10 Women 45-49 100 SC Meter IM****WORLD record: 1:05.61 W 2009-02-26 K.PIPES-NEILSEN FRA****SAMS record: 1:13.38 S 2006-10-15 Cecilia Stanford (Stb)****1:11.57 45-49 SAQT SAMS Colours 2015-16**

1	Fraatz, Barbara	49	Coelacanth MSC-NT	1:18.00	1:22.51	12
2	Adam, Wendy	46	Wahoo MSC-CG	2:20.00	1:24.99	10
3	Mallows, Bev	45	Cape Dolphins MSC-WP	1:36.00	1:35.19	8
4	Tarr, Nola	47	Waterborn SC - Masters-CG	1:55.00	1:40.79	7
5	Homveld, Jade	49	Phoenix MSC-CG	1:55.00	1:44.28	6
---	Kennedy, Karen	49	Phoenix MSC-CG	1:30.00	NS	
---	Hector, Andrea	45	Waterborn SC - Masters-CG	1:30.00	NS	

**Event 10 Women 50-54 100 SC Meter IM****WORLD record: 1:08.28 W 2012-03-09 K.PIPES-NEILSEN FRA****SAMS record: 1:11.56 S 2011-04-14 Cecilia Stanford (CT)****1:13.47 50-54 SAQT SAMS Colours 2015-16**

1	Stanford, Cecilia	54	Cape Town MSC-WP	1:19.00	1:17.23	12
2	Dressler, Annemarie	51	Coelacanth MSC-NT	1:20.00	1:21.55	10
3	Welgemoed, Janine	54	Cape Town MSC-WP	1:35.00	1:32.76	8
4	Bridges, Carole	53	Wahoo MSC-CG	2:00.00	1:54.37	7
---	Verryn, Sabine	54	Coelacanth MSC-NT	1:30.00	NS	

**Event 10 Women 55-59 100 SC Meter IM****WORLD record: 1:10.66 W 2013-06-23 JENNY WHITELEY AUS****SAMS record: 1:19.81 S 2015-04-19 Jean Degenaar (CT) CPTW-WP****1:19.34 55-59 SAQT SAMS Colours 2015-16**

1	Alder, Elaine	58	Wahoo MSC-CG	1:45.00	1:41.47	12
2	Goldstein, Heather	59	Highway MSC-KZ	2:04.00	1:59.72	10
3	Vorster, Merryll	59	Wahoo MSC-CG	2:10.00	2:14.68	8
---	Degenaar, Jean	55	Cape Town MSC-WP	1:20.00	NS	

**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****Event 10 Women 60-64 100 SC Meter IM**

<b>WORLD record:</b>	1:15.07	W	2013-10-06	LAURA VAL		USA		
<b>SAMS record:</b>	1:33.06	S	2015-04-12	Annette Thatcher (Dbn)		HIGH-KZ		
	1:25.27			60-64 SAQT SAMS Colours 2015-16				
1	Thatcher, Annette		63	Highway MSC-KZ	1:32.00		1:32.16 S	12
2	Mons, Maureen		64	Phoenix MSC-CG	1:40.00		1:37.94	10
3	Bailey, Colleen		61	East Coast MSC-KZ	NT		1:53.50	8

**Event 10 Women 65-69 100 SC Meter IM**

<b>WORLD record:</b>	1:19.10	W	2015-02-15	CHARLOTTE DAVIS		USA		
<b>SAMS record:</b>	1:37.39	S	2014-09-27	Elsa Craig (PE)		BEST-EP		
	1:30.64			65-69 SAQT SAMS Colours 2015-16				
1	Ireland, Jenny		65	Highway MSC-KZ	NT		1:40.03	12
2	Sandri, Angelika		65	Coelacanth MSC-NT	1:52.00		1:53.42	10
3	Ferreira, Mercia		66	Wahoo MSC-CG	2:05.00		2:03.82	8
4	Hughes, Diane		69	East Coast MSC-KZ	2:40.00		2:40.99	7

**Event 10 Women 70-74 100 SC Meter IM**

<b>WORLD record:</b>	1:24.88	W	2009-10-18	YOSHIKO OSAKI		JPN		
<b>SAMS record:</b>	2:03.94	S	4-1998	L Parrington (Dbn)				
	1:41.24			70-74 SAQT SAMS Colours 2015-16				
1	Craig, Elsa		70	Bay Eagle Swim Team - Masters-EP	1:50.00		1:38.41 S SAQT	12

**Event 10 Men 19-24 100 SC Meter IM**

<b>WORLD record:</b>	0.01	W	2000	Invalid FINA age group				
<b>SAMS record:</b>	1:01.84	S	2012-09-22	Byron Lockett (PE)				
	58.02			19-24 SAQT SAMS Colours 2015-16				
1	Roomaney, Karl		24	Quick Silver Sw Ac - Masters-WP	1:45.00		1:21.47	12
---	Hadlow, David		22	Wahoo MSC-CG	1:05.00		NS	

**Event 10 Men 25-29 100 SC Meter IM**

<b>WORLD record:</b>	53.47	W	2013-11-03	DARIAN TOWNSEND		USA		
<b>SAMS record:</b>	1:02.12	S	2006-01-22	Ryan Spencer (Dbn)				
	58.02			25-29 SAQT SAMS Colours 2015-16				
1	Tlhakuli, Quincy		29	Coelacanth MSC-NT	2:00.00		1:28.11	12

**Event 10 Men 30-34 100 SC Meter IM**

<b>WORLD record:</b>	53.75	W	2014-09-27	DARIAN TOWNSEND		USA		
<b>SAMS record:</b>	1:02.47	S	10-2003	Cliff Lyne (Dbn)				
	59.01			30-34 SAQT SAMS Colours 2015-16				
1	Joubert, Jacques		32	Cape Town MSC-WP	1:06.00		1:05.71	12
2	Naidoo, Najen		34	East Coast MSC-KZ	1:27.00		1:22.75	10

**Event 10 Men 35-39 100 SC Meter IM**

<b>WORLD record:</b>	56.36	W	2012-12-02	GLENN COUNTS		USA		
<b>SAMS record:</b>	1:02.64	S	2012-05-19	Simon Thirsk (Jhb)				
	59.58			35-39 SAQT SAMS Colours 2015-16				
1	Steenkamp, Neil		38	Cape Town MSC-WP	1:20.00		1:31.14	12
---	Erasmus, Jaco		37	Wahoo MSC-CG	1:10.00		NS	

**Event 10 Men 40-44 100 SC Meter IM**

<b>WORLD record:</b>	57.19	W	2014-11-16	JEFF COMMINGS		USA		
<b>SAMS record:</b>	1:04.05	S	2010-10-10	Cliff Lyne (Pmb)				
	1:01.09			40-44 SAQT SAMS Colours 2015-16				
---	van Heerden, Jac		40	Waterborn SC - Masters-CG	1:30.00		NS	

**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****Event 10 Men 45-49 100 SC Meter IM**

**WORLD record:** 57.68 W 2012-03-09 **NICOLAS GRANGER** FRA  
**SAMS record:** 1:05.06 S 9-2005 **Gregg Price (Dbn)**  
 1:01.77 45-49 SAQT SAMS Colours 2015-16

1	Kruger, Harald	48	Cape Town MSC-WP	1:05.75	1:07.93	12
2	McLeRoth, Greg	48	Cape Town MSC-WP	1:10.00	1:09.36	10
3	Bradshaw, Gary	46	Waterborn SC - Masters-CG	1:20.00	1:14.23	8
4	Potgieter, Wim	47	Coelacanth MSC-NT	1:17.00	1:19.79	7
5	de Wet, Danie	46	Coelacanth MSC-NT	1:30.00	1:23.33	6
6	Harris, Mark	46	Phoenix MSC-CG	3:00.00	1:31.27	5
7	Moore, Sidrick	46	Mandeville Dolphins SC - Mast-CG	1:30.00	1:34.07	4
---	Duffy, PJ	45	Aquabear SC - Masters-EP	1:20.00	NS	
---	Kahn, Greg	45	Aquabear SC - Masters-EP	1:07.00	NS	

**Event 10 Men 50-54 100 SC Meter IM**

**WORLD record:** 1:00.96 W 2012-12-08 **DAVID SIMS** USA  
**SAMS record:** 1:03.54 S 3-2002 **T Shead (Syd)**  
 1:04.83 50-54 SAQT SAMS Colours 2015-16

1	Finn, Joel	54	Wahoo MSC-CG	1:15.00	1:14.45	12
2	Taylor, Mark	54	East Coast MSC-KZ	1:20.00	1:18.12	10
3	Young, Roger	51	Coelacanth MSC-NT	1:30.00	1:20.24	8
4	Adam, Ansari	54	Highway MSC-KZ	1:24.00	1:23.75	7
5	Allner, Anton	50	Phoenix MSC-CG	1:25.00	1:32.32	6
6	Fechter, Wolfgang	54	Highway MSC-KZ	1:29.66	1:33.89	5
---	Uitenweerde, Lourens	51	Coelacanth MSC-NT	1:45.00	NS	

**Event 10 Men 55-59 100 SC Meter IM**

**WORLD record:** 1:03.13 W 2015-03-15 **MARCO COLOMBO** ITA  
**SAMS record:** 1:03.53 S 2007-01-26 **Tim Shead (Mad)**  
 1:07.55 55-59 SAQT SAMS Colours 2015-16

1	Kohler, Quirin	56	Phoenix MSC-CG	1:20.00	1:15.56	12
2	Hendricks, Nigel	57	Cape Town MSC-WP	1:19.00	1:18.71	10
3	Folscher, Danie	57	Cape Town MSC-WP	1:23.00	1:20.06	8
4	Holshausen, Rod	57	Cape Town MSC-WP	1:20.00	1:23.48	7
5	Baker, Raymond	57	Highway MSC-KZ	1:26.00	1:25.83	6
6	Baker, Anthony	59	Highway MSC-KZ	1:31.00	1:32.75	5

**Event 10 Men 60-64 100 SC Meter IM**

**WORLD record:** 1:04.23 W 2015-03-21 **RICK COLELLA** USA  
**SAMS record:** 1:09.73 S 2012-11-17 **Tim Shead (CT)**  
 1:11.36 60-64 SAQT SAMS Colours 2015-16

1	Roothman, Andre	61	Cape Town MSC-WP	1:18.00	1:18.43	12
2	Howieson, Doug	63	Cape Town MSC-WP	1:25.00	1:26.09	10
---	Reen, Nick	61	Aquabear SC - Masters-EP	1:37.00	NS	

**Event 10 Men 65-69 100 SC Meter IM**

**WORLD record:** 1:09.90 W 2014-05-18 **HUBIE KERNS** USA  
**SAMS record:** 1:15.71 S 2014-10-19 **Halton Cheadle (Stb)** CPTW-WP  
 1:15.43 65-69 SAQT SAMS Colours 2015-16

1	Maynard, Ali	67	Highway MSC-KZ	NT	1:34.88	12
2	van Heerden, Carel	65	Wahoo MSC-CG	1:45.00	1:44.17	10
---	Cheadle, Halton	66	Cape Town MSC-WP	1:15.00	NS	

**Event 10 Men 70-74 100 SC Meter IM**

**WORLD record:** 1:14.34 W 2015-05-16 **RICHARD ABRAHAMS** USA  
**SAMS record:** 1:28.52 S 2009-04-01 **Dave McLachlan (CT)**  
 1:21.47 70-74 SAQT SAMS Colours 2015-16

1	Hughes, Jimmy	72	East Coast MSC-KZ	1:35.00	1:35.53	12
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**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****(Event 10 Men 70-74 100 SC Meter IM)**

2	Saunders, Brian	72	Aquabear SC - Masters-EP	3:30.00	1:46.40	10
3	Phielix, Huibert	73	Highway MSC-KZ	2:20.00	1:57.98	8

**Event 10 Men 75-79 100 SC Meter IM**

**WORLD record:** 1:18.80 W 2009-12-06 BURWELL JONES USA

**SAMS record:** 1:32.35 S 2012-01-14 David McLachlan (CT)

1:30.45 75-79 SAQT SAMS Colours 2015-16

1	McLachlan, Dave	78	Cape Town MSC-WP	1:40.00	1:42.68	12
2	Cordell, Bill	78	East Coast MSC-KZ	2:20.00	2:05.59	10

**Event 10 Men 80-84 100 SC Meter IM**

**WORLD record:** 1:28.47 W 2015-01-18 GERHARD HOLE GER

**SAMS record:** 2:06.21 S 1995 G May (Dbn)

1:41.85 80-84 SAQT SAMS Colours 2015-16

--- Schlapobersky, Ivan 82 Phoenix MSC-CG 1:57.00 NS

**Event 11 Women 19-24 800 SC Meter Freestyle**

**WORLD record:** 0.01 W 2000 Invalid FINA age group

**SAMS record:** 9:45.87 S 2010-10-17 Tarryn Stanford (CT)

9:41.79 19-24 SAQT SAMS Colours 2015-16

--- Newman, Rebecca 23 Bay Eagle Swim Team - Masters-EP 15:00.00 NS

**Event 11 Women 25-29 800 SC Meter Freestyle**

**WORLD record:** 8:51.18 W 1996-03-31 SHEILA TAORMINA USA

**SAMS record:** 9:48.86 S 2011-10-16 Tarryn Stanford (CT)

9:41.79 25-29 SAQT SAMS Colours 2015-16

1	Stanford, Tarryn	29	Cape Town MSC-WP	10:10.00	10:09.50	12
---	Henderson, Delwen	27	Aquabear SC - Masters-EP	11:30.00	NS	

**Event 11 Women 35-39 800 SC Meter Freestyle**

**WORLD record:** 8:57.28 W 2010-10-08 KIRSTEN CAMERON NZL

**SAMS record:** 9:37.56 S 9-2003 Amanda Picard (CT)

10:03.20 35-39 SAQT SAMS Colours 2015-16

1	White, Simone	35	Cape Town MSC-WP	12:00.00	11:10.41	12
2	Hambloch, Carina	36	East Coast MSC-KZ	12:00.00	11:42.79	10
3	Johnson, Justine	38	Phoenix MSC-CG	12:20.00	13:05.78	8
---	Gous, Tracy	39	Aquabear SC - Masters-EP	11:00.00	NS	

**Event 11 Women 40-44 800 SC Meter Freestyle**

**WORLD record:** 8:56.23 W 2013-10-26 KIRSTEN CAMERON GBR

**SAMS record:** 10:04.49 S 2009-11-28 Heather Morris-Eyton (Jhb)

10:01.63 40-44 SAQT SAMS Colours 2015-16

1 Ralfe, Sally 42 Highway MSC-KZ 10:00.00 12:09.63 12

**Event 11 Women 45-49 800 SC Meter Freestyle**

**WORLD record:** 9:11.37 W 2009-05-15 K.PIPES-NEILSEN USA

**SAMS record:** 10:23.16 S 2008-10-19 Cecilia Stanford (Stb)

10:07.24 45-49 SAQT SAMS Colours 2015-16

1	Carey, Kim	46	Cape Town MSC-WP	11:10.00	10:50.51	12
2	Homveld, Jade	49	Phoenix MSC-CG	12:50.00	13:19.11	10

**Event 11 Women 50-54 800 SC Meter Freestyle**

**WORLD record:** 9:23.45 W 2011-01-09 LYNN MARSHALL CAN

**SAMS record:** 10:14.35 S 2011-10-16 Cecilia Stanford (CT)

10:27.04 50-54 SAQT SAMS Colours 2015-16

1	Stanford, Cecilia	54	Cape Town MSC-WP	11:15.00	10:35.65	12
2	Dressler, Annemarie	51	Coelacanth MSC-NT	12:00.00	11:06.29	10
3	Brooks, Karen	53	Coelacanth MSC-NT	12:30.00	12:43.11	8

**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****(Event 11 Women 50-54 800 SC Meter Freestyle)**

4	Bridges, Carole	53	Wahoo MSC-CG	15:00.00	15:01.59	7
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**Event 11 Women 55-59 800 SC Meter Freestyle**

<b>WORLD record:</b>	<b>9:51.35</b>	<b>W</b>	<b>2009-10-17</b>	<b>LAURA VAL</b>	<b>USA</b>
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<b>SAMS record:</b>	<b>10:37.18</b>	<b>S</b>	<b>2010-10-17</b>	<b>Diane Coetzee (CT)</b>
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<b>11:04.57</b>	<b>55-59 SAQT SAMS Colours 2015-16</b>
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1	Rode, Dawn	57	Highway MSC-KZ	NT	16:38.81	12
2	Vorster, Merryll	59	Wahoo MSC-CG	16:30.00	16:42.96	10
---	Bosman, Denise	56	Bay Eagle Swim Team - Masters-EP	11:40.00	NS	

**Event 11 Women 60-64 800 SC Meter Freestyle**

<b>WORLD record:</b>	<b>10:21.68</b>	<b>W</b>	<b>2011-01-15</b>	<b>LAURA VAL</b>	<b>USA</b>
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<b>SAMS record:</b>	<b>11:49.95</b>	<b>S</b>	<b>2014-09-21</b>	<b>Judy Brewis (Stb)</b>	<b>CPTW-WP</b>
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<b>11:47.61</b>	<b>60-64 SAQT SAMS Colours 2015-16</b>
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1	Coetzee, Diane	60	Cape Town MSC-WP	11:05.00	10:48.05 S SAQT	12
2	Mons, Maureen	64	Phoenix MSC-CG	12:52.00	12:43.18	10
3	Rollnick, Marissa	64	Phoenix MSC-CG	13:00.00	13:12.97	8

**Event 11 Women 65-69 800 SC Meter Freestyle**

<b>WORLD record:</b>	<b>11:24.13</b>	<b>W</b>	<b>2008-08-30</b>	<b>JEN THOMASSEN</b>	<b>AUS</b>
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<b>SAMS record:</b>	<b>13:41.53</b>	<b>S</b>	<b>2011-09-24</b>	<b>Elsa Craig (PE)</b>
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<b>13:09.69</b>	<b>65-69 SAQT SAMS Colours 2015-16</b>
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1	Ireland, Jenny	65	Highway MSC-KZ	NT	13:48.13	12
2	Shuttleworth, Bev	68	Highway MSC-KZ	14:50.00	13:50.01	10
3	Godfrey, Colleen	66	Cape Dolphins MSC-WP	15:25.00	14:40.21	8
4	Gray, Ann	67	Highway MSC-KZ	18:40.00	18:15.00	7
5	Hughes, Diane	69	East Coast MSC-KZ	19:20.00	19:09.18	6

**Event 11 Women 90-94 800 SC Meter Freestyle**

<b>WORLD record:</b>	<b>18:38.69</b>	<b>W</b>	<b>2011-12-04</b>	<b>MAURINE KORNFELD</b>	<b>USA</b>
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<b>SAMS record:</b>	<b>59:59.99</b>	<b>S</b>		<b>Vacant</b>
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1	Kloos, Kascha	90	Cape Town MSC-WP	28:00.00	27:22.66 S	12
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**Event 11 Men 25-29 800 SC Meter Freestyle**

<b>WORLD record:</b>	<b>8:07.91</b>	<b>W</b>	<b>2001-04-12</b>	<b>A.ANGELOTTI</b>	<b>BRA</b>
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<b>SAMS record:</b>	<b>8:41.57</b>	<b>S</b>	<b>2011-10-16</b>	<b>Phil Emslie (CT)</b>
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<b>8:52.98</b>	<b>25-29 SAQT SAMS Colours 2015-16</b>
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1	Venter, Tyron	29	Phoenix MSC-CG	9:20.00	9:22.77	12
2	Tlhakuli, Quincy	29	Coelacanth MSC-NT	10:00.00	14:11.09	10

**Event 11 Men 35-39 800 SC Meter Freestyle**

<b>WORLD record:</b>	<b>8:16.19</b>	<b>W</b>	<b>2009-12-06</b>	<b>ALEX KOSTICH</b>	<b>USA</b>
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<b>SAMS record:</b>	<b>9:46.33</b>	<b>S</b>	<b>9-2004</b>	<b>Bruce Sneddon (CT)</b>
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<b>8:59.27</b>	<b>35-39 SAQT SAMS Colours 2015-16</b>
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---	Reen, Bradley	39	Aquabear SC - Masters-EP	9:50.00	NS	
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**Event 11 Men 40-44 800 SC Meter Freestyle**

<b>WORLD record:</b>	<b>8:21.78</b>	<b>W</b>	<b>2011-12-04</b>	<b>ALEX KOSTICH</b>	<b>USA</b>
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<b>SAMS record:</b>	<b>9:33.07</b>	<b>S</b>	<b>11-2004</b>	<b>Gregg Price (Jhb)</b>
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<b>9:05.54</b>	<b>40-44 SAQT SAMS Colours 2015-16</b>
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1	Richard, Shayne	42	East Coast MSC-KZ	15:00.00	12:40.72	12
2	Barker, Bryan	42	East Coast MSC-KZ	14:00.00	12:48.70	10

**Event 11 Men 45-49 800 SC Meter Freestyle**

<b>WORLD record:</b>	<b>8:24.75</b>	<b>W</b>	<b>2015-03-29</b>	<b>FABIO CALMASINI</b>	<b>ITA</b>
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<b>SAMS record:</b>	<b>9:41.22</b>	<b>S</b>	<b>12-2000</b>	<b>C Quibell (Dbn)</b>
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<b>9:12.45</b>	<b>45-49 SAQT SAMS Colours 2015-16</b>
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1	de Wet, Danie	46	Coelacanth MSC-NT	12:00.00	12:16.83	12
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**SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31****Various venues in South Africa****Results****(Event 11 Men 45-49 800 SC Meter Freestyle)**

2	Thomas, Ralph	49	Quick Silver Sw Ac - Masters-WP	11:30.00	12:28.63	10
3	Greaves, Gordon	49	Phoenix MSC-CG	13:00.00	13:50.11	8
---	Duffy, PJ	45	Aquabear SC - Masters-EP	10:30.00	NS	

**Event 11 Men 50-54 800 SC Meter Freestyle**

**WORLD record:** 8:44.51 W 2000-12-10 **JIM MCCONICA** USA

**SAMS record:** 9:44.16 S 9-2005 **Doug Howieson (CT)**  
9:32.08 50-54 SAQT SAMS Colours 2015-16

1	Taylor, Julian	51	East Coast MSC-KZ	10:00.00	10:08.11	12
2	Fechter, Wolfgang	54	Highway MSC-KZ	12:50.86	13:20.84	10

**Event 11 Men 55-59 800 SC Meter Freestyle**

**WORLD record:** 8:51.34 W 2009-11-21 **MICHAEL MANN** USA

**SAMS record:** 10:04.18 S 2008-10-19 **Doug Howieson (Stb)**  
9:46.44 55-59 SAQT SAMS Colours 2015-16

1	Holshausen, Rod	57	Cape Town MSC-WP	11:00.00	11:27.61	12
2	Stonestreet, Mark	55	Wahoo MSC-CG	13:30.00	12:53.20	10
3	Slabbert, Stanford	57	Bay Eagle Swim Team - Masters-EP	13:56.00	14:06.50	8

**Event 11 Men 60-64 800 SC Meter Freestyle**

**WORLD record:** 9:28.32 W 2012-12-02 **JIM MCCONICA** USA

**SAMS record:** 10:50.29 S 2010-11-06 **Terry Downes (Jhb)**  
10:22.26 60-64 SAQT SAMS Colours 2015-16

1	Spies, Izak	61	Cape Dolphins MSC-WP	10:40.00	10:37.03 S	12
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**Event 11 Men 65-69 800 SC Meter Freestyle**

**WORLD record:** 9:53.06 W 2015-04-04 **JIM MCCONICA** USA

**SAMS record:** 11:30.17 S 9-2006 **Gary Freeling (CT)**  
11:08.81 65-69 SAQT SAMS Colours 2015-16

1	Van Rooijen, Gerhard	65	East Coast MSC-KZ	12:20.30	12:42.44	12
2	Larcombe, Peter	68	East Coast MSC-KZ	13:00.00	12:42.45	10
3	Burger, Francois	66	Coelacanth MSC-NT	NT	15:21.01	8

**Event 11 Men 70-74 800 SC Meter Freestyle**

**WORLD record:** 10:52.68 W 2001-10-12 **GRAHAM JOHNSTON** USA

**SAMS record:** 12:36.93 S 2008-10-19 **Dave McLachlan (Stb)**  
12:15.85 70-74 SAQT SAMS Colours 2015-16

1	Hughes, Jimmy	72	East Coast MSC-KZ	15:40.00	13:59.50	12
2	Hadenham, Leslie	72	East Coast MSC-KZ	14:10.00	14:03.51	10
3	Stieger, Des	72	East Coast MSC-KZ	15:30.00	14:33.20	8
4	Jennings, Ross	70	Coelacanth MSC-NT	18:00.00	18:29.71	7
---	Saunders, Brian	72	Aquabear SC - Masters-EP	14:00.00	NS	

**Event 11 Men 75-79 800 SC Meter Freestyle**

**WORLD record:** 10:59.10 W 2009-04-17 **DAVID RADCLIFF** USA

**SAMS record:** 13:26.52 S 2013-10-20 **Dave McLachlan (Stb)**  
13:44.09 75-79 SAQT SAMS Colours 2015-16

1	Fyfe, Derek	75	Coelacanth MSC-NT	15:00.00	13:55.00	12
2	Wolpe, Russel	78	Phoenix MSC-CG	16:30.00	16:32.02	10