

SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****Women 19-24 50 SC Meter Freestyle**

WORLD record: 0.01 W 2000 Invalid FINA age group
SAMS record: 27.84 S 2008-12-14 Cindy Botha (Dbn)
 26.49 19-24 SAQT SAMS Colours 2015-16

Name	Age	Team	Seed Time	Finals Time	Points
1 Homveld, Alexis	23	Phoenix MSC-CG	34.50	33.96	12
2 Robson, Ashleigh	20	Waterborn SC - Masters-CG	36.00	34.85	10

Women 19-24 100 SC Meter Freestyle

WORLD record: 0.01 W 2000 Invalid FINA age group
SAMS record: 1:02.48 S 2008-12-14 Cindy Botha (Dbn)
 59.22 19-24 SAQT SAMS Colours 2015-16

1 Robson, Ashleigh	20	Waterborn SC - Masters-CG	1:20.00	1:17.59	12
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Women 19-24 800 SC Meter Freestyle

WORLD record: 0.01 W 2000 Invalid FINA age group
SAMS record: 9:45.87 S 2010-10-17 Tarryn Stanford (CT)
 9:41.79 19-24 SAQT SAMS Colours 2015-16

--- Newman, Rebecca	23	Bay Eagle Swim Team - Masters-EP	15:00.00	NS	
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Women 19-24 50 SC Meter Backstroke

WORLD record: 0.01 W 2000 Invalid FINA age group
SAMS record: 32.13 S 2008-09-07 Cindy Botha (Dbn)
 30.58 19-24 SAQT SAMS Colours 2015-16

1 Homveld, Alexis	23	Phoenix MSC-CG	40.50	39.46	12
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Women 19-24 200 SC Meter Backstroke

WORLD record: 0.01 W 2000 Invalid FINA age group
SAMS record: 2:33.60 S 2009-08-20 Tarryn Stanford (CT)
 2:26.59 19-24 SAQT SAMS Colours 2015-16

1 Newman, Rebecca	23	Bay Eagle Swim Team - Masters-EP	3:00.00	2:53.97	12
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Women 19-24 50 SC Meter Breaststroke

WORLD record: 0.01 W 2000 Invalid FINA age group
SAMS record: 36.90 S 2006-10-15 Aletta Steenkamp (Stb)
 34.15 19-24 SAQT SAMS Colours 2015-16

1 Robson, Ashleigh	20	Waterborn SC - Masters-CG	44.47	42.34	12
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Women 19-24 50 SC Meter Butterfly

WORLD record: 0.01 W 2000 Invalid FINA age group
SAMS record: 30.75 S 9-2004 Monique Beetge (Dbn)
 28.86 19-24 SAQT SAMS Colours 2015-16

1 Homveld, Alexis	23	Phoenix MSC-CG	42.00	40.46	12
2 Newman, Rebecca	23	Bay Eagle Swim Team - Masters-EP	39.00	40.97	10

Women 19-24 100 SC Meter Butterfly

WORLD record: 0.01 W 2000 Invalid FINA age group
SAMS record: 1:08.87 S 9-2004 Monique Beetge (Dbn)
 1:04.66 19-24 SAQT SAMS Colours 2015-16

1 Newman, Rebecca	23	Bay Eagle Swim Team - Masters-EP	1:50.00	1:32.73	12
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Women 19-24 100 SC Meter IM

WORLD record: 0.01 W 2000 Invalid FINA age group
SAMS record: 1:11.32 S 9-2004 Monique Beetge (Dbn)
 1:07.22 19-24 SAQT SAMS Colours 2015-16

1 Newman, Rebecca	23	Bay Eagle Swim Team - Masters-EP	2:00.00	1:29.50	12
2 Homveld, Alexis	23	Phoenix MSC-CG	1:25.00	1:30.04	10

SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****Women 19-24 400 SC Meter IM**

WORLD record:	0.01	W 2000	Invalid FINA age group				
SAMS record:	5:40.25	S 2010-04-15	Tarryn Stanford (CT)				
	5:20.45	19-24 SAQT SAMS Colours 2015-16					
1	Newman, Rebecca	23	Bay Eagle Swim Team - Masters-EP	7:00.00	6:20.44		12

Women 25-29 50 SC Meter Freestyle

WORLD record:	25.42	W 2006-03-12	SUMIKA KOMATSU		JPN		
SAMS record:	26.47	S 2014-10-25	Elzanne Werth (Jhb)		PHOE-CG		
	26.49	25-29 SAQT SAMS Colours 2015-16					
1	Wolmarans, Lezandre	28	Cape Town MSC-WP	31.00	28.43		12
---	Verryn, Sandra	27	Coelacanth MSC-NT	31.50	NS		

Women 25-29 100 SC Meter Freestyle

WORLD record:	55.28	W 2012-04-15	MARIA FUSTER		ESP		
SAMS record:	1:01.05	S 2013-07-20	Samantha Gunther (Jhb)		PHOE-CG		
	59.22	25-29 SAQT SAMS Colours 2015-16					
1	Wolmarans, Lezandre	28	Cape Town MSC-WP	1:06.74	1:02.57		12
2	Verryn, Sandra	27	Coelacanth MSC-NT	1:11.00	1:09.56		10

Women 25-29 800 SC Meter Freestyle

WORLD record:	8:51.18	W 1996-03-31	SHEILA TAORMINA		USA		
SAMS record:	9:48.86	S 2011-10-16	Tarryn Stanford (CT)				
	9:41.79	25-29 SAQT SAMS Colours 2015-16					
1	Stanford, Tarryn	29	Cape Town MSC-WP	10:10.00	10:09.50		12
---	Henderson, Delwen	27	Aquabear SC - Masters-EP	11:30.00	NS		

Women 25-29 50 SC Meter Backstroke

WORLD record:	28.06	W 2015-01-25	MIKA IKEDA		JPN		
SAMS record:	30.07	S 9-1999	M Kriel (CT)				
	30.58	25-29 SAQT SAMS Colours 2015-16					
1	Verryn, Sandra	27	Coelacanth MSC-NT	40.00	39.41		12

Women 25-29 50 SC Meter Breaststroke

WORLD record:	30.50	W 2014-06-08	PETRA CHOCOVA		CZE		
SAMS record:	35.36	S 2007-06-10	Claire Rolt (Jhb)				
	34.15	25-29 SAQT SAMS Colours 2015-16					
1	Steenkamp, Aletta	29	Cape Town MSC-WP	37.00	39.90		12

Women 25-29 50 SC Meter Butterfly

WORLD record:	27.08	W 2014-08-31	NADINE JONES		AUS		
SAMS record:	27.42	S 2014-10-25	Elzanne Werth (Jhb)		PHOE-CG		
	28.86	25-29 SAQT SAMS Colours 2015-16					
1	Wolmarans, Lezandre	28	Cape Town MSC-WP	32.68	31.49		12
2	Steenkamp, Aletta	29	Cape Town MSC-WP	32.00	36.03		10
---	Henderson, Delwen	27	Aquabear SC - Masters-EP	34.00	NS		

Women 25-29 100 SC Meter Butterfly

WORLD record:	1:00.18	W 2010-05-08	YUKO NAKANISHI		JPN		
SAMS record:	1:07.93	S 2013-07-20	Samantha Gunther (Jhb)		PHOE-CG		
	1:04.66	25-29 SAQT SAMS Colours 2015-16					
---	Henderson, Delwen	27	Aquabear SC - Masters-EP	1:19.00	NS		

Women 25-29 100 SC Meter IM

WORLD record:	1:02.29	W 2014-06-08	PETRA CHOCOVA		CZE		
SAMS record:	1:08.10	S 9-1999	M Kriel (CT)				
	1:07.22	25-29 SAQT SAMS Colours 2015-16					
1	Wolmarans, Lezandre	28	Cape Town MSC-WP	1:15.00	1:13.29		12
---	Verryn, Sandra	27	Coelacanth MSC-NT	1:18.00	NS		

SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****Women 25-29 400 SC Meter IM**

WORLD record:	4:52.13	W	2006-11-19	HITOMI MATSUDA		JPN		
SAMS record:	5:25.51	S	2011-10-16	Tarryn Stanford (CT)				
	5:20.45			25-29 SAQT SAMS Colours 2015-16				
1	Stanford, Tarryn		29	Cape Town MSC-WP	5:40.00		5:34.50	12

Women 30-34 50 SC Meter Freestyle

WORLD record:	25.17	W	2014-11-29	S.KNIAGININA		RUS		
SAMS record:	27.63	S	2012-11-24	Andrea Landau (Jhb)				
	26.94			30-34 SAQT SAMS Colours 2015-16				
1	Victor, Thilde		33	Victor Aquantum SC - Masters-ES	27.81		27.63 S	12
2	Boulter, Hasina		31	Waterborn SC - Masters-CG	36.00		35.04	10
3	Mazor, Cindy-Leigh		32	Wahoo MSC-CG	45.00		37.28	8
4	Candy, Nikki		33	Wahoo MSC-CG	40.00		37.91	7

Women 30-34 100 SC Meter Freestyle

WORLD record:	54.75	W	2012-10-13	ERIKA ERNDL		USA		
SAMS record:	1:01.06	S	1999-10-23	W Daniel (Dbn)				
	58.99			30-34 SAQT SAMS Colours 2015-16				
1	Victor, Thilde		33	Victor Aquantum SC - Masters-ES	1:00.72		1:00.66 S	12
2	Candy, Nikki		33	Wahoo MSC-CG	1:30.00		1:22.12	10
---	Boulter, Hasina		31	Waterborn SC - Masters-CG	1:23.00		NS	

Women 30-34 50 SC Meter Backstroke

WORLD record:	27.43	W	2009-04-19	MAI NAKAMURA		JPN		
SAMS record:	33.59	S	2008-10-19	Perry-Ann Cadiz (Stb)				
	31.53			30-34 SAQT SAMS Colours 2015-16				
1	Mazor, Cindy-Leigh		32	Wahoo MSC-CG	45.00		45.38	12

Women 30-34 50 SC Meter Breaststroke

WORLD record:	31.71	W	2010-03-14	HITOMI MATSUDA		JPN		
SAMS record:	35.80	S	2014-10-25	Andrea Landau (Jhb)		PHOE-CG		
	34.47			30-34 SAQT SAMS Colours 2015-16				
1	Mazor, Cindy-Leigh		32	Wahoo MSC-CG	45.00		44.75	12
2	Candy, Nikki		33	Wahoo MSC-CG	55.00		50.79	10

Women 30-34 50 SC Meter Butterfly

WORLD record:	27.08	W	2014-11-28	S.KNIAGININA		RUS		
SAMS record:	30.86	S	8-1997	W Daniel (Dbn)				
	29.03			30-34 SAQT SAMS Colours 2015-16				
1	Victor, Thilde		33	Victor Aquantum SC - Masters-ES	30.00		30.67 S	12
2	Boulter, Hasina		31	Waterborn SC - Masters-CG	37.00		36.41	10
3	Mazor, Cindy-Leigh		32	Wahoo MSC-CG	45.00		43.32	8

Women 30-34 100 SC Meter Butterfly

WORLD record:	1:00.11	W	2006-03-25	METTE JACOBSEN		DEN		
SAMS record:	1:10.40	S	2013-07-18	Kathryn Nurse (CT)		CPTW-WP		
	1:06.07			30-34 SAQT SAMS Colours 2015-16				
1	Boulter, Hasina		31	Waterborn SC - Masters-CG	1:31.00		1:28.13	12

Women 30-34 100 SC Meter IM

WORLD record:	1:02.52	W	2012-10-13	ERIKA ERNDL		USA		
SAMS record:	1:13.70	S	9-2006	Lucy Barlow (CT)				
	1:07.03			30-34 SAQT SAMS Colours 2015-16				
1	Victor, Thilde		33	Victor Aquantum SC - Masters-ES	1:15.00		1:13.42 S	12
2	Boulter, Hasina		31	Waterborn SC - Masters-CG	1:42.00		1:27.65	10
3	Mazor, Cindy-Leigh		32	Wahoo MSC-CG	2:10.00		1:31.27	8

SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****Women 35-39 50 SC Meter Freestyle**

WORLD record: 25.10 W 2006-12-03 DARA TORRES USA
SAMS record: 27.25 S 2004-10-31 Edith Ottermann (Jhb)
 27.47 35-39 SAQT SAMS Colours 2015-16

1	Gous, Tracy	39	Aquabear SC - Masters-EP	29.00	29.22	12
2	Cadiz, Perry	39	Cape Town MSC-WP	29.00	29.30	10
3	Saporta, Antonelle	35	Aquabear SC - Masters-EP	30.00	30.37	8
4	Marr, Tracey	35	Cape Dolphins MSC-WP	26.00	30.63	7
5	White, Simone	35	Cape Town MSC-WP	32.00	31.85	6
6	Calldo, Martie	36	Coelacanth MSC-NT	40.00	42.77	5
7	Jacobs, Sharon	35	Coelacanth MSC-NT	40.00	43.86	4

Women 35-39 100 SC Meter Freestyle

WORLD record: 54.95 W 2006-12-03 DARA TORRES USA
SAMS record: 1:02.81 S 8-2003 Bev McCarney (Dbn)
 1:00.30 35-39 SAQT SAMS Colours 2015-16

1	Cadiz, Perry	39	Cape Town MSC-WP	1:04.00	1:02.48 S	12
2	Gous, Tracy	39	Aquabear SC - Masters-EP	1:06.00	1:04.56	10
3	Saporta, Antonelle	35	Aquabear SC - Masters-EP	1:06.50	1:05.41	8
4	Jacobs, Sharon	35	Coelacanth MSC-NT	1:45.00	1:47.73	7

Women 35-39 800 SC Meter Freestyle

WORLD record: 8:57.28 W 2010-10-08 KIRSTEN CAMERON NZL
SAMS record: 9:37.56 S 9-2003 Amanda Picard (CT)
 10:03.20 35-39 SAQT SAMS Colours 2015-16

1	White, Simone	35	Cape Town MSC-WP	12:00.00	11:10.41	12
2	Hambloch, Carina	36	East Coast MSC-KZ	12:00.00	11:42.79	10
3	Johnson, Justine	38	Phoenix MSC-CG	12:20.00	13:05.78	8
---	Gous, Tracy	39	Aquabear SC - Masters-EP	11:00.00	NS	

Women 35-39 50 SC Meter Backstroke

WORLD record: 28.13 W 2013-11-23 NORIKO INADA USA
SAMS record: 31.24 S 7-2006 Marianne Kriel (CT)
 32.04 35-39 SAQT SAMS Colours 2015-16

1	Jacobs, Sharon	35	Coelacanth MSC-NT	50.00	1:00.43	12
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Women 35-39 200 SC Meter Backstroke

WORLD record: 2:13.37 W 2013-11-16 KANA OHASHI JPN
SAMS record: 2:38.19 S 2014-08-24 Perry-Ann Cadiz (Stb) CPTW-WP
 2:33.29 35-39 SAQT SAMS Colours 2015-16

1	Cadiz, Perry	39	Cape Town MSC-WP	2:40.00	2:39.15	12
2	Hambloch, Carina	36	East Coast MSC-KZ	3:00.00	2:57.97	10

Women 35-39 50 SC Meter Breaststroke

WORLD record: 31.87 W 2012-03-25 HITOMI MATSUDA JPN
SAMS record: 37.37 S 2005-08-21 Heather Morris-Eyton (CT)
 35.16 35-39 SAQT SAMS Colours 2015-16

1	Marr, Tracey	35	Cape Dolphins MSC-WP	36.00	39.73	12
2	Calldo, Martie	36	Coelacanth MSC-NT	50.00	50.22	10

Women 35-39 100 SC Meter Breaststroke

WORLD record: 1:09.20 W 2012-04-29 HITOMI MATSUDA JPN
SAMS record: 1:20.03 S 2005-08-21 Heather Morris-Eyton (CT)
 1:16.55 35-39 SAQT SAMS Colours 2015-16

1	Calldo, Martie	36	Coelacanth MSC-NT	1:50.00	1:55.54	12
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SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****Women 35-39 50 SC Meter Butterfly**

WORLD record:	28.28	W	2012-12-08	R.CRESCENTINI		ITA		
SAMS record:	29.69	S	2009-10-24	Rachelle Isakov (Jhb)				
	29.62			35-39 SAQT SAMS Colours 2015-16				
1	Saporta, Antonelle		35	Aquabear SC - Masters-EP	32.00		32.44	12
2	Gous, Tracy		39	Aquabear SC - Masters-EP	32.00		32.51	10
---	Cadiz, Perry		39	Cape Town MSC-WP	34.00		NS	

Women 35-39 100 SC Meter Butterfly

WORLD record:	1:01.88	W	2014-05-04	HITOMI MATSUDA		JPN		
SAMS record:	1:08.17	S	2014-07-27	Kathryn Nurse (Stb)		CPTW-WP		
	1:07.01			35-39 SAQT SAMS Colours 2015-16				
1	Saporta, Antonelle		35	Aquabear SC - Masters-EP	1:14.00		1:11.67	12

Women 35-39 100 SC Meter IM

WORLD record:	1:03.17	W	2012-03-10	HITOMI MATSUDA		JPN		
SAMS record:	1:10.13	S	2006-10-15	Marianne Kriel (Stb)				
	1:09.10			35-39 SAQT SAMS Colours 2015-16				
1	Cadiz, Perry		39	Cape Town MSC-WP	1:18.00		1:15.66	12
2	Saporta, Antonelle		35	Aquabear SC - Masters-EP	1:55.00		1:16.77	10
---	Marr, Tracey		35	Cape Dolphins MSC-WP	1:30.00		NS	

Women 35-39 400 SC Meter IM

WORLD record:	4:52.85	W	1997-12-14	K.PIPES-NEILSEN		USA		
SAMS record:	5:27.34	S	1994	A Momberg (CT)				
	5:31.47			35-39 SAQT SAMS Colours 2015-16				
1	Hambloch, Carina		36	East Coast MSC-KZ	6:15.00		5:58.97	12
2	White, Simone		35	Cape Town MSC-WP	7:00.00		6:05.66	10

Women 40-44 50 SC Meter Freestyle

WORLD record:	26.02	W	2014-12-14	ERIKA BRAUN		USA		
SAMS record:	26.67	S	2007-10-28	Edith Ottermann (Jhb)				
	27.69			40-44 SAQT SAMS Colours 2015-16				
1	Ralfe, Sally		42	Highway MSC-KZ	30.46		30.09	12
2	Engela, Norelle		43	Cape Town MSC-WP	29.80		30.51	10
3	Russell, Mia		40	Cape Dolphins MSC-WP	35.00		31.18	8
4	Young, Margie		41	Aquabear SC - Masters-EP	32.00		33.97	7
5	Struwig, Nicky		43	Coelacanth MSC-NT	40.00		36.99	6
6	Naude, Nina		42	Wahoo MSC-CG	33.00		37.06	5

Women 40-44 100 SC Meter Freestyle

WORLD record:	57.08	W	2014-12-14	ERIKA BRAUN		USA		
SAMS record:	1:02.55	S	12-2004	Bev McCarney (Dbn)				
	1:00.81			40-44 SAQT SAMS Colours 2015-16				
1	Ralfe, Sally		42	Highway MSC-KZ	1:10.00		1:07.15	12
2	Engela, Norelle		43	Cape Town MSC-WP	1:05.00		1:08.15	10
3	van Breda, Bridget		40	Cape Town MSC-WP	1:10.00		1:08.28	8
4	Groenewald, Kerry-Lynn		41	Wahoo MSC-CG	1:32.00		1:12.23	7
5	Young, Margie		41	Aquabear SC - Masters-EP	1:20.00		1:14.95	6
6	Naude, Nina		42	Wahoo MSC-CG	1:27.00		1:22.16	5

Women 40-44 800 SC Meter Freestyle

WORLD record:	8:56.23	W	2013-10-26	KIRSTEN CAMERON		GBR		
SAMS record:	10:04.49	S	2009-11-28	Heather Morris-Eyton (Jhb)				
	10:01.63			40-44 SAQT SAMS Colours 2015-16				
1	Ralfe, Sally		42	Highway MSC-KZ	10:00.00		12:09.63	12

SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****Women 40-44 50 SC Meter Backstroke**

WORLD record: 29.84 W 2014-10-04 ZOE CRAY GBR
SAMS record: 32.78 S 12-2004 Bev McCarney (Dbn)
 32.20 40-44 SAQT SAMS Colours 2015-16

1	Engela, Norelle	43	Cape Town MSC-WP	32.00	35.28	12
2	Young, Margie	41	Aquabear SC - Masters-EP	40.00	41.87	10
3	Allner, Rene	41	Phoenix MSC-CG	49.05	45.70	8
4	Struwig, Nicky	43	Coelacanth MSC-NT	50.00	47.89	7

Women 40-44 200 SC Meter Backstroke

WORLD record: 2:19.06 W 2009-12-04 JODY SMITH USA
SAMS record: 2:39.83 S 9-2002 Cecilia Stanford (CT)
 2:34.24 40-44 SAQT SAMS Colours 2015-16

1	Allner, Rene	41	Phoenix MSC-CG	3:50.35	3:53.63	12
---	Engela, Norelle	43	Cape Town MSC-WP	2:45.00	NS	

Women 40-44 50 SC Meter Breaststroke

WORLD record: 32.20 W 2012-08-05 LINLEY FRAME AUS
SAMS record: 34.38 S 2009-10-24 Heather Morris-Eyton (Jhb)
 35.44 40-44 SAQT SAMS Colours 2015-16

1	Russell, Mia	40	Cape Dolphins MSC-WP	40.00	38.00	12
2	van Breda, Bridget	40	Cape Town MSC-WP	39.00	40.36	10
3	Ralfe, Sally	42	Highway MSC-KZ	39.78	40.47	8
4	Amner, Claire	41	Cape Town MSC-WP	41.00	40.87	7
5	Naude, Nina	42	Wahoo MSC-CG	46.00	44.97	6
6	Young, Margie	41	Aquabear SC - Masters-EP	45.00	45.09	5
7	Groenewald, Kerry-Lynn	41	Wahoo MSC-CG	45.00	46.68	4
8	Struwig, Nicky	43	Coelacanth MSC-NT	54.00	47.30	3
9	Allner, Rene	41	Phoenix MSC-CG	55.01	54.09	2

Women 40-44 100 SC Meter Breaststroke

WORLD record: 1:10.55 W 2007-12-02 S.VON DER LIPPE USA
SAMS record: 1:15.66 S 2008-10-25 Heather Morris-Eyton (Jhb)
 1:18.52 40-44 SAQT SAMS Colours 2015-16

1	Amner, Claire	41	Cape Town MSC-WP	1:26.50	1:28.17	12
2	Ralfe, Sally	42	Highway MSC-KZ	1:35.00	1:29.34	10
3	van Breda, Bridget	40	Cape Town MSC-WP	1:28.00	1:29.40	8
4	Young, Margie	41	Aquabear SC - Masters-EP	1:45.00	1:41.28	7
5	Naude, Nina	42	Wahoo MSC-CG	1:41.00	1:42.10	6

Women 40-44 50 SC Meter Butterfly

WORLD record: 28.19 W 2013-03-16 ERIKA BRAUN USA
SAMS record: 29.07 S 2009-10-24 Edith Ottermann (Jhb)
 30.37 40-44 SAQT SAMS Colours 2015-16

1	Russell, Mia	40	Cape Dolphins MSC-WP	35.00	34.80	12
2	Struwig, Nicky	43	Coelacanth MSC-NT	50.00	44.04	10

Women 40-44 100 SC Meter IM

WORLD record: 1:04.25 W 2008-11-16 S.VON DER LIPPE USA
SAMS record: 1:12.92 S 2008-07-17 Amanda Picard (CT)
 1:09.48 40-44 SAQT SAMS Colours 2015-16

1	van Breda, Bridget	40	Cape Town MSC-WP	1:22.00	1:18.79	12
2	Amner, Claire	41	Cape Town MSC-WP	1:20.00	1:20.20	10
3	Young, Margie	41	Aquabear SC - Masters-EP	1:40.00	1:30.39	8
---	Finlay, Angela	41	Bay Eagle Swim Team - Masters-EP	1:40.00	NS	
---	Russell, Mia	40	Cape Dolphins MSC-WP	1:20.00	NS	

SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****Women 40-44 400 SC Meter IM**

WORLD record: 5:00.82 W 2002-11-24 K.PIPES-NEILSEN USA
SAMS record: 5:40.55 S 9-2004 Cecilia Stanford (CT)
 5:36.11 40-44 SAQT SAMS Colours 2015-16

--- Finlay, Angela 41 Bay Eagle Swim Team - Masters-EP 7:20.00 NS

Women 45-49 50 SC Meter Freestyle

WORLD record: 26.37 W 2013-05-18 M.THERESE FUZZATI FRA
SAMS record: 26.59 S 2011-04-14 Edith Ottermann (CT)
 28.06 45-49 SAQT SAMS Colours 2015-16

1	Fraatz, Barbara	49	Coelacanth MSC-NT	30.00	30.53	12
2	Tarr, Nola	47	Waterborn SC - Masters-CG	38.60	38.86	10
3	Homveld, Jade	49	Phoenix MSC-CG	36.00	42.03	8
---	Carey, Kim	46	Cape Town MSC-WP	33.00	DQ	
---	Galassi, Adua	46	Waterborn SC - Masters-CG	45.00	NS	

Women 45-49 100 SC Meter Freestyle

WORLD record: 58.43 W 2014-03-29 MARIE FUZZATI FRA
SAMS record: 1:04.22 S 2012-01-15 Wilma van Niekerk (Dbn)
 1:01.74 45-49 SAQT SAMS Colours 2015-16

1	Fraatz, Barbara	49	Coelacanth MSC-NT	1:07.00	1:07.48	12
2	Carey, Kim	46	Cape Town MSC-WP	1:12.00	1:10.06	10
3	Hector, Andrea	45	Waterborn SC - Masters-CG	1:25.00	1:15.19	8
4	Mallows, Bev	45	Cape Dolphins MSC-WP	1:25.00	1:22.87	7
5	Homveld, Jade	49	Phoenix MSC-CG	1:25.00	1:24.08	6
---	Galassi, Adua	46	Waterborn SC - Masters-CG	1:16.00	NS	

Women 45-49 800 SC Meter Freestyle

WORLD record: 9:11.37 W 2009-05-15 K.PIPES-NEILSEN USA
SAMS record: 10:23.16 S 2008-10-19 Cecilia Stanford (Stb)
 10:07.24 45-49 SAQT SAMS Colours 2015-16

1	Carey, Kim	46	Cape Town MSC-WP	11:10.00	10:50.51	12
2	Homveld, Jade	49	Phoenix MSC-CG	12:50.00	13:19.11	10

Women 45-49 50 SC Meter Backstroke

WORLD record: 30.25 W 2014-04-26 CINDY MABEE CAN
SAMS record: 34.82 S 7-2005 Jean Degenaar (CT)
 32.88 45-49 SAQT SAMS Colours 2015-16

1	Bihl, Kate	45	Cape Town MSC-WP	39.00	38.82	12
2	Fraatz, Barbara	49	Coelacanth MSC-NT	39.00	39.58	10
3	Mallows, Bev	45	Cape Dolphins MSC-WP	42.50	42.42	8

Women 45-49 200 SC Meter Backstroke

WORLD record: 2:18.15 W 2009-02-26 K.PIPES-NEILSEN FRA
SAMS record: 2:41.53 S 2013-07-20 Annemarie Dressler (Jhb) COEL-NT
 2:38.69 45-49 SAQT SAMS Colours 2015-16

1	Bihl, Kate	45	Cape Town MSC-WP	3:14.00	3:10.04	12
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Women 45-49 50 SC Meter Breaststroke

WORLD record: 33.81 W 2013-03-17 ANNA HAMMER SWE
SAMS record: 35.87 S 2012-10-27 Heather Morris-Eyton (Jhb)
 36.79 45-49 SAQT SAMS Colours 2015-16

1	Hector, Andrea	45	Waterborn SC - Masters-CG	42.00	39.77	12
2	Cook, Wendy	45	East Coast MSC-KZ	42.00	40.77	10
3	Bihl, Kate	45	Cape Town MSC-WP	43.00	43.22	8
4	Mallows, Bev	45	Cape Dolphins MSC-WP	48.00	47.95	7
5	Tarr, Nola	47	Waterborn SC - Masters-CG	49.00	48.94	6

SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****Women 45-49 100 SC Meter Breaststroke**

WORLD record: 1:12.64 W 2013-03-16 ANNA HAMMER SWE
SAMS record: 1:22.17 S 7-2006 Cecilia Stanford (CT)
 1:20.60 45-49 SAQT SAMS Colours 2015-16

1	Cook, Wendy	45	East Coast MSC-KZ	1:32.00	1:27.33	12
2	Hector, Andrea	45	Waterborn SC - Masters-CG	1:35.00	1:27.75	10
3	Bihl, Kate	45	Cape Town MSC-WP	1:33.00	1:31.73	8

Women 45-49 50 SC Meter Butterfly

WORLD record: 28.84 W 2010-10-10 S.VON DER LIPPE USA
SAMS record: 29.37 S 2011-04-14 Edith Ottermann (CT)
 30.65 45-49 SAQT SAMS Colours 2015-16

1	Fraatz, Barbara	49	Coelacanth MSC-NT	34.00	35.26	12
2	Adam, Wendy	46	Wahoo MSC-CG	40.00	35.67	10
3	Homveld, Jade	49	Phoenix MSC-CG	45.00	46.85	8
---	Kennedy, Karen	49	Phoenix MSC-CG	38.00	NS	

Women 45-49 100 SC Meter Butterfly

WORLD record: 1:03.47 W 2010-11-20 S.VON DER LIPPE USA
SAMS record: 1:12.69 S 2006-10-15 Cecilia Stanford (Stb)
 1:09.66 45-49 SAQT SAMS Colours 2015-16

1	Fraatz, Barbara	49	Coelacanth MSC-NT	1:20.00	1:22.78	12
2	Adam, Wendy	46	Wahoo MSC-CG	1:45.00	1:27.80	10

Women 45-49 100 SC Meter IM

WORLD record: 1:05.61 W 2009-02-26 K.PIPES-NEILSEN FRA
SAMS record: 1:13.38 S 2006-10-15 Cecilia Stanford (Stb)
 1:11.57 45-49 SAQT SAMS Colours 2015-16

1	Fraatz, Barbara	49	Coelacanth MSC-NT	1:18.00	1:22.51	12
2	Adam, Wendy	46	Wahoo MSC-CG	2:20.00	1:24.99	10
3	Mallows, Bev	45	Cape Dolphins MSC-WP	1:36.00	1:35.19	8
4	Tarr, Nola	47	Waterborn SC - Masters-CG	1:55.00	1:40.79	7
5	Homveld, Jade	49	Phoenix MSC-CG	1:55.00	1:44.28	6
---	Kennedy, Karen	49	Phoenix MSC-CG	1:30.00	NS	
---	Hector, Andrea	45	Waterborn SC - Masters-CG	1:30.00	NS	

Women 50-54 50 SC Meter Freestyle

WORLD record: 26.27 W 2015-03-27 M.THERESE FUZZATI FRA
SAMS record: 30.27 S 2011-07-28 Cecilia Stanford (CT)
 29.23 50-54 SAQT SAMS Colours 2015-16

1	Verryn, Sabine	54	Coelacanth MSC-NT	31.50	31.23	12
2	Stanford, Cecilia	54	Cape Town MSC-WP	31.00	31.48	10
3	Lee, Les	51	Aquabear SC - Masters-EP	38.00	35.28	8
4	Welgemoed, Janine	54	Cape Town MSC-WP	38.00	35.54	7
5	de Klerk, Mariette	51	Wahoo MSC-CG	37.00	38.50	6

Women 50-54 100 SC Meter Freestyle

WORLD record: 58.60 W 2015-01-25 M.THERESE FUZZATI FRA
SAMS record: 1:05.87 S 2011-07-28 Cecilia Stanford (CT)
 1:03.90 50-54 SAQT SAMS Colours 2015-16

1	Stanford, Cecilia	54	Cape Town MSC-WP	1:07.00	1:07.93	12
2	Verryn, Sabine	54	Coelacanth MSC-NT	1:13.00	1:09.04	10
3	Lee, Les	51	Aquabear SC - Masters-EP	NT	1:20.03	8
4	de Klerk, Mariette	51	Wahoo MSC-CG	1:20.00	1:24.21	7
---	Callanan, Lynne	50	Phoenix MSC-CG	1:20.00	NS	

SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****Women 50-54 800 SC Meter Freestyle****WORLD record: 9:23.45 W 2011-01-09 LYNN MARSHALL CAN****SAMS record: 10:14.35 S 2011-10-16 Cecilia Stanford (CT)****10:27.04 50-54 SAQT SAMS Colours 2015-16**

1	Stanford, Cecilia	54	Cape Town MSC-WP	11:15.00	10:35.65	12
2	Dressler, Annemarie	51	Coelacanth MSC-NT	12:00.00	11:06.29	10
3	Brooks, Karen	53	Coelacanth MSC-NT	12:30.00	12:43.11	8
4	Bridges, Carole	53	Wahoo MSC-CG	15:00.00	15:01.59	7

Women 50-54 50 SC Meter Backstroke**WORLD record: 30.58 W 2011-03-19 LESLIE LIVINGSTON USA****SAMS record: 35.25 S 2012-10-14 Cecilia Stanford (CT)****34.05 50-54 SAQT SAMS Colours 2015-16**

1	Welgemoed, Janine	54	Cape Town MSC-WP	48.00	42.60	12
2	Brooks, Karen	53	Coelacanth MSC-NT	45.00	44.74	10
---	Bridges, Carole	53	Wahoo MSC-CG	55.00	NS	

Women 50-54 200 SC Meter Backstroke**WORLD record: 2:22.37 W 2014-03-08 ELLEN REYNOLDS USA****SAMS record: 2:39.46 S 2014-07-19 Annemarie Dressler (Jhb) COEL-NT****2:42.86 50-54 SAQT SAMS Colours 2015-16**

1	Bridges, Carole	53	Wahoo MSC-CG	4:00.00	4:11.32	12
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Women 50-54 50 SC Meter Breaststroke**WORLD record: 33.96 W 2012-11-24 MONICA CORO ITA****SAMS record: 39.39 S 2012-08-23 Cecilia Stanford (CT)****37.21 50-54 SAQT SAMS Colours 2015-16**

1	Dressler, Annemarie	51	Coelacanth MSC-NT	39.40	40.15	12
2	Stanford, Cecilia	54	Cape Town MSC-WP	42.00	40.77	10
3	Verryn, Sabine	54	Coelacanth MSC-NT	45.00	42.97	8
4	Smith, Ruth	51	Waterborn SC - Masters-CG	45.00	46.00	7
5	Schiever, Joan	54	Highway MSC-KZ	1:00.00	48.63	6
6	Welgemoed, Janine	54	Cape Town MSC-WP	55.00	49.60	5
---	Callanan, Lynne	50	Phoenix MSC-CG	43.00	NS	

Women 50-54 100 SC Meter Breaststroke**WORLD record: 1:15.02 W 2015-03-21 UTE HASSE ESP****SAMS record: 1:26.95 S 2012-11-17 Cecilia Stanford (CT)****1:22.75 50-54 SAQT SAMS Colours 2015-16**

1	Dressler, Annemarie	51	Coelacanth MSC-NT	1:27.00	1:27.48	12
2	Schiever, Joan	54	Highway MSC-KZ	2:00.00	1:44.67	10
3	Smith, Ruth	51	Waterborn SC - Masters-CG	1:50.00	1:46.43	8
---	Verryn, Sabine	54	Coelacanth MSC-NT	1:39.00	NS	
---	Callanan, Lynne	50	Phoenix MSC-CG	1:45.00	NS	

Women 50-54 50 SC Meter Butterfly**WORLD record: 29.25 W 2013-03-16 LESLIE LIVINGSTON USA****SAMS record: 32.42 S 2011-07-28 Cecilia Stanford (CT)****31.84 50-54 SAQT SAMS Colours 2015-16**

1	Lee, Les	51	Aquabear SC - Masters-EP	38.00	41.24	12
---	de Klerk, Mariette	51	Wahoo MSC-CG	40.50	NS	
---	Welgemoed, Janine	54	Cape Town MSC-WP	50.00	NS	
---	Verryn, Sabine	54	Coelacanth MSC-NT	37.00	NS	

SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****Women 50-54 100 SC Meter IM**

WORLD record: 1:08.28 W 2012-03-09 K.PIPES-NEILSEN FRA
SAMS record: 1:11.56 S 2011-04-14 Cecilia Stanford (CT)
 1:13.47 50-54 SAQT SAMS Colours 2015-16

1	Stanford, Cecilia	54	Cape Town MSC-WP	1:19.00	1:17.23	12
2	Dressler, Annemarie	51	Coelacanth MSC-NT	1:20.00	1:21.55	10
3	Welgemoed, Janine	54	Cape Town MSC-WP	1:35.00	1:32.76	8
4	Bridges, Carole	53	Wahoo MSC-CG	2:00.00	1:54.37	7
---	Verryn, Sabine	54	Coelacanth MSC-NT	1:30.00	NS	

Women 50-54 400 SC Meter IM

WORLD record: 5:10.96 W 2014-09-26 ELLEN REYNOLDS USA
SAMS record: 5:36.89 S 2011-10-16 Cecilia Stanford (CT)
 5:50.38 50-54 SAQT SAMS Colours 2015-16

1	Smith, Ruth	51	Waterborn SC - Masters-CG	9:00.00	8:09.90	12
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Women 55-59 50 SC Meter Freestyle

WORLD record: 27.91 W 2015-05-17 SARAH MACDONALD CAN
SAMS record: 31.11 S 2011-10-16 Diane Coetzee (CT)
 30.70 55-59 SAQT SAMS Colours 2015-16

1	Reen, Pat	58	Aquabear SC - Masters-EP	33.00	33.50	12
2	Harrison, Peta	55	Highway MSC-KZ	42.00	39.42	10
3	Keating, Deborah	57	Waterborn SC - Masters-CG	50.00	42.90	8
4	Rode, Dawn	57	Highway MSC-KZ	NT	43.50	7
5	Vorster, Merryll	59	Wahoo MSC-CG	47.00	46.26	6
6	Robinson, Sue	58	Highway MSC-KZ	NT	47.46	5
7	Heymans, Maretha	59	Highway MSC-KZ	52.00	49.71	4

Women 55-59 100 SC Meter Freestyle

WORLD record: 1:01.33 W 2009-12-04 LAURA VAL USA
SAMS record: 1:07.61 S 2011-10-16 Diane Coetzee (CT)
 1:08.38 55-59 SAQT SAMS Colours 2015-16

1	Bosman, Denise	56	Bay Eagle Swim Team - Masters-EP	1:16.00	1:13.94	12
2	Reen, Pat	58	Aquabear SC - Masters-EP	1:18.00	1:14.22	10
3	Bloxham, Michelle	55	East Coast MSC-KZ	1:28.00	1:33.22	8
4	Russell, Claire	59	Highway MSC-KZ	1:30.00	1:35.73	7
5	Rode, Dawn	57	Highway MSC-KZ	NT	1:39.72	6
6	Robinson, Sue	58	Highway MSC-KZ	NT	1:42.45	5
7	Vorster, Merryll	59	Wahoo MSC-CG	1:55.00	1:43.00	4
8	Heymans, Maretha	59	Highway MSC-KZ	2:05.00	1:52.73	3
9	Bronkhorst, Liz	59	Phoenix MSC-CG	2:08.00	1:56.13	2

Women 55-59 800 SC Meter Freestyle

WORLD record: 9:51.35 W 2009-10-17 LAURA VAL USA
SAMS record: 10:37.18 S 2010-10-17 Diane Coetzee (CT)
 11:04.57 55-59 SAQT SAMS Colours 2015-16

1	Rode, Dawn	57	Highway MSC-KZ	NT	16:38.81	12
2	Vorster, Merryll	59	Wahoo MSC-CG	16:30.00	16:42.96	10
---	Bosman, Denise	56	Bay Eagle Swim Team - Masters-EP	11:40.00	NS	

Women 55-59 50 SC Meter Backstroke

WORLD record: 32.62 W 2009-10-24 LAURA VAL USA
SAMS record: 35.50 S 2013-10-20 Diane Coetzee (Stb) CPTW-WP
 36.28 55-59 SAQT SAMS Colours 2015-16

1	Degenaar, Jean	55	Cape Town MSC-WP	38.00	38.31	12
2	Alder, Elaine	58	Wahoo MSC-CG	48.00	45.38	10
3	Bloxham, Michelle	55	East Coast MSC-KZ	43.00	48.20	8
4	Heymans, Maretha	59	Highway MSC-KZ	1:45.00	57.64	7

SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****(Women 55-59 50 SC Meter Backstroke)**

5	Rode, Dawn	57	Highway MSC-KZ	NT	57.72	6
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Women 55-59 200 SC Meter Backstroke

WORLD record:	2:38.05	W	2015-02-07	NAOKO SHIDE	JPN
SAMS record:	2:47.43	S	2014-08-24	Diane Coetzee (Stb)	CPTW-WP
	2:53.18			55-59 SAQT SAMS Colours 2015-16	

1	Degenaar, Jean	55	Cape Town MSC-WP	2:55.00	2:56.56	12
2	Foster, Kim	56	Coelacanth MSC-NT	3:48.00	3:25.41	10
3	Bloxham, Michelle	55	East Coast MSC-KZ	3:22.00	3:45.65	8
---	Heymans, Maretha	59	Highway MSC-KZ	5:10.00	DQ	

Women 55-59 50 SC Meter Breaststroke

WORLD record:	36.29	W	2013-05-11	JENNY WHITELEY	AUS
SAMS record:	41.03	S	2014-10-19	Gail McCarney (Stb)	CPTW-WP
	39.36			55-59 SAQT SAMS Colours 2015-16	

1	Alder, Elaine	58	Wahoo MSC-CG	50.00	49.19	12
2	Bloxham, Michelle	55	East Coast MSC-KZ	45.00	49.78	10
3	Russell, Claire	59	Highway MSC-KZ	49.00	50.02	8
4	Goldstein, Heather	59	Highway MSC-KZ	52.00	51.77	7
5	Harrison, Peta	55	Highway MSC-KZ	56.00	53.66	6
6	Keating, Deborah	57	Waterborn SC - Masters-CG	55.00	55.58	5
7	Heymans, Maretha	59	Highway MSC-KZ	1:35.00	55.76	4
8	Rode, Dawn	57	Highway MSC-KZ	NT	58.42	3
9	Vorster, Merryll	59	Wahoo MSC-CG	1:03.00	1:01.99	2

Women 55-59 100 SC Meter Breaststroke

WORLD record:	1:18.45	W	2013-05-11	JENNY WHITELEY	AUS
SAMS record:	1:30.36	S	2014-09-21	Gail McCarney (Stb)	CPTW-WP
	1:27.53			55-59 SAQT SAMS Colours 2015-16	

1	Bloxham, Michelle	55	East Coast MSC-KZ	1:38.00	1:47.06	12
2	Alder, Elaine	58	Wahoo MSC-CG	1:55.00	1:50.98	10
3	Russell, Claire	59	Highway MSC-KZ	1:49.00	1:52.11	8
4	Goldstein, Heather	59	Highway MSC-KZ	1:55.00	1:53.13	7
5	Heymans, Maretha	59	Highway MSC-KZ	2:05.00	2:00.42	6
6	Vorster, Merryll	59	Wahoo MSC-CG	2:10.00	2:13.82	5

Women 55-59 50 SC Meter Butterfly

WORLD record:	31.13	W	2013-12-07	TRACI GRANGER	USA
SAMS record:	34.35	S	2015-07-11	Kim Foster (Jhb)	COEL-NT
	34.08			55-59 SAQT SAMS Colours 2015-16	

1	Foster, Kim	56	Coelacanth MSC-NT	35.00	35.24	12
2	Degenaar, Jean	55	Cape Town MSC-WP	35.00	35.55	10
3	Reen, Pat	58	Aquabear SC - Masters-EP	38.00	37.85	8
4	Goldstein, Heather	59	Highway MSC-KZ	55.00	54.25	7

Women 55-59 100 SC Meter Butterfly

WORLD record:	1:09.23	W	2009-12-06	LAURA VAL	USA
SAMS record:	1:19.48	S	2015-04-19	Jean Degenaar (CT)	CPTW-WP
	1:20.97			55-59 SAQT SAMS Colours 2015-16	

1	Foster, Kim	56	Coelacanth MSC-NT	1:25.00	1:25.04	12
2	Goldstein, Heather	59	Highway MSC-KZ	2:01.00	1:57.31	10
---	Degenaar, Jean	55	Cape Town MSC-WP	1:20.00	NS	

SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****Women 55-59 100 SC Meter IM**

WORLD record:	1:10.66	W	2013-06-23	JENNY WHITELEY	AUS			
SAMS record:	1:19.81	S	2015-04-19	Jean Degenaar (CT)	CPTW-WP			
	1:19.34			55-59 SAQT SAMS Colours 2015-16				
1	Alder, Elaine		58	Wahoo MSC-CG	1:45.00	1:41.47		12
2	Goldstein, Heather		59	Highway MSC-KZ	2:04.00	1:59.72		10
3	Vorster, Merryll		59	Wahoo MSC-CG	2:10.00	2:14.68		8
---	Degenaar, Jean		55	Cape Town MSC-WP	1:20.00	NS		

Women 55-59 400 SC Meter IM

WORLD record:	5:39.30	W	2009-11-21	LAURA VAL	USA			
SAMS record:	6:21.56	S	2011-01-23	Heather Campbell (Dbn)				
	6:16.28			55-59 SAQT SAMS Colours 2015-16				
1	Degenaar, Jean		55	Cape Town MSC-WP	6:30.00	6:09.28 S	SAQT	12
2	Bosman, Denise		56	Bay Eagle Swim Team - Masters-EP	7:15.00	6:49.06		10

Women 60-64 50 SC Meter Freestyle

WORLD record:	29.23	W	2013-12-07	LAURA VAL	USA			
SAMS record:	31.03	S	2011-04-14	Sanderina Kruger (CT)				
	32.17			60-64 SAQT SAMS Colours 2015-16				
1	Coetzee, Diane		60	Cape Town MSC-WP	32.00	31.63	SAQT	12
2	Thatcher, Annette		63	Highway MSC-KZ	34.00	33.66		10
3	Rollnick, Marissa		64	Phoenix MSC-CG	35.00	35.31		8
4	Sharkey, Therese		60	Winelands MSC-WP	36.00	37.28		7
5	Bailey, Colleen		61	East Coast MSC-KZ	NT	40.36		6
6	Griffiths, Bronwen		61	Highway MSC-KZ	49.68	47.65		5

Women 60-64 100 SC Meter Freestyle

WORLD record:	1:03.48	W	2014-12-05	LAURA VAL	USA			
SAMS record:	1:09.68	S	2015-04-19	Diane Coetzee (CT)	CPTW-WP			
	1:12.22			60-64 SAQT SAMS Colours 2015-16				
1	Coetzee, Diane		60	Cape Town MSC-WP	1:10.00	1:08.13 S	SAQT	12
2	Rollnick, Marissa		64	Phoenix MSC-CG	1:20.00	1:19.10		10
3	Sharkey, Therese		60	Winelands MSC-WP	1:20.00	1:19.12		8
4	Thatcher, Annette		63	Highway MSC-KZ	1:21.00	1:19.94		7
5	Brewis, Judy		61	Cape Town MSC-WP	1:22.00	1:25.62		6
6	Griffiths, Bronwen		61	Highway MSC-KZ	1:54.15	1:44.90		5

Women 60-64 800 SC Meter Freestyle

WORLD record:	10:21.68	W	2011-01-15	LAURA VAL	USA			
SAMS record:	11:49.95	S	2014-09-21	Judy Brewis (Stb)	CPTW-WP			
	11:47.61			60-64 SAQT SAMS Colours 2015-16				
1	Coetzee, Diane		60	Cape Town MSC-WP	11:05.00	10:48.05 S	SAQT	12
2	Mons, Maureen		64	Phoenix MSC-CG	12:52.00	12:43.18		10
3	Rollnick, Marissa		64	Phoenix MSC-CG	13:00.00	13:12.97		8

Women 60-64 50 SC Meter Backstroke

WORLD record:	33.01	W	2013-12-08	LAURA VAL	USA			
SAMS record:	35.60	S	2015-04-19	Diane Coetzee (CT)	CPTW-WP			
	39.16			60-64 SAQT SAMS Colours 2015-16				
1	Coetzee, Diane		60	Cape Town MSC-WP	37.00	35.62	SAQT	12
2	Sharkey, Therese		60	Winelands MSC-WP	40.00	39.76		10
3	Bromfield, Morag		63	East Coast MSC-KZ	40.00	39.97		8
4	Brewis, Judy		61	Cape Town MSC-WP	43.00	44.21		7
5	Bailey, Colleen		61	East Coast MSC-KZ	NT	45.42		6
6	Griffiths, Bronwen		61	Highway MSC-KZ	1:03.81	1:03.12		5

SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****Women 60-64 200 SC Meter Backstroke**

WORLD record:	2:41.71	W	2012-11-30	LAURA VAL		USA			
SAMS record:	2:46.71	S	2015-08-30	Diane Coetzee (CT)		CPTW-WP			
	3:05.19			60-64 SAQT SAMS Colours 2015-16					
1	Sharkey, Therese		60	Winelands MSC-WP	3:09.00		3:02.10	SAQT	12
2	Brewis, Judy		61	Cape Town MSC-WP	3:20.00		3:21.45		10
3	Bromfield, Morag		63	East Coast MSC-KZ	3:20.00		3:23.37		8

Women 60-64 50 SC Meter Breaststroke

WORLD record:	38.60	W	2002-03-18	MONIKA SENFTLEBEN		GER			
SAMS record:	43.00	S	2014-04-10	Sandra Reeves (Stb)		DOLP-WP			
	41.90			60-64 SAQT SAMS Colours 2015-16					
1	Reeves, Sandy		61	Cape Dolphins MSC-WP	44.00		43.79		12
2	Thatcher, Annette		63	Highway MSC-KZ	45.00		43.98		10

Women 60-64 100 SC Meter Breaststroke

WORLD record:	1:26.43	W	2002-10-06	HANNELORE ROSE		GER			
SAMS record:	1:38.47	S	2010-10-24	Bev Shuttleworth (Dbn)					
	1:32.84			60-64 SAQT SAMS Colours 2015-16					
1	Reeves, Sandy		61	Cape Dolphins MSC-WP	1:40.00		1:39.62		12

Women 60-64 50 SC Meter Butterfly

WORLD record:	32.42	W	2013-10-06	LAURA VAL		USA			
SAMS record:	37.90	S	2009-10-18	Sanderina Kruger (CT)					
	36.34			60-64 SAQT SAMS Colours 2015-16					
1	Bailey, Colleen		61	East Coast MSC-KZ	NT		50.14		12

Women 60-64 100 SC Meter IM

WORLD record:	1:15.07	W	2013-10-06	LAURA VAL		USA			
SAMS record:	1:33.06	S	2015-04-12	Annette Thatcher (Dbn)		HIGH-KZ			
	1:25.27			60-64 SAQT SAMS Colours 2015-16					
1	Thatcher, Annette		63	Highway MSC-KZ	1:32.00		1:32.16 S		12
2	Mons, Maureen		64	Phoenix MSC-CG	1:40.00		1:37.94		10
3	Bailey, Colleen		61	East Coast MSC-KZ	NT		1:53.50		8

Women 60-64 400 SC Meter IM

WORLD record:	5:51.81	W	2011-09-25	LAURA VAL		USA			
SAMS record:	7:03.05	S	2010-10-17	Jenny Ireland (CT)					
	6:58.48			60-64 SAQT SAMS Colours 2015-16					
1	Sharkey, Therese		60	Winelands MSC-WP	6:55.00		6:46.59 S	SAQT	12
2	Mons, Maureen		64	Phoenix MSC-CG	7:34.00		7:32.00		10

Women 65-69 50 SC Meter Freestyle

WORLD record:	31.64	W	2014-10-19	SANDERINA KRUGER		RSA			
SAMS record:	31.22	S	2015-08-30	Sanderina Kruger (CT)		CPTW-WP			
	33.96			65-69 SAQT SAMS Colours 2015-16					
1	Clark, Rosemary		67	East Coast MSC-KZ	42.00		41.40		12
2	Sandri, Angelika		65	Coelacanth MSC-NT	42.37		42.04		10
3	McLaren, Isabel		66	Coelacanth MSC-NT	47.00		46.56		8
4	Fyfe, Joyce		68	Coelacanth MSC-NT	48.00		46.73		7
5	Ferreira, Mercia		66	Wahoo MSC-CG	47.32		47.25		6
6	Gray, Ann		67	Highway MSC-KZ	53.00		54.06		5

Women 65-69 100 SC Meter Freestyle

WORLD record:	1:10.76	W	2011-11-13	DIANN UUSTAL		USA			
SAMS record:	1:08.25	S	2015-09-20	Sanderina Kruger (CT)		CPTW-WP			
	1:18.14			65-69 SAQT SAMS Colours 2015-16					
1	Clark, Rosemary		67	East Coast MSC-KZ	1:32.00		1:31.59		12
2	Godfrey, Colleen		66	Cape Dolphins MSC-WP	1:45.00		1:33.29		10

SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****(Women 65-69 100 SC Meter Freestyle)**

3	Sandri, Angelika	65	Coelacanth MSC-NT	1:37.37	1:34.86	8
4	McLaren, Isabel	66	Coelacanth MSC-NT	1:48.00	1:44.46	7
5	Fyfe, Joyce	68	Coelacanth MSC-NT	1:55.00	1:46.98	6
6	Gray, Ann	67	Highway MSC-KZ	1:58.00	2:00.14	5
7	Hughes, Diane	69	East Coast MSC-KZ	2:10.00	2:08.05	4

Women 65-69 800 SC Meter Freestyle

WORLD record: 11:24.13 W 2008-08-30 JEN THOMASSEN AUS

SAMS record: 13:41.53 S 2011-09-24 Elsa Craig (PE)

13:09.69 65-69 SAQT SAMS Colours 2015-16

1	Ireland, Jenny	65	Highway MSC-KZ	NT	13:48.13	12
2	Shuttleworth, Bev	68	Highway MSC-KZ	14:50.00	13:50.01	10
3	Godfrey, Colleen	66	Cape Dolphins MSC-WP	15:25.00	14:40.21	8
4	Gray, Ann	67	Highway MSC-KZ	18:40.00	18:15.00	7
5	Hughes, Diane	69	East Coast MSC-KZ	19:20.00	19:09.18	6

Women 65-69 50 SC Meter Backstroke

WORLD record: 35.58 W 2011-03-19 DIANN UUSTAL USA

SAMS record: 41.12 S 2015-07-19 Sanderina Kruger (CT) CPTW-WP

40.64 65-69 SAQT SAMS Colours 2015-16

1	Fyfe, Joyce	68	Coelacanth MSC-NT	1:00.00	54.41	12
2	Ferreira, Mercia	66	Wahoo MSC-CG	1:06.00	1:03.58	10
3	McLaren, Isabel	66	Coelacanth MSC-NT	1:03.00	1:05.87	8
4	vd Walt, Carol	67	ET Stingrays MSC-ES	1:07.00	1:08.98	7
5	Hughes, Diane	69	East Coast MSC-KZ	1:12.00	1:13.17	6

Women 65-69 200 SC Meter Backstroke

WORLD record: 2:53.36 W 2011-12-04 DIANN UUSTAL USA

SAMS record: 3:31.69 S 2013-10-20 Therese Russell (Stb)

3:23.67 65-69 SAQT SAMS Colours 2015-16

1	Fyfe, Joyce	68	Coelacanth MSC-NT	5:10.00	4:46.27	12
2	vd Walt, Carol	67	ET Stingrays MSC-ES	5:10.00	5:13.40	10

Women 65-69 50 SC Meter Breaststroke

WORLD record: 40.90 W 2010-05-09 NOBUKO YASUDA JPN

SAMS record: 45.00 S 2012-10-07 Bev Shuttleworth (Pmb)

44.21 65-69 SAQT SAMS Colours 2015-16

1	Shuttleworth, Bev	68	Highway MSC-KZ	49.00	47.62	12
2	Sandri, Angelika	65	Coelacanth MSC-NT	53.06	54.46	10
3	Godfrey, Colleen	66	Cape Dolphins MSC-WP	1:00.00	56.73	8
4	McLaren, Isabel	66	Coelacanth MSC-NT	58.00	1:00.11	7
5	Ferreira, Mercia	66	Wahoo MSC-CG	1:02.00	1:03.52	6
6	Hughes, Diane	69	East Coast MSC-KZ	1:20.00	1:17.90	5

Women 65-69 100 SC Meter Breaststroke

WORLD record: 1:28.73 W 2010-01-24 NOBUKO YASUDA JPN

SAMS record: 1:42.50 S 2012-04-15 Bev Shuttleworth (Dbn)

1:39.04 65-69 SAQT SAMS Colours 2015-16

1	Ireland, Jenny	65	Highway MSC-KZ	NT	1:46.70	12
2	Shuttleworth, Bev	68	Highway MSC-KZ	1:50.00	1:49.51	10
3	Sandri, Angelika	65	Coelacanth MSC-NT	1:59.08	1:55.55	8
4	Godfrey, Colleen	66	Cape Dolphins MSC-WP	2:05.00	2:00.87	7
5	Hughes, Diane	69	East Coast MSC-KZ	2:50.00	2:48.22	6

SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****Women 65-69 50 SC Meter Butterfly**

WORLD record: 33.82 W 2015-02-15 CHARLOTTE DAVIS USA
SAMS record: 43.03 S 2011-09-24 Elsa Craig (PE)
 39.30 65-69 SAQT SAMS Colours 2015-16

1	Clark, Rosemary	67	East Coast MSC-KZ	1:02.00	53.62	12
2	Gray, Ann	67	Highway MSC-KZ	1:20.00	1:17.99	10

Women 65-69 100 SC Meter Butterfly

WORLD record: 1:23.41 W 2011-11-05 BRIGITTE MERTEN GER
SAMS record: 1:50.77 S 2013-09-21 Elsa Craig (PE)
 1:37.93 65-69 SAQT SAMS Colours 2015-16

1	Ireland, Jenny	65	Highway MSC-KZ	NT	1:42.26 S	12
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Women 65-69 100 SC Meter IM

WORLD record: 1:19.10 W 2015-02-15 CHARLOTTE DAVIS USA
SAMS record: 1:37.39 S 2014-09-27 Elsa Craig (PE) BEST-EP
 1:30.64 65-69 SAQT SAMS Colours 2015-16

1	Ireland, Jenny	65	Highway MSC-KZ	NT	1:40.03	12
2	Sandri, Angelika	65	Coelacanth MSC-NT	1:52.00	1:53.42	10
3	Ferreira, Mercia	66	Wahoo MSC-CG	2:05.00	2:03.82	8
4	Hughes, Diane	69	East Coast MSC-KZ	2:40.00	2:40.99	7

Women 65-69 400 SC Meter IM

WORLD record: 6:31.71 W 2010-12-04 CAROLYN BOAK USA
SAMS record: 7:27.00 S 2015-03-01 Jenny Ireland (Dbn) HIGH-KZ
 7:40.00 65-69 SAQT SAMS Colours 2015-16

1	Ireland, Jenny	65	Highway MSC-KZ	NT	7:20.98 S SAQT	12
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Women 70-74 50 SC Meter Freestyle

WORLD record: 33.34 W 2010-11-27 CHRISTEL SCHULZ GER
SAMS record: 39.40 S 2014-10-19 Lenchen Zundorf (Stb) CPTW-wp
 37.48 70-74 SAQT SAMS Colours 2015-16

1	Craig, Elsa	70	Bay Eagle Swim Team - Masters-EP	38.00	40.00	12
2	Angelos, Merle	70	East Coast MSC-KZ	NT	48.39	10
3	Burger, Rita	70	Coelacanth MSC-NT	NT	51.20	8

Women 70-74 100 SC Meter Freestyle

WORLD record: 1:12.97 W 2009-06-14 YOSHIKO OSAKI JPN
SAMS record: 1:37.25 S 2014-01-19 Willij Kokott (Dbn) HIGH-KZ
 1:26.32 70-74 SAQT SAMS Colours 2015-16

1	Angelos, Merle	70	East Coast MSC-KZ	NT	1:48.42	12
2	Burger, Rita	70	Coelacanth MSC-NT	NT	1:57.70	10

Women 70-74 50 SC Meter Backstroke

WORLD record: 37.50 W 2015-03-21 MARGIT OHLSSON SWE
SAMS record: 48.04 S 2014-10-19 Lenchen Zundorf (Stb) CPTW-WP
 43.74 70-74 SAQT SAMS Colours 2015-16

1	Angelos, Merle	70	East Coast MSC-KZ	NT	53.40	12
2	Burger, Rita	70	Coelacanth MSC-NT	NT	57.18	10

Women 70-74 200 SC Meter Backstroke

WORLD record: 3:05.43 W 2014-05-24 CLARY MUNNS AUS
SAMS record: 3:55.50 S 2015-03-01 Willij Kokott (Dbn) HIGH-KZ
 3:42.41 70-74 SAQT SAMS Colours 2015-16

1	Burger, Rita	70	Coelacanth MSC-NT	NT	4:29.54	12
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SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****Women 70-74 50 SC Meter Breaststroke**

WORLD record: 42.80 W 2005-02-27 SHOKO YONEZAWA JPN
SAMS record: 52.80 S 2014-10-19 Lenchen Zundorf (Stb) CPTW-WP
 48.18 70-74 SAQT SAMS Colours 2015-16

1 Angelos, Merle 70 East Coast MSC-KZ NT 1:07.59 12

Women 70-74 50 SC Meter Butterfly

WORLD record: 36.10 W 2015-03-26 JUDY WILSON FRA
SAMS record: 55.22 S 2012-04-15 Gill Tregenna (Dbn)
 44.58 70-74 SAQT SAMS Colours 2015-16

1 Craig, Elsa 70 Bay Eagle Swim Team - Masters-EP 42.00 41.96 S SAQT 12

Women 70-74 100 SC Meter Butterfly

WORLD record: 1:24.10 W 2015-03-27 JUDY WILSON FRA
SAMS record: 59:59.99 S Vacant
 1:53.74 70-74 SAQT SAMS Colours 2015-16

1 Craig, Elsa 70 Bay Eagle Swim Team - Masters-EP 1:58.00 1:54.94 S 12

Women 70-74 100 SC Meter IM

WORLD record: 1:24.88 W 2009-10-18 YOSHIKO OSAKI JPN
SAMS record: 2:03.94 S 4-1998 L Parrington (Dbn)
 1:41.24 70-74 SAQT SAMS Colours 2015-16

1 Craig, Elsa 70 Bay Eagle Swim Team - Masters-EP 1:50.00 1:38.41 S SAQT 12

Women 70-74 400 SC Meter IM

WORLD record: 6:51.30 W 2015-04-08 CLARY MUNNS AUS
SAMS record: 59:59.99 S Vacant
 8:35.38 70-74 SAQT SAMS Colours 2015-16

1 Craig, Elsa 70 Bay Eagle Swim Team - Masters-EP 8:00.00 7:43.94 S SAQT 12

Women 75-79 100 SC Meter Freestyle

WORLD record: 1:18.59 W 2006-03-25 JANE ASHER GBR
SAMS record: 1:29.36 S 2014-07-19 Sue Leuner (Jhb) PHOE-CG
 1:33.62 75-79 SAQT SAMS Colours 2015-16

1 Hanson, Ann 77 Coelacanth MSC-NT 2:10.00 2:04.59 12

Women 75-79 50 SC Meter Breaststroke

WORLD record: 43.79 W 2010-02-14 SHOKO YONEZAWA JPN
SAMS record: 1:11.39 S 1996-03-17 G Calitz
 50.71 75-79 SAQT SAMS Colours 2015-16

1 Hanson, Ann 77 Coelacanth MSC-NT 1:25.00 1:17.88 12

Women 75-79 100 SC Meter Breaststroke

WORLD record: 1:36.48 W 2010-03-21 SHOKO YONEZAWA JPN
SAMS record: 2:50.94 S 11-1996 E Buck (Dbn)
 1:53.70 75-79 SAQT SAMS Colours 2015-16

1 Hanson, Ann 77 Coelacanth MSC-NT 3:20.00 2:55.06 12

Women 80-84 50 SC Meter Freestyle

WORLD record: 37.67 W 2011-06-25 JANE ASHER GBR
SAMS record: 1:09.68 S 2015-01-18 Wendy Saunders (Dbn) EACS-KZ
 46.54 80-84 SAQT SAMS Colours 2015-16

1 Saunders, Wendy 80 East Coast MSC-KZ 1:12.59 1:11.10 12

Women 80-84 100 SC Meter Freestyle

WORLD record: 1:24.44 W 2011-06-25 JANE ASHER GBR
SAMS record: 2:54.08 S 2007-10-21 Renee Truter (Stb)
 1:48.49 80-84 SAQT SAMS Colours 2015-16

1 Saunders, Wendy 80 East Coast MSC-KZ 3:17.00 2:48.38 S 12

SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****Women 80-84 50 SC Meter Backstroke**

WORLD record: 46.10 W 2011-05-21 JANE ASHER GBR

SAMS record: 1:22.74 S 1999-08-22 E Buck (Dbn)
56.61 80-84 SAQT SAMS Colours 2015-16

1 Saunders, Wendy 80 East Coast MSC-KZ 1:22.00 1:30.53 12

Women 80-84 50 SC Meter Breaststroke

WORLD record: 46.48 W 2015-03-08 SHOKO YONEZAWA JPN

SAMS record: 1:21.18 S 1999-08-22 E Buck (Dbn)
59.19 80-84 SAQT SAMS Colours 2015-16

1 Saunders, Wendy 80 East Coast MSC-KZ 1:19.00 1:46.91 12

Women 80-84 100 SC Meter Breaststroke

WORLD record: 1:46.58 W 2015-02-08 SHOKO YONEZAWA JPN

SAMS record: 2:59.69 S 4-1999 E Buck (Dbn)
2:18.84 80-84 SAQT SAMS Colours 2015-16

1 Saunders, Wendy 80 East Coast MSC-KZ 3:01.00 3:57.87 12

Women 90-94 100 SC Meter Freestyle

WORLD record: 1:58.28 W 2013-03-09 OLGA KOKORINA RUS

SAMS record: 59:59.99 S Vacant
3:11.81 90-94 SAQT SAMS Colours 2015-16

1 Kloos, Kascha 90 Cape Town MSC-WP 2:50.00 2:44.43 S SAQT 12

Women 90-94 800 SC Meter Freestyle

WORLD record: 18:38.69 W 2011-12-04 MAURINE KORNFELD USA

SAMS record: 59:59.99 S Vacant

1 Kloos, Kascha 90 Cape Town MSC-WP 28:00.00 27:22.66 S 12

Women 90-94 50 SC Meter Backstroke

WORLD record: 1:05.70 W 2006-10-29 WILLY VAN RYSEL GBR

SAMS record: 59:59.99 S Vacant
1:36.66 90-94 SAQT SAMS Colours 2015-16

1 Kloos, Kascha 90 Cape Town MSC-WP 1:35.00 1:26.20 S SAQT 12

Women 90-94 50 SC Meter Breaststroke

WORLD record: 1:02.33 W 2013-03-09 OLGA KOKORINA RUS

SAMS record: 59:59.99 S Vacant
2:12.56 90-94 SAQT SAMS Colours 2015-16

1 Kloos, Kascha 90 Cape Town MSC-WP 1:50.00 1:37.46 S SAQT 12

Men 19-24 50 SC Meter Freestyle

WORLD record: 0.01 W 2000 Invalid FINA age group

SAMS record: 24.93 S 2013-08-17 Justin Nicklin (Jhb) AQUA-CG
23.02 19-24 SAQT SAMS Colours 2015-16

1 Roomaney, Karl 24 Quick Silver Sw Ac - Masters-WP 29.02 29.58 12

--- Vogel, Carl 22 Cape Town MSC-WP 26.00 NS

--- Hadlow, David 22 Wahoo MSC-CG 27.00 NS

Men 19-24 100 SC Meter Freestyle

WORLD record: 0.01 W 2000 Invalid FINA age group

SAMS record: 54.89 S 2013-10-19 Justin Nicklin (Jhb)
51.52 19-24 SAQT SAMS Colours 2015-16

--- Roomaney, Karl 24 Quick Silver Sw Ac - Masters-WP 1:25.00 NS

--- Hadlow, David 22 Wahoo MSC-CG 1:00.00 NS

SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****Men 19-24 50 SC Meter Backstroke**

WORLD record: 0.01 W 2000 Invalid FINA age group
SAMS record: 28.75 S 2001-08-04 Schalk Malan (Jhb)
 26.28 19-24 SAQT SAMS Colours 2015-16

--- Hadlow, David 22 Wahoo MSC-CG 30.00 NS

Men 19-24 200 SC Meter Backstroke

WORLD record: 0.01 W 2000 Invalid FINA age group
SAMS record: 2:31.90 S 11-2004 Ryan Spencer (Dbn)
 2:09.62 19-24 SAQT SAMS Colours 2015-16

--- Hadlow, David 22 Wahoo MSC-CG 2:30.00 NS

Men 19-24 100 SC Meter IM

WORLD record: 0.01 W 2000 Invalid FINA age group
SAMS record: 1:01.84 S 2012-09-22 Byron Lockett (PE)
 58.02 19-24 SAQT SAMS Colours 2015-16

1 Roomaney, Karl 24 Quick Silver Sw Ac - Masters-WP 1:45.00 1:21.47 12
 --- Hadlow, David 22 Wahoo MSC-CG 1:05.00 NS

Men 25-29 50 SC Meter Freestyle

WORLD record: 21.37 W 2014-11-15 CESAR CIELO USA
SAMS record: 23.61 S 2011-10-16 Chris King (CT)
 23.02 25-29 SAQT SAMS Colours 2015-16

1 Tlhakuli, Quincy 29 Coelacanth MSC-NT 30.00 30.29 12

Men 25-29 100 SC Meter Freestyle

WORLD record: 47.43 W 2014-11-16 CESAR CIELO USA
SAMS record: 51.60 S 2011-10-16 Chris King (CT)
 51.52 25-29 SAQT SAMS Colours 2015-16

1 Tlhakuli, Quincy 29 Coelacanth MSC-NT 1:06.00 1:08.23 12

Men 25-29 800 SC Meter Freestyle

WORLD record: 8:07.91 W 2001-04-12 A.ANGELOTTI BRA
SAMS record: 8:41.57 S 2011-10-16 Phil Emslie (CT)
 8:52.98 25-29 SAQT SAMS Colours 2015-16

1 Venter, Tyron 29 Phoenix MSC-CG 9:20.00 9:22.77 12
 2 Tlhakuli, Quincy 29 Coelacanth MSC-NT 10:00.00 14:11.09 10

Men 25-29 200 SC Meter Backstroke

WORLD record: 1:56.22 W 2006-12-16 STEFAN HERBST GER
SAMS record: 2:08.46 S 2011-10-16 Chris King (CT)
 2:09.62 25-29 SAQT SAMS Colours 2015-16

1 Venter, Tyron 29 Phoenix MSC-CG 2:30.00 2:26.95 12

Men 25-29 50 SC Meter Butterfly

WORLD record: 23.53 W 2013-11-24 DARIAN TOWNSEND USA
SAMS record: 26.77 S 2007-10-14 Ryan Spencer (Pmb)
 24.83 25-29 SAQT SAMS Colours 2015-16

1 Venter, Tyron 29 Phoenix MSC-CG 28.00 27.84 12
 2 Tlhakuli, Quincy 29 Coelacanth MSC-NT 33.00 33.81 10

Men 25-29 100 SC Meter Butterfly

WORLD record: 52.45 W 2013-11-03 DARIAN TOWNSEND USA
SAMS record: 1:00.60 S 9-2001 J Fourie (Pmb)
 55.97 25-29 SAQT SAMS Colours 2015-16

1 Venter, Tyron 29 Phoenix MSC-CG 1:00.50 1:00.80 12

SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****Men 25-29 100 SC Meter IM**

WORLD record: 53.47 W 2013-11-03 **DARIAN TOWNSEND** USA
SAMS record: 1:02.12 S 2006-01-22 **Ryan Spencer (Dbn)**
 58.02 25-29 SAQT SAMS Colours 2015-16

1 Tlhakuli, Quincy 29 Coelacanth MSC-NT 2:00.00 1:28.11 12

Men 25-29 400 SC Meter IM

WORLD record: 4:14.51 W 2009-11-15 **IKUMI HASEGAWA** JPN
SAMS record: 4:59.43 S 2014-08-30 **Tyron Venter (Jhb)** PHOE-CG
 4:44.90 25-29 SAQT SAMS Colours 2015-16

1 Venter, Tyron 29 Phoenix MSC-CG 4:59.00 4:59.12 S 12

Men 30-34 50 SC Meter Freestyle

WORLD record: 21.98 W 2011-10-29 **NICHOLAS BRUNELLI** USA
SAMS record: 23.79 S 2005-10-23 **Andrew Biram (Jhb)**
 23.45 30-34 SAQT SAMS Colours 2015-16

1 Manelli, Leonardo 33 Cape Town MSC-WP 31.00 30.63 12

Men 30-34 100 SC Meter Freestyle

WORLD record: 48.08 W 2014-09-27 **DARIAN TOWNSEND** USA
SAMS record: 54.13 S 2005-10-23 **Paul Fryer (Jhb)**
 51.67 30-34 SAQT SAMS Colours 2015-16

1 Manelli, Leonardo 33 Cape Town MSC-WP 1:11.00 1:09.87 12

Men 30-34 50 SC Meter Breaststroke

WORLD record: 27.11 W 2009-09-26 **MARCELO TOMAZINI** BRA
SAMS record: 30.61 S 2002-10-13 **K Cawood (Jhb)**
 28.89 30-34 SAQT SAMS Colours 2015-16

1 Joubert, Jacques 32 Cape Town MSC-WP 33.00 32.43 12

2 Deyi, Lwazi 34 East Coast MSC-KZ NT 35.05 10

3 Naidoo, Najen 34 East Coast MSC-KZ 42.00 41.00 8

Men 30-34 100 SC Meter Breaststroke

WORLD record: 1:00.72 W 2008-12-13 **MARCELO TOMAZINI** BRA
SAMS record: 1:08.79 S 2005-08-21 **Andrew Sexton (CT)**
 1:03.92 30-34 SAQT SAMS Colours 2015-16

1 Joubert, Jacques 32 Cape Town MSC-WP 1:12.00 1:10.39 12

2 Deyi, Lwazi 34 East Coast MSC-KZ NT 1:17.36 10

3 Naidoo, Najen 34 East Coast MSC-KZ 1:45.00 1:28.64 8

Men 30-34 100 SC Meter IM

WORLD record: 53.75 W 2014-09-27 **DARIAN TOWNSEND** USA
SAMS record: 1:02.47 S 10-2003 **Cliff Lyne (Dbn)**
 59.01 30-34 SAQT SAMS Colours 2015-16

1 Joubert, Jacques 32 Cape Town MSC-WP 1:06.00 1:05.71 12

2 Naidoo, Najen 34 East Coast MSC-KZ 1:27.00 1:22.75 10

Men 30-34 400 SC Meter IM

WORLD record: 4:19.69 W 2009-12-05 **TAMAS KEREKJARTO** USA
SAMS record: 5:06.62 S 2012-09-20 **Dave Nel (CT)**
 4:49.59 30-34 SAQT SAMS Colours 2015-16

1 Deyi, Lwazi 34 East Coast MSC-KZ NT 5:52.44 12

2 Naidoo, Najen 34 East Coast MSC-KZ 8:30.00 7:04.00 10

Men 35-39 50 SC Meter Freestyle

WORLD record: 21.53 W 2007-10-27 **MARK FOSTER** GBR
SAMS record: 22.48 S 2014-10-19 **Ryk Neethling (Stb)** CPTW-WP
 23.89 35-39 SAQT SAMS Colours 2015-16

1 Reen, Bradley 39 Aquabear SC - Masters-EP 23.90 25.12 12

SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****(Men 35-39 50 SC Meter Freestyle)**

2	Richards, Jay	38	Cape Town MSC-WP	26.00	26.02	10
3	Erasmus, Jaco	37	Wahoo MSC-CG	27.00	26.19	8
4	Steenkamp, Neil	38	Cape Town MSC-WP	28.00	28.36	7
5	Ross, Neil	36	Coelacanth MSC-NT	35.00	34.28	6

Men 35-39 100 SC Meter Freestyle

WORLD record: 49.53 W 2000-03-19 **JOHN MIRANDA** SWE
SAMS record: 53.42 S 11-2014 **Bradley Reen (PE)** AQUB-EP
52.63 35-39 SAQT SAMS Colours 2015-16

1	Reen, Bradley	39	Aquabear SC - Masters-EP	54.00	53.22 S	12
2	Erasmus, Jaco	37	Wahoo MSC-CG	1:02.00	59.29	10
3	Steenkamp, Neil	38	Cape Town MSC-WP	1:02.00	1:08.61	8
4	Ross, Neil	36	Coelacanth MSC-NT	1:10.00	1:15.69	7

Men 35-39 800 SC Meter Freestyle

WORLD record: 8:16.19 W 2009-12-06 **ALEX KOSTICH** USA
SAMS record: 9:46.33 S 9-2004 **Bruce Sneddon (CT)**
8:59.27 35-39 SAQT SAMS Colours 2015-16

--- Reen, Bradley 39 Aquabear SC - Masters-EP 9:50.00 NS

Men 35-39 50 SC Meter Backstroke

WORLD record: 25.72 W 2009-10-18 **EDILSON SILVA** USA
SAMS record: 27.95 S 2012-05-19 **Simon Thirsk (Jhb)**
27.16 35-39 SAQT SAMS Colours 2015-16

1	Richards, Jay	38	Cape Town MSC-WP	29.00	29.96	12
2	Erasmus, Jaco	37	Wahoo MSC-CG	36.00	35.99	10
3	Ross, Neil	36	Coelacanth MSC-NT	40.00	41.71	8

Men 35-39 50 SC Meter Breaststroke

WORLD record: 27.79 W 2009-12-06 **JEFF COMMINGS** USA
SAMS record: 31.34 S 2009-12-06 **Kieren Lawrenson (Dbn)**
29.47 35-39 SAQT SAMS Colours 2015-16

1	Richards, Jay	38	Cape Town MSC-WP	31.00	33.19	12
2	Erasmus, Jaco	37	Wahoo MSC-CG	44.00	40.63	10
3	Ross, Neil	36	Coelacanth MSC-NT	43.00	46.04	8
---	Ackermann, Kevin	39	Aquabear SC - Masters-EP	37.91	NS	

Men 35-39 100 SC Meter Breaststroke

WORLD record: 1:01.18 W 2013-09-15 **RYOSUKE IMAI** JPN
SAMS record: 1:11.19 S 2010-10-24 **Kieren Lawrenson (Dbn)**
1:05.13 35-39 SAQT SAMS Colours 2015-16

--- Ackermann, Kevin 39 Aquabear SC - Masters-EP 1:25.00 NS

Men 35-39 50 SC Meter Butterfly

WORLD record: 23.72 W 2011-03-20 **LARS FROLANDER** SWE
SAMS record: 27.36 S 2014-10-19 **Jay Richards (Stb)** CPTW-WP
25.70 35-39 SAQT SAMS Colours 2015-16

1	Richards, Jay	38	Cape Town MSC-WP	27.00	28.56	12
2	Steenkamp, Neil	38	Cape Town MSC-WP	30.00	32.60	10
---	Erasmus, Jaco	37	Wahoo MSC-CG	31.00	NS	

Men 35-39 100 SC Meter Butterfly

WORLD record: 54.27 W 2011-12-04 **IGOR MARCHENKO** USA
SAMS record: 1:03.75 S 2009-09-20 **Kieren Lawrenson (Dbn)**
57.34 35-39 SAQT SAMS Colours 2015-16

1	Reen, Bradley	39	Aquabear SC - Masters-EP	1:00.00	1:05.41	12
---	Steenkamp, Neil	38	Cape Town MSC-WP	1:16.00	NS	

SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****Men 35-39 100 SC Meter IM**

WORLD record: 56.36 W 2012-12-02 GLENN COUNTS USA
SAMS record: 1:02.64 S 2012-05-19 Simon Thirsk (Jhb)
 59.58 35-39 SAQT SAMS Colours 2015-16

1	Steenkamp, Neil	38	Cape Town MSC-WP	1:20.00	1:31.14	12
---	Erasmus, Jaco	37	Wahoo MSC-CG	1:10.00	NS	

Men 40-44 50 SC Meter Freestyle

WORLD record: 23.06 W 2009-12-06 M.GIALDI ITA
SAMS record: 25.13 S 2013-10-06 David Letschert (Pmb)
 24.26 40-44 SAQT SAMS Colours 2015-16

1	Collins, Stuart	41	Wahoo MSC-CG	29.00	29.23	12
2	Nel, Andre	41	Waterborn SC - Masters-CG	1:00.00	30.71	10
3	Serfontein, Barry	42	Aquabear SC - Masters-EP	31.16	31.20	8
4	Frappier, Ulrich	43	Cape Dolphins MSC-WP	38.03	39.34	7
---	van Heerden, Jac	40	Waterborn SC - Masters-CG	29.00	NS	

Men 40-44 100 SC Meter Freestyle

WORLD record: 50.43 W 2008-12-06 MICHAEL ROSS USA
SAMS record: 56.36 S 10-2003 Rob Manners-Wood (CT)
 53.16 40-44 SAQT SAMS Colours 2015-16

1	Collins, Stuart	41	Wahoo MSC-CG	1:05.00	1:05.47	12
2	Serfontein, Barry	42	Aquabear SC - Masters-EP	1:09.00	1:07.09	10
3	Nel, Andre	41	Waterborn SC - Masters-CG	2:05.00	1:12.26	8
---	van Heerden, Jac	40	Waterborn SC - Masters-CG	1:05.00	NS	

Men 40-44 800 SC Meter Freestyle

WORLD record: 8:21.78 W 2011-12-04 ALEX KOSTICH USA
SAMS record: 9:33.07 S 11-2004 Gregg Price (Jhb)
 9:05.54 40-44 SAQT SAMS Colours 2015-16

1	Richard, Shayne	42	East Coast MSC-KZ	15:00.00	12:40.72	12
2	Barker, Bryan	42	East Coast MSC-KZ	14:00.00	12:48.70	10

Men 40-44 50 SC Meter Backstroke

WORLD record: 25.53 W 2009-12-12 MICHAEL ROSS USA
SAMS record: 29.19 S 2007-05-12 Harald Ruck (Jhb)
 27.97 40-44 SAQT SAMS Colours 2015-16

1	Serfontein, Barry	42	Aquabear SC - Masters-EP	35.72	37.03	12
2	Frappier, Ulrich	43	Cape Dolphins MSC-WP	51.15	50.87	10

Men 40-44 50 SC Meter Breaststroke

WORLD record: 28.52 W 2014-12-07 STEVE WEST USA
SAMS record: 32.01 S 2010-10-10 Cliff Lyne (Pmb)
 29.95 40-44 SAQT SAMS Colours 2015-16

1	Nel, Andre	41	Waterborn SC - Masters-CG	1:05.00	40.21	12
2	Barker, Bryan	42	East Coast MSC-KZ	1:00.00	45.31	10
3	Frappier, Ulrich	43	Cape Dolphins MSC-WP	45.28	46.46	8

Men 40-44 100 SC Meter Breaststroke

WORLD record: 1:01.42 W 2014-12-06 STEVE WEST USA
SAMS record: 1:12.69 S 2007-11-17 Johan van der Merwe (CT)
 1:06.20 40-44 SAQT SAMS Colours 2015-16

1	Nel, Andre	41	Waterborn SC - Masters-CG	2:15.00	1:28.82	12
2	Barker, Bryan	42	East Coast MSC-KZ	2:00.00	1:43.17	10

SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****Men 40-44 50 SC Meter Butterfly**

WORLD record:	24.14	W	2014-03-16	LARS FROLANDER		SWE		
SAMS record:	27.91	S	2013-09-15	David Letschert (Dbn)		EACS-KZ		
	26.30			40-44 SAQT SAMS Colours 2015-16				
1	Collins, Stuart		41	Wahoo MSC-CG	32.00		31.91	12
2	Serfontein, Barry		42	Aquabear SC - Masters-EP	31.53		32.95	10
3	Richard, Shayne		42	East Coast MSC-KZ	37.00		35.54	8
4	Barker, Bryan		42	East Coast MSC-KZ	1:00.00		41.02	7
5	Frappier, Ulrich		43	Cape Dolphins MSC-WP	50.34		49.34	6

Men 40-44 100 SC Meter Butterfly

WORLD record:	53.81	W	2014-03-15	LARS FROLANDER		SWE		
SAMS record:	1:02.98	S	2009-11-28	Stephen Haupt (Jhb)				
	58.95			40-44 SAQT SAMS Colours 2015-16				
1	Collins, Stuart		41	Wahoo MSC-CG	1:15.00		1:15.73	12
2	Richard, Shayne		42	East Coast MSC-KZ	1:19.00		1:17.24	10
---	van Heerden, Jac		40	Waterborn SC - Masters-CG	1:20.00		NS	

Men 40-44 100 SC Meter IM

WORLD record:	57.19	W	2014-11-16	JEFF COMMINGS		USA		
SAMS record:	1:04.05	S	2010-10-10	Cliff Lyne (Pmb)				
	1:01.09			40-44 SAQT SAMS Colours 2015-16				
---	van Heerden, Jac		40	Waterborn SC - Masters-CG	1:30.00		NS	

Men 40-44 400 SC Meter IM

WORLD record:	4:30.68	W	2014-10-10	ERIC CHRISTENSEN		USA		
SAMS record:	5:06.18	S	4-2004	Graham du Toit (Dbn)				
	4:52.92			40-44 SAQT SAMS Colours 2015-16				
1	Richard, Shayne		42	East Coast MSC-KZ	8:00.00		6:51.72	12
2	Barker, Bryan		42	East Coast MSC-KZ	8:30.00		7:10.48	10

Men 45-49 50 SC Meter Freestyle

WORLD record:	23.54	W	2014-11-29	VLADIMIR PREDKIN		RUS		
SAMS record:	24.90	S	2011-10-16	Bryan Tatterson (Orl)				
	24.51			45-49 SAQT SAMS Colours 2015-16				
1	Kruger, Harald		48	Cape Town MSC-WP	25.27		25.93	12
2	McLeRoth, Greg		48	Cape Town MSC-WP	26.70		26.76	10
3	du Plessis, Trevor		45	East Coast MSC-KZ	28.20		28.13	8
4	Bradshaw, Gary		46	Waterborn SC - Masters-CG	28.00		28.21	7
5	de Wet, Danie		46	Coelacanth MSC-NT	35.00		30.33	6
6	Crowther, Bobbie		46	Wahoo MSC-CG	33.00		31.64	5
7	Carstens, Frederik		45	Coelacanth MSC-NT	33.00		31.68	4
8	Moore, Sidrick		46	Mandeville Dolphins SC - Mast-CG	32.00		31.69	3
9	Thomas, Ralph		49	Quick Silver Sw Ac - Masters-WP	32.00		32.69	2
10	Harris, Mark		46	Phoenix MSC-CG	34.44		33.40	1
11	du Toit, Francois		48	Coelacanth MSC-NT	35.00		33.84	
---	Duffy, PJ		45	Aquabear SC - Masters-EP	29.00		NS	

Men 45-49 100 SC Meter Freestyle

WORLD record:	51.30	W	2012-03-10	NICOLAS GRANGER		FRA		
SAMS record:	54.64	S	9-1995	T Downes (Jhb)				
	54.48			45-49 SAQT SAMS Colours 2015-16				
1	Kruger, Harald		48	Cape Town MSC-WP	56.60		58.44	12
2	McLeRoth, Greg		48	Cape Town MSC-WP	59.50		1:00.42	10
3	Potgieter, Wim		47	Coelacanth MSC-NT	1:10.00		1:08.20	8
4	Thomas, Ralph		49	Quick Silver Sw Ac - Masters-WP	1:10.00		1:11.60	7
5	Carstens, Frederik		45	Coelacanth MSC-NT	1:15.00		1:13.30	6
6	Moore, Sidrick		46	Mandeville Dolphins SC - Mast-CG	1:15.00		1:15.81	5

SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****(Men 45-49 100 SC Meter Freestyle)**

7	Crowther, Bobbie	46	Wahoo MSC-CG	1:20.00	1:16.82	4
8	Harris, Mark	46	Phoenix MSC-CG	1:24.96	1:17.92	3
9	du Toit, Francois	48	Coelacanth MSC-NT	1:25.00	1:18.16	2
---	Duffy, PJ	45	Aquabear SC - Masters-EP	1:03.00	NS	

Men 45-49 800 SC Meter Freestyle

WORLD record: 8:24.75 W 2015-03-29 **FABIO CALMASINI** ITA
SAMS record: 9:41.22 S 12-2000 **C Quibell (Dbn)**
9:12.45 45-49 SAQT SAMS Colours 2015-16

1	de Wet, Danie	46	Coelacanth MSC-NT	12:00.00	12:16.83	12
2	Thomas, Ralph	49	Quick Silver Sw Ac - Masters-WP	11:30.00	12:28.63	10
3	Greaves, Gordon	49	Phoenix MSC-CG	13:00.00	13:50.11	8
---	Duffy, PJ	45	Aquabear SC - Masters-EP	10:30.00	NS	

Men 45-49 50 SC Meter Backstroke

WORLD record: 27.02 W 2009-12-12 **CHRIS STEVENSON** USA
SAMS record: 29.50 S 2013-08-17 **Harald Ruck (Jhb)** COEL-NT
28.66 45-49 SAQT SAMS Colours 2015-16

1	Kahn, Greg	45	Aquabear SC - Masters-EP	30.00	28.39 S SAQT	12
2	McLeRoth, Greg	48	Cape Town MSC-WP	33.00	32.26	10
3	vd Westhuizen, Stefan	46	East Coast MSC-KZ	NT	34.19	8
4	du Plessis, Trevor	45	East Coast MSC-KZ	35.30	35.68	7
5	de Wet, Danie	46	Coelacanth MSC-NT	40.00	37.41	6
6	Carstens, Frederik	45	Coelacanth MSC-NT	45.00	41.69	5
7	Harris, Mark	46	Phoenix MSC-CG	41.92	42.65	4
8	Crowther, Bobbie	46	Wahoo MSC-CG	45.00	44.30	3

Men 45-49 200 SC Meter Backstroke

WORLD record: 2:05.54 W 2009-12-12 **CHRIS STEVENSON** USA
SAMS record: 2:22.18 S 2012-01-18 **Julian Taylor (Dbn)**
2:19.83 45-49 SAQT SAMS Colours 2015-16

---	Crowther, Bobbie	46	Wahoo MSC-CG	4:30.00	NS	
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Men 45-49 50 SC Meter Breaststroke

WORLD record: 28.87 W 2010-01-17 **RICO ROLLI** ITA
SAMS record: 31.75 S 2010-08-19 **Johan van der Merwe (CT)**
30.56 45-49 SAQT SAMS Colours 2015-16

1	Kruger, Harald	48	Cape Town MSC-WP	32.02	33.32	12
2	Potgieter, Wim	47	Coelacanth MSC-NT	36.00	36.29	10
3	Bradshaw, Gary	46	Waterborn SC - Masters-CG	37.00	37.07	8
4	vd Westhuizen, Stefan	46	East Coast MSC-KZ	NT	37.54	7
5	Gilbert, Oliver	45	Cape Town MSC-WP	36.00	39.31	6
6	Thomas, Ralph	49	Quick Silver Sw Ac - Masters-WP	42.00	43.11	5
7	du Toit, Francois	48	Coelacanth MSC-NT	43.00	43.69	4
8	Greaves, Gordon	49	Phoenix MSC-CG	42.00	44.10	3
9	Crowther, Bobbie	46	Wahoo MSC-CG	50.00	51.28	2
---	Smith, Damian	48	Waterborn SC - Masters-CG	45.00	NS	
---	Duffy, PJ	45	Aquabear SC - Masters-EP	39.00	NS	

Men 45-49 100 SC Meter Breaststroke

WORLD record: 1:03.23 W 2015-03-28 **NICOLAS GRANGER** FRA
SAMS record: 1:09.74 S 2010-08-19 **Johan van der Merwe (CT)**
1:08.26 45-49 SAQT SAMS Colours 2015-16

1	Potgieter, Wim	47	Coelacanth MSC-NT	1:22.00	1:21.25	12
2	vd Westhuizen, Stefan	46	East Coast MSC-KZ	NT	1:25.59	10
3	Gilbert, Oliver	45	Cape Town MSC-WP	1:28.00	1:29.34	8
4	du Toit, Francois	48	Coelacanth MSC-NT	1:40.00	1:37.84	7

SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****(Men 45-49 100 SC Meter Breaststroke)**

5	Greaves, Gordon	49	Phoenix MSC-CG	1:43.00	1:42.43	6
---	Duffy, PJ	45	Aquabear SC - Masters-EP	1:27.00	NS	
---	Smith, Damian	48	Waterborn SC - Masters-CG	1:50.00	NS	

Men 45-49 50 SC Meter Butterfly

WORLD record:	25.58	W	2013-03-17	JAN KARLSSON	SWE
SAMS record:	27.25	S	2011-10-16	Bryan Tatterson (Orl)	
	26.80			45-49 SAQT SAMS Colours 2015-16	

1	Kahn, Greg	45	Aquabear SC - Masters-EP	28.00	28.28	12
2	Bradshaw, Gary	46	Waterborn SC - Masters-CG	31.00	30.45	10
3	du Plessis, Trevor	45	East Coast MSC-KZ	31.50	31.19	8
4	de Wet, Danie	46	Coelacanth MSC-NT	35.00	33.02	7
5	Thomas, Ralph	49	Quick Silver Sw Ac - Masters-WP	36.00	36.34	6

Men 45-49 100 SC Meter IM

WORLD record:	57.68	W	2012-03-09	NICOLAS GRANGER	FRA
SAMS record:	1:05.06	S	9-2005	Gregg Price (Dbn)	
	1:01.77			45-49 SAQT SAMS Colours 2015-16	

1	Kruger, Harald	48	Cape Town MSC-WP	1:05.75	1:07.93	12
2	McLeRoth, Greg	48	Cape Town MSC-WP	1:10.00	1:09.36	10
3	Bradshaw, Gary	46	Waterborn SC - Masters-CG	1:20.00	1:14.23	8
4	Potgieter, Wim	47	Coelacanth MSC-NT	1:17.00	1:19.79	7
5	de Wet, Danie	46	Coelacanth MSC-NT	1:30.00	1:23.33	6
6	Harris, Mark	46	Phoenix MSC-CG	3:00.00	1:31.27	5
7	Moore, Sidrick	46	Mandeville Dolphins SC - Mast-CG	1:30.00	1:34.07	4
---	Duffy, PJ	45	Aquabear SC - Masters-EP	1:20.00	NS	
---	Kahn, Greg	45	Aquabear SC - Masters-EP	1:07.00	NS	

Men 50-54 50 SC Meter Freestyle

WORLD record:	23.38	W	2009-10-18	ROWDY GAINES	USA
SAMS record:	24.99	S	2014-10-19	Calvin Maughan (Stb)	CPTW-WP
	25.45			50-54 SAQT SAMS Colours 2015-16	

1	Ruck, Harald	50	Coelacanth MSC-NT	26.00	25.96	12
2	Orton, Nick	52	Cape Town MSC-WP	29.00	28.66	10
3	Young, Roger	51	Coelacanth MSC-NT	31.00	29.49	8
4	Allner, Anton	50	Phoenix MSC-CG	29.80	30.78	7
5	de Beer, David	53	Coelacanth MSC-NT	45.00	35.50	6

Men 50-54 100 SC Meter Freestyle

WORLD record:	51.61	W	2009-10-17	ROWDY GAINES	USA
SAMS record:	55.81	S	1999-09-03	T Downes (Jhb)	
	56.25			50-54 SAQT SAMS Colours 2015-16	

1	Finn, Joel	54	Wahoo MSC-CG	1:07.00	1:06.50	12
2	Young, Roger	51	Coelacanth MSC-NT	1:10.00	1:06.87	10
3	Taylor, Mark	54	East Coast MSC-KZ	1:10.00	1:07.08	8
4	Allner, Anton	50	Phoenix MSC-CG	1:10.00	1:10.93	7
5	Adam, Ansari	54	Highway MSC-KZ	NT	1:13.84	6
6	Fechter, Wolfgang	54	Highway MSC-KZ	1:13.10	1:17.18	5
7	de Beer, David	53	Coelacanth MSC-NT	1:45.00	1:28.68	4

Men 50-54 800 SC Meter Freestyle

WORLD record:	8:44.51	W	2000-12-10	JIM MCCONICA	USA
SAMS record:	9:44.16	S	9-2005	Doug Howieson (CT)	
	9:32.08			50-54 SAQT SAMS Colours 2015-16	

1	Taylor, Julian	51	East Coast MSC-KZ	10:00.00	10:08.11	12
2	Fechter, Wolfgang	54	Highway MSC-KZ	12:50.86	13:20.84	10

SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****Men 50-54 50 SC Meter Backstroke**

WORLD record: 27.28 W 2014-12-14 **FRITZ BEDFORD** USA
SAMS record: 30.05 S 2006-07-08 **Andre Steynberg (Jhb)**
 29.73 50-54 SAQT SAMS Colours 2015-16

1	Ruck, Harald	50	Coelacanth MSC-NT	30.80	30.27	12
2	Orton, Nick	52	Cape Town MSC-WP	33.00	32.14	10
3	Young, Roger	51	Coelacanth MSC-NT	41.00	37.64	8
4	Allner, Anton	50	Phoenix MSC-CG	38.00	39.35	7
5	Adam, Ansari	54	Highway MSC-KZ	40.15	40.03	6
6	Fechter, Wolfgang	54	Highway MSC-KZ	44.94	47.06	5
7	de Beer, David	53	Coelacanth MSC-NT	1:15.00	1:01.30	4

Men 50-54 200 SC Meter Backstroke

WORLD record: 2:11.84 W 2009-12-04 **JAMIE FOWLER** USA
SAMS record: 2:29.09 S 2014-12-14 **Julian Taylor (Dbn)** EACS-KZ
 2:24.11 50-54 SAQT SAMS Colours 2015-16

1	Taylor, Julian	51	East Coast MSC-KZ	2:30.00	2:26.03 S	12
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Men 50-54 50 SC Meter Breaststroke

WORLD record: 29.84 W 2013-12-08 **DAVID GUTHRIE** USA
SAMS record: 31.72 S 3-2002 **T Shead (Syd)**
 31.90 50-54 SAQT SAMS Colours 2015-16

1	Finn, Joel	54	Wahoo MSC-CG	37.00	37.93	12
2	Taylor, Mark	54	East Coast MSC-KZ	45.00	39.50	10
3	Uitenweerde, Lourens	51	Coelacanth MSC-NT	41.00	39.77	8
4	Young, Roger	51	Coelacanth MSC-NT	46.00	40.21	7
5	Adam, Ansari	54	Highway MSC-KZ	40.22	40.89	6
6	Fechter, Wolfgang	54	Highway MSC-KZ	41.34	42.29	5
7	Allner, Anton	50	Phoenix MSC-CG	44.00	47.13	4
8	de Beer, David	53	Coelacanth MSC-NT	1:05.00	53.41	3

Men 50-54 100 SC Meter Breaststroke

WORLD record: 1:04.54 W 2013-12-07 **DAVID GUTHRIE** USA
SAMS record: 1:09.88 S 3-2002 **T Shead (Syd)**
 1:10.99 50-54 SAQT SAMS Colours 2015-16

1	Finn, Joel	54	Wahoo MSC-CG	1:20.00	1:20.44	12
2	Uitenweerde, Lourens	51	Coelacanth MSC-NT	1:30.00	1:28.10	10
3	Fechter, Wolfgang	54	Highway MSC-KZ	1:33.73	1:33.77	8
4	Adam, Ansari	54	Highway MSC-KZ	1:35.00	1:34.81	7

Men 50-54 50 SC Meter Butterfly

WORLD record: 25.49 W 2009-05-16 **DAN THOMPSON** CAN
SAMS record: 27.94 S 2014-10-19 **Calvin Maughan (Stb)** CPTW-WP
 27.72 50-54 SAQT SAMS Colours 2015-16

1	Ruck, Harald	50	Coelacanth MSC-NT	28.50	29.08	12
2	Orton, Nick	52	Cape Town MSC-WP	31.00	31.49	10
3	Taylor, Mark	54	East Coast MSC-KZ	40.00	33.59	8
4	Young, Roger	51	Coelacanth MSC-NT	36.00	33.98	7
5	Allner, Anton	50	Phoenix MSC-CG	36.00	38.55	6

Men 50-54 100 SC Meter IM

WORLD record: 1:00.96 W 2012-12-08 **DAVID SIMS** USA
SAMS record: 1:03.54 S 3-2002 **T Shead (Syd)**
 1:04.83 50-54 SAQT SAMS Colours 2015-16

1	Finn, Joel	54	Wahoo MSC-CG	1:15.00	1:14.45	12
2	Taylor, Mark	54	East Coast MSC-KZ	1:20.00	1:18.12	10
3	Young, Roger	51	Coelacanth MSC-NT	1:30.00	1:20.24	8
4	Adam, Ansari	54	Highway MSC-KZ	1:24.00	1:23.75	7

SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****(Men 50-54 100 SC Meter IM)**

5	Allner, Anton	50	Phoenix MSC-CG	1:25.00	1:32.32	6
6	Fechter, Wolfgang	54	Highway MSC-KZ	1:29.66	1:33.89	5
---	Uitenweerde, Lourens	51	Coelacanth MSC-NT	1:45.00	NS	

Men 50-54 400 SC Meter IM

WORLD record: 4:45.15 W 2015-05-18 JEROME FRENTSOS USA

SAMS record: 5:13.01 S 3-2002 T Shead (Syd)

5:14.82 50-54 SAQT SAMS Colours 2015-16

1	Taylor, Julian	51	East Coast MSC-KZ	5:20.00	5:17.94	12
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Men 55-59 50 SC Meter Freestyle

WORLD record: 24.70 W 2006-04-01 PAUL TREVISAN USA

SAMS record: 26.19 S 2012-07-14 Andre Steynberg (Jhb)

26.33 55-59 SAQT SAMS Colours 2015-16

1	Kohler, Quirin	56	Phoenix MSC-CG	28.50	28.32	12
2	Morgan, Trevor	56	Coelacanth MSC-NT	30.00	29.07	10
3	Hendricks, Nigel	57	Cape Town MSC-WP	29.50	29.18	8
4	Knight, Andrew	58	Cape Town MSC-WP	30.00	29.80	7
5	Morris, Derek	58	East Coast MSC-KZ	35.00	30.88	6
6	Stonestreet, Mark	55	Wahoo MSC-CG	35.00	31.36	5
7	Steyn, Glenn	55	Cape Town MSC-WP	32.00	32.29	4
*8	Needham, Allen	59	Waterborn SC - Masters-CG	34.00	32.36	2.50
*8	Baker, Raymond	57	Highway MSC-KZ	33.00	32.36	2.50
10	Holshausen, Rod	57	Cape Town MSC-WP	31.00	32.72	1
11	Slabbert, Stanford	57	Bay Eagle Swim Team - Masters-EP	1:00.00	45.37	

Men 55-59 100 SC Meter Freestyle

WORLD record: 54.50 W 2009-04-05 JACK GROSELLE USA

SAMS record: 58.94 S 2012-07-14 Andre Steynberg (Jhb)

58.41 55-59 SAQT SAMS Colours 2015-16

1	Knight, Andrew	58	Cape Town MSC-WP	1:05.00	1:05.56	12
2	Morgan, Trevor	56	Coelacanth MSC-NT	1:10.00	1:06.58	10
3	Folscher, Danie	57	Cape Town MSC-WP	1:10.00	1:08.16	8
4	Stonestreet, Mark	55	Wahoo MSC-CG	1:20.00	1:10.00	7
5	Needham, Allen	59	Waterborn SC - Masters-CG	1:10.00	1:12.27	6
6	Steyn, Glenn	55	Cape Town MSC-WP	1:14.00	1:12.59	5
7	Baker, Raymond	57	Highway MSC-KZ	1:20.00	1:13.75	4
8	Baker, Anthony	59	Highway MSC-KZ	1:20.00	1:14.17	3

Men 55-59 800 SC Meter Freestyle

WORLD record: 8:51.34 W 2009-11-21 MICHAEL MANN USA

SAMS record: 10:04.18 S 2008-10-19 Doug Howieson (Stb)

9:46.44 55-59 SAQT SAMS Colours 2015-16

1	Holshausen, Rod	57	Cape Town MSC-WP	11:00.00	11:27.61	12
2	Stonestreet, Mark	55	Wahoo MSC-CG	13:30.00	12:53.20	10
3	Slabbert, Stanford	57	Bay Eagle Swim Team - Masters-EP	13:56.00	14:06.50	8

Men 55-59 50 SC Meter Backstroke

WORLD record: 29.01 W 2012-11-10 TOM BARTON USA

SAMS record: 30.31 S 2012-11-24 Andre Steynberg (Jhb)

31.36 55-59 SAQT SAMS Colours 2015-16

1	Morgan, Trevor	56	Coelacanth MSC-NT	35.00	35.10	12
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SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****Men 55-59 50 SC Meter Breaststroke**

WORLD record: 30.50 W 2009-09-26 WALTER KUSCH GER
SAMS record: 32.36 S 2009-10-18 Tim Shead (CT)
 33.64 55-59 SAQT SAMS Colours 2015-16

1	Morris, Derek	58	East Coast MSC-KZ	42.00	38.25	12
2	Hendricks, Nigel	57	Cape Town MSC-WP	39.00	38.93	10
3	Baker, Anthony	59	Highway MSC-KZ	39.00	39.84	8
4	Folscher, Danie	57	Cape Town MSC-WP	38.50	39.87	7
5	Foster, Ted	55	East Coast MSC-KZ	40.00	40.93	6
6	Baker, Raymond	57	Highway MSC-KZ	43.00	42.05	5
7	Slabbert, Stanford	57	Bay Eagle Swim Team - Masters-EP	1:03.00	1:01.59	4

Men 55-59 100 SC Meter Breaststroke

WORLD record: 1:08.13 W 2009-09-25 WALTER KUSCH GER
SAMS record: 1:10.50 S 2007-01-28 Tim Shead (Mad)
 1:14.22 55-59 SAQT SAMS Colours 2015-16

1	Folscher, Danie	57	Cape Town MSC-WP	1:28.00	1:26.72	12
2	Baker, Anthony	59	Highway MSC-KZ	1:29.00	1:33.40	10
3	Foster, Ted	55	East Coast MSC-KZ	1:34.00	1:34.47	8

Men 55-59 50 SC Meter Butterfly

WORLD record: 26.45 W 2013-05-18 DAN THOMPSON CAN
SAMS record: 28.48 S 2012-10-27 Andre Steynberg (Jhb)
 29.00 55-59 SAQT SAMS Colours 2015-16

1	Morgan, Trevor	56	Coelacanth MSC-NT	33.00	31.41	12
2	Kohler, Quirin	56	Phoenix MSC-CG	32.00	32.07	10
3	Needham, Allen	59	Waterborn SC - Masters-CG	35.00	33.93	8
4	Holshausen, Rod	57	Cape Town MSC-WP	32.00	34.26	7
5	Steyn, Glenn	55	Cape Town MSC-WP	40.00	42.47	6

Men 55-59 100 SC Meter Butterfly

WORLD record: 59.80 W 2013-04-01 DAN THOMPSON CAN
SAMS record: 1:04.78 S 2012-05-19 Andre Steynberg (Jhb)
 1:05.47 55-59 SAQT SAMS Colours 2015-16

1	Holshausen, Rod	57	Cape Town MSC-WP	1:15.00	1:15.14	12
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Men 55-59 100 SC Meter IM

WORLD record: 1:03.13 W 2015-03-15 MARCO COLOMBO ITA
SAMS record: 1:03.53 S 2007-01-26 Tim Shead (Mad)
 1:07.55 55-59 SAQT SAMS Colours 2015-16

1	Kohler, Quirin	56	Phoenix MSC-CG	1:20.00	1:15.56	12
2	Hendricks, Nigel	57	Cape Town MSC-WP	1:19.00	1:18.71	10
3	Folscher, Danie	57	Cape Town MSC-WP	1:23.00	1:20.06	8
4	Holshausen, Rod	57	Cape Town MSC-WP	1:20.00	1:23.48	7
5	Baker, Raymond	57	Highway MSC-KZ	1:26.00	1:25.83	6
6	Baker, Anthony	59	Highway MSC-KZ	1:31.00	1:32.75	5

Men 55-59 400 SC Meter IM

WORLD record: 4:51.97 W 2009-11-21 MICHAEL MANN USA
SAMS record: 5:30.20 S 2010-10-17 Tim Shead (CT)
 5:30.23 55-59 SAQT SAMS Colours 2015-16

1	Lotkin, Roy	56	Waterborn SC - Masters-CG	7:30.00	7:16.75	12
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Men 60-64 50 SC Meter Freestyle

WORLD record: 24.90 W 2006-12-03 RICH ABRAHAMS USA
SAMS record: 27.63 S 2009-05-16 Terry Downes (Jhb)
 27.03 60-64 SAQT SAMS Colours 2015-16

1	Roothman, Andre	61	Cape Town MSC-WP	29.00	28.91	12
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SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****(Men 60-64 50 SC Meter Freestyle)**

2	Spies, Izak	61	Cape Dolphins MSC-WP	30.00	29.90	10
3	Winfield, Mike	60	Cape Town MSC-WP	29.00	30.14	8

Men 60-64 100 SC Meter Freestyle

WORLD record: 55.87 W 2014-05-17 **JACK GROSELLE** USA

SAMS record: 59.74 S 2009-10-24 **Terry Downes (Jhb)**

1:01.23 60-64 SAQT SAMS Colours 2015-16

1	Roothman, Andre	61	Cape Town MSC-WP	1:05.00	1:04.59	12
2	Spies, Izak	61	Cape Dolphins MSC-WP	1:05.00	1:05.15	10
3	Howieson, Doug	63	Cape Town MSC-WP	1:15.00	1:13.16	8
---	Reen, Nick	61	Aquabear SC - Masters-EP	1:10.00	NS	

Men 60-64 800 SC Meter Freestyle

WORLD record: 9:28.32 W 2012-12-02 **JIM MCCONICA** USA

SAMS record: 10:50.29 S 2010-11-06 **Terry Downes (Jhb)**

10:22.26 60-64 SAQT SAMS Colours 2015-16

1	Spies, Izak	61	Cape Dolphins MSC-WP	10:40.00	10:37.03 S	12
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Men 60-64 50 SC Meter Backstroke

WORLD record: 29.64 W 2014-03-29 **PHILIPP DJANG** USA

SAMS record: 34.13 S 2009-05-16 **Terry Downes (Jhb)**

32.87 60-64 SAQT SAMS Colours 2015-16

1	Winfield, Mike	60	Cape Town MSC-WP	34.00	33.83 S	12
2	Howieson, Doug	63	Cape Town MSC-WP	42.00	40.65	10
---	Reen, Nick	61	Aquabear SC - Masters-EP	36.00	NS	

Men 60-64 200 SC Meter Backstroke

WORLD record: 2:26.30 W 2014-03-30 **PHILIPP DJANG** USA

SAMS record: 2:34.54 S 2015-08-30 **Tim Shead (CT)** CPTW-WP

2:42.00 60-64 SAQT SAMS Colours 2015-16

1	Howieson, Doug	63	Cape Town MSC-WP	3:10.00	3:04.30	12
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Men 60-64 50 SC Meter Butterfly

WORLD record: 27.53 W 2014-10-25 **DONALD GRAHAM** USA

SAMS record: 30.41 S 2010-09-16 **Halton Cheadle (CT)**

29.75 60-64 SAQT SAMS Colours 2015-16

---	Reen, Nick	61	Aquabear SC - Masters-EP	34.00	NS	
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Men 60-64 100 SC Meter Butterfly

WORLD record: 1:03.67 W 2010-04-17 **TAKEO HIRAMOTO** JPN

SAMS record: 1:10.66 S 2010-08-19 **Halton Cheadle (CT)**

1:10.59 60-64 SAQT SAMS Colours 2015-16

1	Roothman, Andre	61	Cape Town MSC-WP	1:10.00	1:12.44	12
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Men 60-64 100 SC Meter IM

WORLD record: 1:04.23 W 2015-03-21 **RICK COLELLA** USA

SAMS record: 1:09.73 S 2012-11-17 **Tim Shead (CT)**

1:11.36 60-64 SAQT SAMS Colours 2015-16

1	Roothman, Andre	61	Cape Town MSC-WP	1:18.00	1:18.43	12
2	Howieson, Doug	63	Cape Town MSC-WP	1:25.00	1:26.09	10
---	Reen, Nick	61	Aquabear SC - Masters-EP	1:37.00	NS	

Men 65-69 50 SC Meter Freestyle

WORLD record: 25.62 W 2012-10-14 **RICHARD ABRAHAMS** USA

SAMS record: 29.22 S 2014-06-21 **Terry Downes (Jhb)** COEL-NT

28.50 65-69 SAQT SAMS Colours 2015-16

1	Downes, Terry	66	Coelacanth MSC-NT	29.00	30.41	12
2	Van Rooijen, Gerhard	65	East Coast MSC-KZ	31.10	31.53	10

SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****(Men 65-69 50 SC Meter Freestyle)**

3	Eddy, Clive	69	Coelacanth MSC-NT	NT	34.63	8
4	Larcombe, Peter	68	East Coast MSC-KZ	34.00	35.28	7
5	Maynard, Ali	67	Highway MSC-KZ	NT	35.36	6
6	Bolstridge, Mike	66	East Coast MSC-KZ	NT	36.52	5
7	Burger, Francois	66	Coelacanth MSC-NT	NT	37.93	4
8	Robinson, Graham	66	East Coast MSC-KZ	37.00	38.49	3
9	Hind, Tony	66	East Coast MSC-KZ	36.00	38.69	2

Men 65-69 100 SC Meter Freestyle

WORLD record: 58.58 W 2012-10-13 **RICHARD ABRAHAMS** USA
SAMS record: 1:04.54 S 2014-05-24 **Terry Downes (Jhb)** COEL-NT
1:04.38 65-69 SAQT SAMS Colours 2015-16

1	Downes, Terry	66	Coelacanth MSC-NT	1:10.00	1:08.22	12
2	Van Rooijen, Gerhard	65	East Coast MSC-KZ	1:12.33	1:13.26	10
3	Bolstridge, Mike	66	East Coast MSC-KZ	NT	1:17.59	8
4	Maynard, Ali	67	Highway MSC-KZ	NT	1:18.70	7
5	Larcombe, Peter	68	East Coast MSC-KZ	1:22.00	1:26.22	6
6	Burger, Francois	66	Coelacanth MSC-NT	NT	1:27.51	5
7	van Heerden, Carel	65	Wahoo MSC-CG	1:30.00	1:29.15	4
8	Robinson, Graham	66	East Coast MSC-KZ	1:35.00	1:34.45	3

Men 65-69 800 SC Meter Freestyle

WORLD record: 9:53.06 W 2015-04-04 **JIM MCCONICA** USA
SAMS record: 11:30.17 S 9-2006 **Gary Freeling (CT)**
11:08.81 65-69 SAQT SAMS Colours 2015-16

1	Van Rooijen, Gerhard	65	East Coast MSC-KZ	12:20.30	12:42.44	12
2	Larcombe, Peter	68	East Coast MSC-KZ	13:00.00	12:42.45	10
3	Burger, Francois	66	Coelacanth MSC-NT	NT	15:21.01	8

Men 65-69 50 SC Meter Backstroke

WORLD record: 30.34 W 2012-12-02 **HUGH WILDER** USA
SAMS record: 36.90 S 2011-01-23 **Brian Stewart (Dbn)**
35.12 65-69 SAQT SAMS Colours 2015-16

1	Downes, Terry	66	Coelacanth MSC-NT	37.00	39.66	12
2	Maynard, Ali	67	Highway MSC-KZ	NT	43.83	10
3	Eddy, Clive	69	Coelacanth MSC-NT	NT	49.44	8
4	van Heerden, Carel	65	Wahoo MSC-CG	49.00	54.08	7
5	Robinson, Graham	66	East Coast MSC-KZ	53.00	55.40	6
6	Burger, Francois	66	Coelacanth MSC-NT	NT	57.23	5

Men 65-69 200 SC Meter Backstroke

WORLD record: 2:34.93 W 2014-10-12 **ALEK SHESTAKOV** USA
SAMS record: 3:07.00 S 2011-10-30 **Jimmy Hughes (Dbn)**
2:57.14 65-69 SAQT SAMS Colours 2015-16

1	Downes, Terry	66	Coelacanth MSC-NT	3:05.00	2:59.86 S	12
2	Maynard, Ali	67	Highway MSC-KZ	NT	3:37.43	10

Men 65-69 50 SC Meter Breaststroke

WORLD record: 33.86 W 2010-05-09 **OSAMU MAEDA** JPN
SAMS record: 38.02 S 2014-10-19 **Halton Cheadle (Stb)** CPTW-WP
36.73 65-69 SAQT SAMS Colours 2015-16

1	Cheadle, Halton	66	Cape Town MSC-WP	38.00	39.67	12
2	van Heerden, Carel	65	Wahoo MSC-CG	43.00	42.72	10
3	Hind, Tony	66	East Coast MSC-KZ	45.00	47.76	8
4	Eddy, Clive	69	Coelacanth MSC-NT	NT	54.77	7
5	Robinson, Graham	66	East Coast MSC-KZ	49.00	55.04	6

SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****Men 65-69 100 SC Meter Breaststroke**

WORLD record:	1:15.84	W	2012-12-01	ROBERT STRAND		USA		
SAMS record:	1:26.55	S	2014-09-21	Halton Cheadle (Stb)		CPTW-WP		
	1:23.37			65-69 SAQT SAMS Colours 2015-16				
1	van Heerden, Carel		65	Wahoo MSC-CG	1:36.00		1:42.93	12
2	Hind, Tony		66	East Coast MSC-KZ	1:50.00		1:51.83	10

Men 65-69 50 SC Meter Butterfly

WORLD record:	28.91	W	2009-05-30	JOSEP CLARET		ESP		
SAMS record:	32.10	S	2014-09-21	Halton Cheadle (Stb)		CPTW-WP		
	31.18			65-69 SAQT SAMS Colours 2015-16				
1	Cheadle, Halton		66	Cape Town MSC-WP	32.00		32.20	12
2	Larcombe, Peter		68	East Coast MSC-KZ	43.00		42.43	10
3	Robinson, Graham		66	East Coast MSC-KZ	43.00		51.28	8
---	van Heerden, Carel		65	Wahoo MSC-CG	47.00		NS	

Men 65-69 100 SC Meter IM

WORLD record:	1:09.90	W	2014-05-18	HUBIE KERNS		USA		
SAMS record:	1:15.71	S	2014-10-19	Halton Cheadle (Stb)		CPTW-WP		
	1:15.43			65-69 SAQT SAMS Colours 2015-16				
1	Maynard, Ali		67	Highway MSC-KZ	NT		1:34.88	12
2	van Heerden, Carel		65	Wahoo MSC-CG	1:45.00		1:44.17	10
---	Cheadle, Halton		66	Cape Town MSC-WP	1:15.00		NS	

Men 65-69 400 SC Meter IM

WORLD record:	5:34.78	W	2014-05-19	HUBIE KERNS		USA		
SAMS record:	7:31.09	S	2009-12-06	Les Hadenham (Dbn)				
	6:17.65			65-69 SAQT SAMS Colours 2015-16				
1	Eddy, Clive		69	Coelacanth MSC-NT	NT		9:12.11	12

Men 70-74 50 SC Meter Freestyle

WORLD record:	26.92	W	2015-05-16	RICHARD ABRAHAMS		USA		
SAMS record:	32.41	S	2010-10-24	Gary Freeling (CT)				
	30.45			70-74 SAQT SAMS Colours 2015-16				
1	Stieger, Des		72	East Coast MSC-KZ	35.00		33.91	12
2	Hughes, Jimmy		72	East Coast MSC-KZ	34.00		34.83	10
3	Saunders, Brian		72	Aquabear SC - Masters-EP	38.00		36.97	8
4	Jennings, Ross		70	Coelacanth MSC-NT	1:05.00		47.28	7

Men 70-74 100 SC Meter Freestyle

WORLD record:	1:01.70	W	2015-05-17	RICHARD ABRAHAMS		USA		
SAMS record:	1:11.02	S	2009-11-14	Gary Freeling (CT)				
	1:09.42			70-74 SAQT SAMS Colours 2015-16				
1	Stieger, Des		72	East Coast MSC-KZ	1:19.00		1:17.08	12
2	Saunders, Brian		72	Aquabear SC - Masters-EP	1:25.00		1:19.81	10
3	Hughes, Jimmy		72	East Coast MSC-KZ	1:19.00		1:21.61	8
4	Hadenham, Leslie		72	East Coast MSC-KZ	1:25.00		1:25.82	7
5	Jennings, Ross		70	Coelacanth MSC-NT	2:10.00		1:48.84	6

Men 70-74 800 SC Meter Freestyle

WORLD record:	10:52.68	W	2001-10-12	GRAHAM JOHNSTON		USA		
SAMS record:	12:36.93	S	2008-10-19	Dave McLachlan (Stb)				
	12:15.85			70-74 SAQT SAMS Colours 2015-16				
1	Hughes, Jimmy		72	East Coast MSC-KZ	15:40.00		13:59.50	12
2	Hadenham, Leslie		72	East Coast MSC-KZ	14:10.00		14:03.51	10
3	Stieger, Des		72	East Coast MSC-KZ	15:30.00		14:33.20	8
4	Jennings, Ross		70	Coelacanth MSC-NT	18:00.00		18:29.71	7
---	Saunders, Brian		72	Aquabear SC - Masters-EP	14:00.00		NS	

SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****Men 70-74 50 SC Meter Backstroke**

WORLD record:	33.51	W	2013-12-08	RICHARD BURNS	USA			
SAMS record:	39.29	S	2013-10-06	Jimmy Hughes (Dbn)	EACS-KZ			
	36.91			70-74 SAQT SAMS Colours 2015-16				
1	Hughes, Jimmy		72	East Coast MSC-KZ		41.00	39.43	12
2	Stieger, Des		72	East Coast MSC-KZ		50.00	51.91	10

Men 70-74 200 SC Meter Backstroke

WORLD record:	2:38.01	W	2013-12-06	RICHARD BURNS	USA			
SAMS record:	3:11.13	S	2013-10-06	Jimmy Hughes (Dbn)	EACS-KZ			
	3:08.84			70-74 SAQT SAMS Colours 2015-16				
1	Hughes, Jimmy		72	East Coast MSC-KZ		3:16.00	3:13.87	12

Men 70-74 50 SC Meter Breaststroke

WORLD record:	35.85	W	2009-05-10	YOSHIHIKO OSAKI	JPN			
SAMS record:	44.02	S	2009-04-01	Dave McLachlan (CT)				
	39.37			70-74 SAQT SAMS Colours 2015-16				
1	Phielix, Huibert		73	Highway MSC-KZ		50.00	47.97	12
2	Jennings, Ross		70	Coelacanth MSC-NT		1:40.00	1:05.50	10

Men 70-74 100 SC Meter Breaststroke

WORLD record:	1:21.41	W	2013-08-24	DAVID GILDEA	USA			
SAMS record:	1:41.60	S	2010-04-15	Dave McLachlan (CT)				
	1:28.84			70-74 SAQT SAMS Colours 2015-16				
1	Phielix, Huibert		73	Highway MSC-KZ		1:50.00	1:58.01	12

Men 70-74 50 SC Meter Butterfly

WORLD record:	30.43	W	2015-05-15	RICHARD ABRAHAMS	USA			
SAMS record:	38.18	S	2009-04-01	Dave McLachlan (CT)				
	33.93			70-74 SAQT SAMS Colours 2015-16				
1	Hadenham, Leslie		72	East Coast MSC-KZ		42.00	42.50	12
2	Phielix, Huibert		73	Highway MSC-KZ		50.00	57.50	10

Men 70-74 100 SC Meter Butterfly

WORLD record:	1:09.45	W	2015-05-18	RICHARD ABRAHAMS	USA			
SAMS record:	1:32.91	S	2008-10-19	Dave McLachlan (Stb)				
	1:22.92			70-74 SAQT SAMS Colours 2015-16				
1	Hadenham, Leslie		72	East Coast MSC-KZ		1:50.00	1:53.03	12

Men 70-74 100 SC Meter IM

WORLD record:	1:14.34	W	2015-05-16	RICHARD ABRAHAMS	USA			
SAMS record:	1:28.52	S	2009-04-01	Dave McLachlan (CT)				
	1:21.47			70-74 SAQT SAMS Colours 2015-16				
1	Hughes, Jimmy		72	East Coast MSC-KZ		1:35.00	1:35.53	12
2	Saunders, Brian		72	Aquabear SC - Masters-EP		3:30.00	1:46.40	10
3	Phielix, Huibert		73	Highway MSC-KZ		2:20.00	1:57.98	8

Men 75-79 50 SC Meter Freestyle

WORLD record:	30.15	W	2009-04-19	DAVID RADCLIFF	USA			
SAMS record:	36.85	S	2011-10-30	Mike Cameron (Dbn)				
	32.86			75-79 SAQT SAMS Colours 2015-16				
1	Fyfe, Derek		75	Coelacanth MSC-NT		35.00	36.16 S	12
2	Saunders, Jim		78	East Coast MSC-KZ		42.00	43.63	10
3	Wolpe, Russel		78	Phoenix MSC-CG		50.00	48.07	8

SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****Men 75-79 100 SC Meter Freestyle****WORLD record: 1:05.13 W 2009-04-19 DAVID RADCLIFF USA****SAMS record: 1:28.16 S 2012-04-15 Jim Saunders (Dbn)****1:15.93 75-79 SAQT SAMS Colours 2015-16**

1	Fyfe, Derek	75	Coelacanth MSC-NT	1:24.00	1:22.74 S	12
2	Saunders, Jim	78	East Coast MSC-KZ	1:35.00	1:43.19	10

Men 75-79 800 SC Meter Freestyle**WORLD record: 10:59.10 W 2009-04-17 DAVID RADCLIFF USA****SAMS record: 13:26.52 S 2013-10-20 Dave McLachlan (Stb)****13:44.09 75-79 SAQT SAMS Colours 2015-16**

1	Fyfe, Derek	75	Coelacanth MSC-NT	15:00.00	13:55.00	12
2	Wolpe, Russel	78	Phoenix MSC-CG	16:30.00	16:32.02	10

Men 75-79 50 SC Meter Backstroke**WORLD record: 35.51 W 2008-11-16 YOSHI OYAKAWA USA****SAMS record: 43.50 S 2011-10-30 Mike Cameron (Dbn)****40.30 75-79 SAQT SAMS Colours 2015-16**

1	Fyfe, Derek	75	Coelacanth MSC-NT	50.00	49.49	12
2	Saunders, Jim	78	East Coast MSC-KZ	52.00	50.90	10

Men 75-79 200 SC Meter Backstroke**WORLD record: 2:49.20 W 2009-11-22 BURWELL JONES USA****SAMS record: 3:42.72 S 2012-04-15 Jim Saunders (Dbn)****3:31.99 75-79 SAQT SAMS Colours 2015-16**

1	Fyfe, Derek	75	Coelacanth MSC-NT	3:50.00	3:31.34 S SAQT	12
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Men 75-79 50 SC Meter Breaststroke**WORLD record: 39.04 W 2010-04-29 TETSUO NAKAMARU JPN****SAMS record: 42.32 S 2008-10-25 Patrick Galvin (Jhb)****42.33 75-79 SAQT SAMS Colours 2015-16**

1	Cordell, Bill	78	East Coast MSC-KZ	59.00	55.47	12
2	Wolpe, Russel	78	Phoenix MSC-CG	1:00.00	1:01.37	10

Men 75-79 100 SC Meter Breaststroke**WORLD record: 1:26.76 W 2011-03-19 HANS REICHELT GER****SAMS record: 1:47.23 S 2013-10-20 Dave McLachlan (Stb)****1:37.18 75-79 SAQT SAMS Colours 2015-16**

1	McLachlan, Dave	78	Cape Town MSC-WP	1:48.00	1:53.90	12
2	Cordell, Bill	78	East Coast MSC-KZ	2:10.00	2:11.23	10

Men 75-79 100 SC Meter Butterfly**WORLD record: 1:21.12 W 2014-04-06 TAISUKE MIYAZAKI JPN****SAMS record: 1:43.43 S 2013-10-20 Dave McLachlan (Stb)****1:41.48 75-79 SAQT SAMS Colours 2015-16**

1	McLachlan, Dave	78	Cape Town MSC-WP	1:40.00	1:48.14	12
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Men 75-79 100 SC Meter IM**WORLD record: 1:18.80 W 2009-12-06 BURWELL JONES USA****SAMS record: 1:32.35 S 2012-01-14 David McLachlan (CT)****1:30.45 75-79 SAQT SAMS Colours 2015-16**

1	McLachlan, Dave	78	Cape Town MSC-WP	1:40.00	1:42.68	12
2	Cordell, Bill	78	East Coast MSC-KZ	2:20.00	2:05.59	10

Men 75-79 400 SC Meter IM**WORLD record: 6:33.87 W 2009-12-06 BURWELL JONES USA****SAMS record: 7:15.43 S 2013-10-20 Dave McLachlan (Stb)****8:07.54 75-79 SAQT SAMS Colours 2015-16**

1	McLachlan, Dave	78	Cape Town MSC-WP	7:50.00	7:50.29 SAQT	12
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SAMS SC Champs (Combined) @ Various venues - 2015-10-01 to 2015-10-31**Various venues in South Africa****Results****Men 80-84 50 SC Meter Freestyle**

WORLD record:	32.14	W	2013-02-09	ROBERTO ALBERICHE	ESP		
SAMS record:	38.31	S	4-2003	Renato Selati (Dbn)			
	36.51			80-84 SAQT SAMS Colours 2015-16			
1	Hutchings, Peter		80	Wahoo MSC-CG	52.00	50.26	12
---	Hanna, Ken		80	Wahoo MSC-CG	1:36.00	NS	

Men 80-84 100 SC Meter Freestyle

WORLD record:	1:11.26	W	2014-09-27	DAVID RADCLIFF	USA		
SAMS record:	1:33.28	S	1995	G May (Dbn)			
	1:24.28			80-84 SAQT SAMS Colours 2015-16			
1	Hutchings, Peter		80	Wahoo MSC-CG	2:00.00	2:02.02	12
---	Hanna, Ken		80	Wahoo MSC-CG	3:50.00	NS	

Men 80-84 50 SC Meter Backstroke

WORLD record:	37.82	W	2014-11-15	YOSHI OYAKAWA	USA		
SAMS record:	50.47	S	1995	G May (Dbn)			
	45.75			80-84 SAQT SAMS Colours 2015-16			
1	Hutchings, Peter		80	Wahoo MSC-CG	1:15.00	1:19.04	12
---	Hanna, Ken		80	Wahoo MSC-CG	1:48.00	NS	

Men 80-84 200 SC Meter Backstroke

WORLD record:	3:10.06	W	2003-05-25	KEIJIRO NAKAMURA	JPN		
SAMS record:	4:16.69	S	1995	G May (Dbn)			
	4:07.62			80-84 SAQT SAMS Colours 2015-16			
---	Hanna, Ken		80	Wahoo MSC-CG	7:59.00	NS	

Men 80-84 50 SC Meter Breaststroke

WORLD record:	41.42	W	2005-05-15	TOSHIO TAJIMA	JPN		
SAMS record:	55.15	S	2007-10-28	Paul Mulder (Jhb)			
	47.03			80-84 SAQT SAMS Colours 2015-16			
1	Theron, Sarel		81	Coelacanth MSC-NT	1:20.00	1:14.22	12
---	Schlapobersky, Ivan		82	Phoenix MSC-CG	49.00	NS	
---	Hanna, Ken		80	Wahoo MSC-CG	1:49.00	NS	

Men 80-84 100 SC Meter Breaststroke

WORLD record:	1:35.96	W	2008-09-14	ZENJI NAKAHARI	JPN		
SAMS record:	2:15.87	S	1995	G May (Dbn)			
	1:48.05			80-84 SAQT SAMS Colours 2015-16			
1	Theron, Sarel		81	Coelacanth MSC-NT	2:50.00	3:01.47	12
---	Schlapobersky, Ivan		82	Phoenix MSC-CG	1:50.00	NS	

Men 80-84 50 SC Meter Butterfly

WORLD record:	37.77	W	2013-05-12	TAKASHI HAYASHI	JPN		
SAMS record:	1:22.20	S	11-1997	G May (Dbn)			
	45.21			80-84 SAQT SAMS Colours 2015-16			
---	Schlapobersky, Ivan		82	Phoenix MSC-CG	55.00	NS	
---	Hanna, Ken		80	Wahoo MSC-CG	1:39.00	NS	

Men 80-84 100 SC Meter IM

WORLD record:	1:28.47	W	2015-01-18	GERHARD HOLE	GER		
SAMS record:	2:06.21	S	1995	G May (Dbn)			
	1:41.85			80-84 SAQT SAMS Colours 2015-16			
---	Schlapobersky, Ivan		82	Phoenix MSC-CG	1:57.00	NS	