

SAMS Open Water (3Km) Colours

Qualifying Times for the 2016-2017 Season

<u>Women 2016/17</u>				<u>Men 2016/17</u>		
<u>Hrs</u>	<u>Mins</u>	<u>Secs</u>	<u>Age group</u>	<u>Hrs</u>	<u>Mins</u>	<u>Secs</u>
	42	49	19-24		39	56
	42	49	25-29		39	56
	43	22	30-34		39	50
	44	13	35-39		39	33
	43	49	40-44		40	08
	44	51	45-49		39	42
	45	56	50-54		42	01
	48	11	55-59		43	49
	51	01	60-64		45	12
	56	44	65-69		50	00
1	02	31	70-74		53	15
1	09	46	75-79		58	52
1	23	39	80-84	1	06	52
			85-89	1	49	55
			90-94			