

**Western Province Masters Short Course Gala
Durbanville, December 2017**

Results

Event 1 Women 30-34 1500 SC Meter Freestyle

World Record: 16:26.93 2011-12-02 HECKMAN Dawn
 WORLD SC Rec: 16:16.00 W 2011-12-02 HECKMAN Dawn
 SA Record: 18:46.79 S 11-2016 Tarryn Stanford
 WP Record: 18:46.79 p 11-2016 Tarryn Stanford
 19:02.79 30-34 SAQ
 20:22.79 30-34 WPQ

1 Stanford, Tarryn 31 CPTW-WP 18:22.65 S pSAQ
 2 Wolmarans, Lezandre 30 CPTW-WP 22:10.00

Event 1 Women 40-44 1500 SC Meter Freestyle

World Record: 17:35.49 2010-01-16 ZAMANIAN Alison
 WORLD SC Rec: 16:16.00 W 2017-01-28 GEORGE Heidi
 SA Record: 20:17.58 S 8-2008 Barabara Bowley
 WP Record: 20:34.92 p 8-2014 Claire Amner
 19:29.01 40-44 SAQ
 20:50.84 40-44 WPQ

1 Amner, Claire 43 CPTW-WP 21:44.00

Event 1 Women 55-59 1500 SC Meter Freestyle

World Record: 18:43.73 2010-01-06 VAL Laura
 WORLD SC Rec: 18:18.00 W 2017-04-23 MARSHALL Lynn
 SA Record: 19:58.62 S 11-2016 Cecilia Stanford
 WP Record: 19:58.62 p 11-2016 Gail McCarney
 20:58.98 55-59 SAQ
 22:38.19 55-59 WPQ

1 Degenaar, Jean 57 CPTW-WP 22:12.62 WPQ

Event 1 Women 60-64 1500 SC Meter Freestyle

World Record: 19:38.63 2011-01-15 VAL Laura
 WORLD SC Rec: 19:19.00 W 2011-01-15 VAL Laura
 SA Record: 22:21.80 S 8-2014 Judy Brewis
 WP Record: 22:21.80 p 8-2014 Judy Brewis
 22:15.65 60-64 SAQ
 24:13.56 60-64 WPQ

1 Coetzee, Diane 62 CPTW-WP 21:19.67 S pSAQ
 2 Brimble, Mairi 62 DOLP-WP 24:48.90

Event 1 Men 40-44 1500 SC Meter Freestyle

World Record: 16:07.46 2009-12-12 SERRA Daniel
 WORLD SC Rec: 15:15.00 W 2016-02-21 PAMPANA Samuele
 SA Record: 19:02.87 S 8-2013 B. Dylan
 17:30.84 40-44 SAQ
 18:58.78 40-44 WPQ

1 Steenkamp, Neil 40 CPTW-WP 21:22.04

Event 1 Men 50-54 1500 SC Meter Freestyle

World Record: 16:33.02 2000-12-10 MCCONICA Jim
 WORLD SC Rec: 16:16.00 W 2000-12-10 MCCONICA Jim
 SA Record: 19:05.30 S 10-2015 J Taylor
 WP Record: 19:25.87 p 11-2009 Rod Holshausen
 18:13.19 50-54 SAQ
 19:55.17 50-54 WPQ

1 Wilmore, Richard 52 DOLP-WP 21:03.00

Event 1 Men 55-59 1500 SC Meter Freestyle

WORLD SC Rec: 17:17.00 W 2005-10-02 MCCONICA Jim
 SA Record: 19:33.72 S 11-2007 Tim Shead
 WP Record: 19:33.72 p 11-2007 Tim Shead
 18:58.83 55-59 SAQ
 20:18.55 55-59 WPQ

1 Avenant, Ben 55 UNAT 22:18.06

Event 1 Men 60-64 1500 SC Meter Freestyle

WORLD SC Rec: 18:18.00 W 2017-01-28 THOMAS Bruce
 SA Record: 20:05.06 S 8-2009 Terry Downes
 WP Record: 24:06.51 p 11-2009 Anthony Sneath
 19:48.01 60-64 SAQ
 21:11.17 60-64 WPQ

1 Spies, Izak 63 CPTW-WP 20:32.21 p WPQ

Event 1 Men 80-84 1500 SC Meter Freestyle

WORLD SC Rec: 21:21.00 W 2014-09-26 RADCLIFF David
 SA Record: 35:16.00 S 8-2005 Reni Salati
 29:39.87 80-84 SAQ
 32:11.88 80-84 WPQ

1 McLachlan, Dave 80 CPTW-WP 27:48.23 S pSAQ

Event 2 Women 35-39 50 SC Meter Breaststroke

World Record: 31.87 2012-04-29 MATSUDA Hitomi
 WORLD SC Rec: 31.00 W 2012-04-29 MATSUDA Hitomi
 SA Record: 37.37 S 8-2005 Heather Morris-Eyton
 WP Record: 37.53 p 4-2009 Britt Stott
 35.00 35-39 SAQ
 37.62 35-39 WPQ

1 Feldwick-Davis, 39 CPTW-WP 45.54

Event 2 Women 40-44 50 SC Meter Breaststroke

World Record: 32.29 2009-11-22 VON DER LIPPE Susan
 WORLD SC Rec: 32.00 W 2012-08-05 FRAME Linley
 SA Record: 34.38 S 10-2009 Heather Morris-Eyton
 WP Record: 38.00 p 10-2015 Mia Russell
 35.44 40-44 SAQ
 37.92 40-44 WPQ

1 Cadiz, Perry 41 CPTW-WP 38.91

Event 2 Women 45-49 50 SC Meter Breaststroke

World Record: 33.82 2010-10-10 VON DER LIPPE Susan
 WORLD SC Rec: 33.00 W 2013-03-17 HAMMER Anna
 SA Record: 35.87 S 10-2012 Heather Morris-Eyton
 WP Record: 37.64 p 8-2005 Gail McCarney
 36.35 45-49 SAQ
 38.89 45-49 WPQ

1 Bihl, Kate 47 CPTW-WP 40.69
 2 Stewart, Karin 48 WINE-WP 48.96

Event 2 Women 60-64 50 SC Meter Breaststroke

World Record: 38.60 2002-03-18 SENFTLEBEN Monika
 WORLD SC Rec: 38.00 W 2016-01-10 FRESE Dagmar
 SA Record: 42.84 S 4-2017 Terry Matley
 WP Record: 42.84 p 4-2017 Terry Matley
 41.12 60-64 SAQ
 44.82 60-64 WPQ

1 Matley, Terry 60 DOLP-WP 45.23

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Event 2 Women 70-74 50 SC Meter Breaststroke

World Record: 42.80 2005-02-27 YONEZAWA Shoko
WORLD SC Rec: 42.00 W 2005-02-27 YONEZAWA Shoko
SA Record: 47.48 S 3-2017 Bev Shuttleworth
WP Record: 52.80 p 10-2014 Lenchan Zundorf
 46.89 70-74 SAQ
 51.55 70-74 WPQ

1 Rix, Tricia 74 CPTW-WP 1:16.61

Event 2 Men 30-34 50 SC Meter Breaststroke

World Record: 27.11 2009-09-26 TOMAZINI Marcelo
WORLD SC Rec: 27.00 W 2009-09-26 TOMAZINI Marcelo
SA Record: 30.61 S 12-2002 Kenneth Cawood
WP Record: 31.09 p 8-2005 Andrew Sexton
 28.89 30-34 SAQ
 30.91 30-34 WPQ

1 Joubert, Jacques 34 CPTW-WP 30.86 p WPQ

Event 2 Men 45-49 50 SC Meter Breaststroke

World Record: 28.87 2010-01-17 ROLLI Rico
WORLD SC Rec: 28.00 W 2010-01-17 ROLLI Rico
SA Record: 31.75 S 10-2010 Johan vd Merwe
WP Record: 31.75 p 8-2010 Johan vd Merwe
 30.56 45-49 SAQ
 32.70 45-49 WPQ

1 Gilbert, Oliver 47 CPTW-WP 34.62

Event 2 Men 50-54 50 SC Meter Breaststroke

World Record: 30.73 2010-12-05 GUTHRIE David
WORLD SC Rec: 29.00 W 2017-04-09 TRAVAINI Carlo Ar
SA Record: 31.72 S 3-2002 Tim Shead
WP Record: 31.72 p 3-2003 Tim Shead
 31.72 50-54 SAQ
 33.94 50-54 WPQ

1 Knight, Darrel 51 UNAT 56.09

Event 2 Men 60-64 50 SC Meter Breaststroke

WORLD SC Rec: 31.00 W 2015-11-21 COLELLA Rick
SA Record: 33.37 S 4-2016 Tim Shead
WP Record: 33.37 p 4-2016 Tim Shead
 34.59 60-64 SAQ
 37.01 60-64 WPQ

1 Hodges, Mark 64 CPTW-WP 47.99
 2 Platte, Gary 61 WINE-WP 53.92

Event 3 Women 35-39 200 SC Meter IM

World Record: 2:18.60 2012-04-22 MATSUDA Hitomi
WORLD SC Rec: 2:02.00 W 2012-11-18 MATSUDA Hitomi
SA Record: 2:31.26 S 10-2009 Rachele Isakov
WP Record: 2:31.26 p 10-2009 Rachele Isakov
 2:29.70 35-39 SAQ
 2:40.18 35-39 WPQ

1 Nurse, Kathryn 38 CPTW-WP 2:38.52 WPQ

Event 3 Women 40-44 200 SC Meter IM

World Record: 2:19.21 2007-12-02 VON DER LIPPE Susan
WORLD SC Rec: 2:02.00 W 2007-12-02 VON DER LIPPE Sus
SA Record: 2:39.90 S 10-2002 Cecilia Stanford
WP Record: 2:39.90 p 10-2002 Cecilia Stanford
 2:34.40 40-44 SAQ
 2:45.21 40-44 WPQ

1 Amner, Claire 43 CPTW-WP 3:01.71

Event 4 Women 55-59 200 SC Meter Butterfly

World Record: 2:31.13 2008-09-14 VAL Laura
WORLD SC Rec: 2:02.00 W 2008-09-14 VAL Laura
SA Record: 3:04.09 S 6-2015 Kim Foster
WP Record: 4:30.28 p 9-2002 Tricia Rix
 2:57.57 55-59 SAQ
 3:18.58 55-59 WPQ

1 Stanford, Cecilia 56 CPTW-WP 2:53.87 S pSAQ
 2 Degenaar, Jean 57 CPTW-WP 3:25.53 p

Event 4 Women 60-64 200 SC Meter Butterfly

World Record: 2:41.25 2011-12-03 VAL Laura
WORLD SC Rec: 2:02.00 W 2011-12-03 VAL Laura
SA Record: 3:45.46 S 7-2015 Therese Sharkey
WP Record: 3:45.66 p 7-2015 Therese Sharkey
 3:18.69 60-64 SAQ
 3:39.93 60-64 WPQ

1 Sharkey, Therese 62 WINE-WP 4:00.70

Event 5 Women 35-39 100 SC Meter Freestyle

World Record: 54.95 2006-12-03 TORRES Dara
WORLD SC Rec: 54.00 W 2006-12-03 TORRES Dara
SA Record: 1:02.48 S 10-2015 Perry Cadiz
WP Record: 1:02.48 p 10-2015 Perry Cadiz
 1:00.30 35-39 SAQ
 1:04.52 35-39 WPQ

1 Nurse, Kathryn 38 CPTW-WP 1:04.20 WPQ
 2 Feldwick-Davis, 39 CPTW-WP 1:16.35

Event 5 Women 40-44 100 SC Meter Freestyle

World Record: 57.55 2008-11-16 VON DER LIPPE Susan
WORLD SC Rec: 57.00 W 2014-12-14 BRAUN Erika
SA Record: 1:02.55 S 11-2004 Bev McCarney
WP Record: 1:02.86 p 7-2017 Perry Cadiz
 1:00.81 40-44 SAQ
 1:05.07 40-44 WPQ

1 Mestern, Tara 40 DOLP-WP 1:21.23

Event 5 Women 45-49 100 SC Meter Freestyle

World Record: 58.61 2007-12-02 PIPES-NEILSEN Karlyn
WORLD SC Rec: 58.00 W 2017-03-25 BLACKBURN Lisa
SA Record: 1:04.22 S 1-2012 W. v Niekerk
WP Record: 1:03.17 p 7-2014
 1:01.74 45-49 SAQ
 1:06.06 45-49 WPQ

1 Mallows, Bev 47 DOLP-WP 1:24.16
 2 Stewart, Karin 48 WINE-WP 1:35.19

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Event 5 Women 60-64 100 SC Meter Freestyle

World Record: 1:05.16 2011-01-15 VAL Laura
WORLD SC Rec: 1:01.00 W 2014-12-05 VAL Laura
SA Record: 1:08.13 S 10-2015 Di Coetzee
WP Record: 1:08.13 p 10-2015 Di Coetzee
 1:10.63 60-64 SAQ
 1:17.28 60-64 WPQ

1 Brewis, Judy 63 CPTW-WP 1:21.59

Event 5 Men 40-44 100 SC Meter Freestyle

World Record: 50.43 2008-12-06 ROSS Michael
WORLD SC Rec: 49.00 W 2016-05-08 HARA Hideaki
SA Record: 54.40 S 3-2017 M. Allan
WP Record: 56.36 p 10-2003 Rob Manners-Wood
 53.16 40-44 SAQ
 56.88 40-44 WPQ

1 Muller, Mark 42 UNAT 1:01.07

2 Steenkamp, Neil 40 CPTW-WP 1:04.12

Event 5 Men 50-54 100 SC Meter Freestyle

World Record: 51.61 2009-10-17 GAINES Rowdy
WORLD SC Rec: 51.00 W 2009-10-17 GAINES Rowdy
SA Record: 55.81 S 9-1999 Terry Downes
WP Record: 56.62 p 7-2014 Calvin Maughan
 54.70 50-54 SAQ
 59.98 50-54 WPQ

1 McLeRoth, Greg 50 CPTW-WP 58.31 WPQ

2 Knight, Darrel 51 UNAT 1:42.58

Event 5 Men 55-59 100 SC Meter Freestyle

WORLD SC Rec: 54.00 W 2009-04-05 GROSELLE Jack
SA Record: 58.94 S 7-2012 Andre Steynberg
WP Record: 1:02.29 p 4-2008 Doug Howieson
 57.97 55-59 SAQ
 1:02.03 55-59 WPQ

1 Steyn, Glenn 57 CPTW-WP 1:09.55

2 Avenant, Ben 55 UNAT 1:10.72

Event 5 Men 60-64 100 SC Meter Freestyle

WORLD SC Rec: 55.00 W 2014-05-17 GROSELLE Jack
SA Record: 59.74 S 10-2009 Terry Downes
WP Record: 1:03.63 p 7-2017 Paul Stevenson
 1:00.94 60-64 SAQ
 1:05.21 60-64 WPQ

1 Spies, Izak 63 CPTW-WP 1:08.83

2 Bennetto, Peter 64 CPTW-WP 1:17.78

3 Hodges, Mark 64 CPTW-WP 1:23.92

4 Platte, Gary 61 WINE-WP 1:30.84

Event 5 Men 70-74 100 SC Meter Freestyle

WORLD SC Rec: 1:01.00 W 2015-05-17 ABRAHAMS Richard
SA Record: 1:11.02 S 9-2009 Gary Freeling
WP Record: 1:11.02 p 9-2009 Gary Freeling
 1:07.61 70-74 SAQ
 1:12.34 70-74 WPQ

1 Wilson, Doug 70 CPTW-WP 1:16.77

Event 6 Women 30-34 200 SC Meter Breaststroke

World Record: 2:26.96 2009-04-18 MATSUDA Hitomi
WORLD SC Rec: 2:02.00 W 2009-04-18 MATSUDA Hitomi
SA Record: 2:49.24 S 10-2016 C Rolt
WP Record: 2:51.11 p 11-2002 Britt Stott
 2:45.97 30-34 SAQ
 2:57.59 30-34 WPQ

1 Wolmarans, Lezandre 30 CPTW-WP 3:09.05

Event 6 Women 35-39 200 SC Meter Breaststroke

World Record: 2:30.63 2012-03-10 MATSUDA Hitomi
WORLD SC Rec: 2:02.00 W 2012-03-10 MATSUDA Hitomi
SA Record: 2:51.12 S 8-2004 Heather Morris-Eyton
WP Record: 2:58.72 p 1994 Aletta Momberg
 2:49.62 35-39 SAQ
 3:01.74 35-39 WPQ

1 Nurse, Kathryn 38 CPTW-WP 3:14.17

Event 6 Women 45-49 200 SC Meter Breaststroke

World Record: 2:38.00 2010-11-21 VON DER LIPPE Susan
WORLD SC Rec: 2:02.00 W 2010-11-21 VON DER LIPPE Sus
SA Record: 2:44.60 S 10-2012 Heather Morris-Eyton
WP Record: 3:02.95 p 9-2005 Gail McCarney
 2:55.07 45-49 SAQ
 3:07.51 45-49 WPQ

1 Bihl, Kate 47 CPTW-WP 3:16.13

Event 6 Women 55-59 200 SC Meter Breaststroke

World Record: 3:02.37 2009-10-31 KOHN Catherine
WORLD SC Rec: 2:02.00 W 2017-04-22 CORO Monica
SA Record: 3:16.42 S 10-2014 Gail McCarney
WP Record: 3:16.42 p 10-2014 Gail McCarney
 3:08.68 55-59 SAQ
 3:21.89 55-59 WPQ

1 Stanford, Cecilia 56 CPTW-WP 3:06.75 S pSAQ

Event 6 Women 60-64 200 SC Meter Breaststroke

World Record: 3:06.48 2002-03-16 PRONK Bonnie
WORLD SC Rec: 3:03.00 W 2016-12-04 KNAPP Lo D
SA Record: 3:37.07 S 10-2010 Jenny Ireland
WP Record: 3:42.99 p 10-2014 Sandy Reeves
 3:21.25 60-64 SAQ
 3:39.99 60-64 WPQ

1 Matley, Terry 60 DOLP-WP 3:43.58

Event 6 Women 70-74 200 SC Meter Breaststroke

World Record: 3:25.76 2009-03-21 LEILICH Joann
WORLD SC Rec: 3:03.00 W 2017-01-21 YASUDA Nobuko
SA Record: 3:54.35 S 3-2017 B Shuttleworth
WP Record: 4:57.81 p 10-2014 Tricia Rix
 3:51.98 70-74 SAQ
 4:13.22 70-74 WPQ

1 Rix, Tricia 74 CPTW-WP 5:36.91

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Event 6 Men 30-34 200 SC Meter Breaststroke

World Record: 2:12.58 2010-02-13 KOSAKA Hiroyuki
 WORLD SC Rec: 2:02.00 W 2015-12-06 KOBAYASHI Ryo
 SA Record: 2:38.18 S 11-2004 Gary Coetzee
 WP Record: 2:41.60 p 7-2013 Dave Nel
 2:22.95 30-34 SAQ
 2:32.96 30-34 WPQ
 1 Joubert, Jacques 34 CPTW-WP 2:29.74 SpWPQ

Event 6 Men 40-44 200 SC Meter Breaststroke

World Record: 2:15.95 2008-12-21 MONTINI Alberto
 WORLD SC Rec: 2:02.00 W 2014-12-07 WEST Steve
 SA Record: 2:42.98 S 1991 Rob Hatherley
 WP Record: 2:47.62 p Tim Shead
 2:28.15 40-44 SAQ
 2:38.52 40-44 WPQ
 1 Steenkamp, Neil 40 CPTW-WP 3:34.61

Event 6 Men 45-49 200 SC Meter Breaststroke

World Record: 2:22.68 2008-06-22 MILLS Glenn
 WORLD SC Rec: 2:02.00 W 2015-03-27 GRANGER Nicolas
 SA Record: 2:36.17 S 9-2010 Johan vd Merwe
 WP Record: 2:36.17 p 9-2010 Johan vd Merwe
 2:32.47 45-49 SAQ
 2:43.14 45-49 WPQ
 1 Gilbert, Oliver 47 CPTW-WP 2:50.72

Event 6 Men 80-84 200 SC Meter Breaststroke

World Record: 3:03.00 W 2008-01-27 NAKAHARI Zenji
 SA Record: 5:08.67 S 3-2017 Bill Cordell
 4:02.92 80-84 SAQ
 4:27.02 80-84 WPQ
 1 McLachlan, Dave 80 CPTW-WP 4:12.08 SpWPQ

Event 7 Women 30-34 100 SC Meter Backstroke

World Record: 1:00.90 2010-03-07 YAMAGUCHI Kana
 WORLD SC Rec: 1:01.00 W 2010-03-07 YAMAGUCHI Kana
 SA Record: 1:10.58 S 10-2016 Tarryn Stanford
 WP Record: 1:10.58 p 10-2016 Tarryn Stanford
 1:07.96 30-34 SAQ
 1:12.72 30-34 WPQ
 1 Stanford, Tarryn 31 CPTW-WP 1:11.21 WPQ

Event 7 Women 40-44 100 SC Meter Backstroke

World Record: 1:03.48 2011-10-29 HART Sheri
 WORLD SC Rec: 1:01.00 W 2011-10-29 HART Sheri
 SA Record: 1:10.83 S 11-2004 Bev McCarney
 WP Record: 1:12.56 p 6-2017 Perry Cadiz
 1:10.06 40-44 SAQ
 1:14.96 40-44 WPQ
 1 Cadiz, Perry 41 CPTW-WP 1:13.16 WPQ

Event 7 Women 45-49 100 SC Meter Backstroke

World Record: 1:04.46 2009-02-27 PIPES-NEILSEN Karlyn
 WORLD SC Rec: 1:01.00 W 2009-02-27 PIPES-NEILSEN Kar
 SA Record: 1:13.16 S 7-2006 Cecilia Stanford
 WP Record: 1:13.16 p 7-2006 Cecilia Stanford
 1:10.10 45-49 SAQ
 1:15.01 45-49 WPQ
 1 Mallows, Bev 47 DOLP-WP 1:38.19

Event 7 Women 60-64 100 SC Meter Backstroke

World Record: 1:14.48 2011-12-03 VAL Laura
 WORLD SC Rec: 1:01.00 W 2013-12-07 VAL Laura
 SA Record: 1:16.57 S 10-2016 Di Coetzee
 WP Record: 1:16.57 p 10-2016 Di Coetzee
 1:23.83 60-64 SAQ
 1:30.91 60-64 WPQ
 1 Sharkey, Therese 62 WINE-WP 1:30.91 WPQ
 2 Brewis, Judy 63 CPTW-WP 1:31.72

Event 7 Women 70-74 100 SC Meter Backstroke

World Record: 1:26.25 2012-05-20 TAKEUJI Satoko
 WORLD SC Rec: 1:01.00 W 2015-03-22 OHLSSON Margit
 SA Record: 1:44.76 S 7-2014 Lenchan Zundorf
 WP Record: 1:44.76 p 7-2014 Lenchan Zundorf
 1:37.17 70-74 SAQ
 1:45.56 70-74 WPQ
 1 Rix, Tricia 74 CPTW-WP 2:29.47

Event 7 Men 50-54 100 SC Meter Backstroke

World Record: 59.92 2011-10-15 WOOD Steve
 WORLD SC Rec: 58.00 W 2015-10-24 BEDFORD Fritz
 SA Record: 1:05.80 S 10-2016 H Ruck
 WP Record: 1:06.56 p 6-2003 Tim Shead
 1:01.95 50-54 SAQ
 1:08.60 50-54 WPQ
 1 Orton, Nick 54 CPTW-WP 1:12.41

Event 8 Women 55-59 100 SC Meter Butterfly

World Record: 1:09.23 2009-12-16 VAL Laura
 WORLD SC Rec: 1:01.00 W 2017-01-21 PIPES Karlyn
 SA Record: 1:14.11 S 4-2016 Cecilia Stanford
 WP Record: 1:14.11 p 4-2016 Cecilia Stanford
 1:17.23 55-59 SAQ
 1:24.57 55-59 WPQ
 1 Degenaar, Jean 57 CPTW-WP 1:28.51

Event 8 Men 60-64 100 SC Meter Butterfly

World Record: 1:01.00 W 2016-05-23 THOMPSON Dan
 SA Record: 1:10.66 S 8-2010 Halton Cheadle
 WP Record: 1:10.66 p 8-2010 Halton Cheadle
 1:08.10 60-64 SAQ
 1:15.49 60-64 WPQ
 1 Hodges, Mark 64 CPTW-WP 1:45.74

Event 9 Women 35-39 25 SC Meter Breaststroke

WP Record: 18.10 p Aletta Momberg
 --- Feldwick-Davis, 39 CPTW-WP DQ

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Event 9 Women 40-44 25 SC Meter Breaststroke
WP Record: 18.11 p 1999 Gail McCarney
 1 Cadiz, Perry 41 CPTW-WP 17.95 p
 2 Amner, Claire 43 CPTW-WP 19.12

Event 9 Women 45-49 25 SC Meter Breaststroke
WP Record: 18.13 p 11-2006 Cecilia Stanford
 1 Bihl, Kate 47 CPTW-WP 19.43
 2 Mallows, Bev 47 DOLP-WP 21.98
 3 Stewart, Karin 48 WINE-WP 23.34

Event 9 Women 55-59 25 SC Meter Breaststroke
WP Record: 19.07 p 4-2014 Gail McCarney
 1 Stanford, Cecilia 56 CPTW-WP 18.60 p

Event 9 Women 60-64 25 SC Meter Breaststroke
WP Record: 19.54 p 4-2014 Sandy Reeves
 1 Matley, Terry 60 DOLP-WP 20.50
 2 Coetzee, Diane 62 CPTW-WP 20.84
 3 Sharkey, Therese 62 WINE-WP 24.36
 4 Marais, Elza 62 DOLP-WP 31.13

Event 9 Women 70-74 25 SC Meter Breaststroke
WP Record: 25.08 p 4-2015 Lenchen Zundorf
 1 Zundorf, Lenchen 73 CPTW-WP 24.75 p

Event 9 Men 30-34 25 SC Meter Breaststroke
WP Record: 14.82 p 11-2005 Andrew Sexton
 1 Joubert, Jacques 34 CPTW-WP 14.34 p

Event 9 Men 45-49 25 SC Meter Breaststroke
WP Record: 15.56 p 1999 Tim Shead
 1 Gilbert, Oliver 47 CPTW-WP 15.81

Event 9 Men 50-54 25 SC Meter Breaststroke
WP Record: 15.17 p 11-2006 Tim Shead
 1 McLeRoth, Greg 50 CPTW-WP 16.35
 2 Orton, Nick 54 CPTW-WP 17.55
 3 Olivier, Marais 54 CPTW-WP 20.59

Event 9 Men 55-59 25 SC Meter Breaststroke
WP Record: 15.35 p 11-2009 Tim Shead
 1 Holshausen, Rod 59 CPTW-WP 21.56

Event 9 Men 60-64 25 SC Meter Breaststroke
WP Record: 19.41 p 11-2009 Coenie Slabbert
 1 Platte, Gary 61 WINE-WP 24.46

Event 9 Men 80-84 25 SC Meter Breaststroke
 1 McLachlan, Dave 80 CPTW-WP 22.64 p

Event 10 Women 40-44 25 SC Meter Backstroke
WP Record: 16.61 p 11-2004 Cecilia Stanford
 1 Cadiz, Perry 41 CPTW-WP 16.18 p
 2 Amner, Claire 43 CPTW-WP 18.86

Event 10 Women 45-49 25 SC Meter Backstroke
WP Record: 16.43 p Sue Fraenkel
 1 Bihl, Kate 47 CPTW-WP 18.34
 2 Mallows, Bev 47 DOLP-WP 20.13

Event 10 Women 55-59 25 SC Meter Backstroke
WP Record: 16.72 p 4-2014 Di Coetzee
 1 Stanford, Cecilia 56 CPTW-WP 17.53

Event 10 Women 60-64 25 SC Meter Backstroke
WP Record: 17.53 p 4-2015 Di Coetzee
 1 Coetzee, Diane 62 CPTW-WP 17.39 p
 2 Sharkey, Therese 62 WINE-WP 20.28
 3 Brewis, Judy 63 CPTW-WP 20.58

Event 10 Women 70-74 25 SC Meter Backstroke
WP Record: 28.84 p Clara Aurik
 1 Zundorf, Lenchen 73 CPTW-WP 23.87 p

Event 10 Men 50-54 25 SC Meter Backstroke
WP Record: 15.94 p 1999 Allen Morrison
 1 Orton, Nick 54 CPTW-WP 14.92 p
 2 Olivier, Marais 54 CPTW-WP 20.88

Event 10 Men 55-59 25 SC Meter Backstroke
WP Record: 15.37 p 11-2009 Tim Shead
 1 Holshausen, Rod 59 CPTW-WP 19.26

Event 10 Men 60-64 25 SC Meter Backstroke
WP Record: 16.20 p 11-2012 Tim Shead
 1 Platte, Gary 61 WINE-WP 23.88

Event 10 Men 70-74 25 SC Meter Backstroke
WP Record: 20.94 p 11-2008 Dave McLachlan
 1 Wilson, Doug 70 CPTW-WP 17.75 p

Event 10 Men 80-84 25 SC Meter Backstroke
WP Record: 34.25 p Colin Cable
 1 McLachlan, Dave 80 CPTW-WP 24.28 p

Event 11 Women 30-34 25 SC Meter Butterfly
WP Record: 15.15 p Janine Makowen
 1 Wolmarans, Lezandre 30 CPTW-WP 14.16 p

Event 11 Women 40-44 25 SC Meter Butterfly
WP Record: 14.98 p 11-2004 Cecilia Stanford
 1 Cadiz, Perry 41 CPTW-WP 15.55
 2 Amner, Claire 43 CPTW-WP 16.20

Event 11 Women 45-49 25 SC Meter Butterfly
WP Record: 15.32 p 11-2008 Cecilia Stanford
 1 Bihl, Kate 47 CPTW-WP 17.70

Event 11 Women 55-59 25 SC Meter Butterfly
WP Record: 15.87 p 4-2014 Diane Coetzee
 1 Stanford, Cecilia 56 CPTW-WP 15.56 p

Event 11 Women 60-64 25 SC Meter Butterfly
WP Record: 16.70 p 4-2015 Di Coetzee
 1 Coetzee, Diane 62 CPTW-WP 16.76
 2 Matley, Terry 60 DOLP-WP 23.28

Event 11 Men 45-49 25 SC Meter Butterfly
WP Record: 13.03 p 11-2007 Paul Blackbeard
 1 Gilbert, Oliver 47 CPTW-WP 14.39

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Event 11 Men 50-54 25 SC Meter Butterfly
WP Record: 13.68 p 11-2008 Nigel Cones
 1 McLeRoth, Greg 50 CPTW-WP 13.27p
 2 Orton, Nick 54 CPTW-WP 13.89
 3 Olivier, Marais 54 CPTW-WP 18.68

Event 11 Men 55-59 25 SC Meter Butterfly
WP Record: 13.41 p 11-2009 Tim Shead
 1 Steyn, Glenn 57 CPTW-WP 15.89
 2 Holshausen, Rod 59 CPTW-WP 17.14

Event 11 Men 60-64 25 SC Meter Butterfly
WP Record: 16.21 p 11-2010 Allen Morrison
 1 Hodges, Mark 64 CPTW-WP 17.75
 2 Platte, Gary 61 WINE-WP 19.64

Event 11 Men 80-84 25 SC Meter Butterfly
 1 McLachlan, Dave 80 CPTW-WP 19.28 p

Event 12 Women 30-34 25 SC Meter Freestyle
WP Record: 12.90 p 1-1997 Janine Makowen
 1 Wolmarans, Lezandre 30 CPTW-WP 13.41

Event 12 Women 35-39 25 SC Meter Freestyle
WP Record: 13.35 p Gail McCarney
 1 Feldwick-Davis, 39 CPTW-WP 14.94

Event 12 Women 40-44 25 SC Meter Freestyle
WP Record: 13.57 p 11-2008 Marcelle Strauss
 1 Cadiz, Perry 41 CPTW-WP 13.63
 2 Amner, Claire 43 CPTW-WP 15.43

Event 12 Women 45-49 25 SC Meter Freestyle
WP Record: 14.05 p 11-2009 Marcelle Strauss
 1 Bihl, Kate 47 CPTW-WP 15.93
 2 Stewart, Karin 48 WINE-WP 16.77

Event 12 Women 55-59 25 SC Meter Freestyle
WP Record: 14.30 p 4-2014 Diane Coetzee
 1 Stanford, Cecilia 56 CPTW-WP 14.56

Event 12 Women 60-64 25 SC Meter Freestyle
WP Record: 14.90 p 4-2015 Di Coetzee
 1 Coetzee, Diane 62 CPTW-WP 14.99
 2 Sharkey, Therese 62 WINE-WP 17.50
 3 Brewis, Judy 63 CPTW-WP 17.69
 4 Matley, Terry 60 DOLP-WP 18.12
 5 Marais, Elza 62 DOLP-WP 19.65

Event 12 Women 70-74 25 SC Meter Freestyle
WP Record: 18.71 p 4-2015 Lenchen Zundorf
 1 Zundorf, Lenchen 73 CPTW-WP 19.37

Event 12 Men 30-34 25 SC Meter Freestyle
WP Record: 12.09 p Paul Benade
 1 Joubert, Jacques 34 CPTW-WP 12.19

Event 12 Men 40-44 25 SC Meter Freestyle
WP Record: 12.50 p 11-2007 Johan vd Merwe
 1 Muller, Mark 42 UNAT 13.56

Event 12 Men 45-49 25 SC Meter Freestyle
WP Record: 12.08 p 11-2007 Paul Blackbeard
 1 Gilbert, Oliver 47 CPTW-WP 13.45

Event 12 Men 50-54 25 SC Meter Freestyle
WP Record: 12.89 p 11-2005 Izak Spies
 1 Orton, Nick 54 CPTW-WP 12.75 p
 2 Olivier, Marais 54 CPTW-WP 16.60
 3 Knight, Darrel 51 UNAT 17.94
 --- McLeRoth, Greg 50 CPTW-WP DQ

Event 12 Men 55-59 25 SC Meter Freestyle
WP Record: 12.91 p 11-2009 Tim Shead
 1 Steyn, Glenn 57 CPTW-WP 14.48
 2 Holshausen, Rod 59 CPTW-WP 15.81

Event 12 Men 60-64 25 SC Meter Freestyle
WP Record: 13.84 p 11-2009 Allen Morrison
 1 Bennetto, Peter 64 CPTW-WP 15.56
 2 Hodges, Mark 64 CPTW-WP 16.70
 3 Platte, Gary 61 WINE-WP 17.17

Event 12 Men 70-74 25 SC Meter Freestyle
WP Record: 15.11 p 11-2010 Gary Freeling
 1 Wilson, Doug 70 CPTW-WP 14.21 p

Event 12 Men 80-84 25 SC Meter Freestyle
 1 McLachlan, Dave 80 CPTW-WP 18.31 p

S = SA RECORD

P = WP RECORD

SAQ = SAMS COLOURS QUALIFYING

WPQ = WPM COLOURS QUALIFYING