

Western Province Masters September 2016 Gala

Short Course Gala

Results

Event 1 Women 19-24 800 SC Meter Freestyle

SA Record: 9:45.87 S 10-2010 Tarryn Stanford

WP Record: 9:45.87 p 10-2010 Tarryn Stanford

9:40.14 19-24 SAQ

10:22.52 19-24 WPQ

1 Renaud, Celeste 21 UNAT 10:51.55

Event 1 Women 30-34 800 SC Meter Freestyle

World Record: 8:38.58 W 2011-12-04 HECKMAN Dawn

SA Record: 10:15.16 S 9-2006 Lucy Barlow

WP Record: 9:58.06 p Aletta Momberg

9:49.16 30-34 SAQ

10:30.40 30-34 WPQ

1 Stanford, Tarryn 30 CPTW-WP 10:14.38 S WPQ

2 Beckenstrater, Natalie 34 UNAT 14:36.61

Event 1 Women 35-39 800 SC Meter Freestyle

World Record: 8:57.28 W 2010-10-08 CAMERON Kirsten

SA Record: 9:37.56 S 9-2003 Amanda Picard

WP Record: 9:37.56 p 9-2003 Amanda Picard

10:01.91 35-39 SAQ

10:45.42 35-39 WPQ

1 Nurse, Kathryn 37 CPTW-WP 11:03.12

Event 1 Women 40-44 800 SC Meter Freestyle

World Record: 9:09.71 W 2003-06-20 PIPES-NEILSEN Karlyn

SA Record: 10:04.49 S 11-2009 Heather Morris-Eyton

WP Record: 10:12.59 p 9-2203 Cecilia Stanford

9:56.05 40-44 SAQ

10:43.74 40-44 WPQ

1 Amner, Claire 42 CPTW-WP 10:42.22

2 McCreddie, Colleen 40 UNAT 14:30.23

Event 1 Women 60-64 800 SC Meter Freestyle

World Record: 10:21.68 W 2011-01-15 VAL Laura

SA Record: 10:48.05 S 10-2015 Di Coetzee

WP Record: 10:48.05 p 10-2015 Di Coetzee

11:32.43 60-64 SAQ

13:10.64 60-64 WPQ

1 Coetzee, Diane 61 CPTW-WP 10:51.94 SAQ

2 Brimble, Mairi 61 DOLP-WP 13:04.26

Event 1 Men 50-54 800 SC Meter Freestyle

World Record: 8:44.51 W 2000-12-10 MCCONICA Jim

SA Record: 9:44.16 S 9-2005 Doug Howieson

WP Record: 9:44.16 p 9-2006 Doug Howieson

9:32.08 50-54 SAQ

10:12.13 50-54 WPQ

--- Hales, Boris 52 UNAT DNF

Event 1 Men 55-59 800 SC Meter Freestyle

SA Record: 10:04.18 S 10-2008 Doug Howieson

WP Record: 10:04.18 p 10-2008 Doug Howieson

9:46.44 55-59 SAQ

10:27.49 55-59 WPQ

1 Holshausen, Rod 58 CPTW-WP 11:13.01

Event 1 Men 60-64 800 SC Meter Freestyle

SA Record: 10:37.03 S 10-2015 Izak Spies

WP Record: 10:37.03 p 10-2015 Izak Spies

10:22.26 60-64 SAQ

11:16.45 60-64 WPQ

1 Stevenson, Paul 60 CPTW-WP 11:00.54 WPQ

--- Bennetto, Peter 63 CPTW-WP DNF

Event 2 Women 55-59 100 SC Meter Breaststroke

World Record: 1:25.18 W 2009-03-14 STEIGER Regula

SA Record: 1:30.36 S 9-2014 Gail McCarney

WP Record: 1:30.36 p 9-2014 Gail McCarney

1:26.56 55-59 SAQ

1:35.14 55-59 WPQ

1 Stanford, Cecilia 55 CPTW-WP 1:28.20 S p WPQ

2 Donnelly, Chris 59 CPTW-WP 1:45.00

3 Winfield, Melinda 55 CPTW-WP 1:51.45

Event 2 Men 30-34 100 SC Meter Breaststroke

World Record: 1:00.72 W 2008-12-13 TOMAZINI Marcelo

SA Record: 1:08.79 S 8-2005 Andrew Sexton

WP Record: 1:08.79 p 8-2005 Andrew Sexton

1:03.86 30-34 SAQ

1:08.39 30-34 WPQ

1 Joubert, Jacques 33 CPTW-WP 1:11.20

2 Manelli, Leonardo 34 CPTW-WP 1:33.07

Event 2 Men 40-44 100 SC Meter Breaststroke

World Record: 1:02.42 W 2008-11-30 MONTINI Alberto

SA Record: 1:12.69 S 11-2007 Johan vd Merwe

WP Record: 1:12.69 p 10-2007 Johan vd Merwe

1:06.20 40-44 SAQ

1:10.83 40-44 WPQ

1 Southam, Terry 40 UNAT 1:23.61

Event 2 Men 55-59 100 SC Meter Breaststroke

SA Record: 1:10.50 S 1-2007 Tim Shead

WP Record: 1:10.50 p 1-2007 Tim Shead

1:13.44 55-59 SAQ

1:20.03 55-59 WPQ

1 Hendricks, Nigel 58 CPTW-WP 1:29.39

Event 3 Women 35-39 100 SC Meter Backstroke

World Record: 1:02.36 W 2009-11-22 HART Sheri

SA Record: 1:08.96 S 11-2006 Marianne Kriel

WP Record: 1:08.96 p 11-2006 Marianne Kriel

1:09.06 35-39 SAQ

1:14.61 35-39 WPQ

1 White, Simone 36 CPTW-WP 1:20.01

2 Nurse, Kathryn 37 CPTW-WP 1:24.81

Event 3 Women 40-44 100 SC Meter Backstroke

World Record: 1:03.48 W 2011-10-29 HART Sheri

SA Record: 1:10.83 S 11-2004 Bev McCarney

WP Record: 1:13.07 p 9-2003 Cecilia Stanford

1:10.06 40-44 SAQ

1:15.15 40-44 WPQ

1 Cadiz, Perry 40 CPTW-WP 1:13.17 WPQ

2 Amner, Claire 42 CPTW-WP 1:19.83

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Event 3 Women 55-59 100 SC Meter Backstroke

World Record: 1:12.23 W 2008-11-16 VAL Laura
 SA Record: 1:18.47 S 7-2011 Di Coetzee
 WP Record: 1:18.47 p 7-2011 Di Coetzee
 1:19.12 55-59 SAQ
 1:27.76 55-59 WPQ

1 Degenaar, Jean 56 CPTW-WP 1:21.88

Event 3 Women 60-64 100 SC Meter Backstroke

World Record: 1:14.48 W 2011-12-03 VAL Laura
 SA Record: 1:17.93 S 7-2015 Di Coetzee
 WP Record: 1:17.93 p 7-2015 Di Coetzee
 1:24.96 60-64 SAQ
 1:34.89 60-64 WPQ

1 Coetzee, Diane 61 CPTW-WP 1:22.61 SAQ

2 Brewis, Judy 62 CPTW-WP 1:32.94

Event 3 Men 35-39 100 SC Meter Backstroke

World Record: 55.95 W 2004-12-05 ROSS Michael
 SA Record: 1:00.03 S 5-2012 Simon Thirsk
 WP Record: 1:03.90 p 9-2014 David Nel
 59.10 35-39 SAQ
 1:03.24 35-39 WPQ

1 Macdonald, Jeremy 37 UNAT 1:02.47

Event 3 Men 50-54 100 SC Meter Backstroke

World Record: 59.92 W 2011-10-15 WOOD Steve
 SA Record: 1:06.56 S 6-2003 Tim Shead
 WP Record: 1:06.56 p 6-2003 Tim Shead
 1:04.11 50-54 SAQ
 1:10.48 50-54 WPQ

1 Orton, Nick 53 CPTW-WP 1:15.18

Event 3 Men 60-64 100 SC Meter Backstroke

SA Record: 1:15.46 S 7-2015 Mike Winfield
 WP Record: 1:15.46 p 7-2015 Mike Winfield
 1:13.07 60-64 SAQ
 1:18.75 60-64 WPQ

1 Winfield, Mike 61 CPTW-WP 1:18.41 WPQ

Event 4 Women 25-29 50 SC Meter Butterfly

World Record: 27.29 W 2010-05-09 NAKANISHI Yuko
 SA Record: 27.42 S 10-2014 E Werth
 WP Record: 30.06 p 11-1999 Marianne Kriel
 28.69 25-29 SAQ
 31.07 25-29 WPQ

1 Needham, Tersia 27 UNAT 34.11

Event 4 Women 30-34 50 SC Meter Butterfly

World Record: 27.81 W 2006-03-26 JACOBSEN Mette
 SA Record: 30.67 S 10-2015 T. Victor
 WP Record: 31.18 p Aletta Momberg
 29.03 30-34 SAQ
 31.81 30-34 WPQ

1 Theron, Renie 34 UNAT 35.10

Event 4 Women 55-59 50 SC Meter Butterfly

World Record: 31.13 W 2009-10-17 VAL Laura
 SA Record: 34.35 S 7-2015 Kim Foster
 WP Record: 34.94 p 9-2014 Gail McCarney
 33.04 55-59 SAQ
 36.77 55-59 WPQ

1 Stanford, Cecilia 55 CPTW-WP 34.44 p WPQ

2 Degenaar, Jean 56 CPTW-WP 38.28

Event 4 Men 35-39 50 SC Meter Butterfly

World Record: 23.72 W 2011-03-20 FROLANDER Lars
 SA Record: 27.36 S 10-2014 Jay Richards
 WP Record: 27.36 p 10-2014 Jay Richards
 25.70 35-39 SAQ
 27.50 35-39 WPQ

1 Neethling, Ryk 39 UNAT 24.59

2 Richards, Jay 39 CPTW-WP 27.70

Event 4 Men 55-59 50 SC Meter Butterfly

SA Record: 28.48 S 10-2012 Andre Steynberg
 WP Record: 29.53 p 10-2007 Tim Shead
 28.64 55-59 SAQ
 31.03 55-59 WPQ

1 Holshausen, Rod 58 CPTW-WP 35.33

Event 4 Men 60-64 50 SC Meter Butterfly

SA Record: 30.41 S 9-2010 Halton Cheadle
 WP Record: 30.41 p 9-2010 Halton Cheadle
 29.75 60-64 SAQ
 32.24 60-64 WPQ

1 Roothman, Andrè 62 CPTW-WP 32.06 WPQ

Event 4 Men 65-69 50 SC Meter Butterfly

SA Record: 32.10 S 9-2014 Halton Cheadle
 WP Record: 32.10 p 9-2014 Halton Cheadle
 31.18 65-69 SAQ
 33.36 65-69 WPQ

1 Wilson, Doug 69 CPTW-WP 39.03

Event 5 Women 30-34 400 SC Meter IM

World Record: 4:45.07 W 2010-04-17 MATSUDA Hitomi
 SA Record: 5:32.60 S 8-2000 Rachele Isakov
 WP Record: 5:49.77 p 10-2013 Kathryn Nurse
 5:19.48 30-34 SAQ
 5:41.84 30-34 WPQ

1 Stanford, Tarryn 30 CPTW-WP 5:39.53 p WPQ

Event 5 Women 55-59 400 SC Meter IM

World Record: 5:39.30 W 2009-11-21 VAL Laura
 SA Record: 6:09.28 S 10-2015 Jean Degenaar
 WP Record: 6:09.28 p 10-2015 Jean Degenaar
 6:05.04 55-59 SAQ
 6:54.88 55-59 WPQ

1 Stanford, Cecilia 55 CPTW-WP 6:02.10 S p SAQ

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Event 6 Women 35-39 100 SC Meter Butterfly**World Record:** 1:02.70 W 2012-05-06 MATSUDA Hitomi**SA Record:** 1:08.17 S 7-2014 Kathryn Nurse**WP Record:** 1:08.12 p 7-2014 Kathryn Nurse

1:07.01 35-39 SAQ

1:12.27 35-39 WPQ

1	White, Simone	36	CPTW-WP	1:20.07
2	Le Manach, Claire	35	UNAT	1:20.61

Event 6 Women 55-59 100 SC Meter Butterfly**World Record:** 1:09.23 W 2009-12-16 VAL Laura**SA Record:** 1:14.11 S 4-2016 Cecilia Stanford**WP Record:** 1:14.11 p 4-2016 Cecilia Stanford

1:19.04 55-59 SAQ

1:26.64 55-59 WPQ

1	Degenaar, Jean	56	CPTW-WP	1:24.73
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Event 6 Men 55-59 100 SC Meter Butterfly**SA Record:** 1:04.78 S 5-2012 Andre Steynberg**WP Record:** 1:05.68 p 8-2008 Tim Shead

1:05.07 55-59 SAQ

1:10.57 55-59 WPQ

1	Holshausen, Rod	58	CPTW-WP	1:17.03
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Event 6 Men 60-64 100 SC Meter Butterfly**SA Record:** 1:10.66 S 8-2010 Halton Cheadle**WP Record:** 1:10.66 p 8-2010 Halton Cheadle

1:10.55 60-64 SAQ

1:15.53 60-64 WPQ

---	Roothman, Andr�	62	CPTW-WP	DQ
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Event 7 Women 25-29 50 SC Meter Breaststroke**World Record:** 31.59 W 2011-11-05 HEIDEMANN Nicole**SA Record:** 35.36 S 7-2007 C. Rolt**WP Record:** 36.84 p 6-2002 Mia Russell

33.84 25-29 SAQ

36.57 25-29 WPQ

1	Needham, Tersia	27	UNAT	41.52
2	Van Eyk, Roxanne	28	UNAT	47.16

Event 7 Women 45-49 50 SC Meter Breaststroke**World Record:** 33.82 W 2010-10-10 VON DER LIPPE Susan**SA Record:** 35.87 S 10-2012 Heather Morris-Eyton**WP Record:** 37.64 p 8-2005 Gail McCarney

36.35 45-49 SAQ

39.65 45-49 WPQ

1	De Bruin, Kim	45	UNAT	42.51
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Event 7 Women 55-59 50 SC Meter Breaststroke**World Record:** 38.32 W 2001-08-25 WICKS Jan**SA Record:** 41.03 S 10-2014 Gail McCarney**WP Record:** 41.03 p 10-2014 Gail McCarney

39.06 55-59 SAQ

42.12 55-59 WPQ

1	Donnelly, Chris	59	CPTW-WP	49.17
2	Winfield, Melinda	55	CPTW-WP	50.02

Event 7 Men 25-29 50 SC Meter Breaststroke**World Record:** 27.69 W 2003-03-30 PATRICK Russ**SA Record:** 30.25 S 2-2007 B. Toerien**WP Record:** 30.56 p 7-2008 Grant Galant

28.94 25-29 SAQ

31.43 25-29 WPQ

1	Greene, Daniel	29	UNAT	43.26
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Event 7 Men 30-34 50 SC Meter Breaststroke**World Record:** 27.11 W 2009-09-26 TOMAZINI Marcelo**SA Record:** 30.61 S 12-2002 Kenneth Cawood**WP Record:** 31.09 p 8-2005 Andrew Sexton

28.89 30-34 SAQ

30.91 30-34 WPQ

1	Joubert, Jacques	33	CPTW-WP	33.12
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Event 7 Men 35-39 50 SC Meter Breaststroke**World Record:** 27.79 W 2009-12-06 COMMINGS Jeff**SA Record:** 31.34 S 12-2009 K. Lawrenson**WP Record:** 31.82 p 10-2011 Gary Hall

29.47 35-39 SAQ

32.01 35-39 WPQ

1	Neethling, Ryk	39	UNAT	29.70
2	Richards, Jay	39	CPTW-WP	33.61
3	King, Ken	35	UNAT	51.50

Event 7 Men 40-44 50 SC Meter Breaststroke**World Record:** 28.86 W 2008-10-26 MONTINI Alberto**SA Record:** 32.01 S 10-2010 C. Lyne**WP Record:** 32.26 p 9-2013 Andrew Sexton

29.95 40-44 SAQ

32.05 40-44 WPQ

1	Southam, Terry	40	UNAT	37.22
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Event 7 Men 50-54 50 SC Meter Breaststroke**World Record:** 30.73 W 2010-12-05 GUTHRIE David**SA Record:** 31.72 S 3-2002 Tim Shead**WP Record:** 31.72 p 3-2003 Tim Shead

31.72 50-54 SAQ

34.26 50-54 WPQ

1	Orton, Nick	53	CPTW-WP	39.29
2	Hales, Boris	52	UNAT	46.08

Event 8 Women 25-29 50 SC Meter Freestyle**World Record:** 25.42 W 2006-03-12 KOMATSU Sumika**SA Record:** 26.47 S 10-2014 E Werth**WP Record:** 28.29 p 9-2010 Rebecca Newson

26.49 25-29 SAQ

28.91 25-29 WPQ

1	Needham, Tersia	27	UNAT	31.84
2	Van Eyk, Roxanne	28	UNAT	34.12
3	McAllister, Heidi	29	UNAT	39.06

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Event 8 Women 30-34 50 SC Meter Freestyle**World Record:** 25.57 W 2009-09-27 KOMATSU Sumika**SA Record:** 27.63 S 11-2012 A. Landau**WP Record:** 29.13 p 6-2008 Perry Cadiz

26.94 30-34 SAQ

28.96 30-34 WPQ

1	Theron, Renie	34	UNAT	32.22
2	Armstrong, Paula	32	UNAT	32.79
3	Beckenstrater, Natalie	34	UNAT	43.93

Event 8 Women 35-39 50 SC Meter Freestyle**World Record:** 25.10 W 2006-12-03 TORRES Dara**SA Record:** 27.25 S 11-2004 Edith Ottermann**WP Record:** 28.25 p 7-2006 Marianne Kriel

27.47 35-39 SAQ

29.39 35-39 WPQ

1	White, Simone	36	CPTW-WP	32.02
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Event 8 Women 40-44 50 SC Meter Freestyle**World Record:** 26.40 W 2008-03-08 JOHANSSON Marika**SA Record:** 26.67 S 10-2007 Edith Ottermann**WP Record:** 26.67 p 10-2007 Edith Ottermann

27.43 40-44 SAQ

29.63 40-44 WPQ

1	Cadiz, Perry	40	CPTW-WP	29.01
2	Amner, Claire	42	CPTW-WP	33.07

Event 8 Women 45-49 50 SC Meter Freestyle**World Record:** 26.59 W 2011-04-14 OTTERMANN Edith**SA Record:** 26.59 S 4-2011 Edith Ottermann**WP Record:** 26.59 p 4-2011 Edith Ottermann

27.95 45-49 SAQ

30.17 45-49 WPQ

1	De Bruin, Kim	45	UNAT	35.52
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Event 8 Women 55-59 50 SC Meter Freestyle**World Record:** 28.49 W 2009-12-05 VAL Laura**SA Record:** 31.11 S 10-2011 Di Coetsee**WP Record:** 31.11 p 2-2011 Diane Coetsee

30.02 55-59 SAQ

32.90 55-59 WPQ

1	Degnaar, Jean	56	CPTW-WP	33.92
2	Donnelly, Chris	59	CPTW-WP	38.14
3	Winfield, Melinda	55	CPTW-WP	43.40

Event 8 Men 25-29 50 SC Meter Freestyle**World Record:** 22.11 W 2006-03-25 NYSTRAND Stefan**SA Record:** 23.61 S 10-2011 Chris King**WP Record:** 23.61 p 10-2011 Chris King

23.02 25-29 SAQ

24.70 25-29 WPQ

1	Greene, Daniel	29	UNAT	30.58
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Event 8 Men 30-34 50 SC Meter Freestyle**World Record:** 21.98 W 2011-10-29 BRUNELLI Nicholas**SA Record:** 23.79 S 10-2005 A. Biram**WP Record:** 25.19 p Lee McGregor

23.18 30-34 SAQ

25.17 30-34 WPQ

1	Lalin, Luke	33	UNAT	27.07
2	Manelli, Leonardo	34	CPTW-WP	30.61

Event 8 Men 35-39 50 SC Meter Freestyle**World Record:** 21.53 W 2007-10-27 FOSTER Mark**SA Record:** 22.48 S 10-2014 Ryk Neethling**WP Record:** 22.48 p 10-2014 Ryk Neethling

23.89 35-39 SAQ

25.56 35-39 WPQ

1	Neethling, Ryk	39	UNAT	23.57
2	Macdonald, Jeremy	37	UNAT	25.32
3	Richards, Jay	39	CPTW-WP	26.07

Event 8 Men 40-44 50 SC Meter Freestyle**World Record:** 23.06 W 2009-12-06 GIALDI Massimiliano**SA Record:** 25.13 S 10-2013 D. Letschert**WP Record:** 25.62 p 10-2003 Rob Manners-Wood

24.26 40-44 SAQ

25.96 40-44 WPQ

1	Muller, Mark	41	UNAT	29.28
2	Southam, Terry	40	UNAT	32.06

Event 8 Men 50-54 50 SC Meter Freestyle**World Record:** 23.38 W 2009-10-18 GAINES Rowdy**SA Record:** 24.40 S 4-2016 Calvin Maughan**WP Record:** 24.40 p 4-2016 Calvin Maughan

25.44 50-54 SAQ

27.31 50-54 WPQ

1	Orton, Nick	53	CPTW-WP	29.37
2	Hales, Boris	52	UNAT	34.77

Event 8 Men 55-59 50 SC Meter Freestyle**SA Record:** 26.19 S 7-2012 Andre Steynberg**WP Record:** 26.63 p 4-2008 Tim Shead

26.31 55-59 SAQ

28.25 55-59 WPQ

1	Hendricks, Nigel	58	CPTW-WP	29.67
2	Brand, Johan	56	CPTW-WP	32.37
3	Prentice, William	58	UNAT	32.45
4	Holshausen, Rod	58	CPTW-WP	33.96

Event 8 Men 60-64 50 SC Meter Freestyle**SA Record:** 27.63 S 5-2009 Terry Downes**WP Record:** 28.91 p 10-2015 Andre Roothman

27.03 60-64 SAQ

29.35 60-64 WPQ

1	Stevenson, Paul	60	CPTW-WP	29.22	WPQ
2	Roothman, Andrè	62	CPTW-WP	29.29	
3	Winfield, Mike	61	CPTW-WP	30.90	
4	Bennetto, Peter	63	CPTW-WP	33.78	

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Event 8 Men 65-69 50 SC Meter Freestyle

SA Record: 29.22 S 6-2014 Terry Downes

WP Record: 29.92 p 10-2012 Doug Wilson

28.50 65-69 SAQ

30.50 65-69 WPQ

1 Wilson, Doug 69 CPTW-WP 32.81

Event 9 Women 120-159 200 SC Meter Freestyle Relay

1 UNAT A 2:16.12

1) Le Manach, Claire W35 2) White, Simone W36

3) Renaud, Celeste W21 4) Armstrong, Paula W32

Event 9 Mixed 120-159 200 SC Meter Freestyle Relay

1 CPTW-WP A 1:54.80

1) Cadiz, Perry W40 2) Macdonald, Jeremy M37

3) Richards, Jay M39 4) Nurse, Kathryn W37

2 UNAT B 2:24.37

1) De Bruin, Kim W45 2) McCreadie, Colleen W40

3) Southam, Terry M40 4) McAllister, Heidi W29

3 UNAT C 2:25.78

1) Hales, Boris M52 2) Beckenstrater, Natalie W34

3) Van Eyk, Roxanne W28 4) Manelli, Leonardo M34

Event 9 Mixed 200-239 200 SC Meter Freestyle Relay

1 CPTW-WP A 2:16.65

1) Degenaar, Jean W56 2) Hendricks, Nigel M58

3) Winfield, Melinda W55 4) Winfield, Mike M61

2 CPTW-WP B 2:18.47

1) Holshausen, Rod M58 2) Donnelly, Chris W59

3) Brewis, Judy W62 4) Orton, Nick M53

Event 10 Mixed 120-159 200 SC Meter Medley Relay

1 UNAT A 2:23.67

1) Lalin, Luke M33 2) Southam, Terry M40

3) Le Manach, Claire W35 4) Renaud, Celeste W21

2 UNAT B 2:29.11

1) Greene, Daniel M29 2) De Bruin, Kim W45

3) White, Simone W36 4) Armstrong, Paula W32

S = SAMS RECORD

P = WPM RECORD

SAQ = SAMS COLOURS QUALIFYING TIME

WPQ = WPM COLOURS QUALIFYING TIME