

Western Province Masters July 2016 Gala

Short Course

Results

Event 1 Women 35-39 200 SC Meter IM

World Record: 2:18.60 W 2012-04-22 MATSUDA Hitomi

SA Record: 2:31.26 S 10-2009 Rachelle Isakov

WP Record: 2:31.26 p 10-2009 Rachelle Isakov

2:29.70 35-39 SAQ

2:42.65 35-39 WPQ

1 White, Simone 36 CPTW-WP 2:51.84

Event 1 Women 55-59 200 SC Meter IM

World Record: 2:36.98 W 2009-12-04 VAL Laura

SA Record: 2:51.47 S 7-2015 Jean Degenaar

WP Record: 2:51.47 p 7-2015 Jean Degenaar

2:51.96 55-59 SAQ

3:05.90 55-59 WPQ

1 Stanford, Cecilia 55 CPTW-WP 2:45.66 S pSAQ

2 Degenaar, Jean 56 CPTW-WP 2:57.46 WPQ

Event 1 Men 18 & Under 200 SC Meter IM

1 Nel, David 17 QSAM-WP 2:32.38

Event 1 Men 60-64 200 SC Meter IM

SA Record: 2:39.50 S 10-2010 Halton Cheadle

WP Record: 2:39.50 p 10-2010 Halton Cheadle

2:39.20 60-64 SAQ

2:54.24 60-64 WPQ

1 Roothman, Andr e 62 CPTW-WP 2:51.03 WPQ

Event 2 Women 60-64 100 SC Meter Backstroke

World Record: 1:14.48 W 2011-12-03 VAL Laura

SA Record: 1:17.93 S 7-2015 Di Coetzee

WP Record: 1:17.93 p 7-2015 Di Coetzee

1:24.96 60-64 SAQ

1:34.89 60-64 WPQ

1 Coetzee, Diane 61 CPTW-WP 1:18.38 SAQ

2 Brewis, Judy 62 CPTW-WP 1:32.88 WPQ

Event 2 Men 18 & Under 100 SC Meter Backstroke

1 Nel, David 17 QSAM-WP 1:06.62

Event 2 Men 30-34 100 SC Meter Backstroke

World Record: 52.68 W 2009-10-24 BUYUKUNCU Derya

SA Record: 1:04.44 S 10-2005 A. Biram

WP Record: 1:04.67 p Lee McGreggor

58.88 30-34 SAQ

1:03.49 30-34 WPQ

1 Southgate, Alistair 34 UNAT 1:20.69

Event 2 Men 45-49 100 SC Meter Backstroke

World Record: 57.00 W 2009-12-13 STEVENSON Chris

SA Record: 1:06.04 S 6-2014 H. Ruck

WP Record: 1:08.09 p 10-2004 Peter Storzner

1:01.58 45-49 SAQ

1:05.89 45-49 WPQ

1 Duvenhage, Dion 48 UNAT 1:15.56

Event 2 Men 60-64 100 SC Meter Backstroke

SA Record: 1:15.46 S 7-2015 Mike Winfield

WP Record: 1:15.46 p 7-2015 Mike Winfield

1:13.07 60-64 SAQ

1:18.75 60-64 WPQ

1 Winfield, Mike 61 CPTW-WP 1:17.02 WPQ

2 Howieson, Doug 64 CPTW-WP 1:25.82

Event 3 Women 25-29 50 SC Meter Butterfly

World Record: 27.29 W 2010-05-09 NAKANISHI Yuko

SA Record: 27.42 S 10-2014 E Werth

WP Record: 30.06 p 11-1999 Marianne Kriel

28.69 25-29 SAQ

31.07 25-29 WPQ

1 Wolmarans, Lezandre 29 CPTW-WP 32.51

2 Van Eyk, Roxy 28 CPTW-WP 40.87

Event 3 Men 30-34 50 SC Meter Butterfly

World Record: 22.87 W 2009-05-16 RUPPRATH Thomas

SA Record: 27.24 S 4-2004 David Hadenham

WP Record: 26.66 p Nigel Cones

25.11 30-34 SAQ

27.03 30-34 WPQ

1 Southgate, Alistair 34 UNAT 32.38

2 Manelli, Leonardo 34 CPTW-WP 39.20

Event 3 Men 35-39 50 SC Meter Butterfly

World Record: 23.72 W 2011-03-20 FROLANDER Lars

SA Record: 27.36 S 10-2014 Jay Richards

WP Record: 27.36 p 10-2014 Jay Richards

25.70 35-39 SAQ

27.50 35-39 WPQ

1 Richards, Jay 39 CPTW-WP 28.25

2 Steenkamp, Neil 39 CPTW-WP 31.25

Event 3 Men 45-49 50 SC Meter Butterfly

World Record: 25.74 W 2009-12-13 BEDFORD Fritz

SA Record: 27.25 S 10-2011 Brian Tatterson

WP Record: 28.33 p 10-2006 Paul Blackbeard

26.68 45-49 SAQ

28.68 45-49 WPQ

1 Coombe, Robert 48 CPTW-WP 34.16

Event 3 Men 50-54 50 SC Meter Butterfly

World Record: 25.49 W 2009-05-16 THOMPSON Dan

SA Record: 27.94 S 10-2014 Calvin Maughan

WP Record: 27.94 p 10-2014 Calvin Maughan

27.62 50-54 SAQ

29.66 50-54 WPQ

1 Orton, Nick 53 CPTW-WP 31.40

Event 3 Men 60-64 50 SC Meter Butterfly

SA Record: 30.41 S 9-2010 Halton Cheadle

WP Record: 30.41 p 9-2010 Halton Cheadle

29.75 60-64 SAQ

32.24 60-64 WPQ

1 Roothman, Andr e 62 CPTW-WP 33.38

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Event 4 Men 30-34 100 SC Meter Breaststroke

World Record: 1:00.72 W 2008-12-13 TOMAZINI Marcelo

SA Record: 1:08.79 S 8-2005 Andrew Sexton

WP Record: 1:08.79 p 8-2005 Andrew Sexton

1:03.86 30-34 SAQ

1:08.39 30-34 WPQ

1 Joubert, Jacques 33 CPTW-WP 1:12.17

Event 4 Men 45-49 100 SC Meter Breaststroke

World Record: 1:04.62 W 2011-03-26 ROLLI Rico

SA Record: 1:09.74 S 8-2010 Johan vd Merwe

WP Record: 1:09.74 p 8-2010 Johan vd Merwe

1:07.55 45-49 SAQ

1:14.24 45-49 WPQ

1 Gilbert, Oliver 46 CPTW-WP 1:22.33

Event 4 Men 65-69 100 SC Meter Breaststroke

SA Record: 1:26.55 S 9-2014 Halton Cheadle

WP Record: 1:26.55 p 9-2014 Halton Cheadle

1:23.37 65-69 SAQ

1:30.04 65-69 WPQ

1 DU Toit, Francois 69 CPTW-WP 1:44.88

Event 5 Women 19-24 50 SC Meter Backstroke

SA Record: 32.13 S 9-2008 C. Botha

WP Record: 33.69 p 4-2009 Taryn Stanford

30.58 19-24 SAQ

33.33 19-24 WPQ

1 Strugnell, Laura 24 UNAT 33.02p WPQ

Event 5 Women 55-59 50 SC Meter Backstroke

World Record: 32.62 W 2009-10-24 VAL Laura

SA Record: 35.50 S 10-2013 Di Coetzee

WP Record: 35.50 p 10-2013 Di Coetzee

35.65 55-59 SAQ

39.99 55-59 WPQ

1 Stanford, Cecilia 55 CPTW-WP 37.80 WPQ

2 Degenaar, Jean 56 CPTW-WP 38.67 WPQ

Event 5 Women 60-64 50 SC Meter Backstroke

World Record: 33.94 W 2011-10-03 VAL Laura

SA Record: 35.60 S 4-2015 Di Coetzee

WP Record: 35.60 p 4-2015 Di Coetzee

38.19 60-64 SAQ

42.78 60-64 WPQ

1 Coetzee, Diane 61 CPTW-WP 36.68 SAQ

2 Brewis, Judy 62 CPTW-WP 43.65

Event 5 Men 25-29 50 SC Meter Backstroke

World Record: 25.05 W 2004-09-25 THELOKE Stev

SA Record: 27.01 S 10-2011 Chris King

WP Record: 27.01 p 10-2011 Chris King

26.28 25-29 SAQ

28.13 25-29 WPQ

1 Roomaney, Karl 25 QSAM-WP 36.72

Event 5 Men 30-34 50 SC Meter Backstroke

World Record: 24.81 W 2009-10-24 BUYUKUNCU Derya

SA Record: 28.31 S 6-2011 Simon Thirsk

WP Record: 29.44 p 7-2013 Dave Nel

27.02 30-34 SAQ

29.20 30-34 WPQ

1 Southgate, Alistair 34 UNAT 36.76

Event 5 Men 45-49 50 SC Meter Backstroke

World Record: 27.02 W 2009-12-12 STEVENSON Chris

SA Record: 28.39 S 10-2015 G. Kahn

WP Record: 31.16 p Pieter Cilliers

28.58 45-49 SAQ

30.67 45-49 WPQ

1 Coombe, Robert 48 CPTW-WP 34.16

2 Duvenhage, Dion 48 UNAT 34.25

Event 5 Men 50-54 50 SC Meter Backstroke

World Record: 27.71 W 2011-10-15 WOOD Steve

SA Record: 30.05 S 7-2006 Andre Steynberg

WP Record: 30.28 p 10-2002 Tim Shead

29.59 50-54 SAQ

32.35 50-54 WPQ

1 Orton, Nick 53 CPTW-WP 32.83

Event 5 Men 60-64 50 SC Meter Backstroke

SA Record: 33.83 S 10-2015 Mike Winfield

WP Record: 33.83 p 10-2015 Mike Winfield

32.87 60-64 SAQ

35.48 60-64 WPQ

1 Winfield, Mike 61 CPTW-WP 34.95 WPQ

2 Howieson, Doug 64 CPTW-WP 38.25

Event 6 Women 35-39 200 SC Meter Freestyle

World Record: 2:03.12 W 2012-03-25 MATSUDA Hitomi

SA Record: 2:15.34 S 1994 Aletta Momberg

WP Record: 2:15.34 p 1994 Aletta Momberg

2:13.85 35-39 SAQ

2:23.22 35-39 WPQ

1 White, Simone 36 CPTW-WP 2:31.45

Event 6 Women 50-54 200 SC Meter Freestyle

World Record: 2:10.72 W 2009-12-06 HEIM-BOWEN Suzanne

SA Record: 2:19.97 S 1-2012 Cecilia Stanford

WP Record: 2:19.97 p 1-2012 Cecilia Stanford

2:18.82 50-54 SAQ

2:31.69 50-54 WPQ

1 Strauss, Marcelle 52 CPTW-WP 2:33.35

Event 6 Women 55-59 200 SC Meter Freestyle

World Record: 2:14.45 W 2009-11-21 VAL Laura

SA Record: 2:27.22 S 8-2010 Di Coetzee

WP Record: 2:27.22 p 8-2010 Diane Coetzee

2:28.48 55-59 SAQ

2:41.07 55-59 WPQ

1 Stanford, Cecilia 55 CPTW-WP 2:27.59 SAQ

2 Du Toit, Marië 59 CPTW-WP 3:35.46

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Event 6 Women 60-64 200 SC Meter Freestyle

World Record: 2:20.16 W 2011-12-14 VAL Laura

SA Record: 2:26.94 S 7-2015 Di Coetzee

WP Record: 2:26.94 p 7-2015 Di Coetzee

2:37.06 60-64 SAQ

2:58.76 60-64 WPQ

1	Coetzee, Diane	61	CPTW-WP	2:33.17	SAQ
2	Brewis, Judy	62	CPTW-WP	3:03.44	

Event 6 Men 30-34 200 SC Meter Freestyle

World Record: 1:46.52 W 2011-12-17 HERBST Stefan

SA Record: 2:04.37 S 12-2005 Paul Fryer

WP Record: 2:05.22 p 10-1999 J. Coetzer

1:56.36 30-34 SAQ

2:05.12 30-34 WPQ

1	Manelli, Leonardo	34	CPTW-WP	2:39.15	
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Event 6 Men 35-39 200 SC Meter Freestyle

World Record: 1:51.31 W 2003-12-14 HOCHSTEIN Erik

SA Record: 2:03.30 S 9-2014 B Reen

WP Record: 2:14.50 p 8-2004 Patrick Verryn

1:57.38 35-39 SAQ

2:05.60 35-39 WPQ

1	Steenkamp, Neil	39	CPTW-WP	2:21.91	
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Event 6 Men 45-49 200 SC Meter Freestyle

World Record: 1:52.87 W 2012-03-09 GRANGER Nicolas

SA Record: 2:03.78 S 9-1995 Terry Downes

WP Record: 2:05.11 p 10-2010 Johan vd Merwe

2:01.48 45-49 SAQ

2:09.98 45-49 WPQ

1	Sunderland, Peter	47	UNAT	2:24.56	
2	Duvenhage, Dion	48	UNAT	2:28.71	
3	Coombe, Robert	48	CPTW-WP	2:36.47	

Event 6 Men 60-64 200 SC Meter Freestyle

SA Record: 2:17.33 S 8-2009 Terry Downes

WP Record: 2:20.78 p 7-2014 Izak Spies

2:18.97 60-64 SAQ

2:28.90 60-64 WPQ

1	Stevenson, Paul	60	CPTW-WP	2:28.79	WPQ
2	Howieson, Doug	64	CPTW-WP	2:36.01	
3	Bennetto, Peter	63	CPTW-WP	3:01.48	

Event 7 Women 19-24 50 SC Meter Breaststroke

SA Record: 36.90 S 10-2006 Aletta Steenkamp

WP Record: 36.42 p L. Faber

33.84 19-24 SAQ

36.57 19-24 WPQ

1	Strugnell, Laura	24	UNAT	40.12	
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Event 7 Women 25-29 50 SC Meter Breaststroke

World Record: 31.59 W 2011-11-05 HEIDEMANN Nicole

SA Record: 35.36 S 7-2007 C. Rolt

WP Record: 36.84 p 6-2002 Mia Russell

33.84 25-29 SAQ

36.57 25-29 WPQ

1	Wolmarans, Lezandre	29	CPTW-WP	40.49	
2	Van Eyk, Roxy	28	CPTW-WP	47.93	

Event 7 Men 30-34 50 SC Meter Breaststroke

World Record: 27.11 W 2009-09-26 TOMAZINI Marcelo

SA Record: 30.61 S 12-2002 Kenneth Cawood

WP Record: 31.09 p 8-2005 Andrew Sexton

28.89 30-34 SAQ

30.91 30-34 WPQ

1	Joubert, Jacques	33	CPTW-WP	33.70	
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Event 7 Men 35-39 50 SC Meter Breaststroke

World Record: 27.79 W 2009-12-06 COMMINGS Jeff

SA Record: 31.34 S 12-2009 K. Lawrenson

WP Record: 31.82 p 10-2011 Gary Hall

29.47 35-39 SAQ

32.01 35-39 WPQ

1	Richards, Jay	39	CPTW-WP	34.19	
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Event 7 Men 45-49 50 SC Meter Breaststroke

World Record: 28.87 W 2010-01-17 ROLLI Rico

SA Record: 31.75 S 10-2010 Johan vd Merwe

WP Record: 31.75 p 8-2010 Johan vd Merwe

30.56 45-49 SAQ

33.21 45-49 WPQ

1	Gilbert, Oliver	46	CPTW-WP	35.14	
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Event 7 Men 50-54 50 SC Meter Breaststroke

World Record: 30.73 W 2010-12-05 GUTHRIE David

SA Record: 31.72 S 3-2002 Tim Shead

WP Record: 31.72 p 3-2003 Tim Shead

31.72 50-54 SAQ

34.26 50-54 WPQ

1	Orton, Nick	53	CPTW-WP	38.48	
2	Knight, Darrel	50	UNAT	58.76	

Event 7 Men 65-69 50 SC Meter Breaststroke

SA Record: 38.02 S 10-2014 Halton Cheadle

WP Record: 38.02 p 10-2014 Halton Cheadle

36.73 65-69 SAQ

39.99 65-69 WPQ

1	DU Toit, Francois	69	CPTW-WP	45.19	
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Event 9 Women 19-24 50 SC Meter Freestyle

SA Record: 27.84 S 12-2008 C. Botha

WP Record: 28.33 p L. Faber

26.49 19-24 SAQ

28.91 19-24 WPQ

1	Strugnell, Laura	24	UNAT	30.87	
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Event 9 Women 25-29 50 SC Meter Freestyle

World Record: 25.42 W 2006-03-12 KOMATSU Sumika

SA Record: 26.47 S 10-2014 E Werth

WP Record: 28.29 p 9-2010 Rebecca Newson

26.49 25-29 SAQ

28.91 25-29 WPQ

1	Wolmarans, Lezandre	29	CPTW-WP	29.47	
2	Van Eyk, Roxy	28	CPTW-WP	37.18	

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Event 9 Women 50-54 50 SC Meter Freestyle	2 Knight, Darrel	50 UNAT	44.50	
World Record: 27.81 W 2011-04-17 MACDONALD Sarah	Event 9 Men 60-64 50 SC Meter Freestyle			
SA Record: 30.27 S 7-2011 Cecilia Stanford	SA Record: 27.63 S 5-2009 Terry Downes			
WP Record: 30.27 p 7-2011 Cecilia Stanford	WP Record: 28.91 p 10-2015 Andre Roothman			
28.88 50-54 SAQ	27.03 60-64 SAQ			
31.35 50-54 WPQ	29.35 60-64 WPQ			
1 Strauss, Marcelle	52 CPTW-WP	32.52	1 Roothman, Andr�	
Event 9 Women 55-59 50 SC Meter Freestyle	62 CPTW-WP	28.62p	WPQ	
World Record: 28.49 W 2009-12-05 VAL Laura	2 Stevenson, Paul	60 CPTW-WP	30.78	
SA Record: 31.11 S 10-2011 Di Coetzee	3 Winfield, Mike	61 CPTW-WP	30.79	
WP Record: 31.11 p 10-2011 Di Coetzee	4 Howieson, Doug	64 CPTW-WP	32.87	
30.02 55-59 SAQ	5 Bennetto, Peter	63 CPTW-WP	36.48	
32.90 55-59 WPQ				
1 Du Toit, Mari�	59 CPTW-WP	48.77		
Event 9 Men 25-29 50 SC Meter Freestyle				
World Record: 22.11 W 2006-03-25 NYSTRAND Stefan				
SA Record: 23.61 S 10-2011 Chris King				
WP Record: 23.61 p 10-2011 Chris King				
23.02 25-29 SAQ				
24.70 25-29 WPQ				
1 Roomaney, Karl	25 QSAM-WP	29.93		
Event 9 Men 30-34 50 SC Meter Freestyle				
World Record: 21.98 W 2011-10-29 BRUNELLI Nicholas				
SA Record: 23.79 S 10-2005 A. Biram				
WP Record: 25.19 p Lee McGreggor				
23.18 30-34 SAQ				
25.17 30-34 WPQ				
1 Southgate, Alistair	34 UNAT	29.12		
2 Manelli, Leonardo	34 CPTW-WP	30.40		
Event 9 Men 35-39 50 SC Meter Freestyle				
World Record: 21.53 W 2007-10-27 FOSTER Mark				
SA Record: 22.48 S 10-2014 Ryk Neethling				
WP Record: 22.48 p 10-2014 Ryk Neethling				
23.89 35-39 SAQ				
25.56 35-39 WPQ				
1 Richards, Jay	39 CPTW-WP	26.32		
2 Steenkamp, Neil	39 CPTW-WP	28.55		
Event 9 Men 45-49 50 SC Meter Freestyle				
World Record: 23.67 W 2009-03-28 VIRTANEN Janne				
SA Record: 24.90 S 10-2011 Brian Tatterson				
WP Record: 25.64 p 4-2012 Harald Kruger				
24.51 45-49 SAQ				
26.23 45-49 WPQ				
1 Duvenhage, Dion	48 UNAT	28.76		
2 Sunderland, Peter	47 UNAT	29.38		
3 Coombe, Robert	48 CPTW-WP	31.23		
Event 9 Men 50-54 50 SC Meter Freestyle				
World Record: 23.38 W 2009-10-18 GAINES Rowdy				
SA Record: 24.40 S 4-2016 Calvin Maughin				
WP Record: 24.40 p 4-2016 Calvin Maughan				
25.44 50-54 SAQ				
27.31 50-54 WPQ				
1 Orton, Nick	53 CPTW-WP	28.61		