
RECORDS TM Records SC M
SC Meters-Men

19-24	50 Free	25.52	13-Jun-15	COEL NT	Bradley G. Schultz at GMS (Wahoo Frostbite 2) @ Wahoo AC
	100 Free	56.48	16-May-15	COEL NT	Bradley G. Schultz at GMS (Wahoo Frostbite 1) @ Wahoo AC
	200 Free	2:03.12	16-Oct-10	COEL NT	Tyron Venter at SAMS SC Champs (Gauteng #1) @ Wahoo AC
	400 Free	4:19.39	16-Oct-10	COEL NT	Tyron Venter at SAMS SC Champs (Gauteng #1) @ Wahoo AC
	800 Free	9:39.53	14-Aug-10	COEL NT	Tyron Venter at GMS SC Champs @ Wahoo AC
	1500 Free	18:16.84	14-Aug-10	COEL NT	Tyron Venter at GMS SC Champs @ Wahoo AC
	50 Back	33.10	1-Mar-01		J. Mann
	100 Back	1:14.53	16-Aug-08	COEL NT	Shaun Bouwer at GMS SC Champs @ Wahoo AC
	200 Back	2:36.29	24-Sep-11	COEL NT	Hendrik Thompson at SAMS SC Champs (Combined) @ Various venues
	50 Breast	31.67	26-Sep-99		G. Kurth
	100 Breast	1:10.40	26-Sep-99		G. Kurth
	200 Breast	3:05.92	16-Oct-10	COEL NT	Hendrik Thompson at SAMS SC Champs (Gauteng #1) @ Wahoo AC
	50 Fly	26.88	24-Sep-11	COEL NT	Chris Langenhoven at SAMS SC Champs (Combined) @ Various venues
	100 Fly	1:00.54	16-Oct-10	COEL NT	Tyron Venter at SAMS SC Champs (Gauteng #1) @ Wahoo AC
	200 Fly	2:21.24	14-Aug-10	COEL NT	Tyron Venter at GMS SC Champs @ Wahoo AC
	100 IM	1:04.14	16-Oct-10	COEL NT	Tyron Venter at SAMS SC Champs (Gauteng #1) @ Wahoo AC
	200 IM	2:21.87	14-Aug-10	COEL NT	Tyron Venter at GMS SC Champs @ Wahoo AC
	400 IM	4:54.41	16-Oct-10	COEL NT	Tyron Venter at SAMS SC Champs (Gauteng #1) @ Wahoo AC
25-29	50 Free	24.64	24-Sep-11	COEL NT	LEONARD LANGENHOVEN at SAMS SC Champs (Combined) @ Various
	100 Free	57.91	15-Oct-92		S. Kruger
	200 Free	1:39:59.99	9-Sep-99		Free
	400 Free	6:32.56	14-Jul-12	COEL NT	Quincy Thakuli at GMS (Wahoo) Frostbite #2 @ Wahoo AC
	800 Free	11:39.14	19-Oct-13	COEL NT	Werner van Geer at SAMS SC Champs (GMS) @ St Benedicts
	1500 Free	1:39:59.99	9-Sep-99		Free
	50 Back	30.90	22-Jun-08	COEL NT	Michael Phillips at GMS (Wahoo) @ Wahoo AC
	100 Back	1:14.38	16-Oct-10	COEL NT	Johan H. Kok at SAMS SC Champs (Gauteng #1) @ Wahoo AC
	200 Back	1:39:59.99	9-Sep-99		Free
	50 Breast	30.35	15-Feb-98		K. Cawood
	100 Breast	1:09.97	27-Dec-97		K. Cawood
	200 Breast	2:37.43	16-Aug-08	COEL NT	Christopher R. Mason at GMS SC Champs @ Wahoo AC
	50 Fly	27.47	1-Oct-08	COEL NT	Christopher R. Mason at SAMS (Consol.) SC Champs @ various venues
	100 Fly	1:01.82	1-Oct-08	COEL NT	Christopher R. Mason at SAMS (Consol.) SC Champs @ various venues
	200 Fly	1:39:59.99	9-Sep-99		Free
	100 IM	1:03.53	23-Aug-97		G. Albertyn
	200 IM	2:50.83	6-Nov-10	COEL NT	Johan H. Kok at SAMS SC Champs (Gauteng #2) @ Wahoo AC
	400 IM	1:39:59.99	9-Sep-99		Free
30-34	50 Free	26.68	23-Aug-97		G. Ross
	100 Free	1:02.27	24-Sep-11	COEL NT	Justin R. Ashworth at SAMS SC Champs (Combined) @ Various venues
	200 Free	2:21.75	6-May-16	COEL NT	Michael Grobler at GMS (Wahoo) @ Wahoo AC - FB1 - 20160507 - Com
	400 Free	5:24.27	6-May-16	COEL NT	Michael Grobler at GMS (Wahoo) @ Wahoo AC - FB1 - 20160507 - Com
	800 Free	12:06.73	6-Nov-10	COEL NT	Terence J. Osborn at SAMS SC Champs (Gauteng #2) @ Wahoo AC
	1500 Free	1:39:59.99	9-Sep-99		Free
	50 Back	33.84	13-Oct-02		A. Hattingh
	100 Back	1:41.32	1-Oct-16	COEL TSH	Michael Grobler at SAMS SC Champs (Combined) @ Various venues
	200 Back	2:30.38	1-Jan-86		O. Kyper
	50 Breast	30.61	13-Oct-02		K. Cawood
	100 Breast	1:09.58	13-Oct-02		K. Cawood
	200 Breast	3:01.95	30-Nov-99		G. Ross
	50 Fly	29.29	23-Aug-97		G. Ross
	100 Fly	1:12.20	11-Jun-05		D. de Wet
	200 Fly	1:39:59.99	9-Sep-99		Free
	100 IM	1:07.94	26-Aug-00		G. Albertyn

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30-34	200 IM	2:29.25	23-Aug-97		G. Ross
	400 IM	1:39:59.99	9-Sep-99		Free
35-39	50 Free	26.25	1-Oct-05	COEL NT	DARREN GELDARD at SAMS SC Champs @ Various venues
	100 Free	59.25	27-Aug-05	COEL NT	DARREN GELDARD at Tshwane Short Course 2005
	200 Free	2:31.16	3-Aug-03		T. Pretorius
	400 Free	5:36.61	1-Oct-04		P. Tucker
	800 Free	12:31.37	17-Nov-02		T. Pretorius
	1500 Free	1:39:59.99	9-Sep-99		Free
	50 Back	30.05	11-Jun-05		D. Retief
	100 Back	1:06.63	15-May-05		D. Retief
	200 Back	2:42.00	11-Aug-07	COEL NT	Mike Beger at GMS SC Champs @ Wahoo AC
	50 Breast	34.65	30-Sep-00		T. Fletcher
	100 Breast	1:18.83	15-Nov-00		T. Fletcher
	200 Breast	3:00.09	11-Jun-05		J. Nel
	50 Fly	27.83	11-Jun-05		D. Retief
	100 Fly	1:06.85	11-Jun-05		D. Retief
	200 Fly	1:39:59.99	9-Sep-99		Free
	100 IM	1:10.51	19-Oct-13	COEL NT	van Reenen Cloete at SAMS SC Champs (GMS) @ St Benedicts
	200 IM	2:38.21	5-Aug-01		D. Geldard
400 IM	1:39:59.99	9-Sep-99		Free	
40-44	50 Free	25.17	1-Oct-08		H. Ruck at SAMS SC champs (cons.) at various venues
	100 Free	56.53	15-Oct-92		T. Downes
	200 Free	2:14.23	6-Oct-01		D. Geldard
	400 Free	4:55.62	8-Jul-06		D. Geldard
	800 Free	1:39:59.99	9-Sep-99		Free
	1500 Free	1:39:59.99	9-Sep-99		Free
	50 Back	29.19	12-May-07		H. Ruck at GMS (Wahoo) at Wahoo AC
	100 Back	1:14.72	22-Sep-12	COEL NT	Robert Herreveld at SAMS SC Champs - Combined
	200 Back	2:41.38	1-Oct-06		D. Geldard
	50 Breast	32.91	15-Aug-09		H. Ruck at GMS (Wahoo) at Wahoo AC
	100 Breast	1:17.96	13-Oct-02		B. Duguid
	200 Breast	3:04.28	22-Sep-12	COEL NT	Wim Potgieter at SAMS SC Champs - Combined
	50 Fly	28.73	15-Aug-09		H. Ruck at GMS SC Champs @ Wahoo AC
	100 Fly	1:18.62	15-May-10	COEL NT	Arthur Tamsen at GMS (Wahoo) Frostbite #1 @ Wahoo AC
	200 Fly	1:39:59.99	9-Sep-99		Free
	100 IM	1:05.11	1-Oct-09		H. Ruck at SAMS SC champs (cons) at various venues
	200 IM	2:48.32	13-Aug-11	COEL NT	CRAIG R. STANTON at GMS SC Champs @ Wahoo AC
400 IM	1:39:59.99	9-Sep-99		Free	
45-49	50 Free	25.09	13-Jun-95		T. Downes
	100 Free	56.47	12-Aug-95		T. Downes
	200 Free	2:03.78	12-Aug-95		T. Downes
	400 Free	4:19.10	30-Aug-14	COEL NT	Gary S. Albertyn at GMS SC Champs @ Wahoo AC
	800 Free	9:59.36	6-Jun-96		T. Downes
	1500 Free	1:39:59.99	9-Sep-99		Free
	50 Back	29.50	17-Aug-13	COEL NT	HARALD W. RUCK at GMS SC Champs @ Wahoo AC
	100 Back	1:06.04	21-Jun-14	COEL NT	HARALD W. RUCK at GMS (Wahoo Frostbite 2) @ Wahoo AC
	200 Back	2:22.38	19-Jul-14	COEL NT	Gary S. Albertyn at GMS (Wahoo Frostbite 3) @ Wahoo AC
	50 Breast	32.98	3-Sep-00		T. Cawood
	100 Breast	1:19.30	3-Feb-00		T. Cawood
	200 Breast	3:13.15	22-Nov-98		T. Cawood
	50 Fly	27.41	19-Jul-14	COEL NT	HARALD W. RUCK at GMS (Wahoo Frostbite 3) @ Wahoo AC
	100 Fly	1:16.16	13-Aug-02		K. du Plooy
	200 Fly	1:39:59.99	9-Sep-99		Free

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45-49	100 IM	1:06.36	19-Oct-13	COEL NT	HARALD W. RUCK at SAMS SC Champs (GMS) @ St Benedicts	
	200 IM	2:26.72	19-Jul-14	COEL NT	Gary S. Albertyn at GMS (Wahoo Frostbite 3) @ Wahoo AC	
	400 IM	1:39:59.99	9-Sep-99		Free	
50-54	50 Free	25.96	1-Oct-15	COEL NT	HARALD W. RUCK at SAMS SC Champs (Combined) @ Various venues	
	100 Free	55.81	17-Sep-99		T. Downes	
	200 Free	2:05.95	15-Sep-99		T. Downes	
	400 Free	4:42.75	14-Oct-01		T. Downes	
	800 Free	10:32.68	14-Oct-01		T. Downes	
	1500 Free	1:39:59.99	9-Sep-99		Free	
	50 Back	29.28	1-Oct-16	COEL TSH	HARALD W. RUCK at SAMS SC Champs (Combined) @ Various venues	
	100 Back	1:05.80	1-Oct-16	COEL TSH	HARALD W. RUCK at SAMS SC Champs (Combined) @ Various venues	
	200 Back	2:29.57	15-Sep-99		T. Downes	
	50 Breast	33.81	8-Dec-02		T. Cawood	
	100 Breast	1:20.48	1-Oct-06	COEL NT	Tony CAWOOD at SAMS Short Course Championships	
	200 Breast	3:02.57	1-Oct-16	COEL TSH	Lourens Uitenweerde at SAMS SC Champs (Combined) @ Various venues	
	50 Fly	29.08	1-Oct-15	COEL NT	HARALD W. RUCK at SAMS SC Champs (Combined) @ Various venues	
	100 Fly	1:08.43	15-Oct-92		T. Barnetson	
	200 Fly	3:23.09	30-Aug-03		A. dAlmeida	
	100 IM	1:12.72	15-Oct-92		T. Barnetson	
	200 IM	2:32.66	21-Aug-99		T. Downes	
	400 IM	6:38.10	1-Oct-06	COEL NT	ARNAUD M. DEN BAKKER at SAMS Short Course Championships	
	55-59	50 Free	26.59	1-Oct-04		T. Downes
		100 Free	59.13	12-Aug-95		T. Downes
200 Free		2:14.78	1-Oct-08	TUKM NT	Terry DOWNES at SAMS (Consol.) SC Champs @ various venues	
400 Free		4:51.50	1-Oct-04		T. Downes	
800 Free		10:16.61	1-Oct-06	BRKL NT	Terry DOWNES at SAMS Short Course Championships	
1500 Free		23:12.42	16-Aug-08	COEL NT	DAVID E. ARBUTHNOT at GMS SC Champs @ Wahoo AC	
50 Back		33.41	28-Nov-04		T. Downes	
100 Back		1:11.41	1-Oct-04		T. Downes	
200 Back		2:37.53	28-Nov-04		T. Downes	
50 Breast		34.40	1-Oct-09	COEL NT	Tony CAWOOD at SAMS Short Course Championships	
100 Breast		1:25.90	23-Aug-97		H. Phielix	
200 Breast		3:19.87	23-Aug-97	COEL NT	H. Phielix	
50 Fly		31.23	6-Nov-10	COEL NT	Arnaud M. Den Bakker at SAMS SC Champs (Gauteng #2) @ Wahoo AC	
100 Fly		1:18.86	9-Jul-05		T. Downes	
200 Fly		3:19.73	1-Oct-09	COEL NT	DAVID E. ARBUTHNOT at SAMS Short Course Championships	
100 IM		1:11.62	28-Nov-04		T. Downes	
200 IM		3:15.92	1-Oct-09	COEL NT	SELWYN S. SUNDELOWITZ at SAMS Short Course Championships	
400 IM		6:42.88	1-Oct-08	COEL NT	DAVID E. ARBUTHNOT at SAMS (Consol.) SC Champs @ various venues	
60-64		50 Free	27.63	16-May-09	COEL NT	Terry DOWNES at GMS (Wahoo) @ Wahoo AC (Frostbite 1)
		100 Free	59.74	1-Oct-09	COEL NT	Terry DOWNES at SAMS Short Course Championships
	200 Free	2:17.33	15-Aug-09	COEL NT	Terry DOWNES at GMS (Wahoo) @ Wahoo AC (GMS SC Champs)	
	400 Free	4:54.60	1-Oct-09	COEL NT	Terry DOWNES at SAMS Short Course Championships	
	800 Free	10:50.29	6-Nov-10	COEL NT	Terry DOWNES at SAMS SC Champs (Gauteng #2) @ Wahoo AC	
	1500 Free	20:05.06	15-Aug-09	COEL NT	Terry DOWNES at GMS (Wahoo) @ Wahoo AC (GMS SC Champs)	
	50 Back	34.13	16-May-09	COEL NT	Terry DOWNES at GMS (Wahoo) @ Wahoo AC (Frostbite 1)	
	100 Back	1:22.12	15-Sep-02		D. Fyfe	
	200 Back	2:39.52	15-Aug-09	COEL NT	Terry DOWNES at GMS (Wahoo) @ Wahoo AC (GMS SC Champs)	
	50 Breast	35.83	22-Sep-12	COEL NT	Tony CAWOOD at SAMS SC Champs - Combined	
	100 Breast	1:50.91	22-Jun-08	COEL NT	OWEN M. VAN RENEN at GMS (Wahoo) @ Wahoo AC	
	200 Breast	3:49.58	1-Oct-16	COEL TSH	DAVID E. ARBUTHNOT at SAMS SC Champs (Combined) @ Various venues	
	50 Fly	33.88	21-Jun-14	COEL NT	Kobus du Plooy at GMS (Wahoo Frostbite 2) @ Wahoo AC	
	100 Fly	1:39:59.99	9-Sep-99		Free	

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60-64	200 Fly	3:22.76	1-Oct-16	COEL TSH	DAVID E. ARBUTHNOT at SAMS SC Champs (Combined) @ Various vent	
	100 IM	1:19.14	22-Sep-12	COEL NT	Tony CAWOOD at SAMS SC Champs - Combined	
	200 IM	3:21.81	23-Jul-16	COEL NT	DAVID E. ARBUTHNOT at GMS (Wahoo) @ Wahoo AC Frostbite3-160723	
	400 IM	7:18.29	18-Aug-12	COEL NT	Selwyn S. Sundelowitz at GMS SC Champs @ Wahoo AC	
65-69	50 Free	29.22 *	21-Jun-14	COEL NT	Terry DOWNES at GMS (Wahoo Frostbite 2) @ Wahoo AC	
	50 Free	29.22 *	30-Aug-14	COEL NT	Terry DOWNES at GMS SC Champs @ Wahoo AC	
	100 Free	1:04.54	24-May-14	COEL NT	Terry DOWNES at GMS SC (Wahoo Frostbite 1) @ Wahoo AC	
	200 Free	2:27.76	21-Jun-14	COEL NT	Terry DOWNES at GMS (Wahoo Frostbite 2) @ Wahoo AC	
	400 Free	5:27.56	24-May-14	COEL NT	Terry DOWNES at GMS SC (Wahoo Frostbite 1) @ Wahoo AC	
	800 Free	12:25.84	25-Nov-06	COEL NT	Derek J. Fyfe at GMS (Killer Whales) @ Linden	
	1500 Free	21:50.68	30-Aug-14	COEL NT	Terry DOWNES at GMS SC Champs @ Wahoo AC	
	50 Back	37.17	16-May-15	COEL NT	Terry DOWNES at GMS (Wahoo Frostbite 1) @ Wahoo AC	
	100 Back	1:19.60	30-Aug-14	COEL NT	Terry DOWNES at GMS SC Champs @ Wahoo AC	
	200 Back	2:59.86	1-Oct-15	COEL NT	Terry DOWNES at SAMS SC Champs (Combined) @ Various venues	
	50 Breast	46.79	13-Feb-00		S. Theron	
	100 Breast	1:48.53	13-Feb-00		S. Theron	
	200 Breast	4:35.63	27-Sep-14	COEL NT	ANTON HARROP-ALLIN at SAMS SC Champs (Combined) @ various ven	
	50 Fly	45.27	19-Oct-13	COEL NT	Clive W. Eddy at SAMS SC Champs (GMS) @ St Benedicts	
	100 Fly	1:39:59.99	9-Sep-99		Free	
	200 Fly	1:39:59.99	9-Sep-99		Free	
	100 IM	1:33.52	9-Jul-05		D. fyfe	
	200 IM	1:39:59.99	9-Sep-99		Free	
	400 IM	9:12.11	1-Oct-15	COEL NT	Clive W. Eddy at SAMS SC Champs (Combined) @ Various venues	
	70-74	50 Free	33.24	16-Oct-10	COEL NT	DEREK J. FYFE at SAMS SC Champs (Gauteng #1) @ Wahoo AC
100 Free		1:19.42	15-May-11	COEL NT	DEREK J. FYFE at GMS (Wahoo) Frostbite #1 @ Wahoo AC	
200 Free		2:53.77	16-Oct-10	COEL NT	DEREK J. FYFE at SAMS SC Champs (Gauteng #1) @ Wahoo AC	
400 Free		6:01.24	16-Oct-10	COEL NT	DEREK J. FYFE at SAMS SC Champs (Gauteng #1) @ Wahoo AC	
800 Free		12:48.99	6-Nov-10	COEL NT	DEREK J. FYFE at SAMS SC Champs (Gauteng #2) @ Wahoo AC	
1500 Free		1:39:59.99	9-Sep-99		Free	
50 Back		43.02	6-Nov-10	COEL NT	DEREK J. FYFE at SAMS SC Champs (Gauteng #2) @ Wahoo AC	
100 Back		1:33.11	16-Oct-10	COEL NT	DEREK J. FYFE at SAMS SC Champs (Gauteng #1) @ Wahoo AC	
200 Back		3:14.38	6-Nov-10	COEL NT	DEREK J. FYFE at SAMS SC Champs (Gauteng #2) @ Wahoo AC	
50 Breast		50.22	1-Jul-95		P. Mulder	
100 Breast		1:56.95	1-Oct-04		S. Theron	
200 Breast		4:21.20	17-May-08	COEL NT	SAREL C. THERON at GMS (Wahoo) @ Wahoo AC	
50 Fly		1:39:59.99	9-Sep-99		Free	
100 Fly		1:39:59.99	9-Sep-99		Free	
200 Fly		1:39:59.99	9-Sep-99		Free	
100 IM		1:56.16	27-Sep-14	COEL NT	DEREK J. FYFE at SAMS SC Champs (Combined) @ various venues	
200 IM		1:39:59.99	9-Sep-99		Free	
400 IM		1:39:59.99	9-Sep-99		Free	
75-79		50 Free	35.43	29-Aug-15	COEL NT	DEREK J. FYFE at GMS (Wahoo) @ Wahoo AC
		100 Free	1:22.74	1-Oct-15	COEL NT	DEREK J. FYFE at SAMS SC Champs (Combined) @ Various venues
	200 Free	3:07.98	1-Oct-16	COEL TSH	DEREK J. FYFE at SAMS SC Champs (Combined) @ Various venues	
	800 Free	13:55.00	1-Oct-15	COEL NT	DEREK J. FYFE at SAMS SC Champs (Combined) @ Various venues	
	1500 Free	27:04.43	29-Aug-15	COEL NT	DEREK J. FYFE at GMS (Wahoo) @ Wahoo AC	
	50 Back	46.30	1-Oct-16	COEL TSH	DEREK J. FYFE at SAMS SC Champs (Combined) @ Various venues	
	100 Back	1:36.26	1-Oct-16	COEL TSH	DEREK J. FYFE at SAMS SC Champs (Combined) @ Various venues	
	200 Back	3:31.34	1-Oct-15	COEL NT	DEREK J. FYFE at SAMS SC Champs (Combined) @ Various venues	
	50 Breast	48.85	29-Sep-99		P. Mulder	
	100 Breast	2:03.82	15-Nov-00		P. Mulder	
	200 Breast	4:45.76	1-Oct-09	COEL NT	SAREL C. THERON at SAMS Short Course Championships	
	50 Fly	57.72	29-Aug-15	COEL NT	DEREK J. FYFE at GMS (Wahoo) @ Wahoo AC	

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75-79	100 Fly	1:39:59.99	9-Sep-99		Free
	200 Fly	1:39:59.99	9-Sep-99		Free
	100 IM	1:39:59.99	9-Sep-99		Free
	200 IM	1:39:59.99	9-Sep-99		Free
	400 IM	1:39:59.99	9-Sep-99		Free
80-84	50 Free	54.64	10-Jun-07	COEL NT	Paul MULDER at GMS (Wahoo) @ Wahoo AC
	100 Free	2:39.50	19-Jul-14	COEL NT	Ted BEUKES at GMS (Wahoo Frostbite 3) @ Wahoo AC
	200 Free	1:39:59.99	9-Sep-99		Free
	400 Free	1:39:59.99	9-Sep-99		Free
	800 Free	1:39:59.99	9-Sep-99		Free
	50 Back	1:39:59.99	9-Sep-99		Free
	100 Back	1:39:59.99	9-Sep-99		Free
	200 Back	1:39:59.99	9-Sep-99		Free
	50 Breast	54.63	27-Aug-05	COEL NT	Paul MULDER at Tshwane Short Course 2005
	100 Breast	2:28.71	10-Jun-07	COEL NT	Paul MULDER at GMS (Wahoo) @ Wahoo AC
	200 Breast	5:22.12	27-Aug-05	COEL NT	Paul MULDER at Tshwane Short Course 2005
	50 Fly	1:39:59.99	9-Sep-99		Free
	100 Fly	1:39:59.99	9-Sep-99		Free
	200 Fly	1:39:59.99	9-Sep-99		Free
	100 IM	1:39:59.99	9-Sep-99		Free
	200 IM	1:39:59.99	9-Sep-99		Free
	400 IM	1:39:59.99	9-Sep-99		Free