

# NELSON MANDELA BAY MASTERS SWIMMING

## **OPEN WATER BEST TIMES**

(Due to the nature of Open-Water swimming, times cannot be ratified as official records)

- **BOLD - SACQT(3km Only)**

*As of 6 March 2017*

Women	1000m Freestyle	3000m Freestyle	5000m Freestyle	10000m Freestyle
19-24		<b>42:09.0 T Geyer PE03/13</b>	1:13:46 R Newman PE 02/15	2:30:48 R Newman PE 01/15
25-29	13:56.41 E. Scheepers CT 03/12	42:20.6 E Scheepers PE 03/13		
30-34	15:38 E Scheepers PE 01/15	<b>41:23.0 E Scheepers DRB 03/16</b>	1:31.07 M Anne Stott PE 03/11	
35-39	15:24 A Saporta JHB 03/15	43:52.2 T Gous PE 03/13	1:17:42 T Gous PE 10/14	
40-44	16:49 N Ogden JHB 03/15	<b>40:54.0 T Gous DRB 03/16</b>		
45-49	17:46.0 T Grosse PE 03/13	50:43.0 A Hunter-Smith PE 03/13	1:44.49 N Bodish PE 11/16	3:36.50 N Bodish PE 02/17
50-54	19:40.9 J Blatti PE 10/16	46:04.4 D. Bosman PE 03/13	1:28.31 D Bosman PE 02/11	3:13.44 D Bosman 03/11
55-59	15:42 D. Bosman PE 01/15	<b>40:58.05 D. Bosman PE 03/17</b>		
60-64	20:05 R Harington PE 02/15			
65-69		<b>54:05 E. Craig PE 02/11</b>		
70-74	20:16 E. Craig PE 01/15	<b>57:20 E. Craig GHS 02/16</b>		
Men	1000m Freestyle	3000m Freestyle	5000m Freestyle	10000m Freestyle
19-24		43:40 R Schoeman PE 01/15	1:02.35 B Lockett PE 11/13	2:23.03 B Lockett PE 10/14
25-29	29:57 K Rheeder PE 11/13	49:33.7 P Smallman PE 03/13		
30-34		<b>37:22.9 K Main PE 03/13</b>		
35-39	13:02 B Reen 03/15	39:47.7 C Mowbray PE 03/13	1:13:51 B Reen PE 10/14	
40-44	15:29.7 G Hough PE 03/13	<b>37:06.94 C Mowbray PE 03/17</b>	1:12.17 PJ Duffy PE 11/13	2:23.54 H Holmes PE 02/17
45-49	16:03.2 R Jute PE 03/13	<b>37:13.99 PJ Duffy PE 03/17</b>	1:11:59 PJ Duffy PE 01/15	2:58.48 R. West PE 10/10
50-54	15:37.3 R Tucker PE 03/13	<b>37:22.0 K Richards DRB 03/16</b>	1:31.36 R Tucker PE 10/10	2:25:30 K Richards PE 02/17
55-59	15.02 N Reen PE 03/11	52:54.94 S Slabbert PE 03/17	1:34:48 S Slabbert PE 02/17	
60-64		50.06.0 F. Searle PE 11/10		
65-69		52:35.0 F. Searle DRB 03/16	1:47.54 C Viljoen PE 11/13	
70-74		<b>52.04.0 B Saunders DRB 03/16</b>		