



# KwaZulu-Natal Short Course Records: Women 19-49

As at: 19 April 2014

	19-24	25-29	30-34	35-39	40-44	45-49
<b>50m Free</b>	27.84 C Botha 09/08	27.72 C Botha 01/09	27.88 W Daniel 8/99	28.59 D Anderson 12/09	28.50 B McCarney 09/06	29.78 W v Niekerk 01/12
<b>100m Free</b>	1:02.48 C Botha 12/98	1:03.47 B McCarney 10/92	1:01.06 W Daniel 8/97	1:02.81 B McCarney 09/03	1:02.55 B McCarney 12/04	1:04.22 W v Niekerk 01/12
<b>200m Free</b>	2:26.04 M Pulker 12/01	2:17.34 M Koegelenberg 10/06	2:16.53 W Daniel 10/97	2:23.60 R Townsend 12/93	2:18.51 B McCarney 09/04	2:31.09 H Campbell 09/04
<b>400m Free</b>	5:07.40 W van Niekerk 11/92	4:42.72 B McCarney 11/92	4:54.37 W Daniel 11/98	5:08.84 R Townsend 11/93	5:00.04 D Foster 12/89	5:20.27 H Campbell 12/04
<b>800m Free</b>	10:41.75 M Pulker 11/01	9:54.00 B McCarney 12/90	10:20.46 W Daniel 12/97	11:19.58 A Snyman 12/96	10:18.06 B McCarney 04/05	11:28.79 I Kruger 10/10
<b>1500m free</b>	22:17.48 C Botha 08/08	.	20:51.19 N Durrheim 8/02	20:07.53 B McCarney 09/03	20:17.58 B Bowley 08/08	25:41.56 A Snyman 08/07
<b>50m Back</b>	32.13 C Botha 09/08	31.82 C Botha 01/09	35.15 H Campbell 12/85	34.78 R Townsend 11/94	32.78 B McCarney 12/04	36.52 H Campbell 12/01
<b>100m Back</b>	1:08.66 C Botha 09/08	1:17.47 M Stiemens 8/94	1:15.69 M Koegelenberg 09/09	1:13.80 R Townsend 10/93	1:10.83 B McCarney 12/04	1:19.58 R Townsend 10/02
<b>200m Back</b>	2:48.68 M Pulker 12/01	2:34.12 C Botha 01/09	2:50.48 S Webb 10/13	2:40.41 R Townsend 10/95	2:45.31 R Townsend 12/99	2:55.78 H Campbell 12/03
<b>50m Breast</b>	38.18 A Marlton 09/04	36.97 L Holloway 2/88	38.21 H Campbell 4/86	37.81 D Anderson 12/09	37.89 W Cook 10/12	40.97 B Berridge 03/98
<b>100m Breast</b>	1:24.47 A Marlton 09/04	1:20.23 L Holloway 3/88	1:28.22 N Martins 10/10	1:31.09 R White 12/96	1:24.56 W Cook 10/11	1:30.74 B Berridge 04/98
<b>200m Breast</b>	3:09.69 B Bowley 12/92	2:55.07 L Holloway 12/87	3:09.58 N Martins 12/09	3:19.01 S Berry 12/03	3:02.81 D Nortje 12/13	3:20.08 M Bloxham 10/05
<b>50m Fly</b>	30.75 M Beetge 09/04	29.50 L Barnet 9/92	30.86 W Daniel 8/97	30.74 B McCarney 10/03	30.94 B McCarney 09/06	33.44 H Campbell 11/01
<b>100m Fly</b>	1:08.87 M Beetge 09/04	1:20.50 G Jeffrey 10/92	1:10.87 W Daniel 10/97	1:14.13 B Carmody 10/11	1:18.00 C Mower 09/07	1:21.02 W van Niekerk 04/12
<b>200m Fly</b>	3:35.65 S Clark 12/99	.	2:37.63 N Durrheim 12/01	2:56.66 R Townsend 11/95	2:56.95 R Townsend 12/99	3:43.25 A Snyman 02/08
<b>100m IM</b>	1:11.32 M Beetge 09/04	1:12.41 B McCarney 11/92	1:17.46 N Durrheim 04/02	1:11.62 B McCarney 10/03	1:13.22 B McCarney 04/05	1:17.38 H Campbell 04/01
<b>200m IM</b>	2:52.47 B Bowley 12/92	2:37.62 C Botha 01/09	2:39.67 H Campbell 2/86	2:49.11 D Anderson 12/08	2:44.87 H Campbell 11/99	2:48.15 H Campbell 11/01
<b>400m IM</b>		6:55.00 D McCall 12/00	7:14.97 L Hicks 12/09	6:07.21 D Anderson 10/08	5:57.38 H Campbell 04/99	6:38.63 I Kruger 10/10



# KwaZulu-Natal Short Course Records: Women 50 + as at 19 April 2014

	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85 -89
<b>50m Free</b>	30.94 H Campbell 10/05	32.07 H Campbell 01/10	34.97 M Bromfield 01/13	41.15 L Parrington 3/96	40.72 L Parrington 4/98	1:13.79 W Saunders 04/12	1:19.66 A Airey 9/95	1:32.31 E Buck 04/04
<b>100m Free</b>	1:07.62 H Campbell 10/05	1:10.10 H Campbell 01/10	1:22.28 M Bromfield 04/14	1:33.63 G Tregenna 02/07	1:37.25 W Kokott 01/14	.	3:17.25 A Airey 11/96	.
<b>200m Free</b>	2:29.25 H Campbell 09/07	2:35.47 H Campbell 04/10	3:06.06 J Ireland 09/13	3:08.58 B Shuttleworth 10/12	3:40.00 W Kokott 01/13	7:14.69 A Airey 12/94	.	.
<b>400m Free</b>	5:16.53 H Campbell 02/08	5:34.87 H Campbell 01/10	6:23.16 J Ireland 12/12	6:29.32 B Shuttleworth 01/12	7:14.17 W Kokott 01/14	.	.	14:09.53 E Buck 08/04
<b>800m Free</b>	11:01.58 H Campbell 10/08	11:19.68 H Campbell 10/10	12:57.12 J Ireland 10/10	17:16.56 Parrington 12/94	.	.	.	28:39.07 E Buck 08/04
<b>1500m Free</b>	21:31.70 H Campbell 08/05	25:12.57 B Shuttleworth 08/03	27:50.00 B Shuttleworth 08/09	.	.	.	57:59.00 E Buck 08/02	58:12.00 E Buck 08/05
<b>50m Back</b>	36.19 H Campbell 10/07	37.78 H Campbell 01/10	38.38 M Bromfield 01/14	46.04 B Shuttleworth 01/12	49.82 W Kokott 01/14	1:16.63 E Buck 11/98	1:22.74 E Buck 08/99	1:30.02 E Buck 12/04
<b>100m Back</b>	1:19.88 H Campbell 10/07	1:25.31 H Campbell 11/11	1:27.75 M Bromfield 01/14	1:45.46 B Shuttleworth 4/13	2:57.44 E Buck 09/89	2:46.19 E Buck 11/98	2:56.72 E Buck 09/99	3:15.59 E Buck 10/04
<b>200m Back</b>	2:56.33 H Campbell 12/08	2:56.38 H Campbell 10/10	3:07.44 M Bromfield 12/12	3:50.53 W Kokott 02/07	.	6:06.40 E Buck 10/97	6:27.22 E Buck 12/00	6:41.39 E Buck 04/04
<b>50m Breast</b>	40.87 H Campbell 10/08	42.72 B Shuttleworth 12/02	44.14 B Shuttleworth 10/10	45.00 B Shuttleworth 10/12	57.82 L Pallett 04/08	1:15.18 E Buck 11/94	1:21.18 E Buck 08/99	1:33.43 E Buck 09/04
<b>100m Breast</b>	1:31.40 H Campbell 09/08	1:34.62 B Shuttleworth 10/02	1:38.47 B Shuttleworth 10/10	1:42.50 B Shuttleworth 04/12	2:10.41 L Pallett 04/08	2:50.94 E Buck 11/96	2:59.69 E Buck 04/99	.
<b>200m Breast</b>	3:17.75 H Campbell 03/09	3:31.06 J Ireland 12/07	3:36.15 J Ireland 01/14	3:46.07 B Shuttleworth 01/12	.	8:25.75 W Saunders 04/13	.	.
<b>50m Fly</b>	33.57 H Campbell 10/07	35.99 H Campbell 01/10	40.75 M Bromfield 01/13	49.75 R Clark 01/13	55.22 G Tregenna 04/12	.	.	.
<b>100m Fly</b>	1:24.43 H Campbell 09/08	1:24.10 H Campbell 11/11	1:37.03 J Ireland 09/12	1:56.35 R Clark 01/13	.	.	.	.
<b>200m Fly</b>	3:07.04 H Campbell 03/09	4:05.13 G Tregenna 12/99	4:05.75 P Nel 04/04	4:28.96 R Clark 04/13	.	.	.	.
<b>100m IM</b>	1:18.03 H Campbell 09/07	1:24.56 H Campbell 10/11	1:35.31 J Ireland 04/10	1:37.70 B Shuttleworth 10/12	2:03.94 L Parrington 04/98	.	.	.
<b>200m IM</b>	2:48.27 H Campbell 10/07	2:55.81 H Campbell 10/12	3:21.69 J Ireland 12/12	4:06.00 G Tregenna 02/07	4:18.57 G Tregenna 04/12	.	.	.
<b>400m IM</b>	6:04.10 H Campbell 02/08	6:21.56 H Campbell 01/11	7:03.05 J Ireland 10/10	8:24.94 G Tregenna 02/08	.	.	.	.



# KwaZulu-Natal Short Course Records:Men: 19-49

As at: 19 April 2014

	19-24	25-29	30-34	35-39	40-44	45-49
<b>50m Free</b>	25.13 R Spencer 10/04	24.41 P Blackbeard 10/86	25.34 P Barnett 11/93	25.33 D Letchert 10/09	25.13 D Letschert 10/13	24.90 B Tatterson 10/11
<b>100m Free</b>	56.31 R Spencer 12/05	55.70 Q Kohler 11/85	56.60 P Blackbeard 9/91	57.18 J Coetzee 02/08	57.32 C Lyne 10/10	55.66 B Tatterson 10/10
<b>200m Free</b>	2:10.31 R Spencer 09/04	2:08.87 P Blackbeard 11/84	2:05.95 P Bordron 12/01	2:07.13 L McGregor 12/86	2:08.68 A Blades 09/03	2:05.00 A Blades 09/05
<b>400m Free</b>	4:50.65 R Spencer 10/04	4:30.98 D McCarney 12/84	4:37.20 P Bordron 12/01	4:19.83 L McGregor 2/87	4:40.95 A Blades 03/02	4:32.88 A Blades 10/04
<b>800m Free</b>	9:59.72 C Schaanick 04/14	9:45.11 R Spencer 10/06	9:15.48 P Blackbeard 12/91	9:48.20 G Steed 12/92	9:46.75 C Quibell 12/00	9:41.22 C Quibell 12/00
<b>1500m Free</b>		18:31.23 D McCarney 1/85	18:48.72 P Bordron 12/01	19:53.44 G Steed 1/90	19:57.48 G du Toit 08/02	18:50.38 A Blades 08/07
<b>50m Back</b>	29.34 R Spiers 11/99	29.03 E HULley 09/08	29.35 S Dahlmann 10/12	30.85 B Stewart 11/84	30.15 L McGregor 9/92	31.63 J Taylor 12/09
<b>100m Back</b>	1:05.10 S Munday 09/99	1:04.03 M Gittings 12/90	1:05.17 M Gittings 12/93	1:03.13 L McGregor 12/86	1:04.47 L McGregor 9/92	1:07.12 J Taylor 12/09
<b>200m Back</b>	2:31.90 R Spencer 11/04	2:18.80 M Gittings 11/88	2:27.28 S Dahlmann 10/11	2:18.89 L McGregor 11/86	2:28.38 G du Toit 04/01	2:22.18 J Taylor 01/12
<b>50m Breast</b>	31.26 R van Rooijen 10/08	30.25 B Toerien 10/07	31.29 B Toerien 10/10	31.34 K Lawrenson 12/09	32.01 C Lyne 10/10	33.90 R Hatherly 04/97
<b>100m Breast</b>	1:07.93 R Spencer 09/05	1:07.22 R Spencer 03/06	1:11.41 B Toerien 04/10	1:11.19 K Lawrenson 10/10	1:12.75 C Lyne 10/11	1:14.91 R Hatherly 12/97
<b>200m Breast</b>	2:37.05 R Spencer 11/04	2:34.72 R Spencer 02/08	2:42.70 L Deyi 01/12	2:40.23 K Lawrenson 10/10	2:42.98 R Hatherly 12/91	2:48.81 R Hatherly 11/97
<b>50m Fly</b>	27.81 R Spencer 09/04	26.77 R Spencer 10/07	27.24 D Hadenham 04/04	27.56 K Lawrenson 12/09	27.91 D Letschert 09/13	27.25 B Tatterson 10/11
<b>100m Fly</b>	1:01.37 R Spencer 09/04	1:00.60 J Fourie 09/01	1:01.55 D Hadenham 10/03	1:03.75 K Lawrenson 09/09	1:06.82 G du Toit 08/00	1:00.47 B Tatterson 10/10
<b>200m Fly</b>	3:20.90 D Horner 11/95	2:21.66 R Spencer 10/07	2:28.00 S Dahlmann 10/12	2:29.03 K Lawrenson 12/09	2:25.53 A Blades 12/03	2: 23.07 B Tatterson 10/10
<b>100m IM</b>	1:03.07 R Spencer 11/04	1:02.17 R Spencer 01/06	1:02.47 C Lyne 10/03	1:05.12 T Shuttleworth 10/12	1:04.05 C Lyne 10/10	1:06.93 G du Toit 04/08
<b>200m IM</b>	2:20.28 R Spencer 12/04	2:16.76 R Spencer 10/07	2:21.96 L McGregor 10/86	2:34.41 G du Toit 12/97	2:21.78 C Lyne 10/10	2:22.22 G du Toit 04/08
<b>400m IM</b>	5:23.34 R Spencer 10/04	5:01.40 R Spencer 01/06	5:45.03 L Deyi 10/11	5:27.21 S Murrans 12/13	5:06.18 G Du Toit 04/04	5:07.03 G du Toit 04/07



# KwaZulu-Natal Short Course Records:

# Men 50 - 89

As at 19 April 2014

	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89
<b>50m Free</b>	27.36 D Kuhlmeij 12/93	28.84 J Davey 02/07	28.94 D Kuhlmeij 09/03	31.38 D Stieger 04/08	33.25 D Stieger 01/14	36.85 MCameron 10/11	38.31 R Salati 04/03	43.35 R Salati 02/08
<b>100m Free</b>	1:02.60 G du Toit 04/12	1:03.34 D Kuhlmeij 08/99	1:04.50 D Kuhlmeij 09/03	1:10.59 D Stieger 02/08	1:16.10 DStieger 09/13	1:28.16 J Saunders 04/12	1:33.28 G May 10/95	1:48.41 R Salati 02/08
<b>200m Free</b>	2:16.96 G du Toit 01/11	2:30.63 J Davey 02/07	2:42.75 P Larcombe 02/07	2:47.41 D Stieger 04/08	2:55.19 D Stieger 09/13	3:24.07 J Saunders 04/12	3:38.50 G May 12/96	4:15.50 G May 09/01
<b>400m Free</b>	4:57.62 G du Toit 12/10	5:44.03 J Keyter 10/05	5:48.19 P Larcombe 01/10	6:03.09 P Larcombe 12/12	6:24.28 L Hadenham 04/13	7:25.67 G May 11/91	7:55.88 G May 11/95	9:30.40 G May 11/00
<b>800m Free</b>	10:33.04 G du Toit 10/10	11:40.56 P Larcombe 01/06	11:26.93 P Larcombe 04/08	12:17.22 P Larcombe 04/13	13:45.85 L Hadenham 10/13	14:52.46 G May 12/93	16:27.65 G May 12/96	20:01.72 G May 12/00
<b>1500m Free</b>	19:53.27 G du Toit 04/13	21:46.50 P Larcombe 08/06	21:49.03 P Larcombe 08/07	24:04.80 P Larcombe 05/13	24:58.92 L Hadenham 5/13	32:17.00 M Arbuthnot 12/11	35:16.00 R Salati 08/05	40:49.00 G May 08.02
<b>50m Back</b>	32.78 D Kuhlmeij 8/95	33.62 D Kuhlmeij 08/99	36.90 D Kuhlmeij 09/03	36.90 B Stewart 01/11	39.29 J Hughes 10/13	43.50 MCameron 10/11	50.47 G May 10/95	58.38 G May 08/00
<b>100m Back</b>	1:10.28 G Du Toit 04/13	1:30.38 M Cameron 11/95	1:23.72 D Kuhlmeij 09/03	1:21.97 B Stewart 12/11	1:26.26 J Hughes 09/13	1:41.01 G May 11/90	1:53.20 G May 09/95	2:10.07 G May 11/00
<b>200m Back</b>	2:36.69 G du Toit 04/12	3:29.17 M Cameron 10/95	3:22.94 M Cameron 10/96	3:07.00 J Hughes 10/11	3:11.13 J Hughes 10/13	3:42.72 J Saunders 04/12	4:16.69 G May 10/95	5:04.56 G May 08/01
<b>50m Breast</b>	37.03 M Taylor 01/12	39.69 W Cordell 11/95	41.09 W Cordell 4/97	42.69 R Heuff 02/08	44.77 W Cordell 12/07	49.19 B Cordell 01/12	59.18 G May 11/95	1:19.75 R Salati 04/08
<b>100m Breast</b>	1:20.39 G du Toit 09/13	1:29.88 D Dallas 9/95	1:33.50 W Cordell 04/97	1:36.22 R Heuff 04/08	1:44.97 W Cordell 04/07	1:54.56 W Cordell 04/12	2:15.87 G May 11/95	3:16.65 R Salati 01/09
<b>200m Breast</b>	2:51.75 G du Toit 01/10	3:29.78 D Dallas 12/95	3:32.00 W Cordell 09/98	3:36.18 R Heuff 02/08	4:00.58 W Cordell 10/07	4:15.12 W Cordell 01/12	5:25.32 G May 12/95	7:51.19 R Salati 01/10
<b>50m Fly</b>	30.53 J Keyter 11/01	31.97 J Keyter 04/05	35.41 L Hadenham 03/06	36.22 L Hadenham 04/08	38.18 L Hadenham 09/13	53.03 W Cordell 12/12	1:22.20 G May 11/97	2:21.60 R Salati 09/10
<b>100m Fly</b>	1:08.50 J Keyter 03/02	1:14.94 J Keyter 11/04	1:29.50 P Larcombe 02/07	1:31.28 L Hadenham 04/08	1:38.62 L Hadenham 10/13	2:05.12 W Cordell 01/12	.	.
<b>200m Fly</b>	2:36.06 J Keyter 12/01	2:34.00 J Keyter 01/06	3:33.19 P Larcombe 10/07	3:40.71 L Hadenham 10/09	4:09.91 W Cordell 04/07	.	.	.
<b>100m IM</b>	1:09.91 G du Toit 04/13	1:17.19 J Davey 04/07	1:28.25 M Cameron 04/97	1:30.08 J Hughes 10/10	1:30.97 J Hughes 09/13	1:45.62 M Cameron11/11	2:06.21 G May 9/95	3:05.97 R Salati 04/08
<b>200m IM</b>	2:27.94 G du Toit 04/10	3:05.06 J Keyter 10/05	3:12.22 P Larcombe 02/07	3:28.44 L Hadenham 04/08	3:38.38 L Hadenham 01/13	4:27.79 W Cordell 04/12	5:11.50 G May 12/97	.
<b>400m IM</b>	5:21.58 G du Toit 04/11	6:18.66 J Keyter 12/04	6:55.40 P Larcombe 01/09	7:31.09 L Hadenham 12/09	8:04.38 L Hadenham 12/13	.	.	.

