



## KZN Masters Swimming Newsletter 2015/2016 No 1 7 July 2015

### KZN MASTERS SWIMMING TROPHIES CRITERIA AND 2014/2015 SEASON WINNERS

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##### 1 VICTOR LUDORUM Presented by M. Calaghan

Highest number of points gained accumulatively, by any **male** swimmer over the season at monthly galas, including KZN champs excluding Nationals.

1<sup>st</sup> Place = **ADRIAN SCHOEMAN**      3<sup>rd</sup> Place = ALISTAIR MAYNARD      5<sup>th</sup> Place= ANSARI ADAMS  
2<sup>nd</sup> place = JIMMY HUGHES      4<sup>th</sup> place = LES HADENHAM      6<sup>th</sup> Place = VAUGHN SEID

##### 2 VICTRIX LUDORUM Presented by Montclair Jewellers

Highest number of points gained accumulatively, by any **female** swimmer over the season at monthly galas, including KZN champs, excluding Nationals.

1<sup>st</sup> Place = **WENDY SAUNDER**      3<sup>rd</sup> Place= DAWN RODE      5<sup>th</sup> Place= ROSEMARY CLARK  
2<sup>nd</sup> Place = SARAH JOHNSON      4<sup>th</sup> Place = BEV SHUTTLEWORTH      6<sup>th</sup> Place= WILIJ KOKOTT

##### 3 RUNNER UP TO VICTOR AND VICTRIX LUDORUM

Closest Swimmer to Victor or Victrix Ludorum

Presented by Frank and Lilian Parrington  
**SARAH JOHNSON**



Wendy Saunder



Sarah Johnson



Gerhard van Rooijen

##### 4 MAN OF THE YEAR

##### Charles Buck Memorial Trophy

At the discretion of the KZN Masters Swimming Committee. Male who has contributed over and above the norm to masters' swimming (e.g. running galas and/or surf swims, promoting masters swimming, increasing membership, gaining sponsorship) **GERHARD VAN ROOIJEN**

##### 5 LADY OF THE YEAR

##### Di Foster Trophy

At the discretion of the KZN Masters Swimming Committee. Female who has contributed over and above the norm to masters' swimming (e.g. running galas and/or surf swims, promoting masters swimming, increasing membership, gaining sponsorship) **ROSEMARY CLARK**

**6 MOST IMPROVED MALE Presented by Natal Wholesale Jewellers**

Taken from events swum at KZN Champs compared to the same events swum at previous season's KZN Champs, based on best percentage of any one individual time only. – Men's events. **ADRIAN SCHOEMAN.** (29% on 400IM)

**7 MOST IMPROVED FEMALE Presented by Natal Wholesale Jewellers**

Taken from events swum at KZN Champs compared to the same events swum at previous season's KZN Champs, based on best percentage of any one individual time only. Ladies events. **MICHELLE BLOXHAM** 10% improvement on 50fs



**Michelle Bloxham**



**Sally Ralfe**



**Jenny Ireland**

**8 BEST 50M FREESTYLE (MALE) Natal Masters Trophy**

Fastest 50m time, long or short course, over season at a recognised masters gala – Men's event  
**ANTHONY SHUTTLEWORTH (25, 91 -Xmas gala)**

**9 BEST 50M FREESTYLE (FEMALE) Natal Masters Trophy**

Fastest 50m time, long or short course, over season at a recognised masters gala – Female event  
**SALLY RALFE 29.66 Dash for Cash**

**10 MOST OUTSTANDING SWIMMER AT NATIONALS**

**Ed Becket Memorial Trophy**

Tie: **JENNY IRELAND and HEATHER CAMPBELL**

**11 KZN MASTERS SWIMMING ENTHUSIAST OF YEAR  
DAWN RODE**

**Presented by Graham and Tania du Toit**

**12 BEST BREASTSTROKE SWIMMER FROM KZN AT NATIONALS**

**Presented by Gavin Lammers**

Criteria - 1 SAMS Record time 2. SAMS Colours time 3. KZN Honours Time 4. Total Points for Breaststroke races at Nationals - **WENDY COOK**

**13 KZN COLOURS**

**ALISON MCBEY, SHIRLEY CAREY, WOLFGANG FECHTER, TREVOR DU PLESSIS, JARROD LEACH, SIMONE WEBB, VAUGHN SEID, ALISTAIR MAYNARD**

**14 KZN HONOURS**

**ANNETTE THATCHER, JULIAN TAYLOR, GRAHAM DU TOIT, SHIRLEY CAREY - Swimming  
HEATHER CAMPBELL (OWS)**

**14 ELAINE BUCK MEMORIAL TROPHY - DEDICATION TO KZN MASTERS SWIMMING - LES HADENHAM**



**Les Hadenham**



**Dawn Rode**

**15 LES TOOMS MEMORIAL AWARD - DEDICATION TO KZN MASTERS SWIMMING IN NON-SWIMMING DUTIES - WILLIE KOKOTT**

**16 ANN GRAY TROPHY - Open water swimmer who swam the longest distance in OPEN Water Swim events during the 2014/2015 season**

**TREVOR DU PLESSIS**

1 Trevor du Plessis (23800m) 2 Adrian Schoeman (22800m) 3 Ann Gray (22200m) 4 Dawn Rode (19000m), 5 Bev Shuttleworth (18600m) 6 Les Hadenham (16200m), 7 Jimmy Hughes (16100m), 8 Terry Thompson (15400m), 9 Gerhard van Rooijen (13800m), 10 Di Hughes (12500m) and 11 Sally Ralfe (11500m)

#### **DOLPHIN MILE SURF SWIM SERIES**

Dolphin Mile Surf Swim Series is a popular series through winter.

**Route:** In front of Marine Surf Lifesaving Clubhouse or uShaka depending on sea conditions and finishing on beach in front of Marine SLSC. **Distance:** 1 mile **Times:** Start 7.00am/7.30am - 9am

[www.dolphinmile.co.za](http://www.dolphinmile.co.za) or Heather Campbell **0823207083**

**Remaining dates for current series:**

- Sunday 19 th or 26 th July (depending on sardines)
- Sunday 9 th August
- Sunday 6 th September

**Additional Dolphin Miles**

- 6<sup>th</sup> December 2015
- 17<sup>th</sup> January 2016
- 3 April 2016
- 17 April 2016

**OPEN WATER SWIM DATES as at 12/06/2015**

24 October: **Sun City Swim** 3km and 1500m

21 November: **Capital K at Midmar Dam** 10km and 5km

22 November: **Capital K Swim at Midmar Dam** 3km and 1000m

13 February: **Midmar Mile** Team Events

14 February: **Midmar Mile** Individual Events

## POLAR BEAR SWIM CHALLENGE



Masters Swimmers from Coelacanth, East Coast, Highway and Wahoo at the Polar Bear Swim Challenge at Dragon Peaks Dam, Central, Drakensberg

### SNIPPETS

- KZN Masters Swimmers would like to convey our sincere condolences to **Morag, Scott and Wade Bromfield** on the passing of their husband and father, **Dave Bromfield**. Our prayers and thoughts are with them all during this time. The Memorial service will take place on **10th July at 2pm at the Durban Country Club**.
- We wish **Willie Kokott** a speedy recovery after his skin graft.

### 2015/2016 season- Tentative dates and Venues- KZN Masters Galas

23<sup>rd</sup> August- SUNDAY- Winter Fitness Challenge- Gordon Rd  
20<sup>th</sup> September- SUNDAY- SC Monthly gala- Gordon Rd  
31<sup>st</sup> October-SATURDAY- SAMS SC Champs-1<sup>st</sup> leg programme-Gordon Rd  
15<sup>th</sup> November- SUNDAY- LC Monthly gala- will try to book Kings Park  
6<sup>th</sup> December- SUNDAY- Christmas gala- Gordon Rd  
17<sup>th</sup> January-SUNDAY- SC Monthly gala- Gordon Rd  
20<sup>th</sup> February-SATURDAY- LC Champs- Crawford College  
21<sup>st</sup> February-SUNDAY- LC Champs- Crawford College  
6<sup>th</sup> March-SUNDAY - Pre-Nationals gala  
**16, 17, 18, 19<sup>th</sup> March SAMS Nationals – Kings Park**  
**20th March SAMS Nationals Open Water swim - venue TBA**  
3<sup>rd</sup> April- SUNDAY- SC End of Season gala- Gordon Rd

### SA MASTERS SWIMMING CHAMPIONSHIPS 2016

These will be taking place in Durban from 16 – 19 March with an Open Water Swim on the 20<sup>th</sup> March.

### REGISTRATIONS

KZN Masters Swimming is still awaiting clarification and confirmation about Registrations for the coming 2015/2016 season

Looking forward to see in you all again soon.



Cycling Turtle

**KZN Masters Swimming Committee 2015/2016**

**President:** Merle Angelos 0825331199 **Vice-President:** Simone Webb 0827776650

**Treasurer:** Winston Clark 0721131653. **Secretary:** Rosemary Clark 083 7509888

**Gala Secretary:** Merle Angelos/Rosemary Clark **Public Relations Officer** All KZN Masters Members

**Records Officer:** Jenny Ireland 0828046977 **Equipment Officer/Points:** Les Hadenham 082 5749872

**Open Water/Newsletter:** Ann Gray 0828280401

**East Coast Rep:** Rosemary Clark **Highway Rep:** Heather Goldstein 0842064484

**Seals Rep:** Sarah Johnson 0795136908