

GMS @ Wahoo AC - GMS ShortCourse-270816 - 2016/08/27 to 2016/08/28**Wahoo Aquatic Centre 25m Indoor Pool****Results****Event 1 Women 55-59 400 SC Meter IM**

SAMS record: 6:09.28 S 2015/10/18 Jean Degenaar (CT)

CPTW-WP

GMS record: 6:33.06 G 2011/10/29 Clare Davie (Jhb)

Name	Age	Team	Button 1	Button 2	Button 3	Finals Time
1 Foster, Kim	57	Coelacanth MSC-NT	7:02.58		7:02.37	7:02.58

Event 1 Women 65-69 400 SC Meter IM

SAMS record: 7:27.00 S 2015/03/01 Jenny Ireland (Dbn)

HIGH-KZ

GMS record: 59:59.99 G Vacant

1 Mons, Maureen 65 Phoenix MSC-CG 7:16.64 7:16.61 7:16.67 7:16.64S

Event 1 Men 45-49 400 SC Meter IM

SAMS record: 5:07.03 S 2007/04/01 Graham du Toit (Dbn)

GMS record: 5:15.34 G 2006/10/29 Gregg Price (Jhb)

1 Grobler, Francois 48 Wahoo MSC-CG 6:06.84 6:06.70 6:06.84

Event 2 Women 19-24 100 SC Meter Freestyle

SAMS record: 1:02.48 S 2008/12/14 Cindy Botha (Dbn)

GMS record: 1:04.98 G 1999/09/26 Cheryl Ballard-Tremeer (Jhb)

1 Hillier, Samantha 21 Unattached 1:11.19 1:10.95 1:11.19

Event 2 Women 30-34 100 SC Meter Freestyle

SAMS record: 1:00.66 S 2015/10/31 Thilde Victor (Jhb)

VASM-ES

GMS record: 1:01.86 G 2012/11/24 Andrea Landau (Jhb)

1 Candy, Nikki 34 Wahoo MSC-CG 1:24.36 1:23.80 1:24.36

Event 2 Women 35-39 100 SC Meter Freestyle

SAMS record: 1:02.48 S 2015/10/18 Perry Cadiz (CT)

CPTW-WP

GMS record: 1:06.27 G 2006/05/14 Rachelle Isakov (Jhb)

1 Coucumbros, Sam 38 Wahoo MSC-CG 1:24.48 1:24.35 1:24.48

Event 2 Women 50-54 100 SC Meter Freestyle

SAMS record: 1:05.87 S 2011/07/28 Cecilia Stanford (CT)

GMS record: 1:11.90 G 2007/05/12 Clare Davie (Jhb)

1 Ottermann, Edith 50 Cape Town MSC-WP 1:06.17 1:06.32 1:06.29 1:06.29

2 Mason, Carol 53 Phoenix MSC-CG 1:16.70 1:16.42 1:16.70

3 Homveld, Jade 50 Phoenix MSC-CG 1:25.21 1:24.95 1:25.21

4 Bridges, Carole 54 Wahoo MSC-CG 1:30.55 1:30.31 1:30.55

Event 2 Women 55-59 100 SC Meter Freestyle

SAMS record: 1:07.61 S 2011/10/16 Diane Coetzee (CT)

GMS record: 1:12.90 G 2006/05/14 Marissa Rollnick (Jhb)

1 Cronje, Anet 55 Wahoo MSC-CG 1:55.20 1:55.01 1:55.20

Event 2 Women 60-64 100 SC Meter Freestyle

SAMS record: 1:08.13 S 2015/10/18 Diane Coetzee (CT)

CPTW-WP

GMS record: 1:17.26 G 2011/05/15 Marissa Rollnick (Jhb)

1 Vorster, Merryll 60 Wahoo MSC-CG 1:42.51 1:42.34 1:42.51

Event 2 Women 75-79 100 SC Meter Freestyle

SAMS record: 1:29.36 S 2014/07/19 Sue Leuner (Jhb)

PHOE-CG

GMS record: 1:29.36 G 2014/07/19 Sue Leuner (Jhb)

PHOE-CG

1 Leuner, Sue 77 Phoenix MSC-CG 1:39.49 1:38.95 1:39.49

2 Hanson, Ann 78 Coelacanth MSC-NT 2:06.62 2:06.40 2:06.62

Event 2 Men 35-39 100 SC Meter Freestyle

SAMS record: 53.22 S 2015/10/24 Bradley Reen (PE)

AQUB-EP

GMS record: 55.29 G 2013/08/17 Adrian Goate (Jhb)

AQUA-CG

1 Erasmus, Jaco 38 Wahoo MSC-CG 1:04.48 1:04.15 1:04.48

GMS @ Wahoo AC - GMS ShortCourse-270816 - 2016/08/27 to 2016/08/28**Wahoo Aquatic Centre 25m Indoor Pool****Results****Event 2 Men 40-44 100 SC Meter Freestyle**

SAMS record:	56.36	S	10/2003	Rob Manners-Wood (CT)			
GMS record:	58.24	G	2013/05/18	Byron Dillon (Jhb)		AQUA-CG	
1	Collins, Stuart		42	Wahoo MSC-CG	1:04.73	1:04.55	1:04.73
2	Terblanche, Lukas		42	Coelacanth MSC-NT	1:12.17	1:11.84	1:12.17
3	Vorster, Arne		41	Coelacanth MSC-NT	1:14.16	1:13.98	1:14.16
4	Beneke, John		44	Wahoo MSC-CG	1:19.31	1:19.12	1:19.31

Event 2 Men 45-49 100 SC Meter Freestyle

SAMS record:	54.64	S	9/1995	T Downes (Jhb)			
GMS record:	1:01.87	G	2005/05/15	Quirin Kohler (Jhb)			
1	Grobler, Francois		48	Wahoo MSC-CG	1:07.58	1:07.48	1:07.58
2	Nortje, Thienus		47	Wahoo MSC-CG	1:33.84	1:33.66	1:33.84

Event 2 Men 50-54 100 SC Meter Freestyle

SAMS record:	55.81	S	1999/09/03	T Downes (Jhb)			
GMS record:	1:00.24	G	2006/07/08	Andre Steynberg (Jhb)			
1	Ruck, Harald		51	Coelacanth MSC-NT	58.96	58.79	58.96

Event 2 Men 55-59 100 SC Meter Freestyle

SAMS record:	58.94	S	2012/07/14	Andre Steynberg (Jhb)			
GMS record:	58.94	G	2012/07/14	Andre Steynberg (Jhb)			
1	Gordon-Davis, Keith		56	ET Stingrays MSC-ES	1:12.34	1:12.14	1:12.34

Event 2 Men 60-64 100 SC Meter Freestyle

SAMS record:	59.74	S	2009/10/24	Terry Downes (Jhb)			
GMS record:	1:06.51	G	2008/08/16	Doug Wilson (Jhb)			
1	Vile, Danny		64	ET Stingrays MSC-ES	1:36.37	1:36.16	1:36.37

Event 2 Men 65-69 100 SC Meter Freestyle

SAMS record:	1:04.54	S	2014/05/24	Terry Downes (Jhb)		COEL-NT	
GMS record:	1:10.26	G	2003/10/11	Michael Edwards (Jhb)			
1	Downes, Terry		67	Coelacanth MSC-NT	1:06.43	1:06.26	1:06.43

Event 2 Men 75-79 100 SC Meter Freestyle

SAMS record:	1:22.74	S	2015/10/31	Derek Fyfe (Jhb)		COEL-NT	
GMS record:	1:33.30	G	2013/10/19	John Garson (Jhb)		WAHO-CG	
1	Fyfe, Derek		76	Coelacanth MSC-NT	1:23.70	1:23.56	1:23.70

Event 3 Women 30-34 50 SC Meter Breaststroke

SAMS record:	35.80	S	2014/10/25	Andrea Landau (Jhb)		PHOE-CG	
GMS record:	35.80	G	2014/10/25	Andrea Landau (Jhb)		PHOE-CG	
1	Rolt, Claire		34	Coelacanth MSC-NT	35.05	35.06	35.10
2	Mazor, Cindy-Leigh		33	Wahoo MSC-CG	46.51		46.51
3	Candy, Nikki		34	Wahoo MSC-CG	51.23	51.06	51.23

Event 3 Women 40-44 50 SC Meter Breaststroke

SAMS record:	34.38	S	2009/10/24	Heather Morris-Eyton (Jhb)			
GMS record:	34.38	G	2009/10/24	Heather Morris-Eyton (Jhb)			
1	Macaskill, Mandy		41	Unattached	46.41	46.16	46.41

Event 3 Women 50-54 50 SC Meter Breaststroke

SAMS record:	39.39	S	2012/08/23	Cecilia Stanford (CT)			
GMS record:	39.80	G	1998/03/15	Shirley Turner			
1	Callanan, Lynne		51	Phoenix MSC-CG	43.27	43.07	43.27
2	Mason, Carol		53	Phoenix MSC-CG	44.15	43.99	44.15

Event 3 Women 55-59 50 SC Meter Breaststroke

SAMS record:	41.03	S	2014/10/19	Gail McCarney (Stb)		CPTW-WP	
GMS record:	47.37	G	2012/08/18	Elaine Alder (Jhb)			
1	Verryn, Sabine		55	Coelacanth MSC-NT	43.88	43.28	43.88

GMS @ Wahoo AC - GMS ShortCourse-270816 - 2016/08/27 to 2016/08/28**Wahoo Aquatic Centre 25m Indoor Pool****Results****(Event 3 Women 55-59 50 SC Meter Breaststroke)**

2	Cronje, Anet	55	Wahoo MSC-CG	1:02.79	1:02.95	1:02.79
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Event 3 Women 75-79 50 SC Meter Breaststroke

SAMS record:	1:11.39	S	1996/03/17	G Calitz
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GMS record:	1:11.39	G	1996/03/17	Greta Calitz
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1	Hanson, Ann	78	Coelacanth MSC-NT	1:22.63	1:22.41	1:22.63
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Event 3 Men 19-24 50 SC Meter Breaststroke

SAMS record:	31.26	S	2008/10/12	Reinhard van Rooijen (Pmb)
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GMS record:	33.12	G	2012/08/18	Kyle Scott (Jhb)
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1	Richter, Connor	19	Unattached - GAUTENG MS-C	38.10	37.92	38.10
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Event 3 Men 25-29 50 SC Meter Breaststroke

SAMS record:	30.25	S	2007/10/14	Brad Toerien (Pmb)
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GMS record:	30.54	G	2012/05/19	Matthew Josephson (Jhb)
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1	Marx, Jean	25	Unattached	36.79	36.63	36.79
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Event 3 Men 40-44 50 SC Meter Breaststroke

SAMS record:	32.01	S	2010/10/10	Cliff Lyne (Pmb)
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GMS record:	33.29	G	1994/08/20	Tim Shead
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1	Vorster, Arne	41	Coelacanth MSC-NT	46.23	46.02	46.23
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Event 3 Men 45-49 50 SC Meter Breaststroke

SAMS record:	31.75	S	2010/08/19	Johan van der Merwe (CT)
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GMS record:	34.08	G	2006/10/29	Gregg Price (Jhb)
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1	Nortje, Thienus	47	Wahoo MSC-CG	1:04.80	1:04.49	1:04.80
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Event 3 Men 60-64 50 SC Meter Breaststroke

SAMS record:	34.84	S	2015/08/30	Tim Shead (CT)
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GMS record:	38.14	G	2006/06/11	Brian Nelson (Jhb)
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1	Vile, Danny	64	ET Stingrays MSC-ES	55.20	55.02	55.20
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Event 3 Men 80-84 50 SC Meter Breaststroke

SAMS record:	55.15	S	2007/10/28	Paul Mulder (Jhb)
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GMS record:	1:12.32	G	1992/02/22	ALF CADENHEAD
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1	Schlapobersky, Ivan	83	Phoenix MSC-CG	55.75	55.75	55.75 G
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Event 4 Men 75-79 200 SC Meter Backstroke

SAMS record:	3:31.34	S	2015/10/31	Derek Fyfe (Jhb)
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GMS record:	4:26.15	G	1995/10/22	Jack Brink
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1	Fyfe, Derek	76	Coelacanth MSC-NT	3:45.73	3:45.78	3:45.93
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2	Garson, John	78	Wahoo MSC-CG	5:14.45	5:14.26	5:14.45
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Event 5 Women 19-24 100 SC Meter IM

SAMS record:	1:11.32	S	9/2004	Monique Beetge (Dbn)
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GMS record:	1:15.80	G	1999/09/26	Cheryl Ballard-Tremeer (Jhb)
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1	Hillier, Samantha	21	Unattached	1:21.47	1:21.29	1:21.47
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2	Homveld, Alexis	24	Phoenix MSC-CG	1:30.94	1:39.77	1:30.94
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Event 5 Women 30-34 100 SC Meter IM

SAMS record:	1:13.42	S	2015/10/31	Thilde Victor (Jhb)
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GMS record:	1:18.36	G	2007/05/12	Nadia Bacchini (Jhb)
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1	Cloete, Lesa-Jo	30	Phoenix MSC-CG	1:18.67	1:18.49	1:18.67
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2	Mazor, Cindy-Leigh	33	Wahoo MSC-CG	1:35.10	1:35.10	1:35.10
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Event 5 Women 35-39 100 SC Meter IM

SAMS record:	1:10.13	S	2006/10/15	Marianne Kriel (Stb)
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GMS record:	1:17.11	G	2006/05/14	Rachelle Isakov (Jhb)
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1	Johnson, Justine	39	Phoenix MSC-CG	1:26.95	1:26.85	1:26.95
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2	Coucumbros, Sam	38	Wahoo MSC-CG	1:39.00	1:38.86	1:39.00
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GMS @ Wahoo AC - GMS ShortCourse-270816 - 2016/08/27 to 2016/08/28**Wahoo Aquatic Centre 25m Indoor Pool****Results****Event 5 Women 40-44 100 SC Meter IM**

SAMS record: 1:12.92 S 2008/07/17 Amanda Picard (CT)

GMS record: 1:14.73 G 2009/10/24 Heather Morris-Eyton (Jhb)

1 Macaskill, Mandy 41 Unattached 1:33.00 1:32.84 1:33.00

Event 5 Women 50-54 100 SC Meter IM

SAMS record: 1:11.56 S 2011/04/14 Cecilia Stanford (CT)

GMS record: 1:27.81 G 2007/05/12 Clare Davie (Jhb)

1 Homveld, Jade 50 Phoenix MSC-CG 1:45.87 1:45.64 1:45.87

2 Bridges, Carole 54 Wahoo MSC-CG 1:49.50 1:49.27 1:49.50

Event 5 Women 55-59 100 SC Meter IM

SAMS record: 1:19.81 S 2015/04/19 Jean Degenaar (CT)

GMS record: 1:28.37 G 2000/11/11 Anne Jones (Jhb)

CPTW-WP

1 Foster, Kim 57 Coelacanth MSC-NT 1:29.29 1:29.20 1:29.29

Event 5 Women 65-69 100 SC Meter IM

SAMS record: 1:37.39 S 2014/09/27 Elsa Craig (PE)

GMS record: 1:53.82 G 1998/03/15 Dilys van der Merwe

BEST-EP

1 Mons, Maureen 65 Phoenix MSC-CG 1:36.57 1:36.55 1:36.55 1:36.55 S

Event 5 Men 19-24 100 SC Meter IM

SAMS record: 1:01.84 S 2012/09/22 Byron Lockett (PE)

GMS record: 1:03.04 G 2013/10/19 Justin Nicklin (Jhb)

AQUA-CG

1 Richter, Connor 19 Unattached - GAUTENG MS-C 1:19.60 1:19.62 1:19.60

Event 5 Men 35-39 100 SC Meter IM

SAMS record: 1:02.64 S 2012/05/19 Simon Thirsk (Jhb)

GMS record: 1:02.64 G 2012/05/19 Simon Thirsk (Jhb)

1 Gilchrist, Scott 39 Phoenix MSC-CG 1:12.03 1:11.90 1:12.03

2 Erasmus, Jaco 38 Wahoo MSC-CG 1:19.46 1:19.29 1:19.46

Event 5 Men 40-44 100 SC Meter IM

SAMS record: 1:04.05 S 2010/10/10 Cliff Lyne (Pmb)

GMS record: 1:06.22 G 2013/06/22 Byron Dillon (Jhb)

AQUA-CG

1 Vorster, Arne 41 Coelacanth MSC-NT 1:29.33 1:29.35 1:29.33

2 Beneke, John 44 Wahoo MSC-CG 1:38.51 1:38.38 1:38.51

Event 5 Men 55-59 100 SC Meter IM

SAMS record: 1:03.53 S 2007/01/26 Tim Shead (Mad)

GMS record: 1:07.90 G 2012/08/18 Andre Steynberg (Jhb)

1 Finn, Joel 55 Wahoo MSC-CG 1:16.22 1:16.02 1:16.22

2 Gordon-Davis, Keith 56 ET Stingrays MSC-ES 1:31.07 1:30.85 1:31.07

Event 5 Men 80-84 100 SC Meter IM

SAMS record: 2:06.21 S 1995 G May (Dbn)

GMS record: 2:24.56 G 2001/09/29 Jack Brink (Jhb)

1 Schlapobersky, Ivan 83 Phoenix MSC-CG 2:03.63 2:03.42 2:03.63 S

Event 6 Women 19-24 50 SC Meter Butterfly

SAMS record: 30.75 S 9/2004 Monique Beetge (Dbn)

GMS record: 34.37 G 2005/08/06 Tracey Pretorius (Jhb)

1 Homveld, Alexis 24 Phoenix MSC-CG 48.22 48.22 48.22

Event 6 Women 30-34 50 SC Meter Butterfly

SAMS record: 30.67 S 2015/10/31 Thilde Victor (Jhb)

GMS record: 31.40 G 2003/08/16 Claire Bolton (Jhb)

VASM-ES

1 Cloete, Lesa-Jo 30 Phoenix MSC-CG 33.71 33.59 33.71

2 Mazor, Cindy-Leigh 33 Wahoo MSC-CG 44.40 43.87 44.40

GMS @ Wahoo AC - GMS ShortCourse-270816 - 2016/08/27 to 2016/08/28**Wahoo Aquatic Centre 25m Indoor Pool****Results****Event 6 Women 50-54 50 SC Meter Butterfly**

SAMS record:	32.42	S	2011/07/28	Cecilia Stanford (CT)			
GMS record:	41.63	G	1994/01/09	GUDRUN VON WIMMERSPERG			
1	Ottermann, Edith	50	Cape Town MSC-WP	31.94	31.88	32.02	31.94 S
2	Callanan, Lynne	51	Phoenix MSC-CG	37.26	37.43	37.45	37.43 G
3	Homveld, Jade	50	Phoenix MSC-CG	47.07		46.90	47.07

Event 6 Women 55-59 50 SC Meter Butterfly

SAMS record:	34.35	S	2015/07/11	Kim Foster (Jhb)		COEL-NT	
GMS record:	40.44	G	1998/03/15	Sue Leuner			
1	Foster, Kim	57	Coelacanth MSC-NT	38.10		37.88	38.10

Event 6 Women 75-79 50 SC Meter Butterfly

SAMS record:	57.87	S	2015/08/29	Sue Leuner (Jhb)		PHOE-CG	
GMS record:	57.87	G	2015/08/29	Sue Leuner (Jhb)		PHOE-CG	
1	Leuner, Sue	77	Phoenix MSC-CG	1:07.40		1:07.22	1:07.40

Event 6 Men 35-39 50 SC Meter Butterfly

SAMS record:	27.36	S	2014/10/19	Jay Richards (Stb)		CPTW-WP	
GMS record:	27.68	G	2012/05/19	Simon Thirsk (Jhb)			
1	Gilchrist, Scott	39	Phoenix MSC-CG	31.48		31.24	31.48
2	Erasmus, Jaco	38	Wahoo MSC-CG	34.80		34.63	34.80

Event 6 Men 40-44 50 SC Meter Butterfly

SAMS record:	27.91	S	2013/09/15	David Letschert (Dbn)		EACS-KZ	
GMS record:	28.39	G	2004/07/24	Gregg Price (Jhb)			
1	Collins, Stuart	42	Wahoo MSC-CG	31.94		31.66	31.94
2	Terblanche, Lukas	42	Coelacanth MSC-NT	35.73		35.47	35.73
3	Beneke, John	44	Wahoo MSC-CG	39.25		39.12	39.25

Event 6 Men 45-49 50 SC Meter Butterfly

SAMS record:	27.25	S	2011/10/16	Bryan Tatterson (Orl)			
GMS record:	27.62	G	2005/11/26	Gregg Price (Jhb)			
1	Whistler, Brian	46	ET Stingrays MSC-ES	35.76		35.75	35.76

Event 6 Men 55-59 50 SC Meter Butterfly

SAMS record:	28.48	S	2012/10/27	Andre Steynberg (Jhb)			
GMS record:	28.48	G	2012/10/27	Andre Steynberg (Jhb)			
1	Gordon-Davis, Keith	56	ET Stingrays MSC-ES	36.62		36.43	36.62
2	Summers, Michael	56	ET Stingrays MSC-ES	39.13		38.96	39.13

Event 6 Men 80-84 50 SC Meter Butterfly

SAMS record:	1:22.20	S	11/1997	G May (Dbn)			
GMS record:	59:59.99	G		Vacant			
1	Schlapobersky, Ivan	83	Phoenix MSC-CG	1:01.48		1:01.26	1:01.48 S

Event 7 Women 30-34 100 SC Meter Breaststroke

SAMS record:	1:27.18	S	1994	G McCarney (Dbn)			
GMS record:	1:28.07	G	1994/03/06	Chris MacKinnon			
1	Rolt, Claire	34	Coelacanth MSC-NT	1:17.14	1:16.99	1:16.96	1:16.99 S

Event 7 Women 50-54 100 SC Meter Breaststroke

SAMS record:	1:26.95	S	2012/11/17	Cecilia Stanford (CT)			
GMS record:	1:31.84	G	1999/09/26	Shirley Turner			
1	Bridges, Carole	54	Wahoo MSC-CG	2:03.33		2:03.20	2:03.33

Event 7 Women 55-59 100 SC Meter Breaststroke

SAMS record:	1:30.36	S	2014/09/21	Gail McCarney (Stb)		CPTW-WP	
GMS record:	1:40.02	G	2006/06/11	Jenny Ireland (Jhb)			
1	Cronje, Anet	55	Wahoo MSC-CG	2:24.09		2:23.90	2:24.09

GMS @ Wahoo AC - GMS ShortCourse-270816 - 2016/08/27 to 2016/08/28**Wahoo Aquatic Centre 25m Indoor Pool****Results****Event 7 Men 19-24 100 SC Meter Breaststroke**

SAMS record: 1:07.93 S 9/2005 Ryan Spencer (Dbn)

GMS record: 1:12.75 G 2012/08/18 Kyle Scott (Jhb)

1 Richter, Connor 19 Unattached - GAUTENG MS-C 1:27.71 1:27.56 1:27.71

Event 7 Men 55-59 100 SC Meter Breaststroke

SAMS record: 1:10.50 S 2007/01/28 Tim Shead (Mad)

GMS record: 1:17.16 G 2006/10/29 Bob Hatherly (Jhb)

1 Finn, Joel 55 Wahoo MSC-CG 1:23.60 1:23.34 1:23.60

Event 8 Women 19-24 50 SC Meter Backstroke

SAMS record: 32.13 S 2008/09/07 Cindy Botha (Dbn)

GMS record: 34.16 G 1999/09/26 Cheryl Ballard-Tremeer (Jhb)

1 Homveld, Alexis 24 Phoenix MSC-CG 44.08 43.97 44.08

Event 8 Women 30-34 50 SC Meter Backstroke

SAMS record: 33.59 S 2008/10/19 Perry-Ann Cadiz (Stb)

GMS record: 34.09 G 2013/05/18 Romy Altmann (Jhb)

1 Mazor, Cindy-Leigh 33 Wahoo MSC-CG 46.92 46.81 46.92 WAHO-CG

Event 8 Women 75-79 50 SC Meter Backstroke

SAMS record: 53.56 S 2015/08/29 Sue Leuner (Jhb)

GMS record: 53.56 G 2015/08/29 Sue Leuner (Jhb)

1 Leuner, Sue 77 Phoenix MSC-CG 51.45 51.38 51.45 S PHOE-CG

Event 8 Men 25-29 50 SC Meter Backstroke

SAMS record: 27.01 S 2011/10/16 Chris King (CT)

GMS record: 29.46 G 2004/10/31 Lain Schutte (Jhb)

1 Marx, Jean 25 Unattached 40.99 40.81 40.99

Event 8 Men 50-54 50 SC Meter Backstroke

SAMS record: 30.05 S 2006/07/08 Andre Steynberg (Jhb)

GMS record: 30.05 G 2006/07/08 Andre Steynberg (Jhb)

1 Ruck, Harald 51 Coelacanth MSC-NT 30.79 30.59 30.79

Event 8 Men 55-59 50 SC Meter Backstroke

SAMS record: 30.31 S 2012/11/24 Andre Steynberg (Jhb)

GMS record: 30.31 G 2012/11/24 Andre Steynberg (Jhb)

1 Gordon-Davis, Keith 56 ET Stingrays MSC-ES 38.90 38.67 38.90

Event 8 Men 65-69 50 SC Meter Backstroke

SAMS record: 36.90 S 2011/01/23 Brian Stewart (Dbn)

GMS record: 44.93 G 1995/11/12 Donald Johnston

1 Downes, Terry 67 Coelacanth MSC-NT 38.02 37.83 38.02

Event 8 Men 75-79 50 SC Meter Backstroke

SAMS record: 43.50 S 2011/10/30 Mike Cameron (Dbn)

GMS record: 48.83 G 2013/06/22 John Garson (Jhb)

1 Garson, John 78 Wahoo MSC-CG 53.84 53.66 53.84 WAHO-CG

Event 9 Women 19-24 50 SC Meter Freestyle

SAMS record: 27.84 S 2008/12/14 Cindy Botha (Dbn)

GMS record: 29.68 G 1999/09/26 Cheryl Ballard-Tremeer (Jhb)

1 Hillier, Samantha 21 Unattached 32.32 32.35 32.32

Event 9 Women 30-34 50 SC Meter Freestyle

SAMS record: 27.63 S 2015/10/31 Thilde Victor (Jhb)

GMS record: 27.63 G 2012/11/24 Andrea Landau (Jhb)

1 Rolt, Claire 34 Coelacanth MSC-NT 30.31 30.16 30.31 VASM-ES

2 Mazor, Cindy-Leigh 33 Wahoo MSC-CG 40.58 40.43 40.58

GMS @ Wahoo AC - GMS ShortCourse-270816 - 2016/08/27 to 2016/08/28**Wahoo Aquatic Centre 25m Indoor Pool****Results****Event 9 Women 35-39 50 SC Meter Freestyle**

SAMS record: 27.25 S 2004/10/31 Edith Ottermann (Jhb)

GMS record: 30.56 G 2007/05/12 Charmaine Montanari (Jhb)

1 Coucumbros, Sam 38 Wahoo MSC-CG 37.42 37.28 37.42

Event 9 Women 40-44 50 SC Meter Freestyle

SAMS record: 26.67 S 2007/10/28 Edith Ottermann (Jhb)

GMS record: 30.43 G 2009/10/24 Karen Kennedy (Jhb)

1 Macaskill, Mandy 41 Unattached 37.67 37.55 37.67

Event 9 Women 50-54 50 SC Meter Freestyle

SAMS record: 30.27 S 2011/07/28 Cecilia Stanford (CT)

GMS record: 33.27 G 1996/03/17 Anne Jones

1 Ottermann, Edith 50 Cape Town MSC-WP 28.59 28.66 28.64 28.64 S

2 Mason, Carol 53 Phoenix MSC-CG 34.66 34.49 34.66

Event 9 Women 55-59 50 SC Meter Freestyle

SAMS record: 31.11 S 2011/10/16 Diane Coetzee (CT)

GMS record: 32.61 G 2008/06/22 Marissa Rollnick (Jhb)

1 Verryn, Sabine 55 Coelacanth MSC-NT 32.16 31.99 32.16

2 Cronje, Anet 55 Wahoo MSC-CG 53.35 53.08 53.35

Event 9 Women 75-79 50 SC Meter Freestyle

SAMS record: 40.26 S 2014/07/19 Sue Leuner (Jhb)

GMS record: 40.26 G 2014/07/19 Sue Leuner (Jhb)

1 Hanson, Ann 78 Coelacanth MSC-NT 56.68 56.45 56.68

Event 9 Men 25-29 50 SC Meter Freestyle

SAMS record: 23.61 S 2011/10/16 Chris King (CT)

GMS record: 23.96 G 1993/09/19 Ivor Segal

1 Marx, Jean 25 Unattached 28.86 28.61 28.86

Event 9 Men 35-39 50 SC Meter Freestyle

SAMS record: 22.48 S 2014/10/19 Ryk Neethling (Stb)

GMS record: 25.06 G 2013/08/17 Adrian Goate (Jhb)

1 Erasmus, Jaco 38 Wahoo MSC-CG 27.62 27.44 27.62

2 Gilchrist, Scott 39 Phoenix MSC-CG 29.27 29.08 29.27

Event 9 Men 40-44 50 SC Meter Freestyle

SAMS record: 25.13 S 2013/10/06 David Letschert (Pmb)

GMS record: 25.89 G 2013/08/17 Byron Dillon (Jhb)

1 Collins, Stuart 42 Wahoo MSC-CG 30.17 30.03 30.17

2 Terblanche, Lukas 42 Coelacanth MSC-NT 31.40 31.25 31.40

3 Vorster, Arne 41 Coelacanth MSC-NT 32.18 32.05 32.18

Event 9 Men 45-49 50 SC Meter Freestyle

SAMS record: 24.90 S 2011/10/16 Bryan Tatterson (Orl)

GMS record: 25.37 G 2006/10/29 Gregg Price (Jhb)

1 Whistler, Brian 46 ET Stingrays MSC-ES 31.96 31.78 31.96

2 Nortje, Thienus 47 Wahoo MSC-CG 39.13 38.85 39.13

Event 9 Men 50-54 50 SC Meter Freestyle

SAMS record: 24.99 S 2014/10/19 Calvin Maughan (Stb)

GMS record: 25.82 G 2006/05/14 Andre Steynberg (Jhb)

1 Ruck, Harald 51 Coelacanth MSC-NT 26.75 26.49 26.75

Event 9 Men 60-64 50 SC Meter Freestyle

SAMS record: 27.63 S 2009/05/16 Terry Downes (Jhb)

GMS record: 29.04 G 2007/06/10 Doug Wilson (Jhb)

1 Vile, Danny 64 ET Stingrays MSC-ES 42.96 42.71 42.96

GMS @ Wahoo AC - GMS ShortCourse-270816 - 2016/08/27 to 2016/08/28**Wahoo Aquatic Centre 25m Indoor Pool****Results****Event 9 Men 75-79 50 SC Meter Freestyle**

SAMS record:	36.16	S	2015/10/31	Derek Fyfe (Jhb)					COEL-NT
GMS record:	36.89	G	2005/05/15	Don Johnston (Jhb)					
1	Fyfe, Derek		76	Coelacanth MSC-NT	37.11		36.96		37.11

Event 10 Women 30-34 100 SC Meter Butterfly

SAMS record:	1:10.40	S	2013/07/18	Kathryn Nurse (CT)					CPTW-WP
GMS record:	1:11.69	G	2004/11/28	Rachelle Isakov (Jhb)					
1	Cloete, Lesa-Jo		30	Phoenix MSC-CG	1:14.69		1:14.51		1:14.69

Event 10 Women 50-54 100 SC Meter Butterfly

SAMS record:	1:12.89	S	2012/08/23	Cecilia Stanford (CT)					
GMS record:	1:26.25	G	2007/05/12	Clare Davie (Jhb)					
1	Homveld, Jade		50	Phoenix MSC-CG	1:46.95		1:46.78		1:46.95

Event 10 Women 55-59 100 SC Meter Butterfly

SAMS record:	1:19.48	S	2015/04/19	Jean Degenaar (CT)					CPTW-WP
GMS record:	1:35.67	G	2006/05/14	Jenny Ireland (Jhb)					
1	Foster, Kim		57	Coelacanth MSC-NT	1:28.24		1:28.01		1:28.24

Event 10 Men 35-39 100 SC Meter Butterfly

SAMS record:	1:03.75	S	2009/09/20	Kieren Lawrenson (Dbn)					
GMS record:	1:05.43	G	1989/01/01	TIM SHEAD					
1	Gilchrist, Scott		39	Phoenix MSC-CG	1:10.26	1:10.27	1:10.40		1:10.27

Event 10 Men 40-44 100 SC Meter Butterfly

SAMS record:	1:02.98	S	2009/11/28	Stephen Haupt (Jhb)					
GMS record:	1:02.98	G	2009/11/28	Stephen Haupt (Jhb)					
1	Collins, Stuart		42	Wahoo MSC-CG	1:13.90		1:13.70		1:13.90

Event 11 Women 35-39 800 SC Meter Freestyle

SAMS record:	9:37.56	S	9/2003	Amanda Picard (CT)					
GMS record:	59:59.99	G		Vacant					
1	Johnson, Justine		39	Phoenix MSC-CG	12:08.37		12:08.20		12:08.37 G

Event 11 Women 50-54 800 SC Meter Freestyle

SAMS record:	10:14.35	S	2011/10/16	Cecilia Stanford (CT)					
GMS record:	11:34.54	G	2003/11/01	Marissa Rollnick (USA)					
1	Mason, Carol		53	Phoenix MSC-CG	12:02.24		12:02.09		12:02.24
2	Bridges, Carole		54	Wahoo MSC-CG	13:40.86		13:40.70		13:40.86

Event 11 Women 60-64 800 SC Meter Freestyle

SAMS record:	10:48.05	S	2015/10/18	Diane Coetzee (CT)					CPTW-WP
GMS record:	12:20.90	G	2011/10/29	Marissa Rollnick (Jhb)					
1	Vorster, Merryll		60	Wahoo MSC-CG	16:10.44		16:10.12		16:10.44

Event 11 Women 65-69 800 SC Meter Freestyle

SAMS record:	13:41.53	S	2011/09/24	Elsa Craig (PE)					
GMS record:	15:23.06	G	1997/11/16	Dilys van der Merwe					
1	Mons, Maureen		65	Phoenix MSC-CG	12:30.74	12:30.86	12:30.88		12:30.86 S

Event 11 Women 75-79 800 SC Meter Freestyle

SAMS record:	59:59.99	S		Vacant					
GMS record:	59:59.99	G		Vacant					
1	Leuner, Sue		77	Phoenix MSC-CG	15:57.25	15:57.28	15:57.29		15:57.28 S

Event 11 Men 45-49 800 SC Meter Freestyle

SAMS record:	9:41.22	S	12/2000	C Quibell (Dbn)					
GMS record:	10:40.41	G	1994/11/13	Ron Prior					
1	Grobler, Francois		48	Wahoo MSC-CG	10:57.77		10:57.63		10:57.77
2	Nortje, Thienus		47	Wahoo MSC-CG	16:20.28		16:20.11		16:20.28

GMS @ Wahoo AC - GMS ShortCourse-270816 - 2016/08/27 to 2016/08/28**Wahoo Aquatic Centre 25m Indoor Pool****Results****Event 11 Men 55-59 800 SC Meter Freestyle**

SAMS record: 10:04.18 S 2008/10/19 Doug Howieson (Stb)

GMS record: 11:55.56 G 10/2001 Jimmy Stewart (Jhb)

1 Finn, Joel 55 Wahoo MSC-CG 10:18.41 10:18.53 10:18.52 10:18.52 G

Event 11 Men 60-64 800 SC Meter Freestyle

SAMS record: 10:37.03 S 2015/10/18 Izak Spies (CT)

DOLP-WP

GMS record: 12:01.01 G 2012/05/19 Hendrik van der Hoven (Jhb)

1 Vile, Danny 64 ET Stingrays MSC-ES 13:51.22 13:51.07 13:51.22

Event 11 Men 75-79 800 SC Meter Freestyle

SAMS record: 13:26.52 S 2013/10/20 Dave McLachlan (Stb)

GMS record: 15:42.51 G 2012/11/24 Russel Wolpe (Jhb)

1 Fyfe, Derek 76 Coelacanth MSC-NT 14:46.76 14:46.59 14:46.76

Event 12 Women 30-34 1500 SC Meter Freestyle

SAMS record: 20:42.91 S 1994/01/09 C. MacKinnon (Jhb)

GMS record: 20:42.91 G 1994/01/09 CHRIS MACKINNON

--- Heynes, Roxy 33 ET Stingrays MSC-ES DQ

Event 12 Women 35-39 1500 SC Meter Freestyle

SAMS record: 19:15.43 S 2014/08/24 Kathryn Nurse (Stb)

CPTW-WP

GMS record: 20:47.06 G 2005/10/01 Rachele Isakov (Pta)

1 Johnson, Justine 39 Phoenix MSC-CG 23:08.41 23:08.41

Event 12 Women 50-54 1500 SC Meter Freestyle

SAMS record: 19:12.30 S 2011/11/19 Cecilia Stanford (CT)

GMS record: 21:15.34 G 2007/08/11 Clare Davie (Jhb)

1 Mason, Carol 53 Phoenix MSC-CG 22:58.31 22:58.31

2 Callanan, Lynne 51 Phoenix MSC-CG 24:41.00 24:41.00

3 Bridges, Carole 54 Wahoo MSC-CG 25:56.70 25:56.70

4 Homveld, Jade 50 Phoenix MSC-CG 26:17.00 26:17.00

Event 12 Women 55-59 1500 SC Meter Freestyle

SAMS record: 21:49.44 S 2012/08/19 Clare Davie (Jhb)

GMS record: 21:49.44 G 2012/08/19 Clare Davie (Jhb)

1 Foster, Kim 57 Coelacanth MSC-NT 23:47.94 23:47.94

Event 12 Women 60-64 1500 SC Meter Freestyle

SAMS record: 22:21.80 S 2014/08/24 Judy Brewis (Stb)

CPTW-WP

GMS record: 24:48.64 G 2014/08/31 Marissa Rollnick (Jhb)

1 Vorster, Merryll 60 Wahoo MSC-CG 30:23.99 30:23.99

Event 12 Women 65-69 1500 SC Meter Freestyle

SAMS record: 25:45.18 S 11/2014 Elsa Craig (PE)

BEST-EP

GMS record: 29:16.70 G 1997/01/12 Dilys van der Merwe

1 Mons, Maureen 65 Phoenix MSC-CG 23:56.64 23:56.64 S

2 Rollnick, Marissa 65 Phoenix MSC-CG 26:19.43 26:19.43 G

Event 12 Men 35-39 1500 SC Meter Freestyle

SAMS record: 18:28.46 S 2013/08/18 Adrian Goate (Jhb)

AQUA-CG

GMS record: 18:28.46 G 2013/08/18 Adrian Goate (Jhb)

AQUA-CG

1 Sheftz, Owen 39 Wahoo MSC-CG 21:00.65 21:00.65

2 Hanauer, Anthony 39 East Coast MSC-KZ 35:19.00 35:19.00

Event 12 Men 45-49 1500 SC Meter Freestyle

SAMS record: 18:50.38 S 2007/08/19 Alan Blades (Dbn)

GMS record: 21:10.67 G 1988/01/01 JAMES STEWART

1 Grobler, Francois 48 Wahoo MSC-CG 21:14.00 21:14.00

2 Whistler, Brian 46 ET Stingrays MSC-ES 24:43.00 24:43.00

3 VERHEUL, MATTHEW 46 Unattached - GAUTENG MS-C 25:50.50 25:50.50

GMS @ Wahoo AC - GMS ShortCourse-270816 - 2016/08/27 to 2016/08/28**Wahoo Aquatic Centre 25m Indoor Pool****Results****Event 12 Men 55-59 1500 SC Meter Freestyle**

SAMS record: 19:33.72 S 2007/11/17 Tim Shead (CT)

GMS record: 23:56.96 G 1993/02/06 DAVID MCLACHLIN

1 Stonestreet, Mark 56 Wahoo MSC-CG 25:22.00 25:22.00

Event 12 Men 60-64 1500 SC Meter Freestyle

SAMS record: 20:05.06 S 2009/08/16 Terry Downes (Jhb)

GMS record: 24:11.92 G 1997/01/12 David McLachlan

1 Vile, Danny 64 ET Stingrays MSC-ES 29:24.58 29:24.58