Take your marks….

Entries for the 2013 Dis-Chem Sun City Swim are due to open during the first week of August.

Race date is Saturday, 26th October 2013 at the Sun City Water World Complex. As normal, the day kicks off with a 3000m swim, followed by all the 1500m age group events – all timed. The day ends off with a 600m fun swim. There is something for all members of the family – what’s more entrants get free entrance to The Valley of the Waves complex!

Dis-Chem and Sun City remain the title sponsors. Speedo have committed to providing different coloured swimming caps for each event for all entrants as well as Speedo golf shirts to identify helpers, Voltaren will once again present medals to all finishers and Bené Water will hand out bottles of spring water to all competitors exiting the finish area.

We have a few new sponsors this year, Garrun Group, our Financial Services Provider, has undertaken to arrange free personal accident cover for all pre entrants who accept the offer; and PharmaChoice who will be sponsoring our 600m Fun Swim.

Along with these new sponsors, Similasan will have a fun area for the kids and Biogen will have Carbogen slush and other handouts for spectators and swimmers alike.

Apart from being a fun day out for the family, all swimmers will be contributing to a number of charitable initiatives. The two swim charities are: The Kidney Beanz Trust, which cares for the children and families of children awaiting kidney transplants and Little Eden, a home for severely mentally handicapped persons in Edenvale. The organisers donate R5 of each pre-entry fee to these charities and entrants are asked to make voluntary donations. The Dis-Chem Foundation has agreed once again to match the swimmers voluntary donations over and above their entry fee Rand for Rand for the 2013 event.

We will once again be using be the ChampionChip timing system, so don’t forget to bring along your chip from last year. You will be able to purchase a chip with your entry if you do not already own one.

For more information please visit [www.suncityswim.co.za](http://www.suncityswim.co.za) [email the race organisers at](mailto:inmotionafrica@gmail.com) [info@suncityswim.co.za](mailto:info@suncityswim.co.za) or phone on 079 176 2938.