

FINA 17th LC World Champs 2017 @ Budapest - 2017-08-14 to 2017-08-20

Aquatics Palace 50m indoor pool

Results

Event 1 Women 50-54 800 LC Meter Freestyle

WORLD record: 9:34.12 W 2016-07-23 SUSAN PRESTON USA
SAMS record: 10:21.39 S 2011-02-20 Cecilia Stanford (CT)
 10:23.61 50-54 SAQT SAMS Colours 2017-18

Name	Age	Team	Finals Time			
46 Terblanche, Ingrid	52	Champion SCM-TS	13:38.82			
	46.37	1:36.94 (50.57)	2:28.34 (51.40)	3:20.11 (51.77)		
	4:11.19 (51.08)	5:02.67 (51.48)	5:54.57 (51.90)	6:47.21 (52.64)		
	7:39.14 (51.93)	8:30.62 (51.48)	9:22.27 (51.65)	10:14.20 (51.93)		
	11:06.56 (52.36)	11:59.17 (52.61)	12:50.35 (51.18)	13:38.82 (48.47)		

Event 1 Women 90-94 800 LC Meter Freestyle

WORLD record: 18:53.58 W 2008-08-14 RITA SIMONTON USA
SAMS record: 26:56.99 S 2015-08-10 Kascha Kloos (Kaz) CPTW-WP

3 Kloos, Kascha	92	Cape Town MSC-CP	29:20.57			
	1:29.46	3:23.01 (1:53.55)	5:13.29 (1:50.28)	7:06.62 (1:53.33)		
	8:53.89 (1:47.27)	10:51.14 (1:57.25)	12:40.08 (1:48.94)	14:33.83 (1:53.75)		
	16:24.72 (1:50.89)	18:17.74 (1:53.02)	20:08.32 (1:50.58)	22:02.64 (1:54.32)		
	23:50.70 (1:48.06)	25:42.50 (1:51.80)	27:34.70 (1:52.20)	29:20.57 (1:45.87)		

Event 2 Men 40-44 800 LC Meter Freestyle

WORLD record: 8:36.41 W 2016-05-25 SAMUELE PAMPANA ITA
SAMS record: 9:37.23 S 1992 T. Tozer (Ind)
 9:09.88 40-44 SAQT SAMS Colours 2017-18

23 Ford, Coillard	43	Champion SCM-TS	10:11.18			
	32.74	1:09.89 (37.15)	1:48.79 (38.90)	2:28.17 (39.38)		
	3:07.79 (39.62)	3:46.84 (39.05)	4:25.71 (38.87)	5:05.11 (39.40)		
	5:44.10 (38.99)	6:23.06 (38.96)	7:01.76 (38.70)	7:40.65 (38.89)		
	8:18.96 (38.31)	8:57.50 (38.54)	9:35.77 (38.27)	10:11.18 (35.41)		

Event 2 Men 50-54 800 LC Meter Freestyle

WORLD record: 8:55.05 W 2010-07-31 MARCUS MATTIOLI BRA
SAMS record: 9:48.91 S 6-2004 Tyrone Tozer (Ric)
 9:41.95 50-54 SAQT SAMS Colours 2017-18

17 Fiser, Graeme	51	Cape Town MSC-CP	10:05.29			
	32.82	1:08.33 (35.51)	1:45.02 (36.69)	2:21.72 (36.70)		
	2:58.87 (37.15)	3:36.62 (37.75)	4:14.44 (37.82)	4:52.53 (38.09)		
	5:30.70 (38.17)	6:09.08 (38.38)	6:47.89 (38.81)	7:27.00 (39.11)		
	8:06.42 (39.42)	8:46.21 (39.79)	9:25.91 (39.70)	10:05.29 (39.38)		

Event 2 Men 60-64 800 LC Meter Freestyle

WORLD record: 9:35.50 W 2012-08-12 JIM MCCONICA USA
SAMS record: 10:24.53 S 2017-03-15 Mike Semple (EL) MEGA-ES
 10:28.92 60-64 SAQT SAMS Colours 2017-18

9 Stevenson, Paul	61	Cape Town MSC-CP	10:49.76			
	34.95	1:14.61 (39.66)	1:55.94 (41.33)	2:37.59 (41.65)		
	3:19.50 (41.91)	4:01.06 (41.56)	4:42.39 (41.33)	5:23.83 (41.44)		
	6:05.45 (41.62)	6:46.84 (41.39)	7:27.95 (41.11)	8:08.86 (40.91)		
	8:49.85 (40.99)	9:30.98 (41.13)	10:11.76 (40.78)	10:49.76 (38.00)		
--- Garrun, Cliff	61	Phoenix MSC-JH	NS			

Event 2 Men 65-69 800 LC Meter Freestyle

WORLD record: 10:11.30 W 2015-06-14 JIM MCCONICA USA
SAMS record: 11:20.48 S 2017-02-21 Tim Shead (CT) CPTW-WP
 11:15.38 65-69 SAQT SAMS Colours 2017-18

15 Sundelowitz, Selwyn	67	Coelacanth MSC-TS	12:37.91			
	44.09	1:31.41 (47.32)	2:18.90 (47.49)	3:06.46 (47.56)		
	3:54.02 (47.56)	4:42.53 (48.51)	5:30.65 (48.12)	6:18.44 (47.79)		
	7:06.38 (47.94)	7:53.95 (47.57)	8:41.97 (48.02)	9:29.52 (47.55)		
	10:17.57 (48.05)	11:04.47 (46.90)	11:52.06 (47.59)	12:37.91 (45.85)		

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Event 2 Men 70-74 800 LC Meter Freestyle

WORLD record: 10:45.92 W 2002-03-24 GRAHAM JOHNSTON USA

SAMS record: 12:13.89 S 2008-04-18 David McLachlan (Per)

12:19.39 70-74 SAQT SAMS Colours 2017-18

12	Larcombe, Peter	70	East Coast MSC-ET		13:10.86
	43.36	1:32.51 (49.15)	2:21.59 (49.08)	3:11.45 (49.86)	
	4:00.37 (48.92)	4:50.05 (49.68)	5:39.49 (49.44)	6:29.68 (50.19)	
	7:19.04 (49.36)	8:09.18 (50.14)	8:59.60 (50.42)	9:49.49 (49.89)	
	10:40.63 (51.14)	11:31.57 (50.94)	12:22.32 (50.75)	13:10.86 (48.54)	
15	Mitchell, Tocher	70	Wahoo MSC-JH		13:52.21
	44.23	1:32.81 (48.58)	2:23.62 (50.81)	3:14.78 (51.16)	
	4:06.66 (51.88)	4:59.08 (52.42)	5:52.26 (53.18)	6:46.05 (53.79)	
	7:39.57 (53.52)	8:33.41 (53.84)	9:27.37 (53.96)	10:21.71 (54.34)	
	11:15.22 (53.51)	12:08.22 (53.00)	13:00.90 (52.68)	13:52.21 (51.31)	

Event 3 Men 35-39 200 LC Meter Backstroke

WORLD record: 2:07.97 W 2016-06-22 MARCO MACCIANTI ITA

SAMS record: 2:12.39 S 2012-06-11 Simon Thirsk (Ric)

2:18.97 35-39 SAQT SAMS Colours 2017-18

17	Dahlmann, Sven	37	East Coast MSC-ET		2:31.45
	35.41	1:13.63 (38.22)	1:53.79 (40.16)	2:31.45 (37.66)	

Event 3 Men 50-54 200 LC Meter Backstroke

WORLD record: 2:17.57 W 2012-06-11 MICHAEL SODERLUND USA

SAMS record: 2:31.51 S 2006-08-05 Tim Shead (San)

2:29.85 50-54 SAQT SAMS Colours 2017-18

18	McLeRoth, Greg	50	Cape Town MSC-CP		2:38.69
	36.57	1:16.15 (39.58)	1:57.54 (41.39)	2:38.69 (41.15)	
24	Orton, Nick	54	Cape Town MSC-CP		2:48.20
	38.01	1:21.25 (43.24)	2:06.20 (44.95)	2:48.20 (42.00)	

Event 3 Men 60-64 200 LC Meter Backstroke

WORLD record: 2:28.37 W 2016-07-30 TOM BARTON USA

SAMS record: 2:34.00 S 2012-03-17 Tim Shead (CT)

2:43.42 60-64 SAQT SAMS Colours 2017-18

9	Winfield, Mike	62	Cape Town MSC-CP		2:51.54
	38.73	1:22.22 (43.49)	2:08.32 (46.10)	2:51.54 (43.22)	

Event 3 Men 65-69 200 LC Meter Backstroke

WORLD record: 2:40.95 W 2008-02-22 BERND HORSTMANN GER

SAMS record: 2:43.78 S 2017-03-17 Tim Shead (EL) CPTW-WP

2:56.36 65-69 SAQT SAMS Colours 2017-18

1	Shead, Tim	65	Cape Town MSC-CP		2:39.69 W SAQT
	36.93	1:15.98 (39.05)	1:57.56 (41.58)	2:39.69 (42.13)	
22	Sundelowitz, Selwyn	67	Coelacanth MSC-TS		3:38.33
	52.40	1:46.60 (54.20)	2:43.40 (56.80)	3:38.33 (54.93)	

Event 4 Women 35-39 200 LC Meter Backstroke

WORLD record: 2:18.20 W 1997-08-10 K.PIPES-NEILSEN USA

SAMS record: 2:37.42 S 2-2007 Marianne Kriel (CT)

2:35.82 35-39 SAQT SAMS Colours 2017-18

12	White, Simone	37	Cape Town MSC-CP		2:47.26
	37.71	1:19.67 (41.96)	2:03.93 (44.26)	2:47.26 (43.33)	

Event 4 Women 45-49 200 LC Meter Backstroke

WORLD record: 2:24.06 W 2016-05-28 JOANNA CORBEN GBR

SAMS record: 2:43.79 S 2006-08-05 Cecilia Stanford (San)

2:40.25 45-49 SAQT SAMS Colours 2017-18

9	Engela, Norelle	45	Cape Town MSC-CP		2:47.94
	36.55	1:18.48 (41.93)	2:03.48 (45.00)	2:47.94 (44.46)	

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(Event 4 Women 45-49 200 LC Meter Backstroke)

30	Bihl, Kate	47	Cape Town MSC-CP	3:12.10
	40.71	1:26.90 (46.19)	2:18.52 (51.62)	3:12.10 (53.58)

Event 4 Women 60-64 200 LC Meter Backstroke

WORLD record:	2:44.38	W	2013-07-13	LAURA VAL	USA
SAMS record:	2:52.05	S	2015-08-11	Di Coetzee (Kaz)	CPTW-WP

3:06.27 60-64 SAQT SAMS Colours 2017-18

11	Reynecke, Pam	61	Champion SCM-TS	3:30.50
	48.88	1:43.85 (54.97)	2:39.60 (55.75)	3:30.50 (50.90)

Event 4 Women 90-94 200 LC Meter Backstroke

WORLD record:	5:17.36	W	2006-03-03	WILLY VAN RYSEL	GBR
SAMS record:	6:49.91	S	2015-08-11	Kascha Kloos (Kaz)	CPTW-WP

4	Kloos, Kascha	92	Cape Town MSC-CP	6:56.18
	1:38.71	3:27.10 (1:48.39)	5:13.35 (1:46.25)	6:56.18 (1:42.83)

Event 5 Men 45-49 100 LC Meter Freestyle

WORLD record:	53.77	W	2016-08-07	NICOLAS GRANGER	USA
SAMS record:	55.66	S	1994	T. Downes (Mon)	

55.74 45-49 SAQT SAMS Colours 2017-18

15	Taylor, Robbie	48	Cape Town MSC-CP	58.43
	28.14	58.43 (30.29)		

62	Grobler, Francois	49	Waterborn Swimming Club-JH	1:06.63
	32.85	1:06.63 (33.78)		

Event 5 Men 50-54 100 LC Meter Freestyle

WORLD record:	54.36	W	2015-03-19	CALVIN MAUGHAN	RSA
SAMS record:	54.36	S	2015-03-19	Calvin Maughan (Jhb)	CPTW-WP

57.53 50-54 SAQT SAMS Colours 2017-18

5	Kruger, Harald	50	Cape Town MSC-CP	57.81
	27.59	57.81 (30.22)		

15	McLeRoth, Greg	50	Cape Town MSC-CP	59.25
	28.20	59.25 (31.05)		

17	Ruck, Harald	52	Coelacanth MSC-TS	59.29
	27.78	59.29 (31.51)		

---	Maughan, Calvin	53	Cape Town MSC-CP	NS
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Event 5 Men 60-64 100 LC Meter Freestyle

WORLD record:	57.79	W	2014-06-14	JACK GROSELLE	USA
SAMS record:	59.76	S	2016-03-18	Andre Steynberg (Dbn)	WAHO-CG

1:01.93 60-64 SAQT SAMS Colours 2017-18

4	Steynberg, Andre	61	Cape Town MSC-CP	1:01.33	SAQT
	28.88	1:01.33 (32.45)			

7	Stevenson, Paul	61	Cape Town MSC-CP	1:03.68
	30.09	1:03.68 (33.59)		

10	Roothman, Andre	63	Cape Town MSC-CP	1:04.76
	30.94	1:04.76 (33.82)		

34	Garrun, Cliff	61	Phoenix MSC-JH	1:10.22
	33.79	1:10.22 (36.43)		

35	Winfield, Mike	62	Cape Town MSC-CP	1:10.23
	33.37	1:10.23 (36.86)		

49	Kloos, Rainer	62	Cape Town MSC-CP	1:13.88
	34.81	1:13.88 (39.07)		

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Event 5 Men 70-74 100 LC Meter Freestyle

WORLD record:	1:03.32	W	2015-08-08	DAVID QUIGGIN	USA	
SAMS record:	1:16.12	S	2015-03-20	Jimmy Hughes (Jhb)	EACS-KZ	
	1:09.29			70-74 SAQT SAMS Colours 2017-18		
13	du Toit, Francois		70	Cape Town MSC-CP		1:15.59 S
	35.90		1:15.59	(39.69)		
27	Larcombe, Peter		70	East Coast MSC-ET		1:24.86
	40.25		1:24.86	(44.61)		

Event 6 Women 30-34 100 LC Meter Freestyle

WORLD record:	55.24	W	2009-07-11	ERIKA ERNDL	USA	
SAMS record:	1:00.84	S	6-1998	W. Daniel (Cas)		
	1:01.20			30-34 SAQT SAMS Colours 2017-18		
7	Wolmarans, Lezandre		30	Cape Town MSC-CP		1:01.51
	29.54		1:01.51	(31.97)		

Event 6 Women 35-39 100 LC Meter Freestyle

WORLD record:	58.09	W	2016-07-09	ERIKA ERNDL	USA	
SAMS record:	1:01.60	S	6-2004	Edith Ottermann (Ric)		
	1:01.34			35-39 SAQT SAMS Colours 2017-18		
11	Nurse, Kathryn		38	Cape Town MSC-CP		1:04.53
	31.36		1:04.53	(33.17)		

Event 6 Women 40-44 100 LC Meter Freestyle

WORLD record:	58.04	W	2013-06-08	ERIKA BRAUN	USA	
SAMS record:	1:00.39	S	6-2004	Bev McCarney (Ric)		
	1:02.48			40-44 SAQT SAMS Colours 2017-18		
11	Cadiz, Perry		41	Cape Town MSC-CP		1:03.46
	29.72		1:03.46	(33.74)		

Event 6 Women 50-54 100 LC Meter Freestyle

WORLD record:	1:00.42	W	2015-06-27	MARIE FUZZATI	FRA	
SAMS record:	1:03.19	S	2017-03-16	Edith Ottermann (EL)	CPTW-WP	
	1:05.25			50-54 SAQT SAMS Colours 2017-18		
79	Terblanche, Ingrid		52	Champion SCM-TS		1:27.83
	42.34		1:27.83	(45.49)		

Event 6 Women 55-59 100 LC Meter Freestyle

WORLD record:	1:02.02	W	2008-08-16	LAURA VAL	USA	
SAMS record:	1:07.07	S	2017-03-16	Cecilia Stanford (EL)	CPTW-WP	
	1:07.97			55-59 SAQT SAMS Colours 2017-18		
6	Stanford, Cecilia		56	Cape Town MSC-CP		1:07.14 SAQT
	32.10		1:07.14	(35.04)		
19	Verryn, Sabine		56	Coelacanth MSC-TS		1:13.22
	33.03		1:13.22	(40.19)		
---	du Rand, Dawn		58	Waterborn Swimming Club-JH		DNF
	Swimmer did not finish					

Event 6 Women 60-64 100 LC Meter Freestyle

WORLD record:	1:03.83	W	2011-08-05	LAURA VAL	USA	
SAMS record:	1:06.63	S	2009-03-13	Sanderina Kruger (EL)		
	1:12.39			60-64 SAQT SAMS Colours 2017-18		
17	Routledge, Viv		60	Cape Town MSC-CP		1:17.75
	35.84		1:17.75	(41.91)		

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Event 6 Women 80-84 100 LC Meter Freestyle

WORLD record:	1:24.18	W	2011-06-19	JANE ASHER	GBR	
SAMS record:	1:39.38	S	2017-01-22	Santa van Jaarsveld (Stb)	CPTW-WP	
	1:46.66			80-84 SAQT SAMS Colours 2017-18		
2	van Jaarsveld, Santa		80	Cape Town MSC-CP		1:35.42 S SAQT
	44.41			1:35.42 (51.01)		

Event 6 Women 90-94 100 LC Meter Freestyle

WORLD record:	1:59.86	W	2013-09-05	OLGA KOKORINA	RUS	
SAMS record:	2:45.62	S	2015-02-21	Kascha Kloos (Prl)	CPTW-WP	
	3:27.17			90-94 SAQT SAMS Colours 2017-18		
2	Kloos, Kascha		92	Cape Town MSC-CP		2:55.88 SAQT
	1:25.05			2:55.88 (1:30.83)		

Event 7 Men 45-49 100 LC Meter Breaststroke

WORLD record:	1:05.30	W	2016-05-07	VLADISLAV BRAGIN	CZE	
SAMS record:	1:10.77	S	2014-08-04	Graeme Fiser (Mon)	CPTW-WP	
	1:10.34			45-49 SAQT SAMS Colours 2017-18		
27	Gilbert, Oliver		47	Cape Town MSC-CP		1:16.75
	35.92			1:16.75 (40.83)		

Event 7 Men 50-54 100 LC Meter Breaststroke

WORLD record:	1:06.98	W	2014-08-15	DAVID GUTHRIE	USA	
SAMS record:	1:11.69	S	2016-03-17	Graeme Fiser (Dbn)	CPTW-WP	
	1:13.22			50-54 SAQT SAMS Colours 2017-18		
8	Fiser, Graeme		51	Cape Town MSC-CP		1:12.59 SAQT
	33.33			1:12.59 (39.26)		

Event 7 Men 65-69 100 LC Meter Breaststroke

WORLD record:	1:15.94	W	2016-08-18	RICK COLELLA	USA	
SAMS record:	1:18.05	S	2017-03-18	Tim Shead (EL)	CPTW-WP	
	1:24.77			65-69 SAQT SAMS Colours 2017-18		
1	Shead, Tim		65	Cape Town MSC-CP		1:17.52 S SAQT
	36.09			1:17.52 (41.43)		
25	van Lingen, Franco		68	Coelacanth MSC-TS		1:40.78
	46.00			1:40.78 (54.78)		
33	van Heerden, Carel		67	Waterborn Swimming Club-JH		1:44.05
	46.03			1:44.05 (58.02)		

Event 7 Men 70-74 100 LC Meter Breaststroke

WORLD record:	1:23.63	W	2016-08-18	ROBERT STRAND	USA	
SAMS record:	1:35.99	S	2015-03-21	Brian Nelson (Jhb)	WAHO-CG	
	1:29.64			70-74 SAQT SAMS Colours 2017-18		
15	du Toit, Francois		70	Cape Town MSC-CP		1:36.76
	45.21			1:36.76 (51.55)		

Event 8 Women 40-44 100 LC Meter Breaststroke

WORLD record:	1:12.74	W	2012-04-14	LINLEY FRAME	AUS	
SAMS record:	1:15.83	S	2010-08-01	Heather Morris-Eyton (Got)		
	1:20.46			40-44 SAQT SAMS Colours 2017-18		
37	van Wyk, Melanie		40	Cape Town MSC-CP		1:34.21
	43.44			1:34.21 (50.77)		
50	Naude, Nina		44	Waterborn Swimming Club-JH		1:39.48
	46.92			1:39.48 (52.56)		

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Event 8 Women 45-49 100 LC Meter Breaststroke

WORLD record:	1:13.49	W	2009-09-17	MARZENA KULIS	ITA	
SAMS record:	1:19.08	S	2013-03-16	Heather Morris-Eyton (PE)		
	1:21.92			45-49 SAQT SAMS Colours 2017-18		
11 Bihl, Kate				47 Cape Town MSC-CP		1:24.14
	39.29			1:24.14 (44.85)		

Event 8 Women 50-54 100 LC Meter Breaststroke

WORLD record:	1:15.50	W	2012-06-11	MONICA CORO	ITA	
SAMS record:	1:24.05	S	2011-03-18	Cecilia Stanford (Oud)		
	1:25.57			50-54 SAQT SAMS Colours 2017-18		
--- Combrink, Kathy				54 Champion SCM-TS		DNF
	Swimmer did not finish					

Event 8 Women 55-59 100 LC Meter Breaststroke

WORLD record:	1:20.82	W	2016-05-27	PIA THULSTRUP	DEN	
SAMS record:	1:28.80	S	2017-02-26	Cecilia Stanford (Stb)	CPTW-WP	
	1:29.12			55-59 SAQT SAMS Colours 2017-18		
29 Verryn, Sabine				56 Coelacanth MSC-TS		1:40.22
	47.52			1:40.22 (52.70)		
44 Winfield, Melinda				56 Cape Town MSC-CP		1:46.90
	48.99			1:46.90 (57.91)		

Event 8 Women 60-64 100 LC Meter Breaststroke

WORLD record:	1:25.82	W	2016-04-15	DAGMAR FRESE	GER	
SAMS record:	1:37.39	S	2015-08-11	Sandra Reeves (Kaz)	DOLP-WP	
	1:34.23			60-64 SAQT SAMS Colours 2017-18		
27 Routledge, Viv				60 Cape Town MSC-CP		1:49.89
	52.13			1:49.89 (57.76)		

Event 8 Women 65-69 100 LC Meter Breaststroke

WORLD record:	1:32.66	W	2015-08-11	JANETTE JEFFREY	AUS	
SAMS record:	1:39.96	S	2017-03-18	Annette Thatcher (EL)	HIGH-KZ	
	1:40.29			65-69 SAQT SAMS Colours 2017-18		
12 Stojakovic, Dael				65 Waterborn Swimming Club-JH		1:47.36
	49.55			1:47.36 (57.81)		

Event 8 Women 80-84 100 LC Meter Breaststroke

WORLD record:	1:45.71	W	2015-06-14	SHOKO YONEZAWA	JPN	
SAMS record:	2:02.25	S	2017-01-22	Santa van Jaarsveld (Stb)	CPTW-WP	
	2:20.31			80-84 SAQT SAMS Colours 2017-18		
1 van Jaarsveld, Santa				80 Cape Town MSC-CP		1:57.56 S SAQT
	56.42			1:57.56 (1:01.14)		

Event 9 Women 35-39 400 LC Meter IM

WORLD record:	4:59.59	W	2012-06-16	HITOMI MATSUDA	JPN	
SAMS record:	5:31.13	S	2008-03-13	Rachelle Isakov (Dbn)		
	5:36.30			35-39 SAQT SAMS Colours 2017-18		
12 White, Simone				37 Cape Town MSC-CP		6:04.84
	35.27			1:17.85 (42.58)		2:06.09 (48.24)
	3:47.60 (53.93)			4:42.20 (54.60)		5:24.60 (42.40)
						2:53.67 (47.58)
						6:04.84 (40.24)

Event 9 Women 45-49 400 LC Meter IM

WORLD record:	5:13.85	W	2008-09-05	K.PIPES-NEILSEN	USA	
SAMS record:	5:39.29	S	2008-04-20	Cecilia Stanford (Per)		
	5:42.52			45-49 SAQT SAMS Colours 2017-18		
19 Bihl, Kate				47 Cape Town MSC-CP		6:31.81
	39.35			1:26.93 (47.58)		2:16.76 (49.83)
	4:03.30 (56.06)			4:59.91 (56.61)		5:46.90 (46.99)
						3:07.24 (50.48)
						6:31.81 (44.91)

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Event 9 Women 70-74 400 LC Meter IM

WORLD record:	6:54.30	W	2016-01-23	BRIGITTE MERTEN	GER	
SAMS record:	8:00.05	S	2015-03-20	Elsa Craig (Jhb)	BEST-EP	
	8:08.59			70-74 SAQT SAMS Colours 2017-18		
5	Craig, Elsa		72	Bay Eagle Swim Team-NM		8:07.39 SAQT
	55.61	1:59.62 (1:04.01)	3:05.25 (1:05.63)	4:06.42 (1:01.17)		
	5:16.55 (1:10.13)	6:25.40 (1:08.85)	7:17.73 (52.33)	8:07.39 (49.66)		

Event 10 Men 40-44 400 LC Meter IM

WORLD record:	4:43.00	W	2012-06-12	UWE VOLK	GER	
SAMS record:	5:12.29	S	2008-03-13	Julian Taylor (Dbn)		
	5:06.62			40-44 SAQT SAMS Colours 2017-18		
12	Gilchrist, Scott		40	Phoenix MSC-JH		5:30.23
	31.17	1:08.56 (37.39)	1:53.28 (44.72)	2:36.70 (43.42)		
	3:22.41 (45.71)	4:10.80 (48.39)	4:50.77 (39.97)	5:30.23 (39.46)		

Event 10 Men 65-69 400 LC Meter IM

WORLD record:	5:14.48	W	2016-08-18	RICK COLELLA	USA	
SAMS record:	6:00.61	S	2017-02-14	Tim Shead (CT)		
	6:27.84			65-69 SAQT SAMS Colours 2017-18		
16	van Lingen, Franco		68	Coelacanth MSC-TS		7:36.33
	52.31	1:55.53 (1:03.22)	2:58.05 (1:02.52)	3:59.13 (1:01.08)		
	4:58.29 (59.16)	5:58.00 (59.71)	6:50.18 (52.18)	7:36.33 (46.15)		
20	Sundelowitz, Selwyn		67	Coelacanth MSC-TS		7:58.16
	56.51	2:01.17 (1:04.66)	3:04.25 (1:03.08)	4:03.70 (59.45)		
	5:09.38 (1:05.68)	6:16.43 (1:07.05)	7:09.80 (53.37)	7:58.16 (48.36)		
24	van Heerden, Carel		67	Waterborn Swimming Club-JH		8:18.76
	57.65	2:05.80 (1:08.15)	3:10.80 (1:05.00)	4:19.39 (1:08.59)		
	5:24.51 (1:05.12)	6:28.83 (1:04.32)	7:27.50 (58.67)	8:18.76 (51.26)		

Event 10 Men 70-74 400 LC Meter IM

WORLD record:	5:57.81	W	2009-05-01	BARRY YOUNG	NZL	
SAMS record:	6:48.47	S	2008-04-20	David McLachlan (Per)		
	7:09.46			70-74 SAQT SAMS Colours 2017-18		
---	Mitchell, Tocher		70	Wahoo MSC-JH		NS

Event 10 Men 80-84 400 LC Meter IM

WORLD record:	7:12.63	W	2011-06-23	GIULIO DIVANO	ITA	
SAMS record:	8:01.87	S	2017-02-14	David McLachlan (CT)	CPTW-WP	
	9:55.70			80-84 SAQT SAMS Colours 2017-18		
1	McLachlan, Dave		80	Cape Town MSC-CP		7:46.50 S SAQT
	49.01	1:45.94 (56.93)	2:50.19 (1:04.25)	3:52.70 (1:02.51)		
	4:57.45 (1:04.75)	6:01.21 (1:03.76)	6:53.93 (52.72)	7:46.50 (52.57)		

Event 11 Women 30-34 200 LC Meter Freestyle

WORLD record:	2:04.05	W	2011-07-17	DAWN HECKMAN	USA	
SAMS record:	2:13.44	S	6-1998	W. Daniel (Cas)		
	2:15.30			30-34 SAQT SAMS Colours 2017-18		
17	Wolmarans, Lezandre		30	Cape Town MSC-CP		2:22.71
	33.40	1:09.25 (35.85)	1:46.26 (37.01)	2:22.71 (36.45)		

Event 11 Women 35-39 200 LC Meter Freestyle

WORLD record:	2:05.97	W	2016-07-09	ERIKA ERNDL	USA	
SAMS record:	2:15.79	S	2007-08-12	Amanda Picard (Hst)		
	2:16.36			35-39 SAQT SAMS Colours 2017-18		
5	Nurse, Kathryn		38	Cape Town MSC-CP		2:20.78
	32.38	1:07.55 (35.17)	1:44.02 (36.47)	2:20.78 (36.76)		

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WORLD record: 2:13.18 W 2013-08-08 JILL HERNANDEZ USA
SAMS record: 2:21.64 S 2012-06-12 Debbie Carroll (Ric)
 2:23.80 50-54 SAQT SAMS Colours 2017-18

62 Terblanche, Ingrid 52 Champion SCM-TS 3:09.05
 43.90 1:31.44 (47.54) 2:20.83 (49.39) 3:09.05 (48.22)

Event 11 Women 55-59 200 LC Meter Freestyle

WORLD record: 2:16.28 W 2009-08-06 LAURA VAL USA
SAMS record: 2:25.69 S 2016-02-21 Cecilia Stanford (Stb) CPTW-WP
 2:26.86 55-59 SAQT SAMS Colours 2017-18

5 Stanford, Cecilia 56 Cape Town MSC-CP 2:22.92 S SAQT
 34.08 1:10.64 (36.56) 1:47.04 (36.40) 2:22.92 (35.88)

42 du Rand, Dawn 58 Waterborn Swimming Club-JH 3:20.55
 43.98 1:35.81 (51.83) 2:28.87 (53.06) 3:20.55 (51.68)

Event 11 Women 60-64 200 LC Meter Freestyle

WORLD record: 2:21.48 W 2012-06-12 LAURA VAL USA
SAMS record: 2:29.54 S 2010-08-02 Sanderina Kruger (Got)
 2:38.68 60-64 SAQT SAMS Colours 2017-18

17 Reynecke, Pam 61 Champion SCM-TS 3:01.38
 41.15 1:27.66 (46.51) 2:15.08 (47.42) 3:01.38 (46.30)

Event 12 Men 45-49 200 LC Meter Freestyle

WORLD record: 1:57.75 W 2014-08-05 NICOLAS GRANGER FRA
SAMS record: 2:03.29 S 2014-08-05 Gary Albertyn (Mon) COEL-NT
 2:04.74 45-49 SAQT SAMS Colours 2017-18

52 Grobler, Francois 49 Waterborn Swimming Club-JH 2:28.67
 34.92 1:13.00 (38.08) 1:51.54 (38.54) 2:28.67 (37.13)

Event 12 Men 50-54 200 LC Meter Freestyle

WORLD record: 2:00.34 W 2007-08-13 DAN STEPHENSON USA
SAMS record: 2:08.91 S 10-1999 T. Downes (Per)
 2:09.18 50-54 SAQT SAMS Colours 2017-18

22 Kruger, Harald 50 Cape Town MSC-CP 2:15.86
 31.25 1:05.23 (33.98) 1:40.55 (35.32) 2:15.86 (35.31)

Event 12 Men 60-64 200 LC Meter Freestyle

WORLD record: 2:09.08 W 2016-08-06 JAMES RITTER USA
SAMS record: 2:17.01 S 2009-03-12 Terry Downes (EL)
 2:19.90 60-64 SAQT SAMS Colours 2017-18

7 Stevenson, Paul 61 Cape Town MSC-CP 2:23.19
 32.63 1:09.25 (36.62) 1:47.11 (37.86) 2:23.19 (36.08)

30 Garrun, Cliff 61 Phoenix MSC-JH 2:43.22
 37.45 1:19.11 (41.66) 2:02.15 (43.04) 2:43.22 (41.07)

50 Kloos, Rainer 62 Cape Town MSC-CP 2:57.39
 39.34 1:24.43 (45.09) 2:11.11 (46.68) 2:57.39 (46.28)

Event 12 Men 70-74 200 LC Meter Freestyle

WORLD record: 2:24.41 W 2014-08-15 DAVID QUIGGIN USA
SAMS record: 2:50.08 S 2-2007 David McLachlan (CT)
 2:39.95 70-74 SAQT SAMS Colours 2017-18

14 Larcombe, Peter 70 East Coast MSC-ET 3:12.73
 42.28 1:32.40 (50.12) 2:23.50 (51.10) 3:12.73 (49.23)

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Event 13 Women 25-29 50 LC Meter Butterfly

WORLD record:	27.10	W	2015-08-12	EMMA GAGE	GBR	
SAMS record:	27.55	S	2015-03-21	Elzanne Werth (Jhb)	PHOE-CG	
	28.79			25-29 SAQT SAMS Colours 2017-18		
68	Combrink, Melissa			25	Champion SCM-TS	34.54
72	Lehmann, Sandra			29	Coelacanth MSC-TS	34.95

Event 13 Women 30-34 50 LC Meter Butterfly

WORLD record:	27.48	W	2008-06-07	MARTINA MORAVCOVA	USA	
SAMS record:	29.82	S	2016-02-16	Rebecca Newson (Bel)	CPTW-WP	
	29.32			30-34 SAQT SAMS Colours 2017-18		
15	Wolmarans, Lezandre			30	Cape Town MSC-CP	30.79

Event 13 Women 40-44 50 LC Meter Butterfly

WORLD record:	28.36	W	2013-06-08	ERIKA BRAUN	USA	
SAMS record:	29.02	S	2010-03-20	Edith Ottermann (Pta)		
	30.46			40-44 SAQT SAMS Colours 2017-18		
13	Cadiz, Perry			41	Cape Town MSC-CP	32.01
44	Gannon, Leigh			44	Cape Town MSC-CP	35.89

Event 13 Women 45-49 50 LC Meter Butterfly

WORLD record:	28.97	W	2011-02-19	EDITH OTTERMANN	RSA	
SAMS record:	28.97	S	2011-02-19	Edith Ottermann (Pta)		
	30.79			45-49 SAQT SAMS Colours 2017-18		
19	Engela, Norelle			45	Cape Town MSC-CP	32.96

Event 13 Women 55-59 50 LC Meter Butterfly

WORLD record:	30.52	W	2016-07-10	LESLIE LIVINGSTON	USA	
SAMS record:	32.46	S	2012-06-12	Heather Campbell (Ric)		
	33.18			55-59 SAQT SAMS Colours 2017-18		
4	Stanford, Cecilia			56	Cape Town MSC-CP	33.15 SAQT
26	Verryn, Sabine			56	Coelacanth MSC-TS	38.13

Event 13 Women 60-64 50 LC Meter Butterfly

WORLD record:	32.27	W	2012-07-08	LAURA VAL	USA	
SAMS record:	34.74	S	2015-03-21	Heather Campbell (Jhb)	EACS-KZ	
	35.36			60-64 SAQT SAMS Colours 2017-18		
16	Routledge, Viv			60	Cape Town MSC-CP	39.73

Event 13 Women 70-74 50 LC Meter Butterfly

WORLD record:	36.36	W	2014-08-05	JUDY WILSON	GBR	
SAMS record:	41.23	S	2015-03-21	Elsa Craig (Jhb)	BEST-EP	
	45.21			70-74 SAQT SAMS Colours 2017-18		
3	Craig, Elsa			72	Bay Eagle Swim Team-NM	43.23 SAQT

Event 14 Men 45-49 50 LC Meter Butterfly

WORLD record:	25.65	W	2012-07-08	NICHOLAS DECKER	USA	
SAMS record:	26.57	S	2008-03-13	Gregg Price (Dbn)		
	27.06			45-49 SAQT SAMS Colours 2017-18		
20	Taylor, Robbie			48	Cape Town MSC-CP	28.62

Event 14 Men 50-54 50 LC Meter Butterfly

WORLD record:	25.88	W	2008-08-16	PAUL CARTER	USA	
SAMS record:	27.08	S	2015-08-12	Calvin Maughan (Kaz)	CPTW-WP	
	27.74			50-54 SAQT SAMS Colours 2017-18		
13	Ruck, Harald			52	Coelacanth MSC-TS	28.41
39	Kruger, Harald			50	Cape Town MSC-CP	29.60
48	Orton, Nick			54	Cape Town MSC-CP	30.55
---	Maughan, Calvin			53	Cape Town MSC-CP	NS

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Event 14 Men 60-64 50 LC Meter Butterfly

WORLD record: 27.92 W 2005-08-15 RICHARD ABRAHAMS USA
 SAMS record: 30.44 S 2015-08-12 Nigel Cones (Kaz) CPTW-WP
 29.83 60-64 SAQT SAMS Colours 2017-18

9 Roothman, Andre 63 Cape Town MSC-CP 30.89
 48 Kloos, Rainer 62 Cape Town MSC-CP 39.35

Event 14 Men 80-84 50 LC Meter Butterfly

WORLD record: 34.75 W 2016-07-03 HIROSHI MATSUMOTO JPN
 SAMS record: 43.58 S 2017-02-21 David McLachlan (CT) CPTW-WP
 45.50 80-84 SAQT SAMS Colours 2017-18

1 McLachlan, Dave 80 Cape Town MSC-CP 39.59 S SAQT

Event 15 Men 45-49 50 LC Meter Freestyle

WORLD record: 23.98 W 2014-07-05 VLADIMIR PREDKIN RUS
 SAMS record: 25.18 S 1994 T. Downes (Mon)
 25.26 45-49 SAQT SAMS Colours 2017-18

27 Taylor, Robbie 48 Cape Town MSC-CP 27.07
 99 Grobler, Francois 49 Waterborn Swimming Club-JH 30.19

Event 15 Men 50-54 50 LC Meter Freestyle

WORLD record: 24.08 W 2009-06-27 BRENT BARNES JPN
 SAMS record: 24.34 S 2015-03-21 Calvin Maughan (Jhb) CPTW-WP
 25.93 50-54 SAQT SAMS Colours 2017-18

1 Maughan, Calvin 53 Cape Town MSC-CP 25.36 SAQT
 6 Kruger, Harald 50 Cape Town MSC-CP 25.87 SAQT
 16 Ruck, Harald 52 Coelacanth MSC-TS 26.46
 19 McLeRoth, Greg 50 Cape Town MSC-CP 26.48
 60 Orton, Nick 54 Cape Town MSC-CP 28.30

Event 15 Men 60-64 50 LC Meter Freestyle

WORLD record: 25.23 W 2006-08-07 RICHARD ABRAHAMS USA
 SAMS record: 26.31 S 2015-03-17 Andre Steynberg (Dbn) WAHO-CG
 27.50 60-64 SAQT SAMS Colours 2017-18

1 Steynberg, Andre 61 Cape Town MSC-CP 27.17 SAQT
 9 Stevenson, Paul 61 Cape Town MSC-CP 28.38
 14 Roothman, Andre 63 Cape Town MSC-CP 28.76
 38 Winfield, Mike 62 Cape Town MSC-CP 30.34
 45 Garrun, Cliff 61 Phoenix MSC-JH 31.02
 48 Kloos, Rainer 62 Cape Town MSC-CP 31.53

Event 15 Men 70-74 50 LC Meter Freestyle

WORLD record: 27.71 W 2015-08-07 RICHARD ABRAHAMS USA
 SAMS record: 31.34 S 2017-02-26 Doug Wilson (Stb) CPTW-WP
 30.44 70-74 SAQT SAMS Colours 2017-18

7 du Toit, Francois 70 Cape Town MSC-CP 31.91

Event 16 Women 25-29 50 LC Meter Freestyle

WORLD record: 25.42 W 2004-02-15 ANNABEL KOSTEN NED
 SAMS record: 27.25 S 2015-03-18 Lehesta Kemp (Jhb) PLAM-NT
 27.17 25-29 SAQT SAMS Colours 2017-18

--- Lehmann, Sandra 29 Coelacanth MSC-TS DNF
 Swimmer did not finish

Event 16 Women 30-34 50 LC Meter Freestyle

WORLD record: 25.74 W 2008-06-06 MARTINA MORAVCOVA USA
 SAMS record: 27.99 S 2015-03-18 Thilde Victor (Jhb) ETSM-ES
 27.79 30-34 SAQT SAMS Colours 2017-18

7 Wolmarans, Lezandre 30 Cape Town MSC-CP 28.02

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Event 16 Women 35-39 50 LC Meter Freestyle

WORLD record:	25.98	W	2006-08-08	DARA TORRES	USA	
SAMS record:	26.53	S	6-2004	Edith Ottermann (Ric)		
	28.07			35-39 SAQT SAMS Colours 2017-18		
---	Garnett-Bennet, Louise		39	Champion SCM-TS		DNF
	Swimmer did not finish					

Event 16 Women 40-44 50 LC Meter Freestyle

WORLD record:	26.44	W	2009-11-07	EDITH OTTERMANN	RSA	
SAMS record:	26.44	S	2009-11-07	Edith Ottermann (Pta)		
	28.01			40-44 SAQT SAMS Colours 2017-18		
7	Cadiz, Perry		41	Cape Town MSC-CP		28.54
41	Gannon, Leigh		44	Cape Town MSC-CP		31.73

Event 16 Women 45-49 50 LC Meter Freestyle

WORLD record:	26.59	W	2011-03-16	EDITH OTTERMANN	RSA	
SAMS record:	26.59	S	2011-03-16	Edith Ottermann (Oud)		
	28.36			45-49 SAQT SAMS Colours 2017-18		
18	Engela, Norelle		45	Cape Town MSC-CP		30.28

Event 16 Women 55-59 50 LC Meter Freestyle

WORLD record:	28.69	W	2008-08-17	LAURA VAL	USA	
SAMS record:	30.56	S	2016-02-21	Cecilia Stanford (Stb)	CPTW-WP	
	30.49			55-59 SAQT SAMS Colours 2017-18		
8	Verryn, Sabine		56	Coelacanth MSC-TS		31.50
42	Winfield, Melinda		56	Cape Town MSC-CP		37.25
61	du Rand, Dawn		58	Waterborn Swimming Club-JH		41.43

Event 16 Women 60-64 50 LC Meter Freestyle

WORLD record:	29.31	W	2011-08-06	LAURA VAL	USA	
SAMS record:	30.19	S	2011-03-16	Sanderina Kruger (Oud)		
	31.92			60-64 SAQT SAMS Colours 2017-18		
21	Routledge, Viv		60	Cape Town MSC-CP		34.42
24	Reynecke, Pam		61	Champion SCM-TS		34.73

Event 16 Women 70-74 50 LC Meter Freestyle

WORLD record:	33.52	W	2016-08-19	DIANN UUSTAL	USA	
SAMS record:	35.39	S	2016-03-17	Anne Jones (Dbn)	PHOE-CG	
	35.39			70-74 SAQT SAMS Colours 2017-18		
10	Craig, Elsa		72	Bay Eagle Swim Team-NM		38.87

Event 16 Women 80-84 50 LC Meter Freestyle

WORLD record:	37.61	W	2012-05-05	JANE ASHER	GBR	
SAMS record:	44.44	S	2017-03-15	Santa van Jaarsveld (EL)	CPTW-WP	
	44.59			80-84 SAQT SAMS Colours 2017-18		
4	van Jaarsveld, Santa		80	Cape Town MSC-CP		43.04 S SAQT

Event 16 Women 90-94 50 LC Meter Freestyle

WORLD record:	49.68	W	2013-06-01	OLGA KOKORINA	RUS	
SAMS record:	1:15.41	S	2015-11-21	Kascha Kloos (Str)	CPTW-WP	
	1:11.96			90-94 SAQT SAMS Colours 2017-18		
3	Kloos, Kascha		92	Cape Town MSC-CP		1:19.99

Event 17 Men 40-44 200 LC Meter IM

WORLD record:	2:10.63	W	2009-06-25	ALBERTO MONTINI	ITA	
SAMS record:	2:23.99	S	1993	T. Shead (Dbn)		
	2:19.90			40-44 SAQT SAMS Colours 2017-18		
37	Gilchrist, Scott		40	Phoenix MSC-JH		2:32.52
	30.79		1:10.94 (40.15)	1:55.95 (45.01)		2:32.52 (36.57)

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Event 17 Men 50-54 200 LC Meter IM

WORLD record: 2:18.05 W 2009-07-25 JAMIE FOWLER USA
SAMS record: 2:27.95 S 6-2004 Tim Shead (Ric)
 2:27.21 50-54 SAQT SAMS Colours 2017-18

17 Kruger, Harald 50 Cape Town MSC-CP 2:35.97
 32.20 1:14.59 (42.39) 1:59.63 (45.04) 2:35.97 (36.34)

Event 17 Men 65-69 200 LC Meter IM

WORLD record: 2:25.22 W 2016-08-19 RICK COLELLA USA
SAMS record: 2:39.57 S 2017-03-17 Tim Shead (EL) CPTW-WP
 2:53.77 65-69 SAQT SAMS Colours 2017-18

1 Shead, Tim 65 Cape Town MSC-CP 2:35.93 S SAQT
 33.62 1:14.70 (41.08) 1:58.50 (43.80) 2:35.93 (37.43)

29 van Lingen, Franco 68 Coelacanth MSC-TS 3:29.91
 45.13 1:46.82 (1:01.69) 2:43.92 (57.10) 3:29.91 (45.99)

Event 17 Men 80-84 200 LC Meter IM

WORLD record: 3:27.46 W 2016-03-12 JOHN COCKS AUS
SAMS record: 3:44.51 S 2017-03-17 Dave McLachlan (EL) CPTW-WP
 4:12.96 80-84 SAQT SAMS Colours 2017-18

3 McLachlan, Dave 80 Cape Town MSC-CP 3:36.18 S SAQT
 47.83 1:46.12 (58.29) 2:46.72 (1:00.60) 3:36.18 (49.46)

Event 18 Women 30-34 200 LC Meter IM

WORLD record: 2:13.89 W 2009-07-07 ERIKA ERNDL USA
SAMS record: 2:34.61 S 2017-03-17 Tarryn Stanford (EL) CPTW-WP
 2:31.18 30-34 SAQT SAMS Colours 2017-18

21 Wolmarans, Lezandre 30 Cape Town MSC-CP 2:44.63
 33.10 1:16.93 (43.83) 2:04.86 (47.93) 2:44.63 (39.77)

Event 18 Women 35-39 200 LC Meter IM

WORLD record: 2:21.47 W 2012-01-14 HITOMI MATSUDA JPN
SAMS record: 2:35.71 S 2008-03-15 Rachele Isakov (Dbn)
 2:35.38 35-39 SAQT SAMS Colours 2017-18

20 White, Simone 37 Cape Town MSC-CP 2:46.03
 33.33 1:15.94 (42.61) 2:06.83 (50.89) 2:46.03 (39.20)

Event 18 Women 40-44 200 LC Meter IM

WORLD record: 2:25.03 W 2007-08-05 S.VON DER LIPPE USA
SAMS record: 2:33.72 S 3-2004 Bev McCarney (EL)
 2:37.02 40-44 SAQT SAMS Colours 2017-18

47 van Wyk, Melanie 40 Cape Town MSC-CP 3:14.36
 39.96 1:39.04 (59.08) 2:29.47 (50.43) 3:14.36 (44.89)

--- Gannon, Leigh 44 Cape Town MSC-CP NS

Event 18 Women 55-59 200 LC Meter IM

WORLD record: 2:38.74 W 2015-07-26 JILL HERNENDEZ USA
SAMS record: 2:42.29 S 2016-03-17 Cecilia Stanford (Dbn) CPTW-WP
 2:54.27 55-59 SAQT SAMS Colours 2017-18

1 Stanford, Cecilia 56 Cape Town MSC-CP 2:44.90 SAQT
 33.96 1:16.96 (43.00) 2:06.86 (49.90) 2:44.90 (38.04)

Event 18 Women 60-64 200 LC Meter IM

WORLD record: 2:47.99 W 2013-07-14 LAURA VAL USA
SAMS record: 3:16.71 S 2016-02-21 Therese Sharkey (Stb) WINE-WP
 3:04.08 60-64 SAQT SAMS Colours 2017-18

11 Routledge, Viv 60 Cape Town MSC-CP 3:22.16
 42.83 1:38.91 (56.08) 2:38.68 (59.77) 3:22.16 (43.48)

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Event 18 Women 70-74 200 LC Meter IM

WORLD record:	3:13.19	W	2008-06-21	YOSHIKO OSAKI	JPN	
SAMS record:	3:40.82	S	2016-03-17	Elsa Craig (Dbn)	BEST-EP	
	3:49.03			70-74 SAQT SAMS Colours 2017-18		
4	Craig, Elsa			72 Bay Eagle Swim Team-NM		3:45.93 SAQT
	50.28		1:50.71 (1:00.43)	2:58.69 (1:07.98)		3:45.93 (47.24)

Event 19 Men 35-39 100 LC Meter Butterfly

WORLD record:	55.35	W	2015-08-13	I. STEFAN GHERGHEL	ROU	
SAMS record:	1:00.61	S	1993	P. Blackbeard (Ham)		
	58.41			35-39 SAQT SAMS Colours 2017-18		
34	Dahlmann, Sven			37 East Coast MSC-ET		1:06.29
	30.61		1:06.29 (35.68)			

Event 19 Men 40-44 100 LC Meter Butterfly

WORLD record:	56.17	W	2011-09-06	SERKAN ATASAY	TUR	
SAMS record:	1:01.95	S	6-2006	Alex Skinner (Man)		
	59.42			40-44 SAQT SAMS Colours 2017-18		
34	Gilchrist, Scott			40 Phoenix MSC-JH		1:08.71
	31.08		1:08.71 (37.63)			

Event 19 Men 45-49 100 LC Meter Butterfly

WORLD record:	56.85	W	2002-08-11	PAUL CARTER	USA	
SAMS record:	1:01.00	S	2008-03-15	Gregg Price (Dbn)		
	1:00.49			45-49 SAQT SAMS Colours 2017-18		
4	Taylor, Robbie			48 Cape Town MSC-CP		1:02.61
	28.85		1:02.61 (33.76)			

Event 19 Men 60-64 100 LC Meter Butterfly

WORLD record:	1:03.03	W	2005-08-15	RICHARD ABRAHAMS	USA	
SAMS record:	1:05.78	S	2016-03-17	Andre Steynberg (Dbn)	WAHO-CG	
	1:09.82			60-64 SAQT SAMS Colours 2017-18		
2	Roothman, Andre			63 Cape Town MSC-CP		1:09.89
	32.79		1:09.89 (37.10)			
3	Steynberg, Andre			61 Cape Town MSC-CP		1:10.85
	30.60		1:10.85 (40.25)			

Event 19 Men 70-74 100 LC Meter Butterfly

WORLD record:	1:12.66	W	2015-08-07	RICHARD ABRAHAMS	USA	
SAMS record:	1:28.67	S	2007-03-17	David McLachlan (Sas)		
	1:23.94			70-74 SAQT SAMS Colours 2017-18		
---	Larcombe, Peter			70 East Coast MSC-ET		NS

Event 19 Men 80-84 100 LC Meter Butterfly

WORLD record:	1:29.39	W	2011-03-06	DIVANO GIULIO	ITA	
SAMS record:	1:45.54	S	2017-03-18	Dave McLachlan (EL)	CPTW-WP	
	2:08.69			80-84 SAQT SAMS Colours 2017-18		
1	McLachlan, Dave			80 Cape Town MSC-CP		1:40.42 S SAQT
	46.74		1:40.42 (53.68)			

Event 20 Women 35-39 100 LC Meter Butterfly

WORLD record:	1:02.44	W	2009-03-19	LYNNE HAYES	AUS	
SAMS record:	1:07.37	S	2008-03-15	Rachelle Isakov (Dbn)		
	1:08.95			35-39 SAQT SAMS Colours 2017-18		
9	Nurse, Kathryn			38 Cape Town MSC-CP		1:09.77
	33.00		1:09.77 (36.77)			
17	White, Simone			37 Cape Town MSC-CP		1:14.78
	33.99		1:14.78 (40.79)			

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Event 20 Women 55-59 100 LC Meter Butterfly

WORLD record: 1:09.47 W 2009-08-09 LAURA VAL USA
SAMS record: 1:13.01 S 2016-03-17 Cecilia Stanford (Dbn) CPTW-WP
 1:18.73 55-59 SAQT SAMS Colours 2017-18
 1 Stanford, Cecilia 56 Cape Town MSC-CP 1:13.60 SAQT
 35.80 1:13.60 (37.80)

Event 21 Women 160-199 4x50 LC Meter Freestyle Relay

WORLD record: 1:48.44 W 2006-08-08 TEAM TYR -USA
 S HART, C SAPPEY, A PETTIS-SCOTT, S VON DER LIPPE
SAMS record: 1:57.63 S 2013-03-15 Cape Town (PE)
 M Strauss, L Gannon, P Cadiz, E Ottermann
 5 Cape Town MSC-CP A 1:57.70
 1) Cadiz, Perry W41 2) Engela, Norelle W45 3) Gannon, Leigh W44 4) Wolmarans, Lezandre W30
 28.47 58.44 (29.97) 1:30.06 (31.62) 1:57.70 (27.64)
 23 Champion SCM-TS B 2:21.46
 1) Garnett-Bennet, Louise W39 2) Reynecke, Pam W61 3) Terblanche, Ingrid W52 4) Combrink, Melissa W25
 36.33 1:10.91 (34.58) 1:50.77 (39.86) 2:21.46 (30.69)

Event 22 Men 200-239 4x50 LC Meter Freestyle Relay

WORLD record: 1:38.24 W 2006-08-08 COLORADO -USA
 J GROSELLE, T HEDRICK, S WOOD, R ABRAHAMS
SAMS record: 1:46.35 S 2016-03-17 Cape Town (Dbn) CPTW-WP
 C Maughan, N Cones, G Fiser, G McLeRoth
 1 Cape Town MSC-CP B 1:41.28 S
 1) Maughan, Calvin M53 2) Taylor, Robbie M48 3) McLeRoth, Greg M50 4) Kruger, Harald M50
 25.14 50.89 (25.75) 1:16.17 (25.28) 1:41.28 (25.11)

Event 22 Men 240-279 4x50 LC Meter Freestyle Relay

WORLD record: 1:42.40 W 2016-08-19 SARASOTA Y SHARKS -USA
 S WOOD, D MARTIN, T HEDRICK, J GROSELLE
SAMS record: 1:54.84 S 2015-08-14 Cape Town (Kaz) CPTW-WP
 T Shead, N Hendricks, M Winfield, N Cones
 1 Cape Town MSC-CP A 1:49.16 S
 1) Shead, Tim M65 2) Steynberg, Andre M61 3) Roothman, Andre M63 4) Fiser, Graeme M51
 28.14 54.74 (26.60) 1:22.32 (27.58) 1:49.16 (26.84)

Event 23 Women 160-199 4x50 LC Meter Medley Relay

WORLD record: 2:04.75 W 2006-08-08 TEAM TYR -USA
 J STEIN, S VON DER LIPPE, B CLEARY, C SAPPEY
SAMS record: 2:15.40 S 2016-03-19 Cape Town (Dbn) CPTW-WP
 N Engela, B van Breda, K Nurse, P Cadiz
 3 Cape Town MSC-CP C 2:14.00 S
 1) Engela, Norelle W45 2) Bihl, Kate W47 3) Nurse, Kathryn W38 4) Wolmarans, Lezandre W30
 35.05 1:14.58 (39.53) 1:46.24 (31.66) 2:14.00 (27.76)
 29 Champion SCM-TS A 2:47.51
 1) Reynecke, Pam W61 2) Combrink, Kathy W54 3) Combrink, Melissa W25 4) Garnett-Bennet, Louise W39
 44.10 1:38.70 (54.60) 2:11.89 (33.19) 2:47.51 (35.62)

Event 24 Men 200-239 4x50 LC Meter Medley Relay

WORLD record: 1:50.83 W 2006-08-08 COLORADO -USA
 S WOOD, J GROSELLE, T HEDRICK, R ABRAHAMS
SAMS record: 1:56.13 S 2008-04-22 Cape Town (Per)
 M Rudolph, T Shead, P Blackbeard, G Price
 7 Cape Town MSC-CP C 1:57.86
 1) McLeRoth, Greg M50 2) Kruger, Harald M50 3) Taylor, Robbie M48 4) Maughan, Calvin M53
 32.13 1:04.86 (32.73) 1:32.80 (27.94) 1:57.86 (25.06)

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Event 24 Men 240-279 4x50 LC Meter Medley Relay

WORLD record:	1:57.46	W	2016-08-21	SARASOTA Y SHARKS	-USA		
				S WOOD, J GROSELLE, T HEDRICK, D MARTIN			
SAMS record:	2:07.28	S	2015-08-14	Cape Town (Kaz)	CPTW-WP		
				M Winfield, T Shead, N Cones, N Hendricks			
1	Cape Town MSC-CP			C			2:01.52 S
	1) Steynberg, Andre M61		2) Fiser, Graeme M51	3) Roothman, Andre M63	4) Shead, Tim M65		
	31.31		1:04.25 (32.94)	1:34.42 (30.17)	2:01.52 (27.10)		
8	Cape Town MSC-CP			D			2:13.02
	1) Winfield, Mike M62		2) du Toit, Francois M70	3) Orton, Nick M54	4) Stevenson, Paul M61		
	34.10		1:14.58 (40.48)	1:45.02 (30.44)	2:13.02 (28.00)		

Event 25 Mixed 160-199 4x50 LC Meter Freestyle Relay

WORLD record:	1:42.27	W	2006-08-08	TEAM TYR	-USA		
				J SMITH, R SAEGER, C SAPPEY, S HART			
SAMS record:	1:46.43	S	2008-04-22	Cape Town (Per)			
				E Ottermann, J vd Merwe, R Isakov, G Price			
6	Cape Town MSC-CP			D			1:49.78
	1) Fiser, Graeme M51		2) Nurse, Kathryn W38	3) Taylor, Robbie M48	4) Wolmarans, Lezandre W30		
	27.04		56.37 (29.33)	1:22.62 (26.25)	1:49.78 (27.16)		

Event 25 Mixed 200-239 4x50 LC Meter Freestyle Relay

WORLD record:	1:44.96	W	2006-08-08	COLORADO	-USA		
				T HEDRICK, K CROUCH, K GARNIER, R ABRAHAMAS			
SAMS record:	1:50.00	S	2014-08-07	Cape Town (Mon)			
				S Kruger, H Kruger, P Cadiz, C Maughan			
2	Cape Town MSC-CP			E			1:48.34 S
	1) Maughan, Calvin M53		2) Cadiz, Perry W41	3) Stanford, Cecilia W56	4) Kruger, Harald M50		
	25.08		52.74 (27.66)	1:23.15 (30.41)	1:48.34 (25.19)		
9	Cape Town MSC-CP			A			1:54.39
	1) McLeRoth, Greg M50		2) Engela, Norelle W45	3) Gannon, Leigh W44	4) Steynberg, Andre M61		
	25.98		56.00 (30.02)	1:27.84 (31.84)	1:54.39 (26.55)		

Event 25 Mixed 240-279 4x50 LC Meter Freestyle Relay

WORLD record:	1:54.54	W	2016-08-20	SARASOTA Y SHARKS	-USA		
				D MARTIN, J GROSELLE, N KRYKA, L KIRKPATRICK			
SAMS record:	1:55.19	S	2015-08-14	Cape Town (Kaz)	CPTW-WP		
				C Maughan, S Kruger, D Coetzee, T Shead			
7	Cape Town MSC-CP			B			2:08.86
	1) Stevenson, Paul M61		2) Routledge, Viv W60	3) Winfield, Melinda W56	4) Roothman, Andre M63		
	28.20		1:01.76 (33.56)	1:40.30 (38.54)	2:08.86 (28.56)		

Event 25 Mixed 320-359 4x50 LC Meter Freestyle Relay

WORLD record:	2:35.97	W	2016-08-20	OREGON MASTERS	-USA		
				R KAY, W LAMB, B FRID, D RADCLIFF			
SAMS record:	4:11.88	S	2013-03-16	Coelacanth (PE)			
				A Beukes, G Wallace, V Grobler, M Grobler			
1	Cape Town MSC-CP			A			3:07.48 S
	1) du Toit, Francois M70		2) van Jaarsveld, Santa W80	3) Kloos, Kascha W92	4) McLachlan, Dave M80		
	32.57		1:15.06 (42.49)	2:30.19 (1:15.13)	3:07.48 (37.29)		

Event 26 Mixed 160-199 4x50 LC Meter Medley Relay

WORLD record:	1:55.32	W	2015-08-14	NEVA STARS	-RUS		
				V PREDKIN, P LEBEDEV, A POLIAKOVA, O POZDNIKOVA			
SAMS record:	1:58.66	S	2008-04-22	Cape Town (Per)			
				P Cadiz, J vd Merwe, G Price, E Ottermann			
10	Cape Town MSC-CP			E			2:03.42
	1) White, Simone W37		2) Fiser, Graeme M51	3) Taylor, Robbie M48	4) Wolmarans, Lezandre W30		
	34.82		1:08.15 (33.33)	1:36.25 (28.10)	2:03.42 (27.17)		

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(Event 26 Mixed 160-199 4x50 LC Meter Medley Relay)

44	Cape Town MSC-CP	B			2:22.97
	1) Bihl, Kate W47	2) Gilbert, Oliver M47	3) Kloos, Rainer M62	4) van Wyk, Melanie W40	
	37.38	1:11.43 (34.05)	1:50.49 (39.06)	2:22.97 (32.48)	

Event 26 Mixed 200-239 4x50 LC Meter Medley Relay

WORLD record: 2:01.98 W 2016-08-20 OREGON MASTERS -USA
V JENKINS, K GROTE, G DUUS, K ANDRUS-HUGHES

SAMS record: 2:05.39 S 2014-08-07 Cape Town (Mon)
P Cadiz, H Kruger, C Maughan, S Kruger

5	Cape Town MSC-CP	D			2:04.25 S
	1) Steynberg, Andre M61	2) Kruger, Harald M50	3) Stanford, Cecilia W56	4) Cadiz, Perry W41	
	31.43	1:03.94 (32.51)	1:36.51 (32.57)	2:04.25 (27.74)	
9	Cape Town MSC-CP	F			2:07.89
	1) Orton, Nick M54	2) Shead, Tim M65	3) Nurse, Kathryn W38	4) Engela, Norelle W45	
	32.77	1:06.69 (33.92)	1:38.25 (31.56)	2:07.89 (29.64)	

Event 26 Mixed 280-319 4x50 LC Meter Medley Relay

WORLD record: 2:21.20 W 2015-08-09 TAMALPAIS AQUATIC MASTERS-USA
L VAL, K FROST, R BURNS, N RIDOUT

SAMS record: 2:47.77 S 2017-03-15 Cape Town (EL) CPTW-WP
D Coetzee, S van Jaarsveld, D McLachlan, T Tozer

5	Cape Town MSC-CP	A			2:42.67 S
	1) Winfield, Mike M62	2) van Jaarsveld, Santa W80	3) McLachlan, Dave M80	4) Routledge, Viv W60	
	34.40	1:28.56 (54.16)	2:08.53 (39.97)	2:42.67 (34.14)	

Event 27 Women 40-44 200 LC Meter Breaststroke

WORLD record: 2:38.44 W 2006-08-09 S.VON DER LIPPE USA

SAMS record: 2:40.76 S 2010-08-05 Heather Morris-Eyton (Got)
2:58.82 40-44 SAQT SAMS Colours 2017-18

22	van Wyk, Melanie	40	Cape Town MSC-CP		3:20.55
	46.28	1:37.04 (50.76)	2:27.50 (50.46)	3:20.55 (53.05)	
32	Naude, Nina	44	Waterborn Swimming Club-JH		3:32.46
	48.32	1:43.02 (54.70)	2:38.72 (55.70)	3:32.46 (53.74)	

Event 27 Women 50-54 200 LC Meter Breaststroke

WORLD record: 2:50.92 W 2012-06-15 MONICA CORO ITA

SAMS record: 3:06.63 S 2014-08-08 Annemarie Dressler (Mon) COEL-NT
3:07.80 50-54 SAQT SAMS Colours 2017-18

---	Combrink, Kathy	54	Champion SCM-TS		NS
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Event 27 Women 65-69 200 LC Meter Breaststroke

WORLD record: 3:19.76 W 2016-04-23 JANETTE JEFFREY AUS

SAMS record: 3:43.13 S 2017-03-16 Annette Thatcher (EL) HIGH-KZ
3:43.56 65-69 SAQT SAMS Colours 2017-18

9	Stojakovic, Dael	65	Waterborn Swimming Club-JH		3:52.64
	52.38	1:51.49 (59.11)	2:53.36 (1:01.87)	3:52.64 (59.28)	

Event 27 Women 80-84 200 LC Meter Breaststroke

WORLD record: 3:59.60 W 2015-06-21 MASAYO AZUMA JPN

SAMS record: 4:19.55 S 2017-03-16 Santa van Jaarsveld (EL) CPTW-WP
5:17.51 80-84 SAQT SAMS Colours 2017-18

1	van Jaarsveld, Santa	80	Cape Town MSC-CP		4:09.40 S SAQT
	55.74	1:58.70 (1:02.96)	3:04.39 (1:05.69)	4:09.40 (1:05.01)	

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Event 28 Men 45-49 200 LC Meter Breaststroke

WORLD record:	2:24.32	W	2016-05-07	VLADISLAV BRAGIN	CZE	
SAMS record:	2:36.91	S	2014-08-08	Graeme Fiser (Mon)	CPTW-WP	
	2:38.99			45-49 SAQT SAMS Colours 2017-18		
20	Gilbert, Oliver			47 Cape Town MSC-CP		2:52.41
	38.99		1:23.28 (44.29)	2:09.46 (46.18)		2:52.41 (42.95)

Event 28 Men 50-54 200 LC Meter Breaststroke

WORLD record:	2:27.91	W	2013-07-31	DAVID GUTHRIE	USA	
SAMS record:	2:39.53	S	2016-03-18	Graeme Fiser (Dbn)	CPTW-WP	
	2:43.90			50-54 SAQT SAMS Colours 2017-18		
6	Fiser, Graeme			51 Cape Town MSC-CP		2:40.17 SAQT
	34.98		1:15.04 (40.06)	1:56.60 (41.56)		2:40.17 (43.57)

Event 28 Men 65-69 200 LC Meter Breaststroke

WORLD record:	2:41.54	W	2016-08-21	RICK COLELLA	USA	
SAMS record:	2:59.11	S	2017-03-16	Tim Shead (EL)	CPTW-WP	
	3:13.89			65-69 SAQT SAMS Colours 2017-18		
23	van Heerden, Carel			67 Waterborn Swimming Club-JH		3:42.50
	50.74		1:48.40 (57.66)	2:45.90 (57.50)		3:42.50 (56.60)
28	van Lingen, Franco			68 Coelacanth MSC-TS		3:49.25
	49.76		1:48.07 (58.31)	2:49.14 (1:01.07)		3:49.25 (1:00.11)

Event 28 Men 70-74 200 LC Meter Breaststroke

WORLD record:	3:04.79	W	2009-03-14	MICHAEL MALONEY	AUS	
SAMS record:	3:34.81	S	2-2007	David McLachlan (CT)		
	3:23.21			70-74 SAQT SAMS Colours 2017-18		
8	du Toit, Francois			70 Cape Town MSC-CP		3:32.39 S
	47.10		1:42.96 (55.86)	2:39.09 (56.13)		3:32.39 (53.30)

Event 29 Women 25-29 100 LC Meter Backstroke

WORLD record:	1:03.26	W	2014-10-19	YURIE OGA	JPN	
SAMS record:	1:07.78	S	3-2000	M. Kriel (CT)		
	1:08.67			25-29 SAQT SAMS Colours 2017-18		
33	Combrink, Melissa			25 Champion SCM-TS		1:16.98
	36.55		1:16.98 (40.43)			

Event 29 Women 35-39 100 LC Meter Backstroke

WORLD record:	1:02.24	W	2016-08-20	NORIKO INADA	USA	
SAMS record:	1:08.11	S	2006-08-09	Marianne Kriel (San)		
	1:11.05			35-39 SAQT SAMS Colours 2017-18		
16	White, Simone			37 Cape Town MSC-CP		1:16.60
	36.95		1:16.60 (39.65)			

Event 29 Women 40-44 100 LC Meter Backstroke

WORLD record:	1:06.67	W	2015-10-25	RAAKEL LUOTO	FIN	
SAMS record:	1:11.54	S	3-2005	Bev McCarney (Grm)		
	1:12.28			40-44 SAQT SAMS Colours 2017-18		
5	Cadiz, Perry			41 Cape Town MSC-CP		1:13.18
	34.78		1:13.18 (38.40)			

Event 29 Women 45-49 100 LC Meter Backstroke

WORLD record:	1:07.31	W	2016-08-20	CINDY MABEE	CAN	
SAMS record:	1:14.92	S	2006-08-09	Cecilia Stanford (San)		
	1:13.80			45-49 SAQT SAMS Colours 2017-18		
9	Engela, Norelle			45 Cape Town MSC-CP		1:16.97
	35.68		1:16.97 (41.29)			
17	Bihl, Kate			47 Cape Town MSC-CP		1:22.91
	38.97		1:22.91 (43.94)			

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Event 29 Women 60-64 100 LC Meter Backstroke

WORLD record:	1:14.76	W	2015-08-09	LAURA VAL	USA	
SAMS record:	1:19.41	S	2016-02-27	Di Coetzee (CT)	CPTW-WP	
	1:24.65			60-64 SAQT SAMS Colours 2017-18		
13	Reynecke, Pam			61	Champion SCM-TS	1:34.42
	46.94			1:34.42	(47.48)	

Event 30 Men 35-39 100 LC Meter Backstroke

WORLD record:	58.86	W	2015-08-15	I. STEFAN GHERGHEL	ROU	
SAMS record:	1:00.07	S	2012-06-15	Simon Thirsk (Ric)		
	1:01.81			35-39 SAQT SAMS Colours 2017-18		
26	Dahlmann, Sven			37	East Coast MSC-ET	1:09.22
	34.14			1:09.22	(35.08)	

Event 30 Men 50-54 100 LC Meter Backstroke

WORLD record:	1:01.89	W	2011-08-06	STEVE WOOD	USA	
SAMS record:	1:07.76	S	2016-03-18	Harald Ruck (Dbn)	COEL-NT	
	1:07.40			50-54 SAQT SAMS Colours 2017-18		
10	Ruck, Harald			52	Coelacanth MSC-TS	1:09.75
	32.55			1:09.75	(37.20)	
14	McLeRoth, Greg			50	Cape Town MSC-CP	1:11.41
	34.87			1:11.41	(36.54)	
25	Orton, Nick			54	Cape Town MSC-CP	1:13.85
	35.29			1:13.85	(38.56)	

Event 30 Men 60-64 100 LC Meter Backstroke

WORLD record:	1:07.85	W	2016-07-31	TOM BARTON	USA	
SAMS record:	1:08.86	S	2016-03-18	Andre Steynberg (Dbn)	WAHO-NT	
	1:13.87			60-64 SAQT SAMS Colours 2017-18		
4	Steynberg, Andre			61	Cape Town MSC-CP	1:11.58 SAQT
	35.24			1:11.58	(36.34)	
13	Winfield, Mike			62	Cape Town MSC-CP	1:18.80
	36.33			1:18.80	(42.47)	

Event 30 Men 65-69 100 LC Meter Backstroke

WORLD record:	1:09.79	W	2012-07-08	HUGH WILDER	USA	
SAMS record:	1:14.44	S	2017-03-16	Tim Shead (EL)	CPTW-WP	
	1:19.02			65-69 SAQT SAMS Colours 2017-18		
1	Shead, Tim			65	Cape Town MSC-CP	1:12.57 S SAQT
	35.05			1:12.57	(37.52)	

Event 31 Women 35-39 200 LC Meter Butterfly

WORLD record:	2:20.21	W	1997-08-10	K. PIPES-NEILSEN	USA	
SAMS record:	2:33.00	S	2008-03-14	Rachelle Isakov (Dbn)		
	2:36.49			35-39 SAQT SAMS Colours 2017-18		
10	Nurse, Kathryn			38	Cape Town MSC-CP	2:44.40
	35.66			1:16.45	(40.79)	1:59.55 (43.10)
				2:44.40	(44.85)	

Event 32 Men 35-39 200 LC Meter Butterfly

WORLD record:	2:04.76	W	2015-08-01	BRENT CREAGER	USA	
SAMS record:	2:26.33	S	1990	N. Cones (Rio)		
	2:15.68			35-39 SAQT SAMS Colours 2017-18		
19	Dahlmann, Sven			37	East Coast MSC-ET	2:40.33
	35.98			1:16.66	(40.68)	1:57.91 (41.25)
				2:40.33	(42.42)	

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Event 32 Men 40-44 200 LC Meter Butterfly

WORLD record:	2:05.55	W	2004-07-11	DENNIS BAKER	USA	
SAMS record:	2:30.89	S	2015-03-20	Rowan Wittels (Jhb)	WAHO-CG	
	2:17.98			40-44 SAQT SAMS Colours 2017-18		
15 Gilchrist, Scott				40 Phoenix MSC-JH		2:36.31
	32.73		1:10.58 (37.85)	1:52.83 (42.25)		2:36.31 (43.48)

Event 32 Men 45-49 200 LC Meter Butterfly

WORLD record:	2:06.94	W	2006-08-09	DENNIS BAKER	USA	
SAMS record:	2:27.10	S	6-2004	Alan Blades (Ric)		
	2:21.61			45-49 SAQT SAMS Colours 2017-18		
--- Taylor, Robbie				48 Cape Town MSC-CP		NS

Event 32 Men 65-69 200 LC Meter Butterfly

WORLD record:	2:33.40	W	2016-06-12	LAWRENCE DAY	USA	
SAMS record:	3:03.05	S	2-2002	D. McLachlan (Oud)		
	3:12.31			65-69 SAQT SAMS Colours 2017-18		
--- van Heerden, Carel				67 Waterborn Swimming Club-JH		DNF
	Swimmer did not finish					

Event 32 Men 80-84 200 LC Meter Butterfly

WORLD record:	3:31.42	W	2011-06-22	GIULIO DIVANO	ITA	
SAMS record:	3:48.89	S	2017-03-17	Dave McLachlan (EL)	CPTW-WP	
	5:44.69			80-84 SAQT SAMS Colours 2017-18		
1 McLachlan, Dave				80 Cape Town MSC-CP		3:48.35 S SAQT
	48.75		1:45.01 (56.26)	2:44.96 (59.95)		3:48.35 (1:03.39)

Event 33 Men 35-39 50 LC Meter Backstroke

WORLD record:	26.99	W	2013-03-09	STEV THELOKE	GER	
SAMS record:	27.42	S	2013-03-15	Simon Thirsk (PE)		
	28.21			35-39 SAQT SAMS Colours 2017-18		
28 Dahlmann, Sven				37 East Coast MSC-ET		31.57

Event 33 Men 50-54 50 LC Meter Backstroke

WORLD record:	28.60	W	2011-08-05	STEVE WOOD	USA	
SAMS record:	29.70	S	2016-03-17	Harald Ruck (Dbn)	COEL-NT	
	30.44			50-54 SAQT SAMS Colours 2017-18		
1 Ruck, Harald				52 Coelacanth MSC-TS		29.93 SAQT
15 McLeRoth, Greg				50 Cape Town MSC-CP		32.07
24 Orton, Nick				54 Cape Town MSC-CP		33.07

Event 33 Men 60-64 50 LC Meter Backstroke

WORLD record:	30.66	W	2016-03-17	ANDRE STEYNBERG	RSA	
SAMS record:	30.66	S	2016-03-17	Andre Steynberg (Dbn)	WAHO-CG	
	33.30			60-64 SAQT SAMS Colours 2017-18		
1 Steynberg, Andre				61 Cape Town MSC-CP		31.18 SAQT
10 Winfield, Mike				62 Cape Town MSC-CP		35.10

Event 34 Women 25-29 50 LC Meter Backstroke

WORLD record:	28.99	W	2014-10-19	YURIE OGA	JPN	
SAMS record:	31.42	S	3-2000	M. Kriel (CT)		
	31.73			25-29 SAQT SAMS Colours 2017-18		
36 Combrink, Melissa				25 Champion SCM-TS		35.95

Event 34 Women 40-44 50 LC Meter Backstroke

WORLD record:	30.48	W	2015-10-24	RAAKEL LUOTO	FIN	
SAMS record:	31.99	S	6-2004	Bev McCarney (Ric)		
	33.08			40-44 SAQT SAMS Colours 2017-18		
4 Cadiz, Perry				41 Cape Town MSC-CP		33.32

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Aquatics Palace 50m indoor pool

Results

(Event 34 Women 40-44 50 LC Meter Backstroke)

40	Gannon, Leigh	44	Cape Town MSC-CP	39.49
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Event 34 Women 45-49 50 LC Meter Backstroke

WORLD record:	31.02	W	2016-08-18	CINDY MABEE	CAN
SAMS record:	34.82	S	2010-08-06	Monique Dokter (Got)	
	33.64			45-49 SAQT SAMS Colours 2017-18	

7	Engela, Norelle	45	Cape Town MSC-CP	34.55	S
15	Bihl, Kate	47	Cape Town MSC-CP	37.15	

Event 34 Women 60-64 50 LC Meter Backstroke

WORLD record:	33.86	W	2015-08-09	LAURA VAL	USA
SAMS record:	36.42	S	2016-03-17	Di Coetzee (Dbn)	CPTW-WP
	38.73			60-64 SAQT SAMS Colours 2017-18	

15	Reynecke, Pam	61	Champion SCM-TS	43.79	
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Event 34 Women 70-74 50 LC Meter Backstroke

WORLD record:	38.69	W	2015-10-24	MARGIT OHLSSON	SWE
SAMS record:	44.38	S	2017-03-18	Elsa Craig (EL)	BEST-EP
	44.00			70-74 SAQT SAMS Colours 2017-18	

5	Craig, Elsa	72	Bay Eagle Swim Team-NM	47.03	
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Event 35 Men 45-49 400 LC Meter Freestyle

WORLD record:	4:11.07	W	2009-08-09	KEITH SWITZER	USA
SAMS record:	4:22.69	S	2017-03-17	Gary Albertyn (EL)	COEL-NT
	4:26.51			45-49 SAQT SAMS Colours 2017-18	

---	Grobler, Francois	49	Waterborn Swimming Club-JH	NS	
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Event 35 Men 50-54 400 LC Meter Freestyle

WORLD record:	4:16.61	W	2007-08-13	DAN STEPHENSON	USA
SAMS record:	4:34.62	S	2008-04-24	Paul Blackbeard (Per)	
	4:37.39			50-54 SAQT SAMS Colours 2017-18	

9	Fiser, Graeme	51	Cape Town MSC-CP	4:46.50	
	33.55	1:09.76 (36.21)	1:46.34 (36.58)	2:23.24 (36.90)	
	2:59.39 (36.15)	3:35.49 (36.10)	4:11.47 (35.98)	4:46.50 (35.03)	

Event 35 Men 60-64 400 LC Meter Freestyle

WORLD record:	4:40.00	W	2012-08-11	JIM MCCONICA	USA
SAMS record:	5:00.63	S	2017-03-17	Mike Semple (EL)	MEGA-ES
	5:02.69			60-64 SAQT SAMS Colours 2017-18	

4	Stevenson, Paul	61	Cape Town MSC-CP	5:05.81	
	32.93	1:10.88 (37.95)	1:50.02 (39.14)	2:29.78 (39.76)	
	3:09.03 (39.25)	3:48.79 (39.76)	4:28.18 (39.39)	5:05.81 (37.63)	

Event 35 Men 70-74 400 LC Meter Freestyle

WORLD record:	5:11.68	W	2016-04-03	CHRIS DUNN	GBR
SAMS record:	6:03.76	S	2009-03-14	David McLachlan (EL)	
	5:48.88			70-74 SAQT SAMS Colours 2017-18	

11	Larcombe, Peter	70	East Coast MSC-ET	6:24.90	
	42.13	1:29.82 (47.69)	2:18.15 (48.33)	3:07.97 (49.82)	
	3:57.83 (49.86)	4:47.53 (49.70)	5:37.37 (49.84)	6:24.90 (47.53)	

Event 36 Women 35-39 400 LC Meter Freestyle

WORLD record:	4:26.17	W	1997-08-10	K.PIPES-NEILSEN	USA
SAMS record:	4:45.36	S	2007-08-11	Amanda Picard (Hst)	
	4:49.77			35-39 SAQT SAMS Colours 2017-18	

9	Nurse, Kathryn	38	Cape Town MSC-CP	5:04.00	
	33.87	1:10.58 (36.71)	1:48.22 (37.64)	2:26.85 (38.63)	
	3:05.76 (38.91)	3:45.03 (39.27)	4:24.86 (39.83)	5:04.00 (39.14)	

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Event 36 Women 50-54 400 LC Meter Freestyle

WORLD record: 4:40.66 W 2013-08-11 JILL HERNANDEZ USA

SAMS record: 5:02.03 S 2011-02-17 Cecilia Stanford (CT)

5:04.89 50-54 SAQT SAMS Colours 2017-18

--- Terblanche, Ingrid 52 Champion SCM-TS NS

Event 36 Women 55-59 400 LC Meter Freestyle

WORLD record: 4:43.41 W 2016-07-10 LYNN MARSHALL CAN

SAMS record: 5:03.25 S 2017-03-17 Cecilia Stanford (EL) CPTW-WP

5:12.39 55-59 SAQT SAMS Colours 2017-18

28 du Rand, Dawn 58 Waterborn Swimming Club-JH 7:04.60

43.62 1:36.61 (52.99) 2:30.66 (54.05) 3:26.24 (55.58)

4:20.97 (54.73) 5:17.17 (56.20) 6:11.85 (54.68) 7:04.60 (52.75)

Event 37 Men 45-49 50 LC Meter Breaststroke

WORLD record: 29.63 W 2011-06-24 RICO ROLLI ITA

SAMS record: 32.45 S 2010-08-03 Johan van der Merwe (Got)

31.28 45-49 SAQT SAMS Colours 2017-18

21 Gilbert, Oliver 47 Cape Town MSC-CP 34.30

Event 37 Men 50-54 50 LC Meter Breaststroke

WORLD record: 30.48 W 2013-08-09 DAVID GUTHRIE USA

SAMS record: 32.58 S 3-2002 T. Shead (Chc)

32.23 50-54 SAQT SAMS Colours 2017-18

16 Fiser, Graeme 51 Cape Town MSC-CP 33.05

Event 37 Men 65-69 50 LC Meter Breaststroke

WORLD record: 33.30 W 2016-08-19 RICK COLELLA USA

SAMS record: 35.09 S 2017-03-17 Tim Shead (EL) CPTW-WP

36.94 65-69 SAQT SAMS Colours 2017-18

2 Shead, Tim 65 Cape Town MSC-CP 34.80 S SAQT

30 van Heerden, Carel 67 Waterborn Swimming Club-JH 43.80

32 van Lingen, Franco 68 Coelacanth MSC-TS 44.29

Event 37 Men 70-74 50 LC Meter Breaststroke

WORLD record: 36.68 W 2016-08-19 ROBERT STRAND USA

SAMS record: 41.45 S 2015-03-20 Brian Nelson (Jhb) WAHO-CG

39.59 70-74 SAQT SAMS Colours 2017-18

8 du Toit, Francois 70 Cape Town MSC-CP 41.35 S

Event 38 Women 25-29 50 LC Meter Breaststroke

WORLD record: 31.60 W 2010-07-10 MEGAN JENDRICK USA

SAMS record: 34.97 S 3-1999 L. Haupt (EL)

34.17 25-29 SAQT SAMS Colours 2017-18

--- Combrink, Melissa 25 Champion SCM-TS DNF

Swimmer did not finish

Event 38 Women 40-44 50 LC Meter Breaststroke

WORLD record: 32.47 W 2016-08-19 KATIE GLENN USA

SAMS record: 35.59 S 2009-11-07 Heather Morris-Eyton (Pta)

35.92 40-44 SAQT SAMS Colours 2017-18

37 Naude, Nina 44 Waterborn Swimming Club-JH 44.41

--- van Wyk, Melanie 40 Cape Town MSC-CP NS

Event 38 Women 55-59 50 LC Meter Breaststroke

WORLD record: 37.04 W 2013-04-20 JENNY WHITELEY AUS

SAMS record: 40.73 S 2016-02-27 Cecilia Stanford (CT) CPTW-WP

39.68 55-59 SAQT SAMS Colours 2017-18

25 Winfield, Melinda 56 Cape Town MSC-CP 47.97

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---	du Rand, Dawn	58	Waterborn Swimming Club-JH	NS
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Event 38 Women 65-69 50 LC Meter Breaststroke

WORLD record:	41.41	W	2016-04-24	JANETTE JEFFREY	AUS
SAMS record:	44.10	S	2017-03-17	Annette Thatcher (EL)	HIGH-KZ
	44.90			65-69 SAQT SAMS Colours 2017-18	

11	Stojakovic, Dael	65	Waterborn Swimming Club-JH	49.07
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Event 38 Women 80-84 50 LC Meter Breaststroke

WORLD record:	47.59	W	2015-06-14	SHOKO YONEZAWA	JPN
SAMS record:	56.22	S	2017-03-17	Santa van Jaarsveld (EL)	CPTW-WP
	1:01.69			80-84 SAQT SAMS Colours 2017-18	

3	van Jaarsveld, Santa	80	Cape Town MSC-CP	53.97S SAQT
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