

FINA 17th LC World Champs 2017 @ Budapest - 2017-08-14 to 2017-08-20

Aquatics Palace 50m indoor pool

Results

Women 25-29 50 LC Meter Freestyle

WORLD record: 25.42 W 2004-02-15 ANNABEL KOSTEN NED
 SAMS record: 27.25 S 2015-03-18 Lehesta Kemp (Jhb) PLAM-NT
 27.17 25-29 SAQT SAMS Colours 2017-18

Name	Age	Team	Finals Time
--- Lehmann, Sandra	29	Coelacanth MSC-TS	DNF
Swimmer did not finish			

Women 25-29 50 LC Meter Backstroke

WORLD record: 28.99 W 2014-10-19 YURIE OGA JPN
 SAMS record: 31.42 S 3-2000 M. Kriel (CT)
 31.73 25-29 SAQT SAMS Colours 2017-18

36 Combrink, Melissa 25 Champion SCM-TS 35.95

Women 25-29 100 LC Meter Backstroke

WORLD record: 1:03.26 W 2014-10-19 YURIE OGA JPN
 SAMS record: 1:07.78 S 3-2000 M. Kriel (CT)
 1:08.67 25-29 SAQT SAMS Colours 2017-18

33 Combrink, Melissa 25 Champion SCM-TS 1:16.98
 36.55 1:16.98 (40.43)

Women 25-29 50 LC Meter Breaststroke

WORLD record: 31.60 W 2010-07-10 MEGAN JENDRICK USA
 SAMS record: 34.97 S 3-1999 L. Haupt (EL)
 34.17 25-29 SAQT SAMS Colours 2017-18

--- Combrink, Melissa 25 Champion SCM-TS DNF
 Swimmer did not finish

Women 25-29 50 LC Meter Butterfly

WORLD record: 27.10 W 2015-08-12 EMMA GAGE GBR
 SAMS record: 27.55 S 2015-03-21 Elzanne Werth (Jhb) PHOE-CG
 28.79 25-29 SAQT SAMS Colours 2017-18

68 Combrink, Melissa 25 Champion SCM-TS 34.54

72 Lehmann, Sandra 29 Coelacanth MSC-TS 34.95

Women 30-34 50 LC Meter Freestyle

WORLD record: 25.74 W 2008-06-06 MARTINA MORAVCOVA USA
 SAMS record: 27.99 S 2015-03-18 Thilde Victor (Jhb) ETSM-ES
 27.79 30-34 SAQT SAMS Colours 2017-18

7 Wolmarans, Lezandre 30 Cape Town MSC-CP 28.02

Women 30-34 100 LC Meter Freestyle

WORLD record: 55.24 W 2009-07-11 ERIKA ERNDL USA
 SAMS record: 1:00.84 S 6-1998 W. Daniel (Cas)
 1:01.20 30-34 SAQT SAMS Colours 2017-18

7 Wolmarans, Lezandre 30 Cape Town MSC-CP 1:01.51

29.54 1:01.51 (31.97)

Women 30-34 200 LC Meter Freestyle

WORLD record: 2:04.05 W 2011-07-17 DAWN HECKMAN USA
 SAMS record: 2:13.44 S 6-1998 W. Daniel (Cas)
 2:15.30 30-34 SAQT SAMS Colours 2017-18

17 Wolmarans, Lezandre 30 Cape Town MSC-CP 2:22.71

33.40 1:09.25 (35.85) 1:46.26 (37.01) 2:22.71 (36.45)

Women 30-34 50 LC Meter Butterfly

WORLD record: 27.48 W 2008-06-07 MARTINA MORAVCOVA USA
 SAMS record: 29.82 S 2016-02-16 Rebecca Newson (Bel) CPTW-WP
 29.32 30-34 SAQT SAMS Colours 2017-18

15 Wolmarans, Lezandre 30 Cape Town MSC-CP 30.79

FINA 17th LC World Champs 2017 @ Budapest - 2017-08-14 to 2017-08-20

Aquatics Palace 50m indoor pool

Results

Women 30-34 200 LC Meter IM

WORLD record:	2:13.89	W	2009-07-07	ERIKA ERNDL	USA	
SAMS record:	2:34.61	S	2017-03-17	Tarryn Stanford (EL)	CPTW-WP	
	2:31.18			30-34 SAQT SAMS Colours 2017-18		
21	Wolmarans, Lezandre			30 Cape Town MSC-CP		2:44.63
	33.10		1:16.93 (43.83)	2:04.86 (47.93)	2:44.63 (39.77)	

Women 35-39 50 LC Meter Freestyle

WORLD record:	25.98	W	2006-08-08	DARA TORRES	USA	
SAMS record:	26.53	S	6-2004	Edith Ottermann (Ric)		
	28.07			35-39 SAQT SAMS Colours 2017-18		
---	Garnett-Bennet, Louise			39 Champion SCM-TS		DNF
	Swimmer did not finish					

Women 35-39 100 LC Meter Freestyle

WORLD record:	58.09	W	2016-07-09	ERIKA ERNDL	USA	
SAMS record:	1:01.60	S	6-2004	Edith Ottermann (Ric)		
	1:01.34			35-39 SAQT SAMS Colours 2017-18		
11	Nurse, Kathryn			38 Cape Town MSC-CP		1:04.53
	31.36		1:04.53 (33.17)			

Women 35-39 200 LC Meter Freestyle

WORLD record:	2:05.97	W	2016-07-09	ERIKA ERNDL	USA	
SAMS record:	2:15.79	S	2007-08-12	Amanda Picard (Hst)		
	2:16.36			35-39 SAQT SAMS Colours 2017-18		
5	Nurse, Kathryn			38 Cape Town MSC-CP		2:20.78
	32.38		1:07.55 (35.17)	1:44.02 (36.47)	2:20.78 (36.76)	

Women 35-39 400 LC Meter Freestyle

WORLD record:	4:26.17	W	1997-08-10	K.PIPES-NEILSEN	USA	
SAMS record:	4:45.36	S	2007-08-11	Amanda Picard (Hst)		
	4:49.77			35-39 SAQT SAMS Colours 2017-18		
9	Nurse, Kathryn			38 Cape Town MSC-CP		5:04.00
	33.87		1:10.58 (36.71)	1:48.22 (37.64)	2:26.85 (38.63)	
	3:05.76 (38.91)		3:45.03 (39.27)	4:24.86 (39.83)	5:04.00 (39.14)	

Women 35-39 100 LC Meter Backstroke

WORLD record:	1:02.24	W	2016-08-20	NORIKO INADA	USA	
SAMS record:	1:08.11	S	2006-08-09	Marianne Kriel (San)		
	1:11.05			35-39 SAQT SAMS Colours 2017-18		
16	White, Simone			37 Cape Town MSC-CP		1:16.60
	36.95		1:16.60 (39.65)			

Women 35-39 200 LC Meter Backstroke

WORLD record:	2:18.20	W	1997-08-10	K.PIPES-NEILSEN	USA	
SAMS record:	2:37.42	S	2-2007	Marianne Kriel (CT)		
	2:35.82			35-39 SAQT SAMS Colours 2017-18		
12	White, Simone			37 Cape Town MSC-CP		2:47.26
	37.71		1:19.67 (41.96)	2:03.93 (44.26)	2:47.26 (43.33)	

Women 35-39 100 LC Meter Butterfly

WORLD record:	1:02.44	W	2009-03-19	LYNNE HAYES	AUS	
SAMS record:	1:07.37	S	2008-03-15	Rachelle Isakov (Dbn)		
	1:08.95			35-39 SAQT SAMS Colours 2017-18		
9	Nurse, Kathryn			38 Cape Town MSC-CP		1:09.77
	33.00		1:09.77 (36.77)			
17	White, Simone			37 Cape Town MSC-CP		1:14.78
	33.99		1:14.78 (40.79)			

FINA 17th LC World Champs 2017 @ Budapest - 2017-08-14 to 2017-08-20

Aquatics Palace 50m indoor pool

Results

Women 35-39 200 LC Meter Butterfly

WORLD record:	2:20.21	W	1997-08-10	K.PIPES-NEILSEN	USA	
SAMS record:	2:33.00	S	2008-03-14	Rachelle Isakov (Dbn)		
	2:36.49			35-39 SAQT SAMS Colours 2017-18		
10 Nurse, Kathryn				38 Cape Town MSC-CP		2:44.40
	35.66		1:16.45 (40.79)	1:59.55 (43.10)		2:44.40 (44.85)

Women 35-39 200 LC Meter IM

WORLD record:	2:21.47	W	2012-01-14	HITOMI MATSUDA	JPN	
SAMS record:	2:35.71	S	2008-03-15	Rachelle Isakov (Dbn)		
	2:35.38			35-39 SAQT SAMS Colours 2017-18		
20 White, Simone				37 Cape Town MSC-CP		2:46.03
	33.33		1:15.94 (42.61)	2:06.83 (50.89)		2:46.03 (39.20)

Women 35-39 400 LC Meter IM

WORLD record:	4:59.59	W	2012-06-16	HITOMI MATSUDA	JPN	
SAMS record:	5:31.13	S	2008-03-13	Rachelle Isakov (Dbn)		
	5:36.30			35-39 SAQT SAMS Colours 2017-18		
12 White, Simone				37 Cape Town MSC-CP		6:04.84
	35.27		1:17.85 (42.58)	2:06.09 (48.24)		2:53.67 (47.58)
	3:47.60 (53.93)		4:42.20 (54.60)	5:24.60 (42.40)		6:04.84 (40.24)

Women 40-44 50 LC Meter Freestyle

WORLD record:	26.44	W	2009-11-07	EDITH OTTERMANN	RSA	
SAMS record:	26.44	S	2009-11-07	Edith Ottermann (Pta)		
	28.01			40-44 SAQT SAMS Colours 2017-18		
7 Cadiz, Perry				41 Cape Town MSC-CP		28.54
41 Gannon, Leigh				44 Cape Town MSC-CP		31.73

Women 40-44 100 LC Meter Freestyle

WORLD record:	58.04	W	2013-06-08	ERIKA BRAUN	USA	
SAMS record:	1:00.39	S	6-2004	Bev McCarney (Ric)		
	1:02.48			40-44 SAQT SAMS Colours 2017-18		
11 Cadiz, Perry				41 Cape Town MSC-CP		1:03.46
	29.72		1:03.46 (33.74)			

Women 40-44 50 LC Meter Backstroke

WORLD record:	30.48	W	2015-10-24	RAAKEL LUOTO	FIN	
SAMS record:	31.99	S	6-2004	Bev McCarney (Ric)		
	33.08			40-44 SAQT SAMS Colours 2017-18		
4 Cadiz, Perry				41 Cape Town MSC-CP		33.32
40 Gannon, Leigh				44 Cape Town MSC-CP		39.49

Women 40-44 100 LC Meter Backstroke

WORLD record:	1:06.67	W	2015-10-25	RAAKEL LUOTO	FIN	
SAMS record:	1:11.54	S	3-2005	Bev McCarney (Grm)		
	1:12.28			40-44 SAQT SAMS Colours 2017-18		
5 Cadiz, Perry				41 Cape Town MSC-CP		1:13.18
	34.78		1:13.18 (38.40)			

Women 40-44 50 LC Meter Breaststroke

WORLD record:	32.47	W	2016-08-19	KATIE GLENN	USA	
SAMS record:	35.59	S	2009-11-07	Heather Morris-Eyton (Pta)		
	35.92			40-44 SAQT SAMS Colours 2017-18		
37 Naude, Nina				44 Waterborn Swimming Club-JH		44.41
--- van Wyk, Melanie				40 Cape Town MSC-CP		NS

FINA 17th LC World Champs 2017 @ Budapest - 2017-08-14 to 2017-08-20

Aquatics Palace 50m indoor pool

Results

Women 40-44 100 LC Meter Breaststroke

WORLD record:	1:12.74	W	2012-04-14	LINLEY FRAME	AUS	
SAMS record:	1:15.83	S	2010-08-01	Heather Morris-Eyton (Got)		
	1:20.46			40-44 SAQT SAMS Colours 2017-18		
37	van Wyk, Melanie		40	Cape Town MSC-CP		1:34.21
	43.44			1:34.21 (50.77)		
50	Naude, Nina		44	Waterborn Swimming Club-JH		1:39.48
	46.92			1:39.48 (52.56)		

Women 40-44 200 LC Meter Breaststroke

WORLD record:	2:38.44	W	2006-08-09	S.VON DER LIPPE	USA	
SAMS record:	2:40.76	S	2010-08-05	Heather Morris-Eyton (Got)		
	2:58.82			40-44 SAQT SAMS Colours 2017-18		
22	van Wyk, Melanie		40	Cape Town MSC-CP		3:20.55
	46.28			1:37.04 (50.76)	2:27.50 (50.46)	3:20.55 (53.05)
32	Naude, Nina		44	Waterborn Swimming Club-JH		3:32.46
	48.32			1:43.02 (54.70)	2:38.72 (55.70)	3:32.46 (53.74)

Women 40-44 50 LC Meter Butterfly

WORLD record:	28.36	W	2013-06-08	ERIKA BRAUN	USA	
SAMS record:	29.02	S	2010-03-20	Edith Ottermann (Pta)		
	30.46			40-44 SAQT SAMS Colours 2017-18		
13	Cadiz, Perry		41	Cape Town MSC-CP		32.01
44	Gannon, Leigh		44	Cape Town MSC-CP		35.89

Women 40-44 200 LC Meter IM

WORLD record:	2:25.03	W	2007-08-05	S.VON DER LIPPE	USA	
SAMS record:	2:33.72	S	3-2004	Bev McCarney (EL)		
	2:37.02			40-44 SAQT SAMS Colours 2017-18		
47	van Wyk, Melanie		40	Cape Town MSC-CP		3:14.36
	39.96			1:39.04 (59.08)	2:29.47 (50.43)	3:14.36 (44.89)
---	Gannon, Leigh		44	Cape Town MSC-CP		NS

Women 45-49 50 LC Meter Freestyle

WORLD record:	26.59	W	2011-03-16	EDITH OTTERMANN	RSA	
SAMS record:	26.59	S	2011-03-16	Edith Ottermann (Oud)		
	28.36			45-49 SAQT SAMS Colours 2017-18		
18	Engela, Norelle		45	Cape Town MSC-CP		30.28

Women 45-49 50 LC Meter Backstroke

WORLD record:	31.02	W	2016-08-18	CINDY MABEE	CAN	
SAMS record:	34.82	S	2010-08-06	Monique Dokter (Got)		
	33.64			45-49 SAQT SAMS Colours 2017-18		
7	Engela, Norelle		45	Cape Town MSC-CP		34.55 S
15	Bihl, Kate		47	Cape Town MSC-CP		37.15

Women 45-49 100 LC Meter Backstroke

WORLD record:	1:07.31	W	2016-08-20	CINDY MABEE	CAN	
SAMS record:	1:14.92	S	2006-08-09	Cecilia Stanford (San)		
	1:13.80			45-49 SAQT SAMS Colours 2017-18		
9	Engela, Norelle		45	Cape Town MSC-CP		1:16.97
	35.68			1:16.97 (41.29)		
17	Bihl, Kate		47	Cape Town MSC-CP		1:22.91
	38.97			1:22.91 (43.94)		

FINA 17th LC World Champs 2017 @ Budapest - 2017-08-14 to 2017-08-20

Aquatics Palace 50m indoor pool

Results

Women 45-49 200 LC Meter Backstroke

WORLD record:	2:24.06	W	2016-05-28	JOANNA CORBEN	GBR	
SAMS record:	2:43.79	S	2006-08-05	Cecilia Stanford (San)		
	2:40.25			45-49 SAQT SAMS Colours 2017-18		
9	Engela, Norelle			45 Cape Town MSC-CP		2:47.94
	36.55		1:18.48 (41.93)	2:03.48 (45.00)		2:47.94 (44.46)
30	Bihl, Kate			47 Cape Town MSC-CP		3:12.10
	40.71		1:26.90 (46.19)	2:18.52 (51.62)		3:12.10 (53.58)

Women 45-49 100 LC Meter Breaststroke

WORLD record:	1:13.49	W	2009-09-17	MARZENA KULIS	ITA	
SAMS record:	1:19.08	S	2013-03-16	Heather Morris-Eyton (PE)		
	1:21.92			45-49 SAQT SAMS Colours 2017-18		
11	Bihl, Kate			47 Cape Town MSC-CP		1:24.14
	39.29		1:24.14 (44.85)			

Women 45-49 50 LC Meter Butterfly

WORLD record:	28.97	W	2011-02-19	EDITH OTTERMANN	RSA	
SAMS record:	28.97	S	2011-02-19	Edith Ottermann (Pta)		
	30.79			45-49 SAQT SAMS Colours 2017-18		
19	Engela, Norelle			45 Cape Town MSC-CP		32.96

Women 45-49 400 LC Meter IM

WORLD record:	5:13.85	W	2008-09-05	K.PIPES-NEILSEN	USA	
SAMS record:	5:39.29	S	2008-04-20	Cecilia Stanford (Per)		
	5:42.52			45-49 SAQT SAMS Colours 2017-18		
19	Bihl, Kate			47 Cape Town MSC-CP		6:31.81
	39.35		1:26.93 (47.58)	2:16.76 (49.83)		3:07.24 (50.48)
	4:03.30 (56.06)		4:59.91 (56.61)	5:46.90 (46.99)		6:31.81 (44.91)

Women 50-54 100 LC Meter Freestyle

WORLD record:	1:00.42	W	2015-06-27	MARIE FUZZATI	FRA	
SAMS record:	1:03.19	S	2017-03-16	Edith Ottermann (EL)	CPTW-WP	
	1:05.25			50-54 SAQT SAMS Colours 2017-18		
79	Terblanche, Ingrid			52 Champion SCM-TS		1:27.83
	42.34		1:27.83 (45.49)			

Women 50-54 200 LC Meter Freestyle

WORLD record:	2:13.18	W	2013-08-08	JILL HERNANDEZ	USA	
SAMS record:	2:21.64	S	2012-06-12	Debbie Carroll (Ric)		
	2:23.80			50-54 SAQT SAMS Colours 2017-18		
62	Terblanche, Ingrid			52 Champion SCM-TS		3:09.05
	43.90		1:31.44 (47.54)	2:20.83 (49.39)		3:09.05 (48.22)

Women 50-54 400 LC Meter Freestyle

WORLD record:	4:40.66	W	2013-08-11	JILL HERNANDEZ	USA	
SAMS record:	5:02.03	S	2011-02-17	Cecilia Stanford (CT)		
	5:04.89			50-54 SAQT SAMS Colours 2017-18		
---	Terblanche, Ingrid			52 Champion SCM-TS		NS

Women 50-54 800 LC Meter Freestyle

WORLD record:	9:34.12	W	2016-07-23	SUSAN PRESTON	USA	
SAMS record:	10:21.39	S	2011-02-20	Cecilia Stanford (CT)		
	10:23.61			50-54 SAQT SAMS Colours 2017-18		
46	Terblanche, Ingrid			52 Champion SCM-TS		13:38.82
	46.37		1:36.94 (50.57)	2:28.34 (51.40)		3:20.11 (51.77)
	4:11.19 (51.08)		5:02.67 (51.48)	5:54.57 (51.90)		6:47.21 (52.64)
	7:39.14 (51.93)		8:30.62 (51.48)	9:22.27 (51.65)		10:14.20 (51.93)
	11:06.56 (52.36)		11:59.17 (52.61)	12:50.35 (51.18)		13:38.82 (48.47)

FINA 17th LC World Champs 2017 @ Budapest - 2017-08-14 to 2017-08-20

Aquatics Palace 50m indoor pool

Results

Women 50-54 100 LC Meter Breaststroke

WORLD record:	1:15.50	W	2012-06-11	MONICA CORO	ITA	
SAMS record:	1:24.05	S	2011-03-18	Cecilia Stanford (Oud)		
	1:25.57			50-54 SAQT SAMS Colours 2017-18		
---	Combrink, Kathy		54	Champion SCM-TS		DNF
	Swimmer did not finish					

Women 50-54 200 LC Meter Breaststroke

WORLD record:	2:50.92	W	2012-06-15	MONICA CORO	ITA	
SAMS record:	3:06.63	S	2014-08-08	Annemarie Dressler (Mon)	COEL-NT	
	3:07.80			50-54 SAQT SAMS Colours 2017-18		
---	Combrink, Kathy		54	Champion SCM-TS		NS

Women 55-59 50 LC Meter Freestyle

WORLD record:	28.69	W	2008-08-17	LAURA VAL	USA	
SAMS record:	30.56	S	2016-02-21	Cecilia Stanford (Stb)	CPTW-WP	
	30.49			55-59 SAQT SAMS Colours 2017-18		
8	Verryn, Sabine		56	Coelacanth MSC-TS		31.50
42	Winfield, Melinda		56	Cape Town MSC-CP		37.25
61	du Rand, Dawn		58	Waterborn Swimming Club-JH		41.43

Women 55-59 100 LC Meter Freestyle

WORLD record:	1:02.02	W	2008-08-16	LAURA VAL	USA	
SAMS record:	1:07.07	S	2017-03-16	Cecilia Stanford (EL)	CPTW-WP	
	1:07.97			55-59 SAQT SAMS Colours 2017-18		
6	Stanford, Cecilia		56	Cape Town MSC-CP		1:07.14 SAQT
	32.10		1:07.14	(35.04)		
19	Verryn, Sabine		56	Coelacanth MSC-TS		1:13.22
	33.03		1:13.22	(40.19)		
---	du Rand, Dawn		58	Waterborn Swimming Club-JH		DNF
	Swimmer did not finish					

Women 55-59 200 LC Meter Freestyle

WORLD record:	2:16.28	W	2009-08-06	LAURA VAL	USA	
SAMS record:	2:25.69	S	2016-02-21	Cecilia Stanford (Stb)	CPTW-WP	
	2:26.86			55-59 SAQT SAMS Colours 2017-18		
5	Stanford, Cecilia		56	Cape Town MSC-CP		2:22.92 S SAQT
	34.08		1:10.64	(36.56)	1:47.04 (36.40)	2:22.92 (35.88)
42	du Rand, Dawn		58	Waterborn Swimming Club-JH		3:20.55
	43.98		1:35.81	(51.83)	2:28.87 (53.06)	3:20.55 (51.68)

Women 55-59 400 LC Meter Freestyle

WORLD record:	4:43.41	W	2016-07-10	LYNN MARSHALL	CAN	
SAMS record:	5:03.25	S	2017-03-17	Cecilia Stanford (EL)	CPTW-WP	
	5:12.39			55-59 SAQT SAMS Colours 2017-18		
28	du Rand, Dawn		58	Waterborn Swimming Club-JH		7:04.60
	43.62		1:36.61	(52.99)	2:30.66 (54.05)	3:26.24 (55.58)
	4:20.97		5:17.17	(56.20)	6:11.85 (54.68)	7:04.60 (52.75)

Women 55-59 50 LC Meter Breaststroke

WORLD record:	37.04	W	2013-04-20	JENNY WHITELEY	AUS	
SAMS record:	40.73	S	2016-02-27	Cecilia Stanford (CT)	CPTW-WP	
	39.68			55-59 SAQT SAMS Colours 2017-18		
25	Winfield, Melinda		56	Cape Town MSC-CP		47.97
---	du Rand, Dawn		58	Waterborn Swimming Club-JH		NS

FINA 17th LC World Champs 2017 @ Budapest - 2017-08-14 to 2017-08-20

Aquatics Palace 50m indoor pool

Results

Women 55-59 100 LC Meter Breaststroke

WORLD record:	1:20.82	W	2016-05-27	PIA THULSTRUP	DEN	
SAMS record:	1:28.80	S	2017-02-26	Cecilia Stanford (Stb)	CPTW-WP	
	1:29.12			55-59 SAQT SAMS Colours 2017-18		
29	Verryn, Sabine			56 Coelacanth MSC-TS		1:40.22
	47.52			1:40.22 (52.70)		
44	Winfield, Melinda			56 Cape Town MSC-CP		1:46.90
	48.99			1:46.90 (57.91)		

Women 55-59 50 LC Meter Butterfly

WORLD record:	30.52	W	2016-07-10	LESLIE LIVINGSTON	USA	
SAMS record:	32.46	S	2012-06-12	Heather Campbell (Ric)		
	33.18			55-59 SAQT SAMS Colours 2017-18		
4	Stanford, Cecilia			56 Cape Town MSC-CP		33.15 SAQT
26	Verryn, Sabine			56 Coelacanth MSC-TS		38.13

Women 55-59 100 LC Meter Butterfly

WORLD record:	1:09.47	W	2009-08-09	LAURA VAL	USA	
SAMS record:	1:13.01	S	2016-03-17	Cecilia Stanford (Dbn)	CPTW-WP	
	1:18.73			55-59 SAQT SAMS Colours 2017-18		
1	Stanford, Cecilia			56 Cape Town MSC-CP		1:13.60 SAQT
	35.80			1:13.60 (37.80)		

Women 55-59 200 LC Meter IM

WORLD record:	2:38.74	W	2015-07-26	JILL HERNENDEZ	USA	
SAMS record:	2:42.29	S	2016-03-17	Cecilia Stanford (Dbn)	CPTW-WP	
	2:54.27			55-59 SAQT SAMS Colours 2017-18		
1	Stanford, Cecilia			56 Cape Town MSC-CP		2:44.90 SAQT
	33.96			1:16.96 (43.00)		2:06.86 (49.90)
						2:44.90 (38.04)

Women 60-64 50 LC Meter Freestyle

WORLD record:	29.31	W	2011-08-06	LAURA VAL	USA	
SAMS record:	30.19	S	2011-03-16	Sanderina Kruger (Oud)		
	31.92			60-64 SAQT SAMS Colours 2017-18		
21	Routledge, Viv			60 Cape Town MSC-CP		34.42
24	Reynecke, Pam			61 Champion SCM-TS		34.73

Women 60-64 100 LC Meter Freestyle

WORLD record:	1:03.83	W	2011-08-05	LAURA VAL	USA	
SAMS record:	1:06.63	S	2009-03-13	Sanderina Kruger (EL)		
	1:12.39			60-64 SAQT SAMS Colours 2017-18		
17	Routledge, Viv			60 Cape Town MSC-CP		1:17.75
	35.84			1:17.75 (41.91)		

Women 60-64 200 LC Meter Freestyle

WORLD record:	2:21.48	W	2012-06-12	LAURA VAL	USA	
SAMS record:	2:29.54	S	2010-08-02	Sanderina Kruger (Got)		
	2:38.68			60-64 SAQT SAMS Colours 2017-18		
17	Reynecke, Pam			61 Champion SCM-TS		3:01.38
	41.15			1:27.66 (46.51)		2:15.08 (47.42)
						3:01.38 (46.30)

Women 60-64 50 LC Meter Backstroke

WORLD record:	33.86	W	2015-08-09	LAURA VAL	USA	
SAMS record:	36.42	S	2016-03-17	Di Coetzee (Dbn)	CPTW-WP	
	38.73			60-64 SAQT SAMS Colours 2017-18		
15	Reynecke, Pam			61 Champion SCM-TS		43.79

FINA 17th LC World Champs 2017 @ Budapest - 2017-08-14 to 2017-08-20

Aquatics Palace 50m indoor pool

Results

Women 60-64 100 LC Meter Backstroke

WORLD record:	1:14.76	W	2015-08-09	LAURA VAL	USA	
SAMS record:	1:19.41	S	2016-02-27	Di Coetzee (CT)	CPTW-WP	
	1:24.65			60-64 SAQT SAMS Colours 2017-18		
13	Reynecke, Pam			61 Champion SCM-TS		1:34.42
	46.94			1:34.42 (47.48)		

Women 60-64 200 LC Meter Backstroke

WORLD record:	2:44.38	W	2013-07-13	LAURA VAL	USA	
SAMS record:	2:52.05	S	2015-08-11	Di Coetzee (Kaz)	CPTW-WP	
	3:06.27			60-64 SAQT SAMS Colours 2017-18		
11	Reynecke, Pam			61 Champion SCM-TS		3:30.50
	48.88			1:43.85 (54.97)	2:39.60 (55.75)	3:30.50 (50.90)

Women 60-64 100 LC Meter Breaststroke

WORLD record:	1:25.82	W	2016-04-15	DAGMAR FRESE	GER	
SAMS record:	1:37.39	S	2015-08-11	Sandra Reeves (Kaz)	DOLP-WP	
	1:34.23			60-64 SAQT SAMS Colours 2017-18		
27	Routledge, Viv			60 Cape Town MSC-CP		1:49.89
	52.13			1:49.89 (57.76)		

Women 60-64 50 LC Meter Butterfly

WORLD record:	32.27	W	2012-07-08	LAURA VAL	USA	
SAMS record:	34.74	S	2015-03-21	Heather Campbell (Jhb)	EACS-KZ	
	35.36			60-64 SAQT SAMS Colours 2017-18		
16	Routledge, Viv			60 Cape Town MSC-CP		39.73

Women 60-64 200 LC Meter IM

WORLD record:	2:47.99	W	2013-07-14	LAURA VAL	USA	
SAMS record:	3:16.71	S	2016-02-21	Therese Sharkey (Stb)	WINE-WP	
	3:04.08			60-64 SAQT SAMS Colours 2017-18		
11	Routledge, Viv			60 Cape Town MSC-CP		3:22.16
	42.83			1:38.91 (56.08)	2:38.68 (59.77)	3:22.16 (43.48)

Women 65-69 50 LC Meter Breaststroke

WORLD record:	41.41	W	2016-04-24	JANETTE JEFFREY	AUS	
SAMS record:	44.10	S	2017-03-17	Annette Thatcher (EL)	HIGH-KZ	
	44.90			65-69 SAQT SAMS Colours 2017-18		
11	Stojakovic, Dael			65 Waterborn Swimming Club-JH		49.07

Women 65-69 100 LC Meter Breaststroke

WORLD record:	1:32.66	W	2015-08-11	JANETTE JEFFREY	AUS	
SAMS record:	1:39.96	S	2017-03-18	Annette Thatcher (EL)	HIGH-KZ	
	1:40.29			65-69 SAQT SAMS Colours 2017-18		
12	Stojakovic, Dael			65 Waterborn Swimming Club-JH		1:47.36
	49.55			1:47.36 (57.81)		

Women 65-69 200 LC Meter Breaststroke

WORLD record:	3:19.76	W	2016-04-23	JANETTE JEFFREY	AUS	
SAMS record:	3:43.13	S	2017-03-16	Annette Thatcher (EL)	HIGH-KZ	
	3:43.56			65-69 SAQT SAMS Colours 2017-18		
9	Stojakovic, Dael			65 Waterborn Swimming Club-JH		3:52.64
	52.38			1:51.49 (59.11)	2:53.36 (1:01.87)	3:52.64 (59.28)

Women 70-74 50 LC Meter Freestyle

WORLD record:	33.52	W	2016-08-19	DIANN UUSTAL	USA	
SAMS record:	35.39	S	2016-03-17	Anne Jones (Dbn)	PHOE-CG	
	35.39			70-74 SAQT SAMS Colours 2017-18		
10	Craig, Elsa			72 Bay Eagle Swim Team-NM		38.87

FINA 17th LC World Champs 2017 @ Budapest - 2017-08-14 to 2017-08-20

Aquatics Palace 50m indoor pool

Results

Women 70-74 50 LC Meter Backstroke

WORLD record:	38.69	W	2015-10-24	MARGIT OHLSSON	SWE	
SAMS record:	44.38	S	2017-03-18	Elsa Craig (EL)	BEST-EP	
	44.00			70-74 SAQT SAMS Colours 2017-18		
5	Craig, Elsa			72 Bay Eagle Swim Team-NM		47.03

Women 70-74 50 LC Meter Butterfly

WORLD record:	36.36	W	2014-08-05	JUDY WILSON	GBR	
SAMS record:	41.23	S	2015-03-21	Elsa Craig (Jhb)	BEST-EP	
	45.21			70-74 SAQT SAMS Colours 2017-18		
3	Craig, Elsa			72 Bay Eagle Swim Team-NM		43.23 SAQT

Women 70-74 200 LC Meter IM

WORLD record:	3:13.19	W	2008-06-21	YOSHIKO OSAKI	JPN	
SAMS record:	3:40.82	S	2016-03-17	Elsa Craig (Dbn)	BEST-EP	
	3:49.03			70-74 SAQT SAMS Colours 2017-18		
4	Craig, Elsa			72 Bay Eagle Swim Team-NM		3:45.93 SAQT
	50.28		1:50.71 (1:00.43)	2:58.69 (1:07.98)		3:45.93 (47.24)

Women 70-74 400 LC Meter IM

WORLD record:	6:54.30	W	2016-01-23	BRIGITTE MERTEN	GER	
SAMS record:	8:00.05	S	2015-03-20	Elsa Craig (Jhb)	BEST-EP	
	8:08.59			70-74 SAQT SAMS Colours 2017-18		
5	Craig, Elsa			72 Bay Eagle Swim Team-NM		8:07.39 SAQT
	55.61		1:59.62 (1:04.01)	3:05.25 (1:05.63)		4:06.42 (1:01.17)
	5:16.55 (1:10.13)		6:25.40 (1:08.85)	7:17.73 (52.33)		8:07.39 (49.66)

Women 80-84 50 LC Meter Freestyle

WORLD record:	37.61	W	2012-05-05	JANE ASHER	GBR	
SAMS record:	44.44	S	2017-03-15	Santa van Jaarsveld (EL)	CPTW-WP	
	44.59			80-84 SAQT SAMS Colours 2017-18		
4	van Jaarsveld, Santa			80 Cape Town MSC-CP		43.04 S SAQT

Women 80-84 100 LC Meter Freestyle

WORLD record:	1:24.18	W	2011-06-19	JANE ASHER	GBR	
SAMS record:	1:39.38	S	2017-01-22	Santa van Jaarsveld (Stb)	CPTW-WP	
	1:46.66			80-84 SAQT SAMS Colours 2017-18		
2	van Jaarsveld, Santa			80 Cape Town MSC-CP		1:35.42 S SAQT
	44.41		1:35.42 (51.01)			

Women 80-84 50 LC Meter Breaststroke

WORLD record:	47.59	W	2015-06-14	SHOKO YONEZAWA	JPN	
SAMS record:	56.22	S	2017-03-17	Santa van Jaarsveld (EL)	CPTW-WP	
	1:01.69			80-84 SAQT SAMS Colours 2017-18		
3	van Jaarsveld, Santa			80 Cape Town MSC-CP		53.97 S SAQT

Women 80-84 100 LC Meter Breaststroke

WORLD record:	1:45.71	W	2015-06-14	SHOKO YONEZAWA	JPN	
SAMS record:	2:02.25	S	2017-01-22	Santa van Jaarsveld (Stb)	CPTW-WP	
	2:20.31			80-84 SAQT SAMS Colours 2017-18		
1	van Jaarsveld, Santa			80 Cape Town MSC-CP		1:57.56 S SAQT
	56.42		1:57.56 (1:01.14)			

Women 80-84 200 LC Meter Breaststroke

WORLD record:	3:59.60	W	2015-06-21	MASAYO AZUMA	JPN	
SAMS record:	4:19.55	S	2017-03-16	Santa van Jaarsveld (EL)	CPTW-WP	
	5:17.51			80-84 SAQT SAMS Colours 2017-18		
1	van Jaarsveld, Santa			80 Cape Town MSC-CP		4:09.40 S SAQT
	55.74		1:58.70 (1:02.96)	3:04.39 (1:05.69)		4:09.40 (1:05.01)

FINA 17th LC World Champs 2017 @ Budapest - 2017-08-14 to 2017-08-20

Aquatics Palace 50m indoor pool

Results

Women 90-94 50 LC Meter Freestyle

WORLD record:	49.68	W	2013-06-01	OLGA KOKORINA	RUS	
SAMS record:	1:15.41	S	2015-11-21	Kascha Kloos (Str)	CPTW-WP	
	1:11.96			90-94 SAQT SAMS Colours 2017-18		
3	Kloos, Kascha			92 Cape Town MSC-CP		1:19.99

Women 90-94 100 LC Meter Freestyle

WORLD record:	1:59.86	W	2013-09-05	OLGA KOKORINA	RUS	
SAMS record:	2:45.62	S	2015-02-21	Kascha Kloos (Pri)	CPTW-WP	
	3:27.17			90-94 SAQT SAMS Colours 2017-18		
2	Kloos, Kascha			92 Cape Town MSC-CP		2:55.88 SAQT
	1:25.05			2:55.88 (1:30.83)		

Women 90-94 800 LC Meter Freestyle

WORLD record:	18:53.58	W	2008-08-14	RITA SIMONTON	USA	
SAMS record:	26:56.99	S	2015-08-10	Kascha Kloos (Kaz)	CPTW-WP	
3	Kloos, Kascha			92 Cape Town MSC-CP		29:20.57
	1:29.46		3:23.01 (1:53.55)	5:13.29 (1:50.28)	7:06.62 (1:53.33)	
	8:53.89 (1:47.27)		10:51.14 (1:57.25)	12:40.08 (1:48.94)	14:33.83 (1:53.75)	
	16:24.72 (1:50.89)		18:17.74 (1:53.02)	20:08.32 (1:50.58)	22:02.64 (1:54.32)	
	23:50.70 (1:48.06)		25:42.50 (1:51.80)	27:34.70 (1:52.20)	29:20.57 (1:45.87)	

Women 90-94 200 LC Meter Backstroke

WORLD record:	5:17.36	W	2006-03-03	WILLY VAN RYSEL	GBR	
SAMS record:	6:49.91	S	2015-08-11	Kascha Kloos (Kaz)	CPTW-WP	
4	Kloos, Kascha			92 Cape Town MSC-CP		6:56.18
	1:38.71		3:27.10 (1:48.39)	5:13.35 (1:46.25)	6:56.18 (1:42.83)	