

## FINA 14th LC World Champs 2012 @ Riccione - 2012-06-10 to 2012-06-17

## Wahoo AC 25m Indoor pool - Johannesburg

## Meet Summary

	Seed	Results
<b>Alder, Elaine - Female - Age: 55 - Wahoo-CG - DOB: 1957-05-31</b>		
#3 Women 55-59 200 Back Finals	3:18.00	3:20.79 (13)
46.41 1:37.07 (50.66) 2:31.11 (54.04)	3:20.79 (49.68)	
#15 Women 55-59 50 Free Finals	34.09	36.71 (39)
#17 Women 55-59 200 IM Finals	3:20.00	3:23.43 (16)
45.66 1:37.03 (51.37) 2:36.95 (59.92)	3:23.43 (46.48)	
#31 Women 55-59 100 Back Finals	1:30.00	1:30.61 (14)
43.96 1:30.61 (46.65)		
#35 Women 55-59 50 Back Finals	41.01	42.12 (11)
#23 Mixed 4x50 Medley Relay - 'A' Leg 1 Finals	NT	2:30.46 (40)
42.20 1:23.15 (40.95) 1:51.54 (28.39)	2:30.46 (38.92)	
<b>Arbuthnot, Cheryl - Female - Age: 54 - Coelacanth-NT - DOB: 1958-10-19</b>		
#15 Women 50-54 50 Free Finals	40.10	DNF
#21 Women 50-54 50 Breast Finals	51.98	DNF
<b>Arbuthnot, Dave - Male - Age: 59 - Coelacanth-NT - DOB: 1953-09-16</b>		
#10 Men 55-59 400 IM Finals	6:40.01	6:57.59 (30)
44.03 1:35.51 (51.48) 2:31.32 (55.81)	3:28.70 (57.38)	
4:29.10 (1:00.40) 5:29.76 (1:00.66) 6:13.92 (44.16)	6:57.59 (43.67)	
#16 Men 55-59 50 Free Finals	29.50	30.63 (47)
#34 Men 55-59 200 Fly Finals	3:20.01	3:19.61 (24) *
43.53 1:34.74 (51.21) 2:26.96 (52.22)	3:19.61 (52.65)	
<b>Bishop, Pippy - Female - Age: 30 - Fish Eagle-SW - DOB: 1982-08-08</b>		
#1 Women 30-34 800 Free Finals	11:49.02	11:21.99 (26) *
1:17.15 2:42.36 (1:25.21) 4:09.44 (1:27.08)	5:37.54 (1:28.10)	
7:04.88 (1:27.34) 8:32.83 (1:27.95) 10:00.33 (1:27.50)	11:21.99 (1:21.66)	
#5 Women 30-34 100 Free Finals	1:09.03	1:08.82 (45) *
32.52 1:08.82 (36.30)		
#13 Women 30-34 50 Fly Finals	35.21	33.63 (43) *
#15 Women 30-34 50 Free Finals	32.09	31.36 (66) *
#35 Women 30-34 50 Back Finals	39.13	39.41 (45)
<b>Bromfield, Morag - Female - Age: 60 - East Coast-KZ - DOB: 1952-11-10</b>		
#3 Women 60-64 200 Back Finals	3:15.06 SAQT	3:07.71 (2) * SAQT
SAMS record: 3:15.58L		
43.13 1:30.76 (47.63) 2:19.90 (49.14)	3:07.71 (47.81)	
#13 Women 60-64 50 Fly Finals	38.07	39.22 (6)
#15 Women 60-64 50 Free Finals	34.08	34.71 (6)
#31 Women 60-64 100 Back Finals	1:25.08 SAQT	1:24.40 (3) * SAQT
41.23 1:24.40 (43.17)		
#35 Women 60-64 50 Back Finals	37.06 SAQT	38.14 (3) SAQT
SAMS record: 38.48L		
<b>Cadiz, Perry - Female - Age: 36 - Cape Town-WP - DOB: 1976-02-24</b>		
#3 Women 35-39 200 Back Finals	2:45.10	2:47.42 (8)
38.33 1:19.89 (41.56) 2:03.56 (43.67)	2:47.42 (43.86)	
#5 Women 35-39 100 Free Finals	1:04.00	1:04.81 (24)
30.70 1:04.81 (34.11)		
#15 Women 35-39 50 Free Finals	29.10	29.26 (17)
#31 Women 35-39 100 Back Finals	1:14.90	1:17.04 (17)
36.81 1:17.04 (40.23)		
#35 Women 35-39 50 Back Finals	34.20	34.89 (14)
#25 Women 4x50 Free Relay - 'A' Leg 3 Finals	NT	1:52.58 (4)
SAMS record: 1:53.66L		
26.67 55.36 (28.69) 1:23.72 (28.36)	1:52.58 (28.86)	
#23 Mixed 4x50 Medley Relay - 'A' Leg 4 Finals	NT	1:57.94 (2)
SAMS record: 2:02.65L		
26.70 59.25 (32.55) 1:29.55 (30.30)	1:57.94 (28.39)	
<b>Campbell, Heather - Female - Age: 57 - East Coast-KZ - DOB: 1955-11-16</b>		

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	Seed		Results		
<b>Campbell, Heather - Female - Age: 57 - East Coast-KZ - DOB: 1955-11-16</b>					
#5 Women 55-59 100 Free Finals	1:08.03	SAQT	1:07.36	(1)	* SAQT
SAMS record: 1:08.00L					
32.86	1:07.36 (34.50)				
#11 Women 55-59 200 Free Finals	2:31.00	SAQT	2:31.20	(3)	SAQT
34.79	1:13.02 (38.23)	1:52.27 (39.25)	2:31.20 (38.93)		
#13 Women 55-59 50 Fly Finals	33.00	SAQT	32.46	(1)	* SAQT
SAMS record: 33.30L					
#15 Women 55-59 50 Free Finals	31.00	SAQT	31.10	(1)	
#31 Women 55-59 100 Back Finals	1:22.00	SAQT	1:18.55	(1)	* SAQT
SAMS record: 1:20.36L					
39.22	1:18.55 (39.33)				
<b>Carroll, Debbie - Female - Age: 50 - Wahoo-CG - DOB: 1962-08-23</b>					
#5 Women 50-54 100 Free Finals	1:04.07	SAQT	1:04.71	(3)	SAQT
30.78	1:04.71 (33.93)				
#11 Women 50-54 200 Free Finals	2:31.05		2:21.64	(2)	* SAQT
SAMS record: 2:22.22L					
33.09	1:08.88 (35.79)	1:46.41 (37.53)	2:21.64 (35.23)		
#15 Women 50-54 50 Free Finals	29.09	SAQT	30.16	(4)	
#35 Women 50-54 50 Back Finals	35.07	SAQT	35.88	(5)	
<b>Cheadle, Halton - Male - Age: 63 - Cape Town-WP - DOB: 1949-07-30</b>					
#10 Men 60-64 400 IM Finals	6:05.00	SAQT	6:20.22	(7)	
41.17	1:29.88 (48.71)	2:19.32 (49.44)	3:09.32 (50.00)		
4:04.28 (54.96)	4:57.33 (53.05)	5:38.52 (41.19)	6:20.22 (41.70)		
#14 Men 60-64 50 Fly Finals	30.01	SAQT	31.52	(8)	
#18 Men 60-64 200 IM Finals	2:45.00	SAQT	2:53.00	(13)	
34.97	1:21.14 (46.17)	2:13.05 (51.91)	2:53.00 (39.95)		
#20 Men 60-64 100 Fly Finals	1:12.00	SAQT	1:18.99	(8)	
34.93	1:18.99 (44.06)				
#34 Men 60-64 200 Fly Finals	3:05.00		NS		
#28 Men 4x50 Medley Relay - 'A' Leg 3 Finals	NT		2:19.57	(13)	
38.03	1:17.51 (39.48)	1:49.33 (31.82)	2:19.57 (30.24)		
<b>Cook, Wendy - Female - Age: 42 - East Coast-KZ - DOB: 1970-05-24</b>					
#7 Women 40-44 100 Breast Finals	1:26.30		1:24.54	(14)	*
39.24	1:24.54 (45.30)				
#21 Women 40-44 50 Breast Finals	39.15		37.78	(11)	*
#29 Women 40-44 200 Breast Finals	3:13.71		3:09.09	(13)	*
41.71	1:29.08 (47.37)	2:18.59 (49.51)	3:09.09 (50.50)		
<b>Dahlmann, Sven - Male - Age: 32 - East Coast-KZ - DOB: 1980-11-12</b>					
#4 Men 30-34 200 Back Finals	2:26.27		2:24.20	(14)	*
SAMS record: 2:27.59L					
33.12	1:08.88 (35.76)	1:45.98 (37.10)	2:24.20 (38.22)		
#14 Men 30-34 50 Fly Finals	29.48		29.36	(54)	*
#18 Men 30-34 200 IM Finals	2:33.29		2:25.10	(18)	*
30.52	1:08.01 (37.49)	1:51.76 (43.75)	2:25.10 (33.34)		
#32 Men 30-34 100 Back Finals	1:06.49		1:05.48	(13)	*
31.73	1:05.48 (33.75)				
#36 Men 30-34 50 Back Finals	30.54		30.09	(17)	*
<b>Davie, Clare - Female - Age: 56 - Phoenix-CG - DOB: 1956-09-20</b>					
#3 Women 55-59 200 Back Finals	2:55.00	SAQT	2:54.63	(1)	* SAQT
SAMS record: 2:54.72L					
40.68	1:23.75 (43.07)	2:08.71 (44.96)	2:54.63 (45.92)		
#9 Women 55-59 400 IM Finals	6:40.00		6:28.80	(7)	* SAQT
SAMS record: 6:43.00L					
42.36	1:32.25 (49.89)	2:21.30 (49.05)	3:08.39 (47.09)		
4:06.13 (57.74)	5:04.62 (58.49)	5:47.46 (42.84)	6:28.80 (41.34)		
#31 Women 55-59 100 Back Finals	1:24.00		1:21.53	(3)	* SAQT
39.62	1:21.53 (41.91)				

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	Seed				Results		
<b>Davie, Clare - Female - Age: 56 - Phoenix-CG - DOB: 1956-09-20</b>							
#37 Women 55-59 400 Free Finals				5:30.00	5:28.01	(6)	*
	38.24	1:19.80 (41.56)	2:01.16 (41.36)	2:43.61 (42.45)			
		4:06.01 ( )	4:47.16 (41.15)	5:28.01 (40.85)			
<b>du Rand, Dawn - Female - Age: 53 - Wahoo-CG - DOB: 1959-02-04</b>							
#1 Women 50-54 800 Free Finals				14:08.92	14:38.59	(65)	
	1:35.61	3:25.43 (1:49.82)	5:18.45 (1:53.02)	7:09.88 (1:51.43)			
	9:03.85 (1:53.97)	10:57.22 (1:53.37)	12:50.86 (1:53.64)	14:38.59 (1:47.73)			
#5 Women 50-54 100 Free Finals				1:26.69	1:29.43	(93)	
	40.74	1:29.43 (48.69)					
#11 Women 50-54 200 Free Finals				3:12.60	3:17.31	(86)	
	42.50	1:34.10 (51.60)	2:26.08 (51.98)	3:17.31 (51.23)			
#15 Women 50-54 50 Free Finals				37.50	39.12	(99)	
#37 Women 50-54 400 Free Finals				6:45.18	6:48.29	(56)	
	43.49	1:34.48 (50.99)	2:26.03 (51.55)	3:20.96 (54.93)			
	4:12.85 (51.89)	5:07.10 (54.25)	5:57.86 (50.76)	6:48.29 (50.43)			
#23 Mixed 4x50 Medley Relay - 'A' Leg 4 Finals				NT	2:30.46	(40)	
	42.20	1:23.15 (40.95)	1:51.54 (28.39)	2:30.46 (38.92)			
<b>du Toit, Graham - Male - Age: 52 - East Coast-KZ - DOB: 1960-10-11</b>							
#4 Men 50-54 200 Back Finals				2:30.00 SAQT	2:36.59	(8)	
	36.60	1:15.28 (38.68)	1:55.82 (40.54)	2:36.59 (40.77)			
#10 Men 50-54 400 IM Finals				5:28.00	5:39.81	(9)	
	34.05	1:14.94 (40.89)	1:59.96 (45.02)	2:44.92 (44.96)			
	3:33.41 (48.49)	4:23.18 (49.77)	5:01.98 (38.80)	5:39.81 (37.83)			
#12 Men 50-54 200 Free Finals				2:15.00	2:17.43	(26)	
	31.95	1:06.31 (34.36)	1:42.17 (35.86)	2:17.43 (35.26)			
#18 Men 50-54 200 IM Finals				2:29.00 SAQT	2:32.56	(7)	
	32.64	1:13.00 (40.36)	1:57.43 (44.43)	2:32.56 (35.13)			
<b>du Toit, Francois - Male - Age: 65 - Cape Town-WP - DOB: 1947-12-27</b>							
#6 Men 65-69 100 Free Finals				1:18.00	1:12.06	(16)	*
	34.39	1:12.06 (37.67)					
#8 Men 65-69 100 Breast Finals				1:29.00	1:33.12	(21)	
	43.37	1:33.12 (49.75)					
#16 Men 65-69 50 Free Finals				32.00	31.20	(11)	*
#22 Men 65-69 50 Breast Finals				41.00	40.23	(19)	*
#30 Men 65-69 200 Breast Finals				3:20.00	3:29.15	(14)	
	45.87	1:38.76 (52.89)	2:34.54 (55.78)	3:29.15 (54.61)			
#28 Men 4x50 Medley Relay - 'A' Leg 2 Finals				NT	2:19.57	(13)	
	38.03	1:17.51 (39.48)	1:49.33 (31.82)	2:19.57 (30.24)			
<b>Emslie, Phil - Male - Age: 28 - Cape Town-WP - DOB: 1984-05-30</b>							
#2 Men 25-29 800 Free Finals				8:50.30 SAQT	8:56.22	(4)	SAQT
	1:03.72	2:10.97 (1:07.25)	3:18.59 (1:07.62)	4:26.58 (1:07.99)			
	5:34.70 (1:08.12)	6:42.99 (1:08.29)	7:51.25 (1:08.26)	8:56.22 (1:04.97)			
#6 Men 25-29 100 Free Finals				55.50	57.58	(55)	
	28.04	57.58 (29.54)					
#12 Men 25-29 200 Free Finals				2:00.00	2:03.24	(17)	
	28.65	59.96 (31.31)	1:32.16 (32.20)	2:03.24 (31.08)			
#38 Men 25-29 400 Free Finals				4:18.30 SAQT	4:19.60	(6)	SAQT
	29.96	1:02.36 (32.40)	1:35.82 (33.46)	2:09.18 (33.36)			
	2:42.38 (33.20)	3:15.49 (33.11)	3:48.77 (33.28)	4:19.60 (30.83)			
#26 Men 4x50 Free Relay - 'A' Leg 2 Finals				NT	1:40.37	(7)	
	26.62	52.03 (25.41)	1:17.26 (25.23)	1:40.37 (23.11)			
<b>Grobler, Francois - Male - Age: 44 - Wahoo-CG - DOB: 1968-09-05</b>							
#2 Men 40-44 800 Free Finals				10:50.00	DNF		
#6 Men 40-44 100 Free Finals				1:03.08	1:05.77	(99)	
	31.86	1:05.77 (33.91)					
#12 Men 40-44 200 Free Finals				2:23.30	2:27.13	(90)	
	32.59	1:10.53 (37.94)	1:48.84 (38.31)	2:27.13 (38.29)			

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	Seed		Results		
<b>Grobler, Francois - Male - Age: 44 - Wahoo-CG - DOB: 1968-09-05</b>					
#38 Men 40-44 400 Free Finals		5:11.68			NS
<b>Gunther, Samantha - Female - Age: 26 - Phoenix-CG - DOB: 1986-11-29</b>					
#5 Women 25-29 100 Free Finals		59.08	SAQT	59.50	(2) SAQT
SAMS record: 1:02.58L					
	28.93			59.50 (30.57)	
#11 Women 25-29 200 Free Finals		2:10.05	SAQT	2:08.65	(3) * SAQT
SAMS record: 2:12.28L					
	29.98	1:03.08 (33.10)		1:36.31 (33.23)	2:08.65 (32.34)
#19 Women 25-29 100 Fly Finals			1:07.07	1:05.89	(2) * SAQT
	30.89	1:05.89 (35.00)			
#33 Women 25-29 200 Fly Finals		2:26.05	SAQT	2:27.16	(1) SAQT
	32.54	1:08.85 (36.31)		1:47.21 (38.36)	2:27.16 (39.95)
#37 Women 25-29 400 Free Finals		4:45.00	SAQT	4:38.55	(2) * SAQT
SAMS record: 4:47.66L					
	31.04	1:04.84 (33.80)		1:40.09 (35.25)	2:16.08 (35.99)
	2:52.14 (36.06)	3:28.72 (36.58)		4:04.23 (35.51)	4:38.55 (34.32)
<b>Helps, Tracy - Female - Age: 37 - Wahoo-CG - DOB: 1975-10-17</b>					
#3 Women 35-39 200 Back Finals		3:14.62			DNF
#5 Women 35-39 100 Free Finals		1:16.02			DNF
#31 Women 35-39 100 Back Finals		1:30.82			DNF
#35 Women 35-39 50 Back Finals		41.12			DNF
<b>Hendricks, Nigel - Male - Age: 54 - Cape Town-WP - DOB: 1958-08-17</b>					
#6 Men 50-54 100 Free Finals		1:05.50		1:05.99	(70)
	30.91	1:05.99 (35.08)			
#12 Men 50-54 200 Free Finals		2:30.05		2:30.40	(67)
	34.75	1:12.70 (37.95)		1:52.54 (39.84)	2:30.40 (37.86)
#14 Men 50-54 50 Fly Finals			33.50	34.00	(85)
#16 Men 50-54 50 Free Finals			29.50	29.17	(51) *
#22 Men 50-54 50 Breast Finals			39.05	39.85	(81)
#24 Mixed 4x50 Free Relay - 'A' Leg 1 Finals			NT	1:54.06	(5)
	29.09	58.32 (29.23)		1:27.83 (29.51)	1:54.06 (26.23)
<b>Hodges, Mark - Male - Age: 59 - Cape Town-WP - DOB: 1953-06-20</b>					
#6 Men 55-59 100 Free Finals		1:15.10		1:15.94	(99)
	35.28	1:15.94 (40.66)			
#12 Men 55-59 200 Free Finals		2:48.80		2:51.85	(64)
	40.11	1:24.66 (44.55)		2:11.05 (46.39)	2:51.85 (40.80)
#14 Men 55-59 50 Fly Finals			35.75		DNF
#16 Men 55-59 50 Free Finals			32.50	32.72	(97)
#22 Men 55-59 50 Breast Finals			43.26	43.85	(79)
<b>Holshausen, Rod - Male - Age: 54 - Cape Town-WP - DOB: 1958-05-07</b>					
#2 Men 50-54 800 Free Finals		10:25.00		10:42.36	(30)
	1:12.16	2:32.53 (1:20.37)		3:53.20 (1:20.67)	5:14.85 (1:21.65)
	6:36.99 (1:22.14)	7:59.85 (1:22.86)		9:22.33 (1:22.48)	10:42.36 (1:20.03)
#12 Men 50-54 200 Free Finals			2:20.00		NS
#20 Men 50-54 100 Fly Finals			1:09.00	1:14.34	(35)
	33.63	1:14.34 (40.71)			
#34 Men 50-54 200 Fly Finals			2:40.00		NS
#38 Men 50-54 400 Free Finals			5:00.00		NS
#28 Men 4x50 Medley Relay - 'A' Leg 4 Finals			NT	2:19.57	(13)
	38.03	1:17.51 (39.48)		1:49.33 (31.82)	2:19.57 (30.24)
<b>Hugo-Hamman, Christopher - Male - Age: 56 - Cape Town-WP - DOB: 1956-07-05</b>					
#2 Men 55-59 800 Free Finals		12:08.03		12:04.34	(34) *
	1:26.00	2:58.01 (1:32.01)		4:29.59 (1:31.58)	6:01.76 (1:32.17)
	7:32.68 (1:30.92)	9:04.08 (1:31.40)		10:36.50 (1:32.42)	12:04.34 (1:27.84)
#6 Men 55-59 100 Free Finals			1:10.08	1:10.45	(56)
	33.46	1:10.45 (36.99)			

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	Seed				Results	
<b>Hugo-Hamman, Christopher - Male - Age: 56 - Cape Town-WP - DOB: 1956-07-05</b>						
#12 Men 55-59 200 Free Finals				2:38.06	2:40.61	(37)
	37.52	1:18.96 (41.44)	2:01.09 (42.13)	2:40.61 (39.52)		
#16 Men 55-59 50 Free Finals				31.70	31.98	(81)
#38 Men 55-59 400 Free Finals				5:44.22	5:58.55	(42)
	39.24	1:21.73 (42.49)	2:07.55 (45.82)	2:53.34 (45.79)		
	3:40.98 (47.64)	4:26.98 (46.00)	5:14.54 (47.56)	5:58.55 (44.01)		
<b>Kennedy, Karen - Female - Age: 46 - Phoenix-CG - DOB: 1966-05-24</b>						
#1 Women 45-49 800 Free Finals				11:13.71	12:01.93	(29)
	1:18.81	2:47.43 (1:28.62)	4:17.87 (1:30.44)	5:50.61 (1:32.74)		
	7:24.51 (1:33.90)	8:58.84 (1:34.33)	10:31.92 (1:33.08)	12:01.93 (1:30.01)		
#11 Women 45-49 200 Free Finals				2:33.18	NS	
#17 Women 45-49 200 IM Finals				3:05.97	NS	
#37 Women 45-49 400 Free Finals				5:31.10	5:41.72	(33)
	36.10	1:17.40 (41.30)	2:00.18 (42.78)	2:44.07 (43.89)		
	3:28.84 (44.77)	4:13.94 (45.10)	4:58.98 (45.04)	5:41.72 (42.74)		
<b>King, Chris - Male - Age: 27 - Cape Town-WP - DOB: 1985-08-10</b>						
#4 Men 25-29 200 Back Finals				2:07.00 SAQT	2:03.62	(1) * SAQT
	WORLD record: 2:03.80L SAMS record: 2:09.85L					
	28.74	1:00.88 (32.14)	1:32.76 (31.88)	2:03.62 (30.86)		
#12 Men 25-29 200 Free Finals				1:57.00 SAQT	1:52.82	(1) * SAQT
	SAMS record: 1:58.61L					
	25.95	54.73 (28.78)	1:23.76 (29.03)	1:52.82 (29.06)		
#16 Men 25-29 50 Free Finals				24.14	23.50	(2) * SAQT
	SAMS record: 24.14L					
#32 Men 25-29 100 Back Finals				58.20 SAQT	56.80	(1) * SAQT
	WORLD record: 57.42L SAMS record: 59.02L					
	27.43	56.80 (29.37)				
#36 Men 25-29 50 Back Finals				27.19 SAQT	26.90	(2) * SAQT
	SAMS record: 28.02L					
#26 Men 4x50 Free Relay - 'A' Leg 4 Finals				NT	1:40.37	(7)
	26.62	52.03 (25.41)	1:17.26 (25.23)	1:40.37 (23.11)		
#23 Mixed 4x50 Medley Relay - 'A' Leg 1 Finals				NT	1:57.94	(2)
	SAMS record: 2:02.65L					
	26.70	59.25 (32.55)	1:29.55 (30.30)	1:57.94 (28.39)		
<b>Kloos, Kascha - Female - Age: 87 - Cape Town-WP - DOB: 1925-04-10</b>						
#3 Women 85-89 200 Back Finals				6:30.00	6:49.54	(4)
	1:33.91	3:23.55 (1:49.64)	5:07.60 (1:44.05)	6:49.54 (1:41.94)		
#11 Women 85-89 200 Free Finals				5:30.00	6:04.37	(4)
	1:18.97	2:56.74 (1:37.77)	4:33.80 (1:37.06)	6:04.37 (1:30.57)		
#15 Women 85-89 50 Free Finals				1:20.00	1:18.42	(6) *
#31 Women 85-89 100 Back Finals				3:10.00	3:17.00	(5)
	1:32.76	3:17.00 (1:44.24)				
#37 Women 85-89 400 Free Finals				12:30.00	12:04.69	(4) * SAQT
		2:51.55 ( )	4:26.48 (1:34.93)	6:01.55 (1:35.07)		
		9:08.48 ( )	12:04.69 (2:56.21)			
<b>Kloos, Rainer - Male - Age: 57 - Cape Town-WP - DOB: 1955-06-29</b>						
#6 Men 55-59 100 Free Finals				1:13.00	1:11.45	(63) *
	34.78	1:11.45 (36.67)				
#12 Men 55-59 200 Free Finals				2:55.00	2:51.02	(60) *
	38.06	1:21.51 (43.45)	2:07.31 (45.80)	2:51.02 (43.71)		
#14 Men 55-59 50 Fly Finals				36.05	NS	
#16 Men 55-59 50 Free Finals				32.00	31.39	(71) *
#18 Men 55-59 200 IM Finals				3:16.00	NS	
<b>Kruger, Harald - Male - Age: 45 - Cape Town-WP - DOB: 1967-09-08</b>						
#6 Men 45-49 100 Free Finals				57.80	58.29	(19)
	28.59	58.29 (29.70)				

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	Seed		Results	
<b>Kruger, Harald - Male - Age: 45 - Cape Town-WP - DOB: 1967-09-08</b>				
#12 Men 45-49 200 Free Finals			2:13.70	2:12.97 (23) *
	31.08	1:05.44 (34.36)	1:39.43 (33.99)	2:12.97 (33.54)
#14 Men 45-49 50 Fly Finals			30.12	30.61 (77)
#16 Men 45-49 50 Free Finals			25.80	26.59 (22)
#22 Men 45-49 50 Breast Finals			33.90	33.91 (19)
#26 Men 4x50 Free Relay - 'A' Leg 3 Finals			NT	1:40.37 (7)
	26.62	52.03 (25.41)	1:17.26 (25.23)	1:40.37 (23.11)
#23 Mixed 4x50 Medley Relay - 'A' Leg 2 Finals			NT	1:57.94 (2)
SAMS record: 2:02.65L				
	26.70	59.25 (32.55)	1:29.55 (30.30)	1:57.94 (28.39)
<b>Lavett, Barbara - Female - Age: 44 - Highway-KZ - DOB: 1968-06-25</b>				
#1 Women 40-44 800 Free Finals			10:30.00	10:26.79 (11) *
	1:13.40	2:31.06 (1:17.66)	3:49.16 (1:18.10)	5:08.27 (1:19.11)
	6:27.86 (1:19.59)	7:47.91 (1:20.05)	9:08.04 (1:20.13)	10:26.79 (1:18.75)
#37 Women 40-44 400 Free Finals			5:10.00	5:12.21 (18)
	34.48	1:11.96 (37.48)	1:50.88 (38.92)	2:30.88 (40.00)
	3:10.93 (40.05)	3:51.66 (40.73)	4:32.41 (40.75)	5:12.21 (39.80)
<b>Lawrenson, Kieren - Male - Age: 38 - East Coast-KZ - DOB: 1974-09-27</b>				
#8 Men 35-39 100 Breast Finals			1:11.50	1:12.03 (14)
	32.85	1:12.03 (39.18)		
#14 Men 35-39 50 Fly Finals			27.20	28.36 (30)
#20 Men 35-39 100 Fly Finals			1:02.29	1:04.55 (22)
	29.71	1:04.55 (34.84)		
#22 Men 35-39 50 Breast Finals			31.50	32.80 (19)
#30 Men 35-39 200 Breast Finals			2:39.69	2:42.37 (10)
	34.47	1:14.81 (40.34)	1:59.17 (44.36)	2:42.37 (43.20)
<b>Ludick, Werner - Male - Age: 49 - Cape Town-WP - DOB: 1963-12-21</b>				
#6 Men 45-49 100 Free Finals			1:03.95	1:05.74 (99)
	30.56	1:05.74 (35.18)		
#16 Men 45-49 50 Free Finals			29.01	29.66 (99)
#32 Men 45-49 100 Back Finals			1:19.05	1:19.83 (56)
	36.98	1:19.83 (42.85)		
#36 Men 45-49 50 Back Finals			34.95	35.68 (52)
<b>Matley, Terry - Female - Age: 55 - Cape Dolphins-WP - DOB: 1957-08-18</b>				
#7 Women 55-59 100 Breast Finals			1:35.28	1:37.09 (18)
	46.82	1:37.09 (50.27)		
#15 Women 55-59 50 Free Finals			38.71	36.57 (35) *
#21 Women 55-59 50 Breast Finals			42.20	40.89 (7) * SAQT
SAMS record: 42.20L				
#29 Women 55-59 200 Breast Finals			3:37.47	3:41.67 (17)
	51.95	1:47.94 (55.99)	2:46.53 (58.59)	3:41.67 (55.14)
<b>McLachlan, Dave - Male - Age: 75 - Cape Town-WP - DOB: 1937-10-22</b>				
#2 Men 75-79 800 Free Finals			12:40.00 SAQT	NS
#10 Men 75-79 400 IM Finals			7:15.00 SAQT	7:10.29 (1) * SAQT
SAMS record: 7:15.49L				
	47.84	1:40.59 (52.75)	2:41.84 (1:01.25)	3:42.25 (1:00.41)
	4:38.60 (56.35)	5:33.82 (55.22)	6:22.23 (48.41)	7:10.29 (48.06)
#18 Men 75-79 200 IM Finals			3:20.00 SAQT	3:12.48 (2) * SAQT
SAMS record: 3:24.64L				
	43.28	1:36.85 (53.57)	2:30.72 (53.87)	3:12.48 (41.76)
#20 Men 75-79 100 Fly Finals			1:33.00 SAQT	1:28.67 (1) * SAQT
SAMS record: 1:33.58L				
	41.54	1:28.67 (47.13)		
#34 Men 75-79 200 Fly Finals			3:27.00 SAQT	3:26.21 (1) * SAQT
WORLD record: 3:26.28L SAMS record: 3:26.74L				
	46.23	1:37.42 (51.19)	2:31.63 (54.21)	3:26.21 (54.58)
<b>Neethling, Ryk - Male - Age: 35 - Cape Town-WP - DOB: 1977-11-17</b>				

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	Seed		Results	
<b>Neethling, Ryk - Male - Age: 35 - Cape Town-WP - DOB: 1977-11-17</b>				
#14 Men 35-39 50 Fly Finals	24.04	SAQT		NS
#16 Men 35-39 50 Free Finals	23.02	SAQT		NS
#22 Men 35-39 50 Breast Finals	29.02	SAQT		NS
<b>Ottermann, Edith - Female - Age: 46 - Cape Town-WP - DOB: 1966-07-08</b>				
#5 Women 45-49 100 Free Finals	1:06.00		1:09.78	(31)
31.56		1:09.78 (38.22)		
#13 Women 45-49 50 Fly Finals	29.30	SAQT	30.37	(2) SAQT
#15 Women 45-49 50 Free Finals	26.80	SAQT	27.05	(1) SAQT
#25 Women 4x50 Free Relay - 'A' Leg 1 Finals	NT		1:52.58	(4)
SAMS record: 1:53.66L				
26.67	55.36 (28.69)	1:23.72 (28.36)	1:52.58 (28.86)	
#23 Mixed 4x50 Medley Relay - 'A' Leg 3 Finals	NT		1:57.94	(2)
SAMS record: 2:02.65L				
26.70	59.25 (32.55)	1:29.55 (30.30)	1:57.94 (28.39)	
<b>Philipps, Bronwyn - Female - Age: 43 - Coelacanth-NT - DOB: 1969-01-01</b>				
#11 Women 40-44 200 Free Finals	2:50.10			DQ
#17 Women 40-44 200 IM Finals	3:10.01		3:12.50	(55)
40.80	1:30.15 (49.35)	2:25.62 (55.47)	3:12.50 (46.88)	
<b>Shead, Tim - Male - Age: 60 - Florida G C-ZZ - DOB: 1952-11-10</b>				
#8 Men 60-64 100 Breast Finals	1:16.01	SAQT	1:14.32	(1) * SAQT
WORLD record: 1:15.42L				
34.21		1:14.32 (40.11)		
#10 Men 60-64 400 IM Finals	5:35.00	SAQT	5:30.46	(2) * SAQT
37.60	1:19.67 (42.07)	2:01.22 (41.55)	2:43.57 (42.35)	
3:28.30 (44.73)	4:13.89 (45.59)	4:51.41 (37.52)	5:30.46 (39.05)	
#18 Men 60-64 200 IM Finals	2:33.00	SAQT	2:30.05	(1) * SAQT
WORLD record: 2:30.72L				
32.94	1:11.86 (38.92)	1:53.83 (41.97)	2:30.05 (36.22)	
#22 Men 60-64 50 Breast Finals	34.00	SAQT	32.87	(1) * SAQT
#30 Men 60-64 200 Breast Finals	2:51.00	SAQT	2:45.71	(2) * SAQT
WORLD record: 2:46.46L				
36.84	1:17.94 (41.10)	2:01.27 (43.33)	2:45.71 (44.44)	
<b>Sheftz, Owen - Male - Age: 35 - Wahoo-CG - DOB: 1977-02-01</b>				
#2 Men 35-39 800 Free Finals	9:56.27		9:44.01	(17) *
1:09.75	2:22.99 (1:13.24)	3:36.60 (1:13.61)	4:51.13 (1:14.53)	
6:05.30 (1:14.17)	7:19.01 (1:13.71)	8:32.78 (1:13.77)	9:44.01 (1:11.23)	
#12 Men 35-39 200 Free Finals	2:17.21		2:16.09	(44) *
31.77	1:06.05 (34.28)	1:40.86 (34.81)	2:16.09 (35.23)	
#20 Men 35-39 100 Fly Finals	1:10.52			DNF
#38 Men 35-39 400 Free Finals	4:54.21			NS
#26 Men 4x50 Free Relay - 'A' Leg 2 Finals	NT		1:46.81	(15)
25.88	54.51 (28.63)	1:20.06 (25.55)	1:46.81 (26.75)	
<b>Shuttleworth, Bev - Female - Age: 65 - Highway-KZ - DOB: 1947-10-31</b>				
#7 Women 65-69 100 Breast Finals	1:44.00		1:40.00	(7) * SAQT
SAMS record: 1:43.08L				
46.66		1:40.00 (53.34)		
#11 Women 65-69 200 Free Finals	3:09.94		3:06.64	(4) *
SAMS record: 3:07.38L				
42.15	1:29.85 (47.70)	2:19.45 (49.60)	3:06.64 (47.19)	
#21 Women 65-69 50 Breast Finals	46.28		45.14	(5) * SAQT
SAMS record: 45.87L				
#35 Women 65-69 50 Back Finals	46.20		45.01	(8) *
#37 Women 65-69 400 Free Finals	6:37.89		6:31.13	(5) *
SAMS record: 6:36.12L				
42.81	1:32.06 (49.25)	2:21.15 (49.09)	3:11.16 (50.01)	
4:02.86 (51.70)	4:52.57 (49.71)	5:43.16 (50.59)	6:31.13 (47.97)	
<b>Stanford, Cecilia - Female - Age: 51 - Cape Town-WP - DOB: 1961-06-10</b>				

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	Seed		Results		
<b>Stanford, Cecilia - Female - Age: 51 - Cape Town-WP - DOB: 1961-06-10</b>					
#5 Women 50-54 100 Free Finals	1:04.12	SAQT	1:04.37	(2)	SAQT
SAMS record: 1:04.61L					
31.52	1:04.37 (32.85)				
#13 Women 50-54 50 Fly Finals	31.75	SAQT	31.99	(5)	SAQT
#17 Women 50-54 200 IM Finals	2:38.00	SAQT	2:40.18	(2)	SAQT
33.45	1:14.88 (41.43)	2:02.43 (47.55)	2:40.18 (37.75)		
#19 Women 50-54 100 Fly Finals	1:10.00	SAQT	1:10.54	(2)	SAQT
33.50	1:10.54 (37.04)				
#31 Women 50-54 100 Back Finals	1:14.80	SAQT	1:16.54	(4)	SAQT
36.51	1:16.54 (40.03)				
#24 Mixed 4x50 Free Relay - 'A' Leg 3 Finals	NT		1:54.06	(5)	
29.09	58.32 (29.23)	1:27.83 (29.51)	1:54.06 (26.23)		
<b>Stanford, Tarryn - Female - Age: 26 - Cape Town-WP - DOB: 1986-08-14</b>					
#3 Women 25-29 200 Back Finals	2:32.00	SAQT	2:32.68	(3)	SAQT
SAMS record: 2:35.18L					
36.00	1:14.61 (38.61)	1:53.27 (38.66)	2:32.68 (39.41)		
#9 Women 25-29 400 IM Finals	5:32.00		5:32.66	(6)	
SAMS record: 5:37.87L					
34.65	1:14.72 (40.07)	1:55.27 (40.55)	2:34.70 (39.43)		
3:25.25 (50.55)	4:17.06 (51.81)	4:55.19 (38.13)	5:32.66 (37.47)		
#17 Women 25-29 200 IM Finals	2:33.00		2:36.29	(10)	
33.91	1:12.01 (38.10)	2:00.37 (48.36)	2:36.29 (35.92)		
#31 Women 25-29 100 Back Finals	1:11.00		1:11.45	(6)	
34.80	1:11.45 (36.65)				
#37 Women 25-29 400 Free Finals	4:48.00		4:49.77	(9)	
32.77	1:08.87 (36.10)	1:44.87 (36.00)	2:21.71 (36.84)		
2:58.29 (36.58)	3:36.15 (37.86)	4:13.58 (37.43)	4:49.77 (36.19)		
#25 Women 4x50 Free Relay - 'A' Leg 4 Finals	NT		1:52.58	(4)	
SAMS record: 1:53.66L					
26.67	55.36 (28.69)	1:23.72 (28.36)	1:52.58 (28.86)		
<b>Steynberg, Andre - Male - Age: 56 - Wahoo-CG - DOB: 1956-11-15</b>					
#14 Men 55-59 50 Fly Finals	28.09	SAQT	29.80	(6)	
#16 Men 55-59 50 Free Finals	26.05	SAQT	26.64	(2)	SAQT
#20 Men 55-59 100 Fly Finals	1:05.05	SAQT	1:04.93	(1)	* SAQT
SAMS record: 1:06.01L					
29.70	1:04.93 (35.23)				
#32 Men 55-59 100 Back Finals	1:08.05	SAQT	1:08.89	(1)	SAQT
33.32	1:08.89 (35.57)				
#36 Men 55-59 50 Back Finals	31.00	SAQT	30.48	(1)	* SAQT
SAMS record: 30.75L					
#26 Men 4x50 Free Relay - 'A' Leg 3 Finals	NT		1:46.81	(15)	
25.88	54.51 (28.63)	1:20.06 (25.55)	1:46.81 (26.75)		
#28 Men 4x50 Medley Relay - 'A' Leg 3 Finals	NT		2:04.79	(33)	
1:07.86 ( )	1:35.67 (27.81)	2:04.79 (29.12)			
#23 Mixed 4x50 Medley Relay - 'A' Leg 3 Finals	NT		2:30.46	(40)	
42.20	1:23.15 (40.95)	1:51.54 (28.39)	2:30.46 (38.92)		
<b>Strauss, Marcelle - Female - Age: 48 - Cape Town-WP - DOB: 1964-08-24</b>					
#5 Women 45-49 100 Free Finals	1:05.50		1:07.89	(20)	
31.74	1:07.89 (36.15)				
#11 Women 45-49 200 Free Finals	2:26.50		2:29.77	(15)	
33.62	1:10.54 (36.92)	1:49.87 (39.33)	2:29.77 (39.90)		
#15 Women 45-49 50 Free Finals	29.50		30.10	(16)	
#29 Women 45-49 200 Breast Finals	3:13.00		3:22.15	(22)	
44.40	1:36.19 (51.79)	2:28.81 (52.62)	3:22.15 (53.34)		
#37 Women 45-49 400 Free Finals	5:22.50		NS		



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<b>Strauss, Marcelle - Female - Age: 48 - Cape Town-WP - DOB: 1964-08-24</b>		
#25 Women 4x50 Free Relay - 'A' Leg 2 Finals	NT	1:52.58 (4)
SAMS record: 1:53.66L		
26.67 55.36 (28.69) 1:23.72 (28.36) 1:52.58 (28.86)		
#24 Mixed 4x50 Free Relay - 'A' Leg 2 Finals	NT	1:54.06 (5)
29.09 58.32 (29.23) 1:27.83 (29.51) 1:54.06 (26.23)		
<b>Sundelowitz, Selwyn - Male - Age: 62 - Coelacanth-NT - DOB: 1950-06-19</b>		
#2 Men 60-64 800 Free Finals	11:50.10	12:04.89 (25)
1:26.50 2:58.29 (1:31.79) 4:30.98 (1:32.69) 6:03.43 (1:32.45)		
7:35.53 (1:32.10) 9:07.06 (1:31.53) 10:37.74 (1:30.68) 12:04.89 (1:27.15)		
#4 Men 60-64 200 Back Finals	3:20.10	3:19.37 (17) *
48.54 1:38.47 (49.93) 2:30.68 (52.21) 3:19.37 (48.69)		
#10 Men 60-64 400 IM Finals	7:15.10	7:14.10 (22) *
50.19 1:47.59 (57.40) 2:45.45 (57.86) 3:42.73 (57.28)		
4:43.18 (1:00.45) 5:43.03 (59.85) 6:30.25 (47.22) 7:14.10 (43.85)		
#38 Men 60-64 400 Free Finals	5:50.10	5:56.67 (26)
41.69 1:26.67 (44.98) 2:11.75 (45.08) 2:57.65 (45.90)		
3:43.02 (45.37) 4:28.92 (45.90) 5:13.99 (45.07) 5:56.67 (42.68)		
<b>Thirsk, Simon - Male - Age: 35 - Wahoo-CG - DOB: 1977-05-15</b>		
#4 Men 35-39 200 Back Finals	2:24.21	2:12.39 (2) * SAQT
SAMS record: 2:29.00L		
1:02.30 ( ) 1:37.40 (35.10) 2:12.39 (34.99)		
#14 Men 35-39 50 Fly Finals	28.53	27.59 (12) *
#16 Men 35-39 50 Free Finals	25.90	NS
#32 Men 35-39 100 Back Finals	1:01.15 SAQT	1:00.07 (1) * SAQT
SAMS record: 1:02.78L		
#36 Men 35-39 50 Back Finals	28.50 SAQT	27.75 (2) * SAQT
SAMS record: 29.50L		
#26 Men 4x50 Free Relay - 'A' Leg 1 Finals	NT	1:46.81 (15)
25.88 54.51 (28.63) 1:20.06 (25.55) 1:46.81 (26.75)		
#28 Men 4x50 Medley Relay - 'A' Leg 1 Finals	NT	2:04.79 (33)
1:07.86 ( ) 1:35.67 (27.81) 2:04.79 (29.12)		
<b>Tregenna, Gill - Female - Age: 70 - East Coast-KZ - DOB: 1942-01-11</b>		
#9 Women 70-74 400 IM Finals	8:55.00	DQ
#13 Women 70-74 50 Fly Finals	53.00	52.96 (7) *
#17 Women 70-74 200 IM Finals	4:11.00	4:15.00 (9)
SAMS record: 4:15.07L		
57.71 2:10.34 (1:12.63) 3:23.01 (1:12.67) 4:15.00 (51.99)		
#19 Women 70-74 100 Fly Finals	2:10.00	2:15.09 (12)
59.23 2:15.09 (1:15.86)		
#37 Women 70-74 400 Free Finals	7:35.00	7:30.19 (15) *
SAMS record: 7:39.87L		
46.93 1:40.01 (53.08) 2:39.52 (59.51) 3:35.40 (55.88)		
4:35.03 (59.63) 5:34.34 (59.31) 6:35.03 (1:00.69) 7:30.19 (55.16)		
<b>van Heerden, Carel - Male - Age: 62 - Wahoo-CG - DOB: 1950-06-26</b>		
#6 Men 60-64 100 Free Finals	1:21.83	1:24.88 (89)
39.40 1:24.88 (45.48)		
#8 Men 60-64 100 Breast Finals	1:34.25	1:38.16 (38)
45.75 1:38.16 (52.41)		
#16 Men 60-64 50 Free Finals	34.33	35.55 (86)
#22 Men 60-64 50 Breast Finals	40.99	40.42 (25) *
#30 Men 60-64 200 Breast Finals	3:39.21	3:30.64 (22) *
48.43 1:42.95 (54.52) 2:38.46 (55.51) 3:30.64 (52.18)		
#28 Men 4x50 Medley Relay - 'A' Leg 2 Finals	NT	2:04.79 (33)
1:07.86 ( ) 1:35.67 (27.81) 2:04.79 (29.12)		
#23 Mixed 4x50 Medley Relay - 'A' Leg 2 Finals	NT	2:30.46 (40)
42.20 1:23.15 (40.95) 1:51.54 (28.39) 2:30.46 (38.92)		
<b>van Wyk, Dieter - Male - Age: 33 - Cape Town-WP - DOB: 1979-10-26</b>		

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<b>van Wyk, Dieter - Male - Age: 33 - Cape Town-WP - DOB: 1979-10-26</b>						
#16 Men 30-34 50 Free Finals	28.10				DNF	
#32 Men 30-34 100 Back Finals	1:12.12				DNF	
#36 Men 30-34 50 Back Finals	32.10				32.84	(36)
<b>vd Hoven, Hendrik - Male - Age: 60 - Wahoo-CG - DOB: 1952-05-01</b>						
#2 Men 60-64 800 Free Finals	11:20.00				11:56.01	(22)
	1:20.13	2:49.43 (1:29.30)	4:20.12 (1:30.69)	5:51.44 (1:31.32)		
	7:23.71 (1:32.27)	8:55.20 (1:31.49)	10:27.45 (1:32.25)	11:56.01 (1:28.56)		
#4 Men 60-64 200 Back Finals	3:00.00				NS	
#12 Men 60-64 200 Free Finals	2:40.00				NS	
#32 Men 60-64 100 Back Finals	1:23.00				NS	
#38 Men 60-64 400 Free Finals	5:30.00				5:50.51	(23)
	37.42	1:19.32 (41.90)	2:03.67 (44.35)	2:49.05 (45.38)		
	3:35.44 (46.39)	4:21.22 (45.78)	5:07.12 (45.90)	5:50.51 (43.39)		
<b>vd Merwe, Iwan - Male - Age: 50 - Cape Town-WP - DOB: 1962-06-08</b>						
#2 Men 50-54 800 Free Finals	12:05.01				DNF	
#6 Men 50-54 100 Free Finals	1:14.05				1:08.38	(99) *
	33.64	1:08.38 (34.74)				
#12 Men 50-54 200 Free Finals	2:43.06				2:40.84	(99) *
	35.75	1:16.68 (40.93)	1:59.67 (42.99)	2:40.84 (41.17)		
#16 Men 50-54 50 Free Finals	31.09				30.92	(99) *
#38 Men 50-54 400 Free Finals	5:42.00				DNF	
<b>vd Merwe, Johan - Male - Age: 47 - Cape Town-WP - DOB: 1965-02-26</b>						
#6 Men 45-49 100 Free Finals	57.21				57.67	(13)
	27.68	57.67 (29.99)				
#8 Men 45-49 100 Breast Finals	1:12.23				NS	
#12 Men 45-49 200 Free Finals	2:06.80				2:09.70	(14)
	29.87	1:03.16 (33.29)	1:36.81 (33.65)	2:09.70 (32.89)		
#22 Men 45-49 50 Breast Finals	32.43				NS	
#30 Men 45-49 200 Breast Finals	2:39.21 SAQT				2:42.15	(9)
	37.64	1:15.52 (37.88)	2:00.62 (45.10)	2:42.15 (41.53)		
#26 Men 4x50 Free Relay - 'A' Leg 1 Finals	NT				1:40.37	(7)
	26.62	52.03 (25.41)	1:17.26 (25.23)	1:40.37 (23.11)		
#24 Mixed 4x50 Free Relay - 'A' Leg 4 Finals	NT				1:54.06	(5)
	29.09	58.32 (29.23)	1:27.83 (29.51)	1:54.06 (26.23)		
<b>Venter, Tyron - Male - Age: 26 - Phoenix-CG - DOB: 1986-02-02</b>						
#2 Men 25-29 800 Free Finals	8:38.20 SAQT				8:48.20	(2) SAQT
SAMS record: 8:53.05L						
	1:02.55	2:08.65 (1:06.10)	3:15.62 (1:06.97)	4:22.88 (1:07.26)		
	5:30.32 (1:07.44)	6:36.55 (1:06.23)	7:43.68 (1:07.13)	8:48.20 (1:04.52)		
#10 Men 25-29 400 IM Finals	4:36.22 SAQT				4:46.76	(3) SAQT
SAMS record: 4:49.79L						
	28.94	1:01.95 (33.01)	1:40.37 (38.42)	2:17.25 (36.88)		
	2:59.75 (42.50)	3:42.27 (42.52)	4:15.75 (33.48)	4:46.76 (31.01)		
#12 Men 25-29 200 Free Finals	1:54.04 SAQT				1:59.39	(4)
	27.41	57.37 (29.96)	1:28.23 (30.86)	1:59.39 (31.16)		
#34 Men 25-29 200 Fly Finals	2:07.11 SAQT				2:12.88	(4) SAQT
	28.95	1:02.15 (33.20)	1:37.26 (35.11)	2:12.88 (35.62)		
#38 Men 25-29 400 Free Finals	4:02.86 SAQT				4:18.23	(4) SAQT
	28.75	1:00.06 (31.31)	1:32.56 (32.50)	2:05.55 (32.99)		
	2:38.53 (32.98)	3:11.87 (33.34)	3:45.27 (33.40)	4:18.23 (32.96)		
<b>Wilson, Doug - Male - Age: 65 - Cape Town-WP - DOB: 1947-10-23</b>						
#6 Men 65-69 100 Free Finals	1:10.00				1:10.79	(11)
	33.37	1:10.79 (37.42)				
#12 Men 65-69 200 Free Finals	2:45.00				2:42.26	(9) *
	36.58	1:17.86 (41.28)	2:00.76 (42.90)	2:42.26 (41.50)		
#16 Men 65-69 50 Free Finals	30.49				29.78	(3) *
SAMS record: 30.11L						

## FINA 14th LC World Champs 2012 @ Riccione - 2012-06-10 to 2012-06-17

## Wahoo AC 25m Indoor pool - Johannesburg

## Meet Summary

		Seed	Results		
<b>Wilson, Doug - Male - Age: 65 - Cape Town-WP - DOB: 1947-10-23</b>					
#32 Men 65-69 100 Back Finals		1:26.00	1:27.03	(11)	
	40.28 1:27.03 (46.75)				
#36 Men 65-69 50 Back Finals		36.50	36.36	(7)	* SAQT
#28 Men 4x50 Medley Relay - 'A' Leg 1 Finals		NT	2:19.57	(13)	
	38.03 1:17.51 (39.48) 1:49.33 (31.82) 2:19.57 (30.24)				
<b>Winfield, Mike - Male - Age: 57 - Cape Town-WP - DOB: 1955-04-27</b>					
#4 Men 55-59 200 Back Finals		2:57.00	3:03.74	(25)	
	41.65 1:26.63 (44.98) 2:16.84 (50.21) 3:03.74 (46.90)				
#6 Men 55-59 100 Free Finals		1:10.00	1:11.25	(60)	
	33.64 1:11.25 (37.61)				
#12 Men 55-59 200 Free Finals		2:35.00	2:45.17	(48)	
	36.50 1:17.12 (40.62) 2:01.77 (44.65) 2:45.17 (43.40)				
#32 Men 55-59 100 Back Finals		1:18.00	1:21.90	(18)	
	38.24 1:21.90 (43.66)				
#36 Men 55-59 50 Back Finals		35.00	38.23	(24)	
<b>Winstone, Nick - Male - Age: 35 - Wahoo-CG - DOB: 1977-08-24</b>					
#16 Men 35-39 50 Free Finals		25.01	26.83	(45)	
#26 Men 4x50 Free Relay - 'A' Leg 4 Finals		NT	1:46.81	(15)	
	25.88 54.51 (28.63) 1:20.06 (25.55) 1:46.81 (26.75)				
#28 Men 4x50 Medley Relay - 'A' Leg 4 Finals		NT	2:04.79	(33)	
	1:07.86 ( ) 1:35.67 (27.81) 2:04.79 (29.12)				
Relay	Seed	Prelims	Finals		
1 Cape Town MSC - 'A' - X120					
#23 Mixed 120-159 4x50 Medley Relay	NT		1:57.94	(2)	1/5
SAMS record: 2:02.65L					
	26.70 59.25 (32.55) 1:29.55 (30.30) 1:57.94 (28.39)				
2 Cape Town MSC - 'A' - X200					
#24 Mixed 200-239 4x50 Freestyle Relay	NT		1:54.06	(5)	
	29.09 58.32 (29.23) 1:27.83 (29.51) 1:54.06 (26.23)				
3 Cape Town MSC - 'A' - W120					
#25 Women 120-159 4x50 Freestyle Relay	NT		1:52.58	(4)	1/5
SAMS record: 1:53.66L					
	26.67 55.36 (28.69) 1:23.72 (28.36) 1:52.58 (28.86)				
4 Cape Town MSC - 'A' - M120					
#26 Men 120-159 4x50 Freestyle Relay	NT		1:40.37	(7)	
	26.62 52.03 (25.41) 1:17.26 (25.23) 1:40.37 (23.11)				
5 Cape Town MSC - 'A' - M240					
#28 Men 240-279 4x50 Medley Relay	NT		2:19.57	(13)	
	38.03 1:17.51 (39.48) 1:49.33 (31.82) 2:19.57 (30.24)				
6 Wahoo MSC - 'A' - X200					
#23 Mixed 200-239 4x50 Medley Relay	NT		2:30.46	(40)	
	42.20 1:23.15 (40.95) 1:51.54 (28.39) 2:30.46 (38.92)				
7 Wahoo MSC - 'A' - M160					
#26 Men 160-199 4x50 Freestyle Relay	NT		1:46.81	(15)	
	25.88 54.51 (28.63) 1:20.06 (25.55) 1:46.81 (26.75)				
8 Wahoo MSC - 'A' - M160					
#28 Men 160-199 4x50 Medley Relay	NT		2:04.79	(33)	
	1:07.86 ( ) 1:35.67 (27.81) 2:04.79 (29.12)				

Total Athletes: 59

Total Relays: 8